TALON
1970

Considering what class were in, it's been fun. Good luck as a nurse. Hope to see ya during the summer. (Hopefully not on the job.)
Have fun this summer.

Ben

6-7-78

Roxana,

Riding to and from Vo-Tech this year has brought up some unusal conversations. ("Boners" & "boat underwear", & also "scaples"). Kathy, you, and I all got involved in it one way or another. Not only do I have my morning moods, but you have yours. But believe me, I did enjoy the car pool. I'm so glad you not only got a taste of Mr. Teagan's gov't class, but Miss Kain's (200) English class. Good luck in the field of nursing.

Much love,
Beth

P.S. Don't worry I'll send you an wedding invitation!

Roxana Parker

Roxana
I hope you've been a better student than I have. I would've had you in my class for the exam. I wish I had studied more. Are you going to take the exam? What grades did you get? Just curious. Some fun laughing we've had. Hope to see ya at graduation and I'll be sure to come to your wedding if I'm not sick. Good luck and I know you'll do fine.
Bye.

Roxana, Roxana, Dana—

So you want to be a nurse! The best of luck; just keep practicing with the oranges & sponge baths and I'm sure you'll pass. Maybe you'll be able to help me some day, but don't think I'll let you wash me! ha! ha! Thanks for adding to the enjoyment of our English class; it's been a riot! Keep in touch.

Love, Susan Stahl

Roxana:

I don't know you that well but you are a very nice person. I like very much the United states and I like cox too, but I have to go back to Colombia in december.

Well, if I don't see you again Good luck in the future I remember only one in your goverment class)

Beatriz Hartlen Buggs

P.S. "Don't forget me" June 7/79

Roxana
Well the time has come. Our last
finally came. Our last exam has been
over. My exam has also been
graded. Hope you have a great
year. Maybe I'll see you
next. Be good. Maybe I'll
see ya in the hospital (Ooh)
Summer. Be COOL
Be COOL
KATHY
RITER

Roxana,

I just call you Roxana but I
mean I owe you so much. I will
never be able to thank you
enough for all that you have
done for me at State. I know we
haven't really done anything together,
but I have enjoyed talking &
laughing & duty to the morning with
you at the Denny Table. I hate to
see you date another - come over & see
us - go dancing & drinking or whatever
I need to do in the future & in your
graduation. Love you Dana

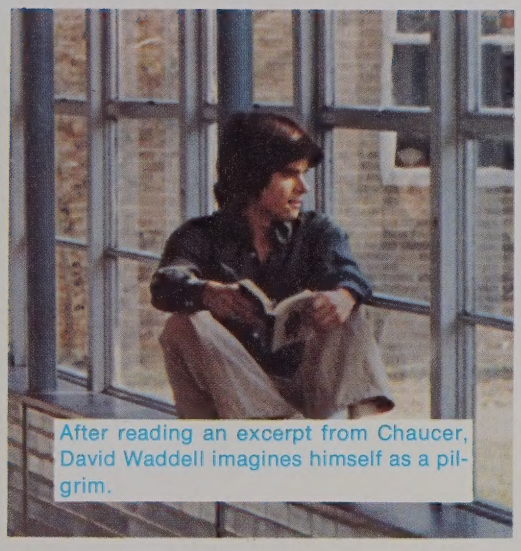
Roxana,
We had alots of good times together, Hopefully there will be plenty more. I hope we will be together for along while. I don't want until Prom. I believe we will have good time together I'm looking forward for the summer. I believe We will have fun togeth love always
Mike Hedrick KS

Roxana
I have enjoyed have you in my English class. To a very sweet + crazy person I've known, stay sweet and have a nice summer watching all the surfers, have a good year and the Best everything for you. Hope you find what you're looking for in life.
Your friend
Margo Janecky

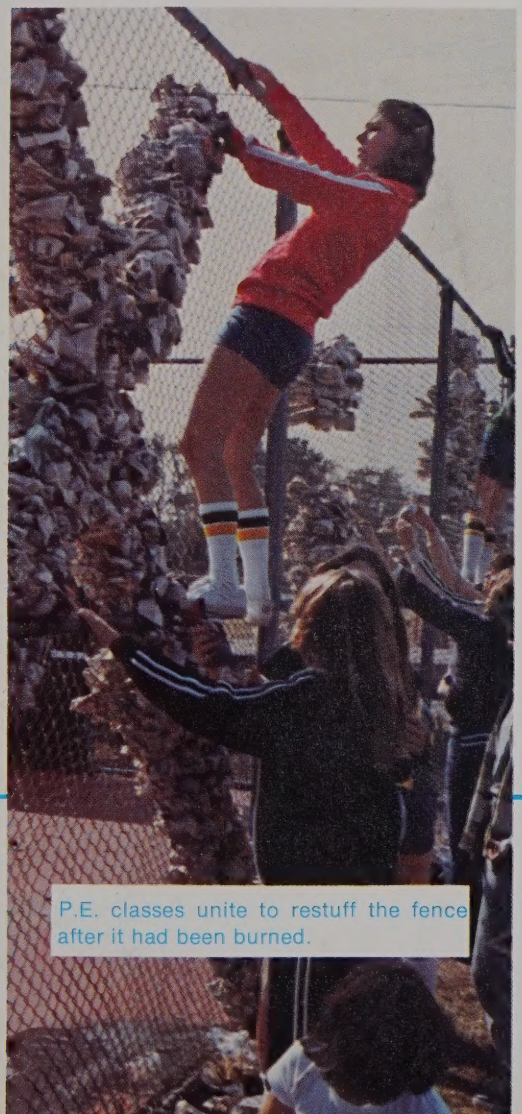
TALON 1978
FRANK W. COX HIGH SCHOOL
1848 GREAT NECK RD.
VIRGINIA BEACH, VA.
23454
VOLUME 17

Mark Linaugh is checked off by Mary Evans before voting for the Homecoming Queen.

Standing at attention during an inspection is David Griffith.



After reading an excerpt from Chaucer, David Waddell imagines himself as a pilgrim.



P.E. classes unite to restuff the fence after it had been burned.

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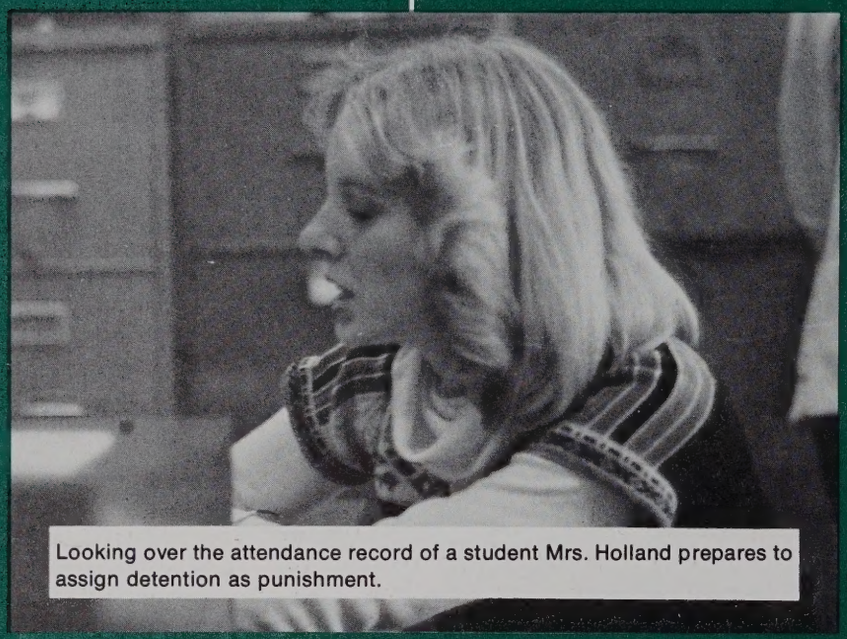
Like a valuable gem, Cox High School has many facets. Whether dull, bright, or brilliant each fragment combined, formed the day to day life of the student body. Some events brought tears, others brought smiles, and many left the echoes of laughter in the halls. Each individual contributed his ideas, talents, and energies to unify the hopes, dreams, and ideals of all. Shedding a different light for every student, each facet yielded reflections which shall be remembered in the years to come.

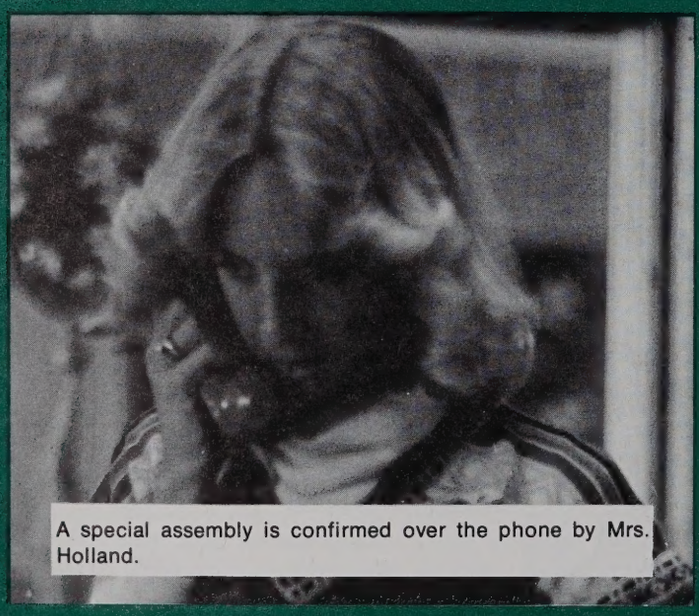
REFERENCE
DO NOT REMOVE FROM LIBRARY

Nothing But The Best



Looking over the attendance record of a student Mrs. Holland prepares to assign detention as punishment.

Even though her duties are strenuous and often frustrating, Mrs. Holland always finds time for a smile.



A special assembly is confirmed over the phone by Mrs. Holland.

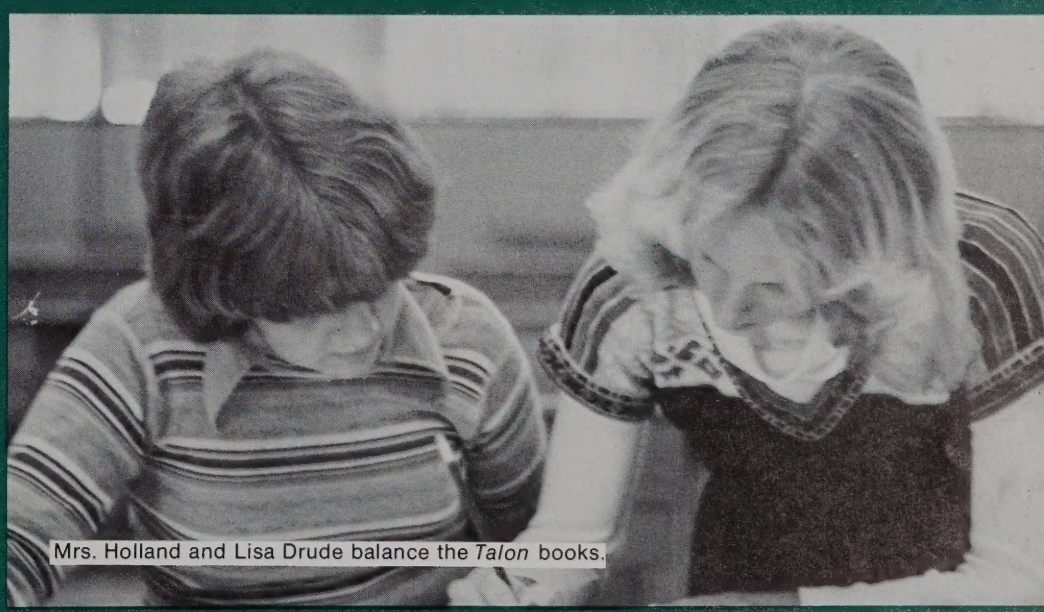
After teaching all day Mrs. Holland spends her afternoons grading papers.

Mrs. Holland has been at Cox for three years and each year she tried to do more for the students. The first year it was difficult to distinguish her as a faculty member, but when she became involved, people noticed her. Her first year at Cox, she started the Latin Club and became the Talon sponsor. She led the Latin Club to win the "Most Interesting Club" award and with her guidance the yearbook was a success. Her second year she worked even more diligently. Because of her interesting Latin classes, more people enrolled in Latin than ever before.

This year Mrs. Holland added the job of Director of Student Activities to her list. She was busier and more involved than ever. She came in contact with more students thus increasing her list of admirers. If one stood back and took notice of everything she did in one day, he would wonder if there was an end to her energy. She has been more than a teacher; she has been a friend to everyone and no one spoke of her with anything short of respect.

For all her help, for all her inspiration, and for her total involvement with the student body, the 1978 Senior Class and the Yearbook Staff would like to dedicate the 1978 Talon to Mrs. Deborah Holland.

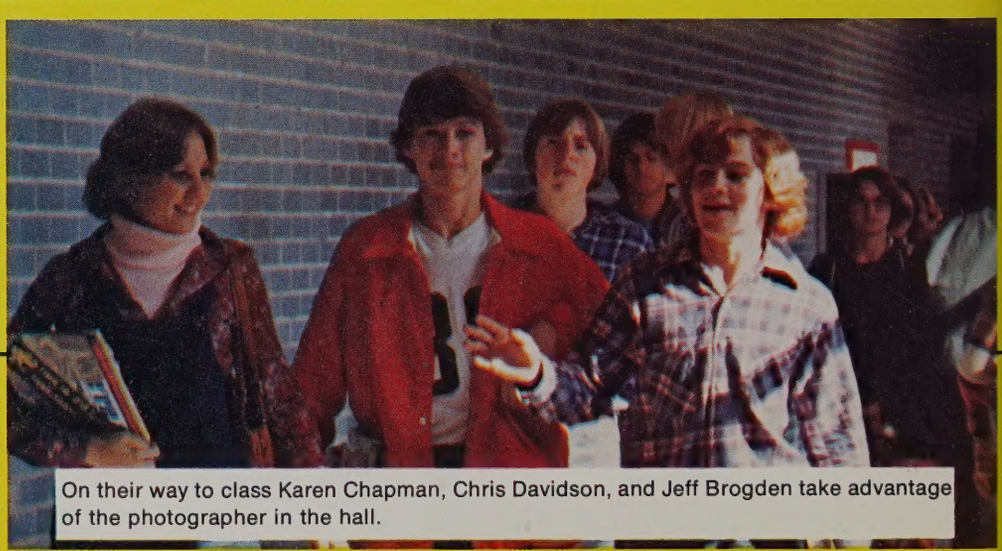
The "dead language" is brought to life by Latin teacher, Mrs. Holland.



Mrs. Holland and Lisa Drude balance the *Talon* books.

Difficult To Tarnish

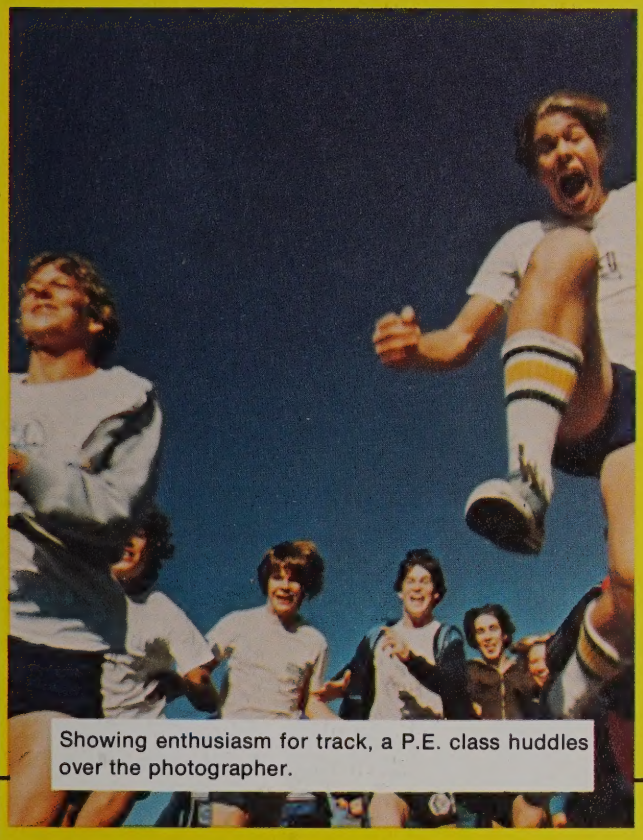
School spirit is brought out by student Ronald Golonski's attire as well as by his chemistry experiment.



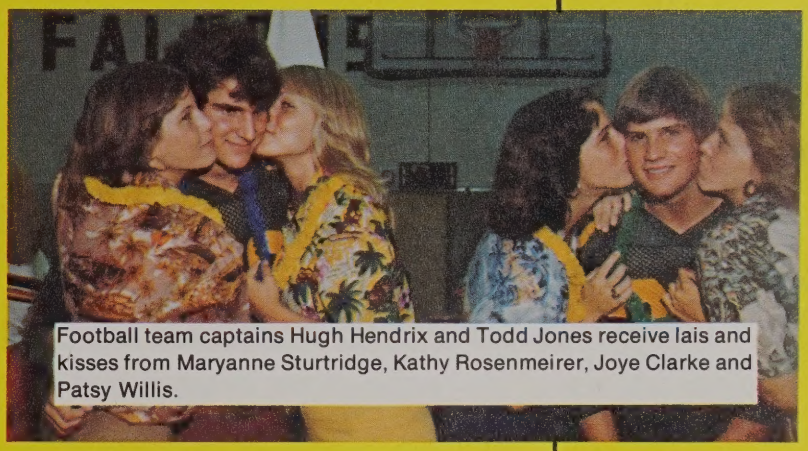
On their way to class Karen Chapman, Chris Davidson, and Jeff Brogden take advantage of the photographer in the hall.

Elizabeth Dechert and Diane Glover master the machines in crafts class.

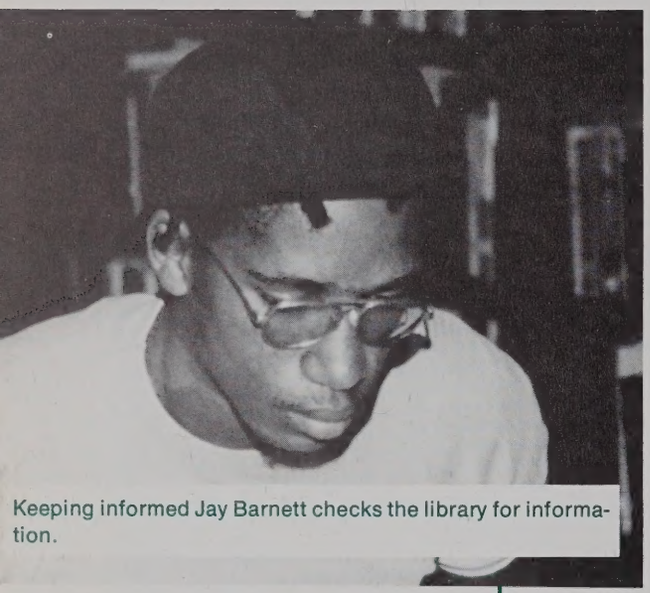
Of course, dull times at Cox were by far outweighted by the glowing moments of the student life. As the gem shines and reflects light, the students mirrored with their emotions the events occurring around them. Congeniality, laughter, and jokes produced buoyant feelings and cheerfulness. Students reacted to a favorite class or a good grade with bright smiles. Laughter, cheers, and celebration were results of a sports victory, whether the sport be football, soccer, track or gymnastics. But even if the victory were not achieved, the mood of the students did not remain depressed for long. An intangible abstract spirit prevailed in school, touching the lives and emotions of all the students. Pride in school and satisfaction in achievements were the sensations which created the brightest facets of the gem.



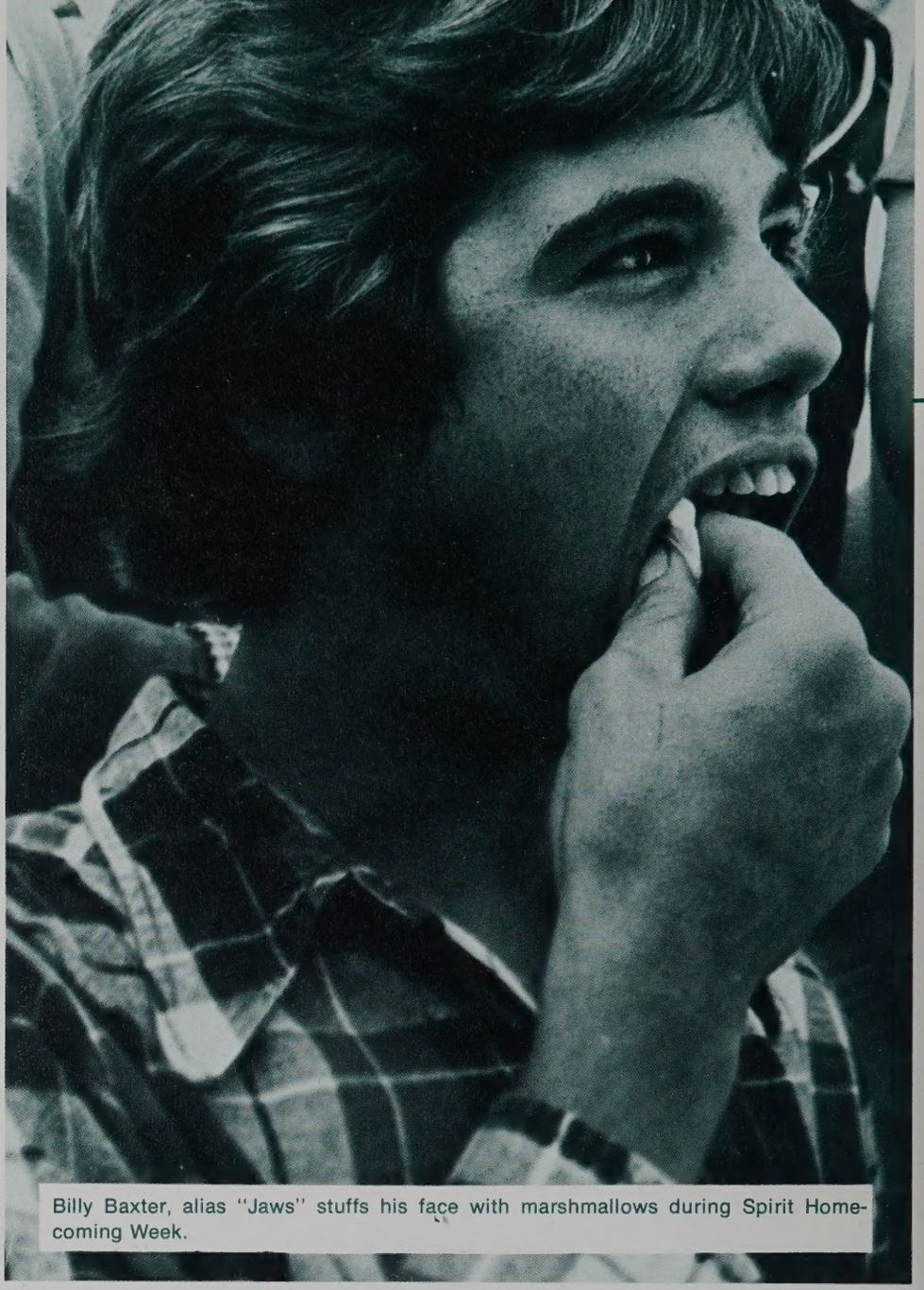
Showing enthusiasm for track, a P.E. class huddles over the photographer.



Football team captains Hugh Hendrix and Todd Jones receive lais and kisses from Maryanne Sturtridge, Kathy Rosenmeirer, Joye Clarke and Patsy Willis.



Keeping informed Jay Barnett checks the library for information.



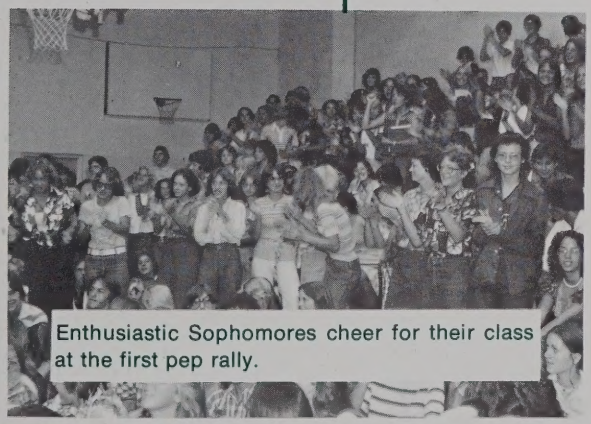
Billy Baxter, alias "Jaws" stuffs his face with marshmallows during Spirit Homecoming Week.

Although the dull moments were vivid for an instant, they rarely overshadowed the good times. The students remembered specific events, but the anger and the hurt soon abated. No one has completely forgotten the burning of the Junior float during Homecoming Week; the bitter rivalry created when the Juniors accused the Seniors of the destruction of the float; and the near cancellation of the Homecoming festivities. As time passed, the frustration subsided; the tension eased; and school life once again settled into the ordinary routines.

Carol Belcher and Grace Rodgers depict the tears and laughter that victory brings to Jud Springer and the Cross Country team.

Vivid For An Instant

Jill Ferrell and Ginny Kundrat are captured by the photographer's special effects.

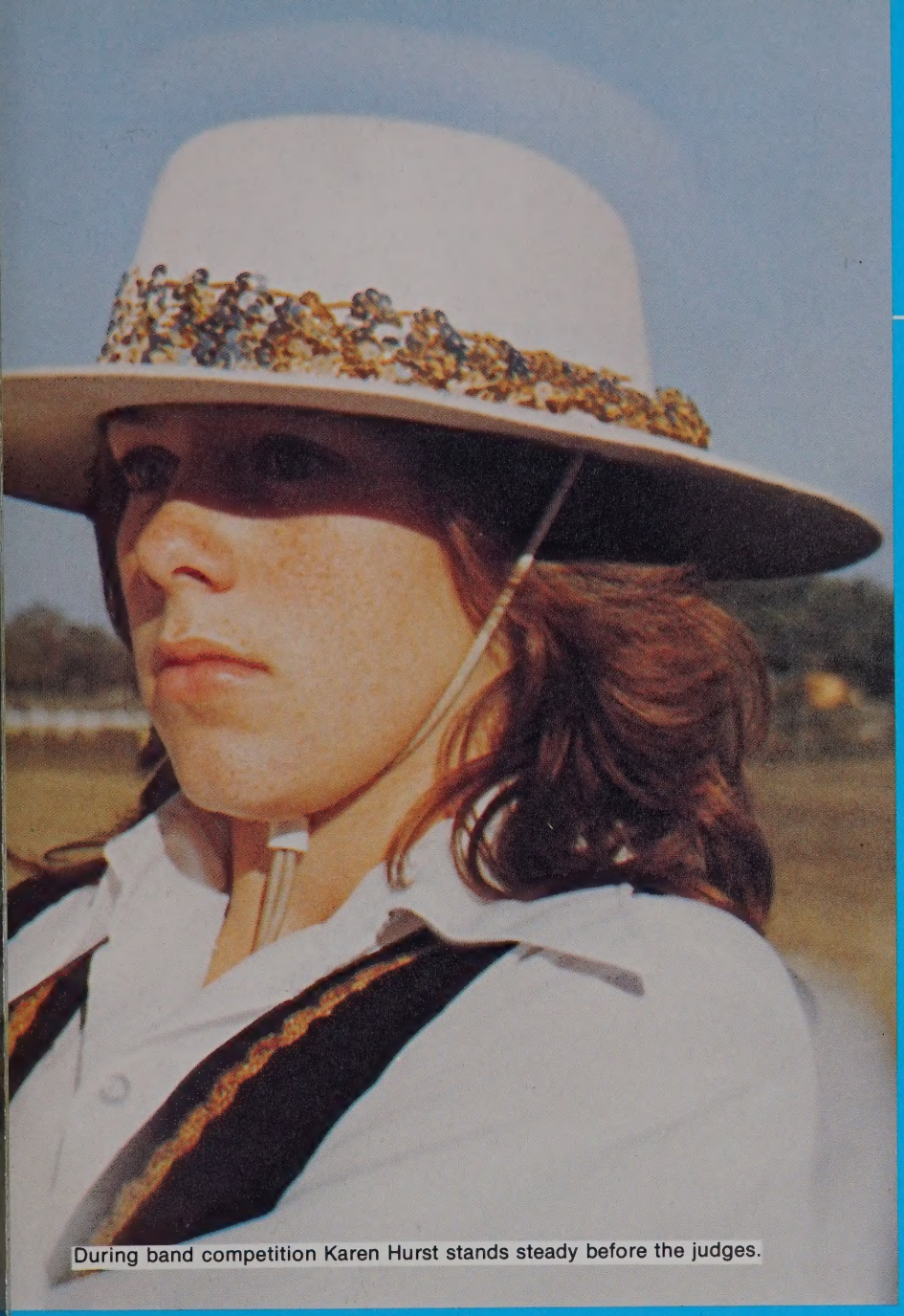


Enthusiastic Sophomores cheer for their class at the first pep rally.

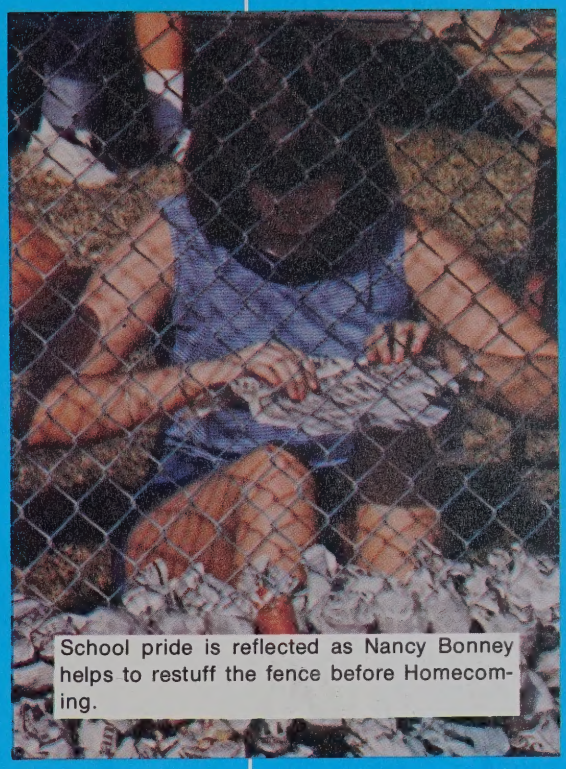
Glowing Moments

Students use microscopes to discover new realms in the world of science.

The new co-ed P.E. classes work together doing warm up exercises.



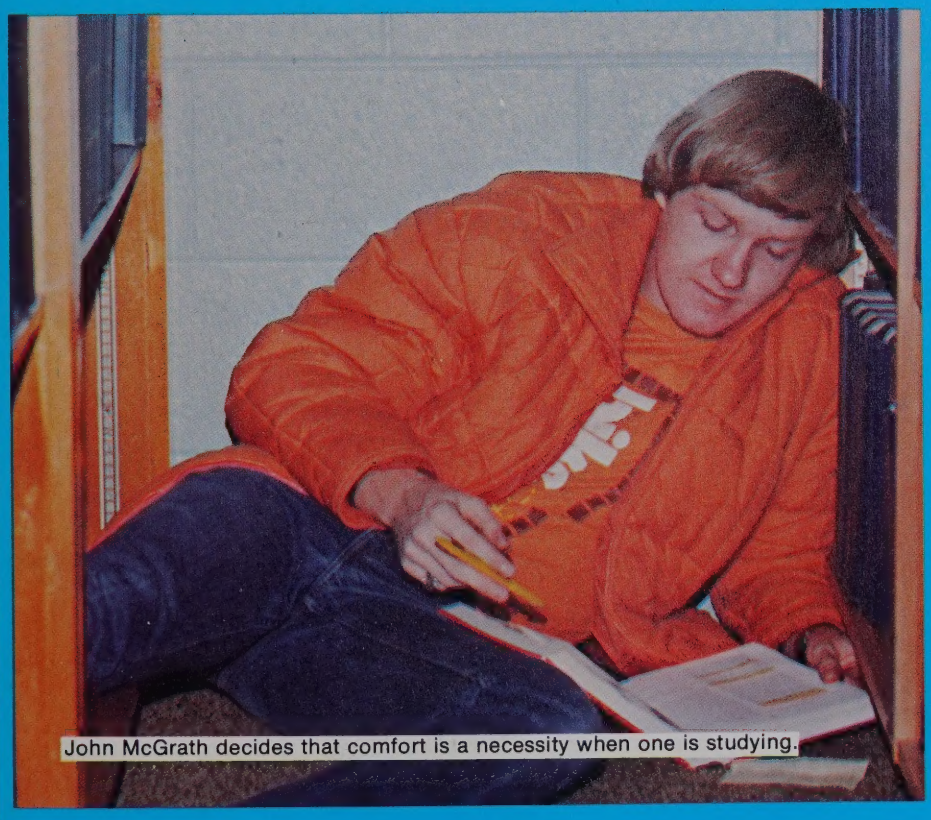
During band competition Karen Hurst stands steady before the judges.



School pride is reflected as Nancy Bonney helps to restuff the fence before Homecoming.

Climaxing the year were those events whose very name produced the synonymity, "highlight." Planning, hard work and frustration inevitably appeared in the preparation, but the final results clearly were the luminous highlights of the 1977-78 school year. Homecoming, Omnibus, Ring Dance, Prom, and most importantly Graduation all contributed the final brillance to the gem, a brilliance difficult to tarnish but vastly enjoyed and appreciated.

Each of the aspects of Cox — the dull, with its tears, the bright, with its long-remembered highlights — combined to create a gem. Multi-faceted, polished, enjoyed and valued, the result can only be priceless. And as one forever remembers the gift of a gem, so will the students at Cox remember this year.

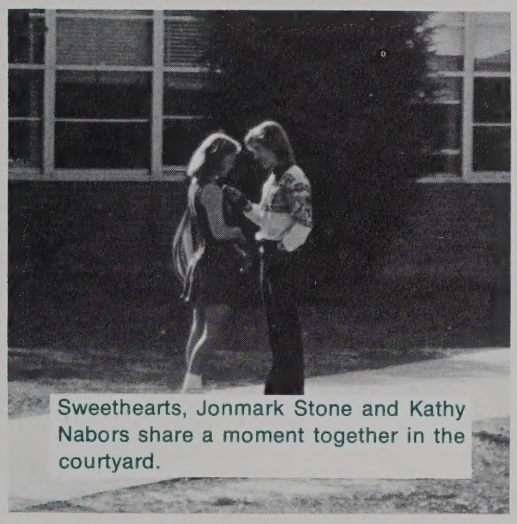


John McGrath decides that comfort is a necessity when one is studying.

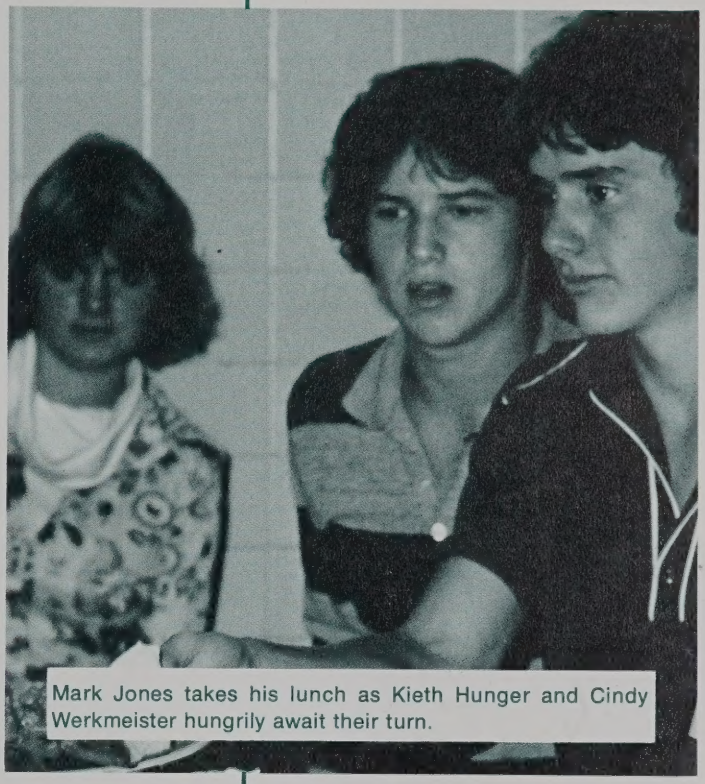
Talon photographer captures the bright smile of Valerie Long.

Seniors Bryan Baines, Jon Huddleston and Robbie Alexander instill spirit at the pep rally before the last football game.

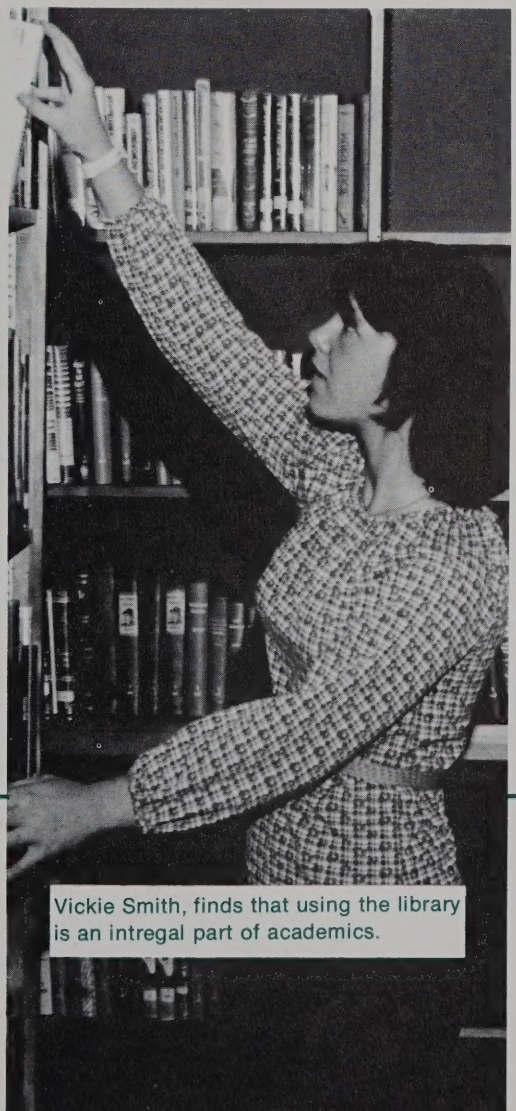
ACTIVITIES



Sweethearts, Jonmark Stone and Kathy Nabors share a moment together in the courtyard.



Mark Jones takes his lunch as Kieth Hunger and Cindy Werkmeister hungrily await their turn.



Vickie Smith, finds that using the library is an intregal part of academics.

Amidst the challenge of finding a parking space and the elegant festivities of Senior Prom . . . the excitement of the first football game and the monotony of grammar lectures . . . the everyday routines and the special events, memories came unnoticed.

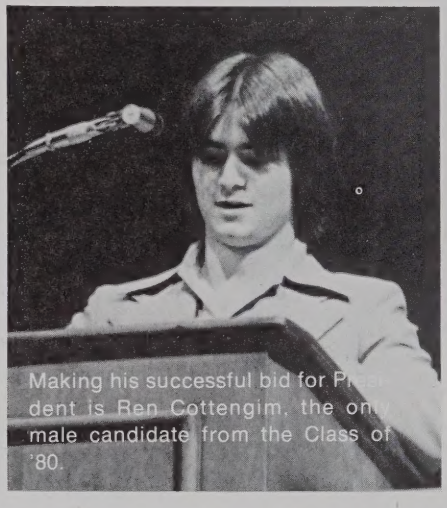
In Mr. Koeppen's new green house, Lynn Jacobs and Kathy Callow learn the parts of a plant. Motivated by a new idea, Mr. Hitchings teaches Lenore Romaine, Jeanette McDuffie, Tripp Sturtridge, and Romona Kledzik about mobile making.

Involvement, whether in sports, other extracurricular activities, or just academics alone, was the key to opening many doors. Students gained new experiences, perfected old ones, and discarded obsolete ones. Each day new ideas were discovered from teachers, friends, or even the books that passed by the way. Biology labs, co-ed physical education classes, and history projects are only a few of the academic endeavors that inspired participation. On the other hand, afternoon and evening hours were filled with dances, sport events, clubs, theatrical performances, and committee planning that were necessary for a well-rounded student body. These are the activities that helped shape each individual mentally, physically, and morally.

Native Style

Awaiting the Homecoming Dance, Barbara Hoffman sells football tickets in the cafeteria for the special event. Fading back, Glen stephens awaits a pass from Billy Cave. Polynesian Dance Chairman, Beth Cardini, awards Angie Nelson free tickets to the dance for her outfit which Philip Dominicci admires.

An explanation of the routine is given to Sophomore Cheryl Degroot and Katie Whelahan by guide Jon Huddleston in early September.



Making his successful bid for President is Ren Cottengim, the only male candidate from the Class of '80.

"Cox Adds Life," the theme, fitted the occasion as enthusiastic crowds of incoming sophomores took part in Orientation '77. The newest Falcons were given their first real look at Cox as costumed Juniors and Seniors led them on an eleven stop tour which covered all areas and aspects of their new home. Presentations included a National Honor Society skit of "Welcome Back Kotter," a slide show by the NJROTC Squad, a skit performed by the Drama Department, and Mitch Broudy gave the Sophomores a few tips on how to act on "the first day of school." Finally, the Class of '80 had its first chance to sing the Cox Alma Mater and ended the day in typical Falcon fashion.

With entertainment for the upcoming Sophomores at Orientation, James Virga encourages choral participation.

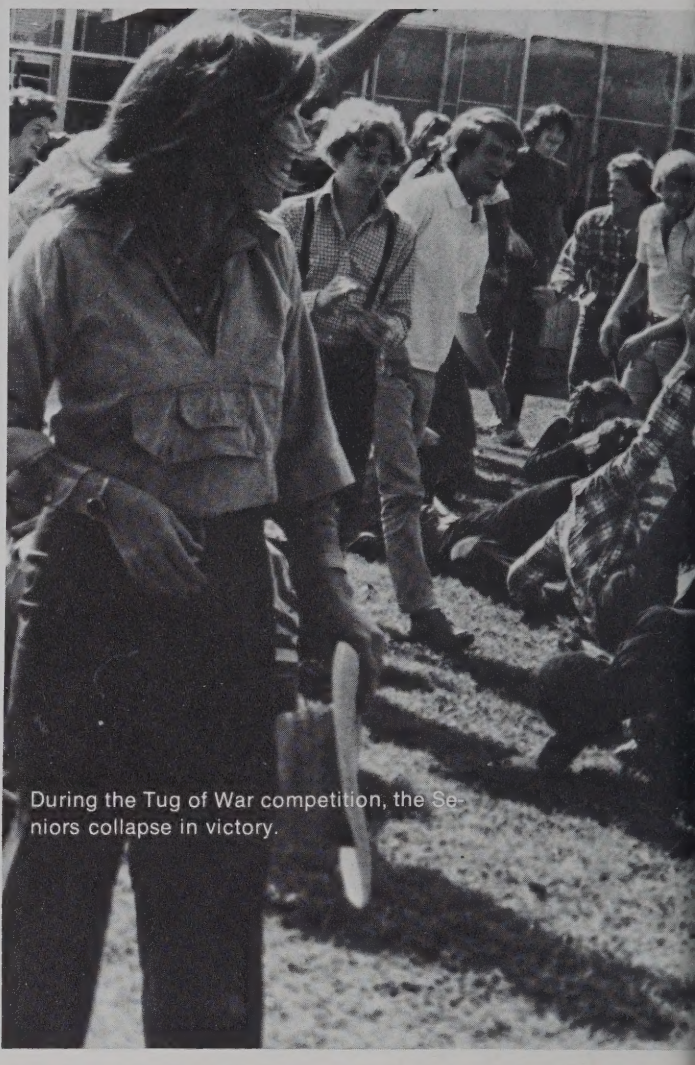
Class Of '80 Takes Off

Candidates for President, Ren Cottengim, Ginny Gardner, and Shelly Wallace, await their chance to speak. As part of their campaign, Katie Whelahan and Shelly Wallace perform an adaptation of "Hello Dolly."

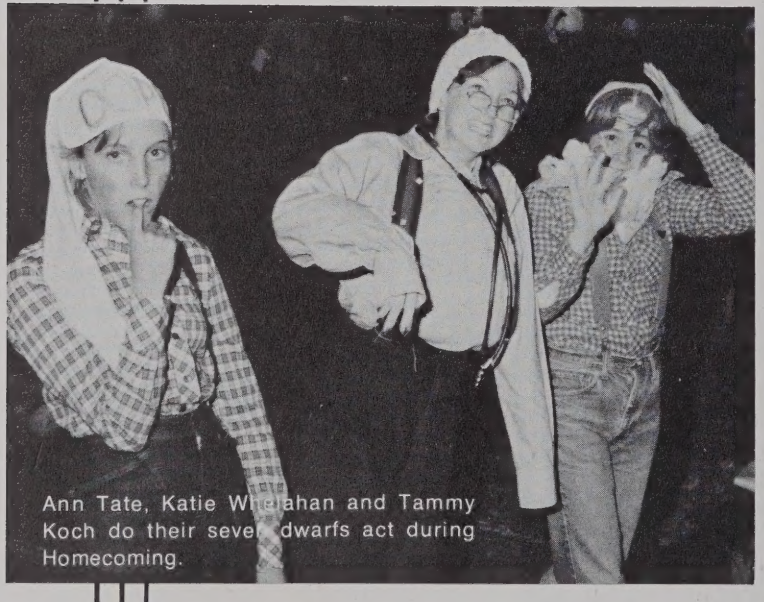
Once they were introduced to Cox, the Sophomores wasted no time in becoming a working part of the school's extracurricular machinery. After reading countless campaign posters and seeing the hugh colorful banners that hung in the halls and cafeteria for a week, the Class of '80 went to the polls on September 30 to elect their student government. When the last vote was tallied Ren Cottengim was President; Leslie Zanetti was Vice President; Ann Tate was Treasurer; and Michelle Clements was Secretary.

"Zippa Dee Doo Dah"?

Spirit Week arrived quickly and students grew in spirit, preparing for Homecoming. During lunches, competitive classes battled in the courtyard. They competed in such contests as whipped cream eating and the ever-popular tug of war. Students dressed up country style one day and arrived wearing different kinds of hats the next. "Disney On Parade" was the theme for Homecoming, but the festival atmosphere was soon crowned in controversy. Friendly class rivalries went overboard when the Junior Class float was burned on school grounds the night before the football game. Immediately the Pep Rally was canceled, and until third bell the SCA threatened to call off all of the activities for halftime that night. Homecoming went on as scheduled; however, and the Juniors gained everyone's admiration by rebuilding their float in four hours so they could participate in the parade. The spirit and pride of the Falcon student body had been stunned, but the students made a comeback and turned to face the rest of the year.



During the Tug of War competition, the Seniors collapse in victory.



Ann Tate, Katie Whelahan and Tammy Koch do their seven dwarfs act during Homecoming.

Senior attendant Lori Jones with David Randall takes part in the Homecoming Dance.

Julie Cruser, Jen Lee Guthrie, Hazel Conkwright and other alumni enjoy a reception thrown in their honor.

Spirited gangsters Reggie Garrett, Andre Davis, Steve Gordon, Timmy Wilder and Karl Dailey prowl the grounds on 50's Day.

Court Soothes Controversy

Junior attendants are Terry Gardner and Dee Dee Miller.

Sophomore attendants are Lisa Carleo and Martha Raymond.

Even though the controversies caused by the burning of the Junior float captivated the student body, Homecoming Queen elections went smoothly on October 21. Voting booths were set up in the SCA room, and students came in at random to register and cast their votes.

During halftime, the Court paraded in brightly colored Corvettes as everyone in the tremendous crowd awaited the final results of the election. Finally, Melanie Moss, escorted by Tom Spartz, was crowned F.W. Cox Homecoming Queen of 1977.

Senior attendants are Kathie Rosenmeier, Lori Jones, Ann Etchison, and Barbara Hoffman.

1977 Homecoming Queen is Melanie Moss.

1977 Homecoming Court

On Hick Day, Jon Huddleston, Terry Gardner, Mark Watson and Kathie Rosenmeier pose for a group shot.

During Senior Week, Jimmy Wootton competes in the Marshmallow Eating Contest.

'78 Bursts With Spirit!!

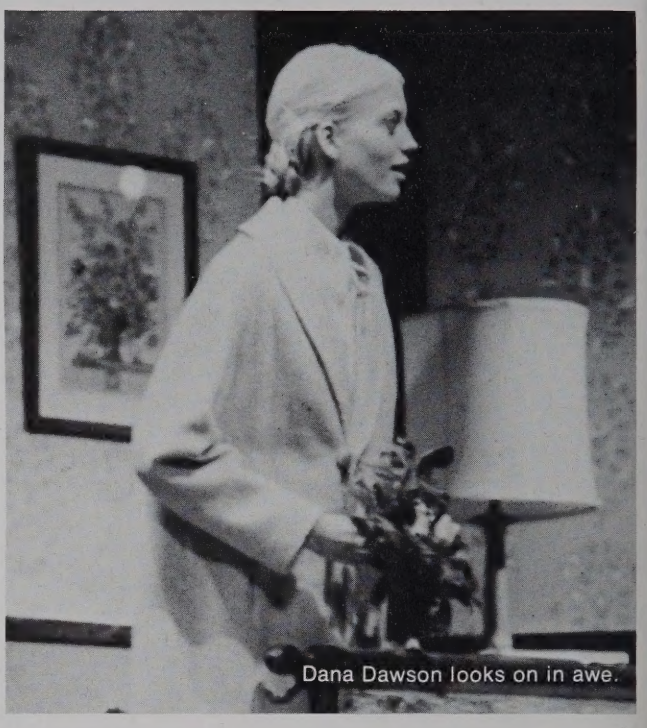
Seniors Mark Watson, Tony Dudley, Billy Burket and Mike Simonelli tug with all their might.

Seniors Charlotte Purkey and Tami Disher proclaim their class number one.

The week before the last home football game was dedicated to the Senior Class and the Class of '78 celebrated with great spirit. Seniors were urged to show their spirit by dressing up in surfing T-shirts, tacky clothes and school colors on different days. Contests during lunch included tug of war competitions between classes, wheelbarrow races and a unique new contest; students competed to see who could stuff the most marshmallows in their mouth without swallowing them. Finally, at the Senior Week Pep Rally, the Class of '78 roared the loudest to win the Spirit Jug, bringing a triumphant end to their own special week.

Mad Visitor Tickles Crowd

On November 17,18 and 19, the Senior Class and the National Thespians presented "The Man Who Came to Dinner," a great American comedy. This was the second time that Mr. James E. Garrett had directed this comedy about a wealthy author's accidental stay in a small town during the Christmas season. Mike Russell, who played the leading role of Sheraton Whiteside in the production, was later voted Student of the Month by the National Honor Society because of his fine performance. Other students filling leading roles in the play included Kristen Strommen, Jon-Mark Stone, Bess Hodges, Daniel Greenberg, Lisa Carbone, Paul Collins, Dana Dawson, Pat Harding, Faith Lancaster.



Dana Dawson looks on in awe.

Secretary Lisa Carbone stands waiting for instructions.

Mike Russell and Kevin Humphreys examine a newly arrived package.

Mike Russell and Jon-Mark Stone enjoy an exciting conversation.

Paul Collins confronts Mike Russell as Bess Hodges tries to calm him.

And They Call It "Powder Puff"?

Junior Powder-Puff coaches Jim Forster, Brian Brunick, Brian Dewan and Jimmy Wootton teach strategy to their team.

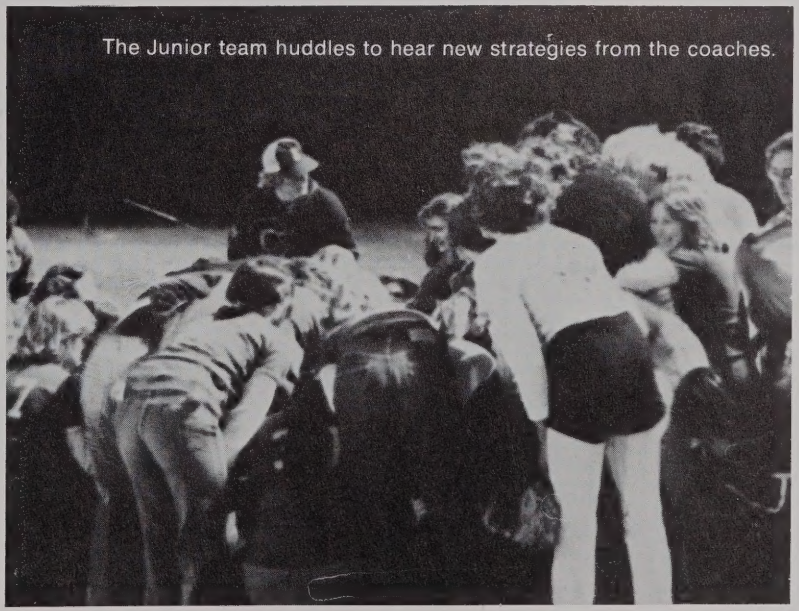
Senior cheerleader Jon Huddleston watches the action.

Marianne Scheurich and D.D. Parker learn the basics of the game of football.

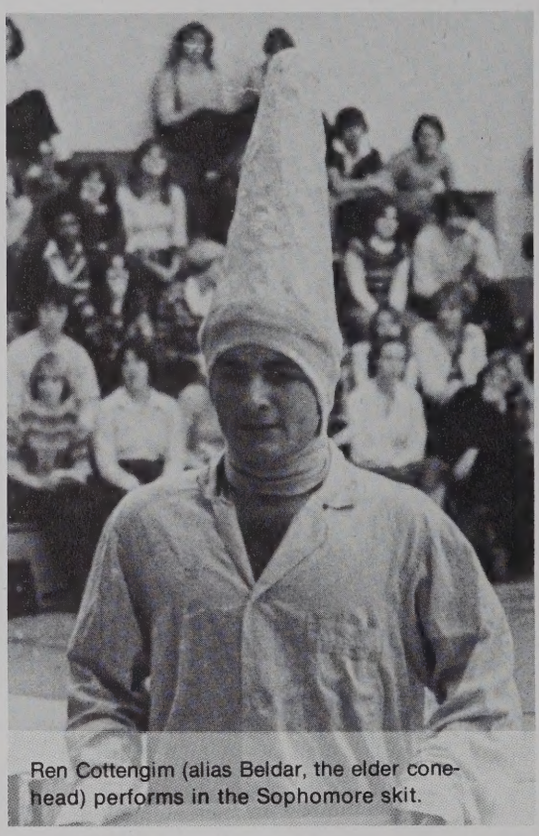
Juniors rally in a pre-game pep booster.

The phrase "Powder Puff" seemed totally inappropriate the night of December 5, when Junior and Senior girls took to the gridiron for a game of flag football. The lady Falcons showed a real competitive streak as they battled for yardage in the thirty degree temperatures. The Powder Puff teams were cheered on by squads of Junior and Senior guys dressed as cheerleaders, complete with wigs, skirts, and pompoms. Finally, at the end of the rough game, the Senior girls emerged victorious with a 20-0 shutout. Contributing to the win were Marianne Sturtridge, Susan Stahl, and Carol Belcher with touchdowns.

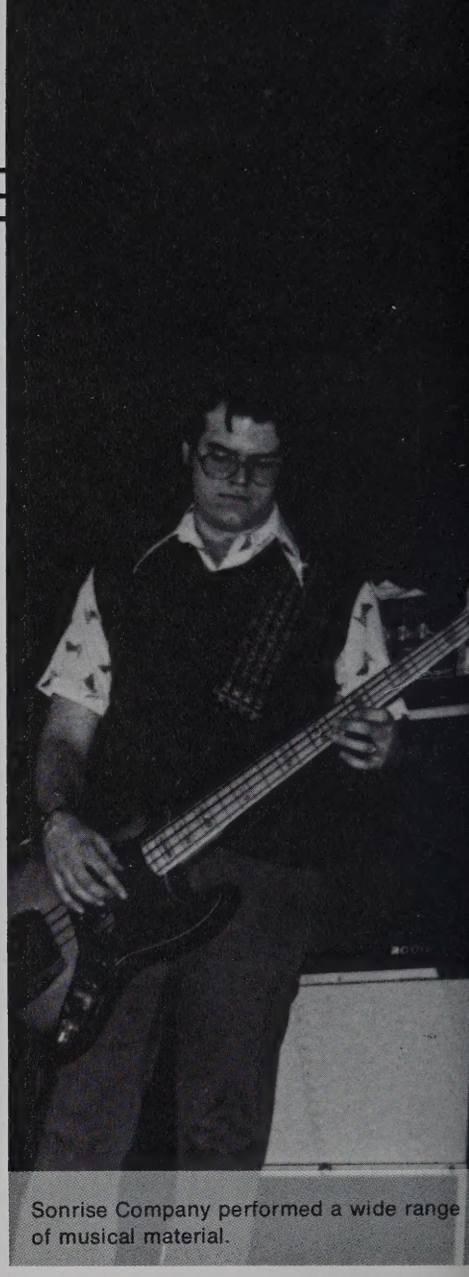
Senior cheerleader Lyn Geisler leads the Class of '78 supporters in cheers



The Junior team huddles to hear new strategies from the coaches.

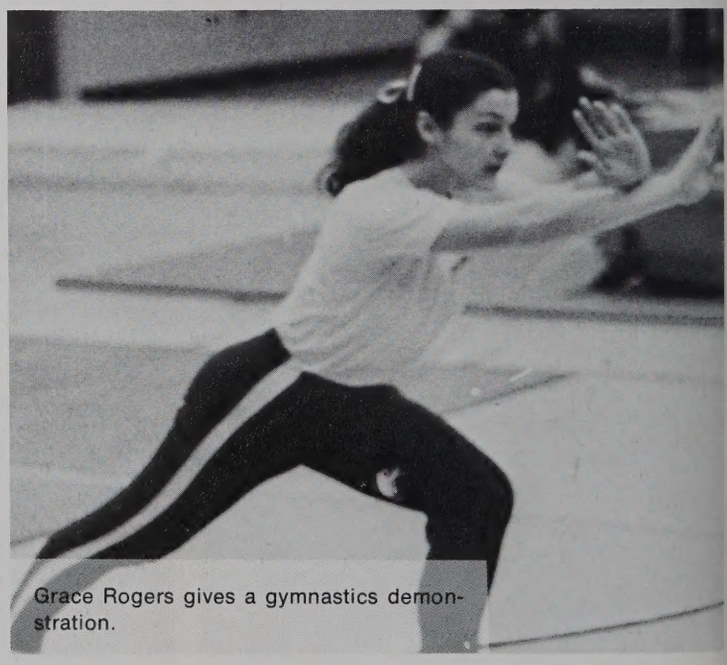


Ren Cottengim (alias Beldar, the elder conehead) performs in the Sophomore skit.



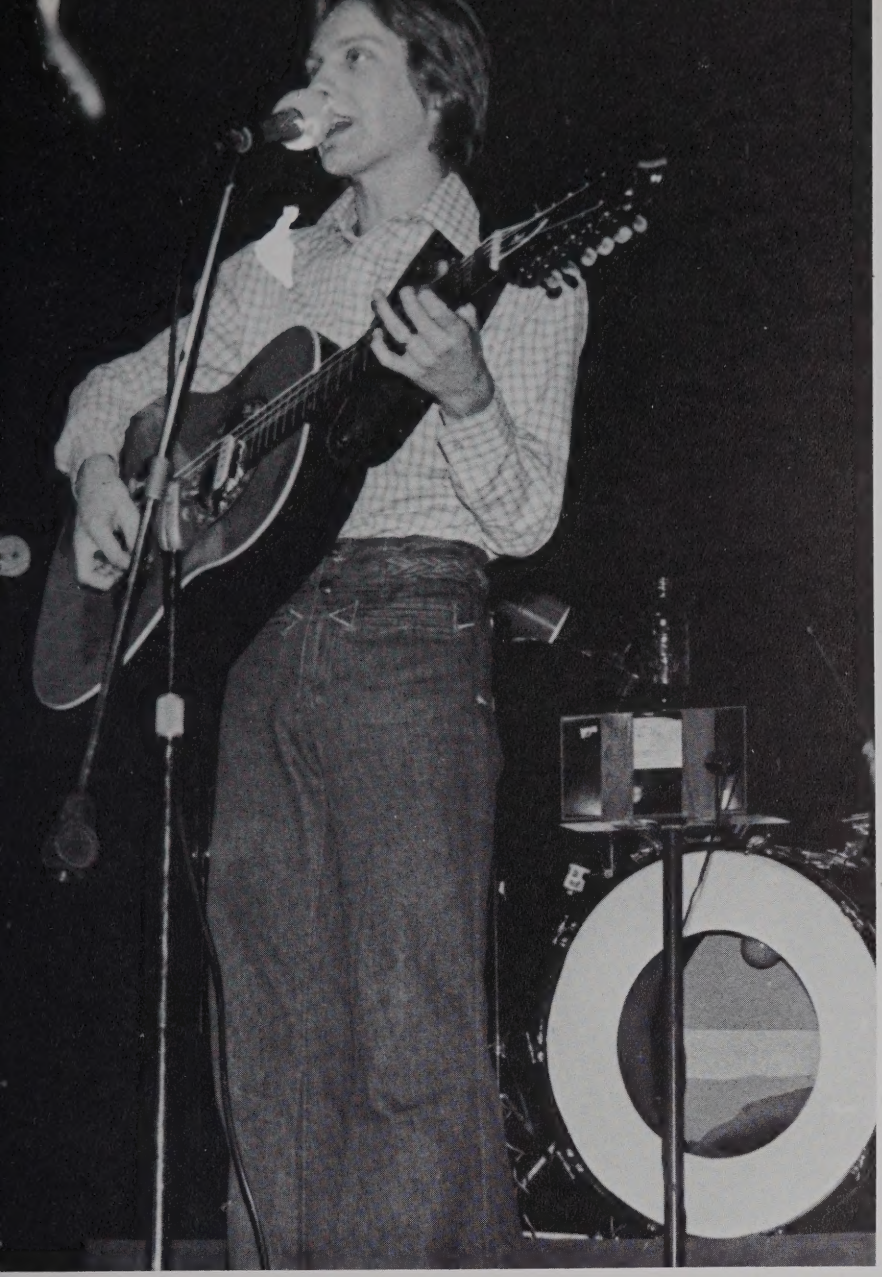
Sonrise Company performed a wide range of musical material.

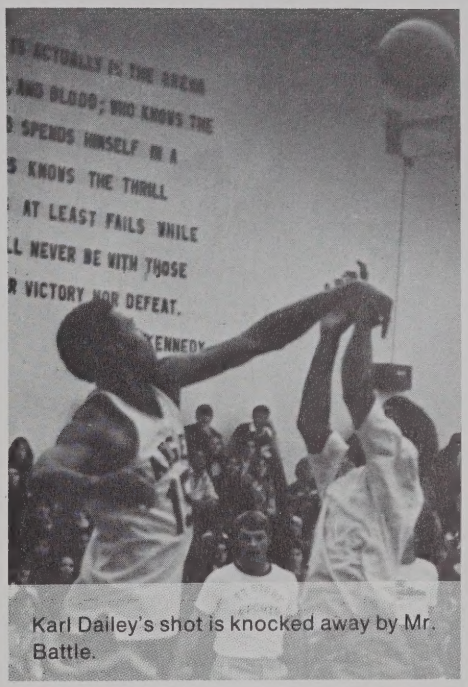
Christmas at Cox was dominated by a special day of assemblies and student activities called Omnibus. In previous years, Omnibus had run for the two days prior to Christmas vacation, but a student-administration decision held the latest one to a single day. James Virga, Vickie Turcotte, Leslie Easton, Shelly Wallace, and Katie Whelahan opened the festivities with a piano and vocal performance, Jonmark Stone and his band, Sonrise Co., finished the day with a repertoire of "Top 40 Hits." Poinsettias were given to Omnibus chairman Charlotte Purkey and advisor Miss Pangle for a job well done.



Grace Rogers gives a gymnastics demonstration.

Deck the Halls with Something



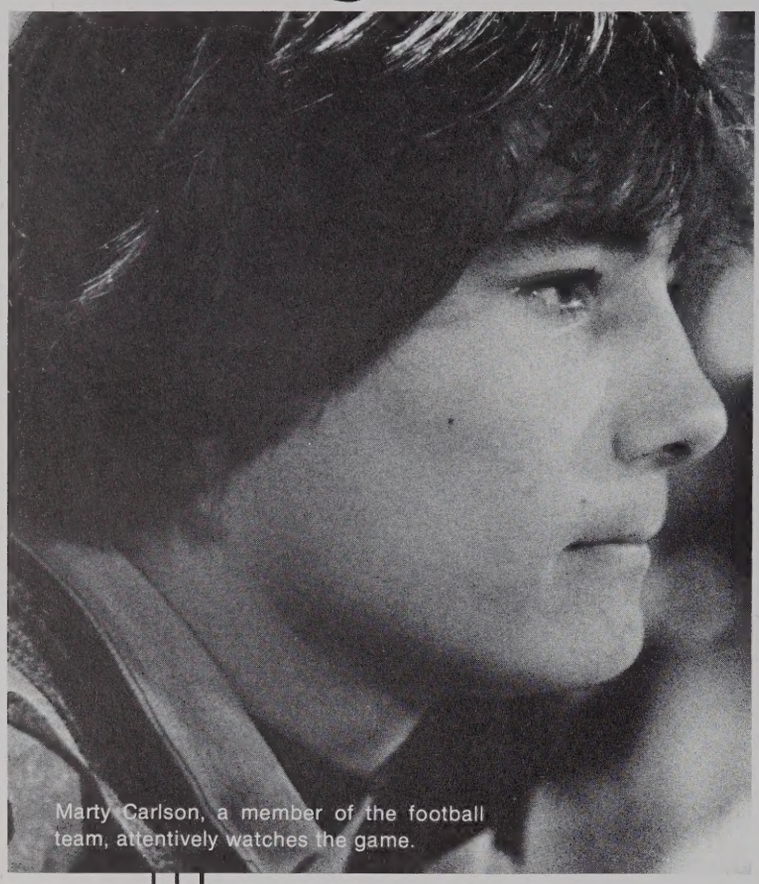


Karl Dailey's shot is knocked away by Mr. Battle.

The Cox Dance Company performs a jazz selection.

Special

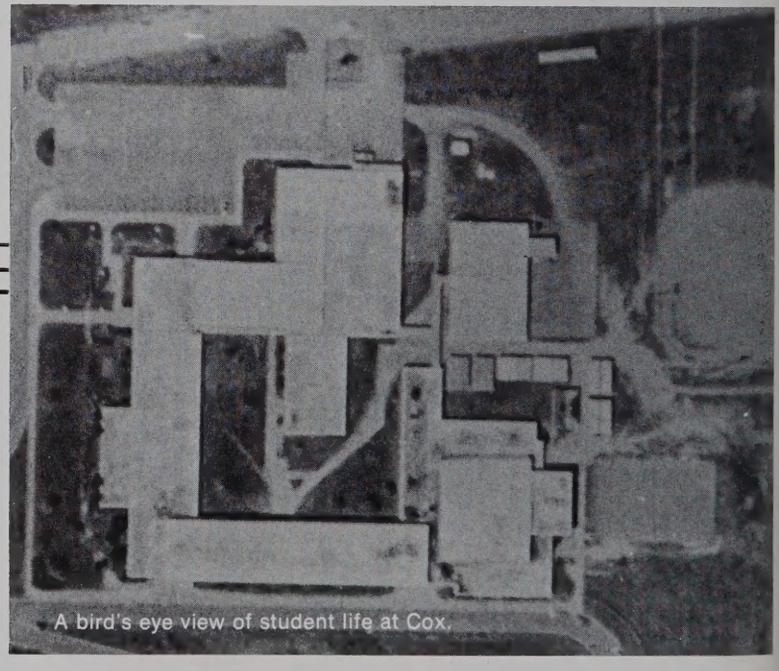
Breaking the Routine



Marty Carlson, a member of the football team, attentively watches the game.

In the Neptune Festival, Cox's float, a giant typewriter, parades during halftime.

"School's a drag" was a common opinion among students who became frustrated with the day to day routine of student life. Six hours a day, one hundred and eighty days a year was quite boring for someone who did not get involved in school functions. At Cox, there were clubs, fairs, festivals, dances, plays, sports and countless other activities solely designed to break up the monotony of the daily routine. A Cox student's viewpoint of school was much more enthusiastic when he experienced every facet of student life.



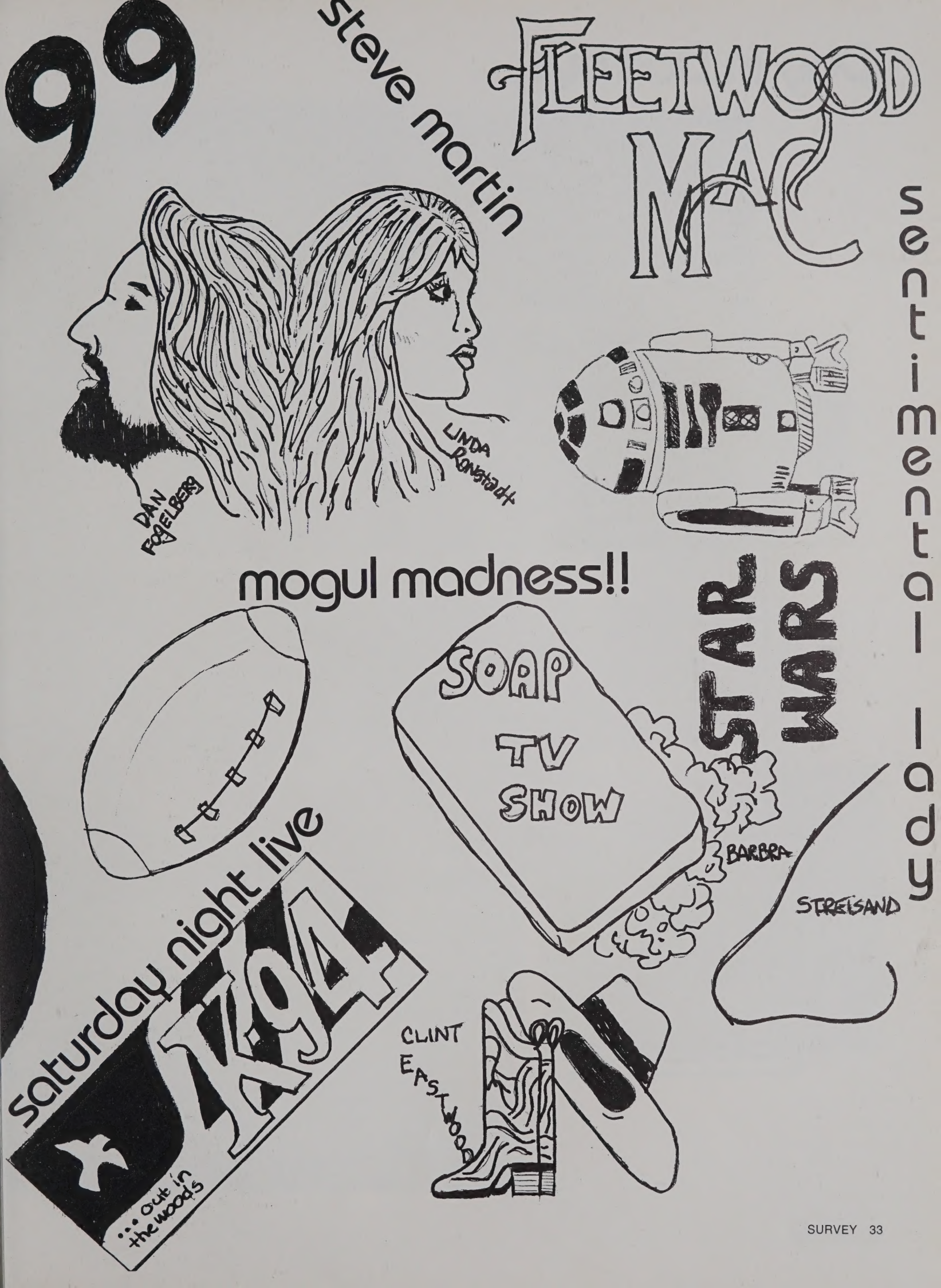
A bird's eye view of student life at Cox.

Braving the heat of the closed cafeteria, Jimmy Wootton and Mary Cardini run the refreshment stand at the Polynesian Dance.

Students enjoy a break in the routine, an assembly during first bell.

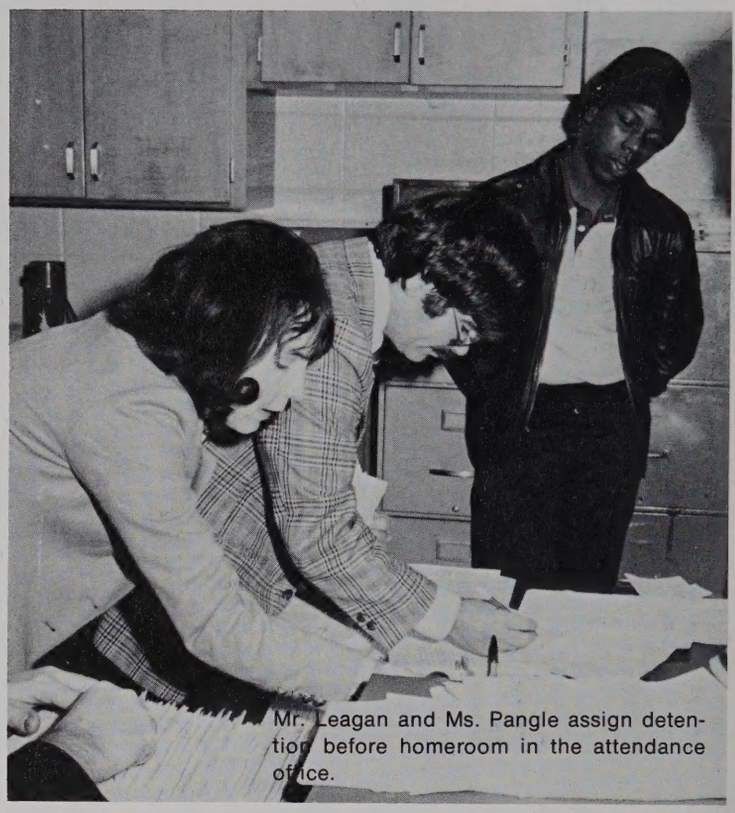
COX PREFERS...

Artwork by Susan Homner, Kathy Hendrikson, and Carolyn Hennigan.


99
steve martin
FLEETWOOD MAC
sextimental lady
DAN FOGELBERG
LINDA RONSTADT
mogul madness!!
STAR WARS
SOAP TV SHOW
BARBRA STREISAND
saturday night live
KISS
... out in the woods
CLINT EASTWOOD

Day in, Day out ...

Students arrive early to school to get a parking space.



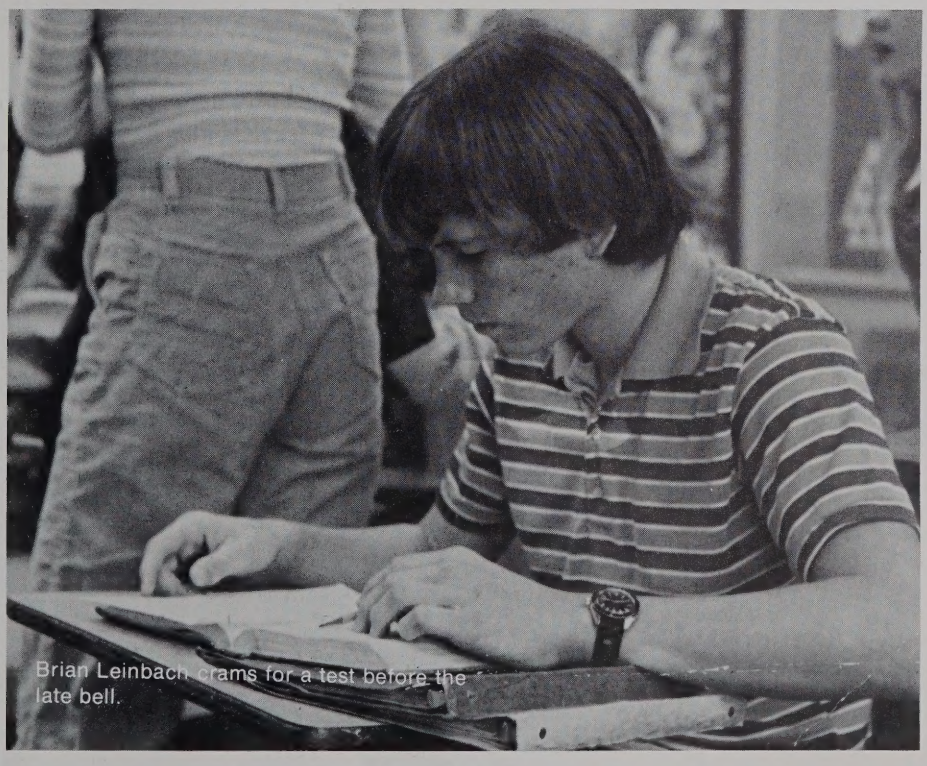
Mr. Leagan and Ms. Pangle assign detention before homeroom in the attendance office.

Students march onward to another class.

I hope I can find a parking space close to the school . . . Me? To the attendance office again? . . . Save me a seat in lunch, okay? . . . Gymnastics in P.E.? I can't even vault, let alone working on the balance beam! . . . These were all common phrases of students trying to cope with the pitfalls and surprises of daily student life. At times the routine became unbearable, but pleasant breaks like the first snow on Jan. 9 kept the year exciting. The long awaited storm started approximately at 9:30 a.m. and continued into the early afternoon, forming a two inch blanket over the entire Tidewater area. Even though the snow melted away within three days, the excitement generated by this first sign of true winter lasted much longer.

All of these were parts of a student's memories of his high school years. Even though the events of the day seemed trivial at the time they happened, when looked back upon, they suddenly meant a lot more.

Delceno Miles and Jim Merten feel fortunate to get a seat for lunch.



Brian Leinbach crams for a test before the late bell.

Angie Kilman and John Langlois enjoy the first snow.

You Should Be Dancin'

Jim Rammell and Dana Bell celebrate the arrival of their class rings.

Juniors enjoyed a special taste of prestige on March 18, the night of Junior Ring Dance. Students shed their blue jeans and slogan-covered T-shirts, making room for tuxedoes and evening gowns as they prepared to celebrate "A Time for Us." The formally dressed couples, anxious to get their class rings, gathered at the Beach Hilton from eight to twelve to dance to the sounds of Spice. When the climatic moment arrived, the excited Juniors had Chairpersons Wendy Carpenter and Kathy Crandall, plus countless subcommittee members, to thank for the memorable occasion.

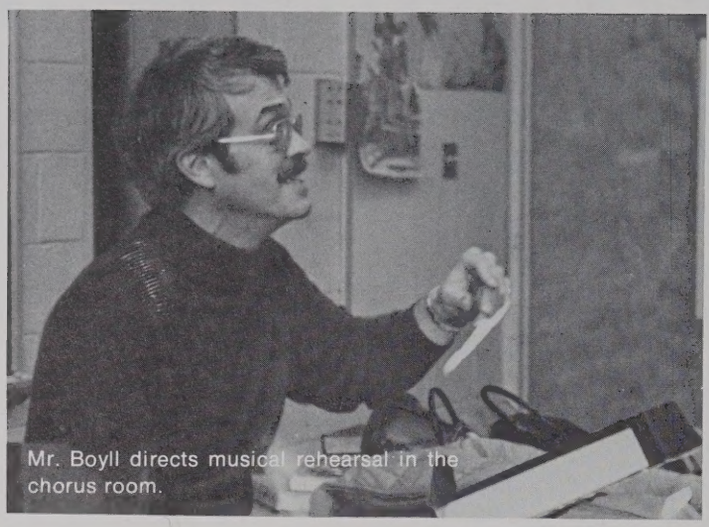
Contrasting the style and formality of Ring Dance was the endurance and spirit required for the Easter Seal Disco Dance-a-thon held at Virginia Beach Recreation Center on March 11. Strong-willed Cox students attempted to dance for 26 consecutive hours, competing for prizes and raising money for a worthwhile charity.

Walt Theisen and his date dance to the sounds of Spice.

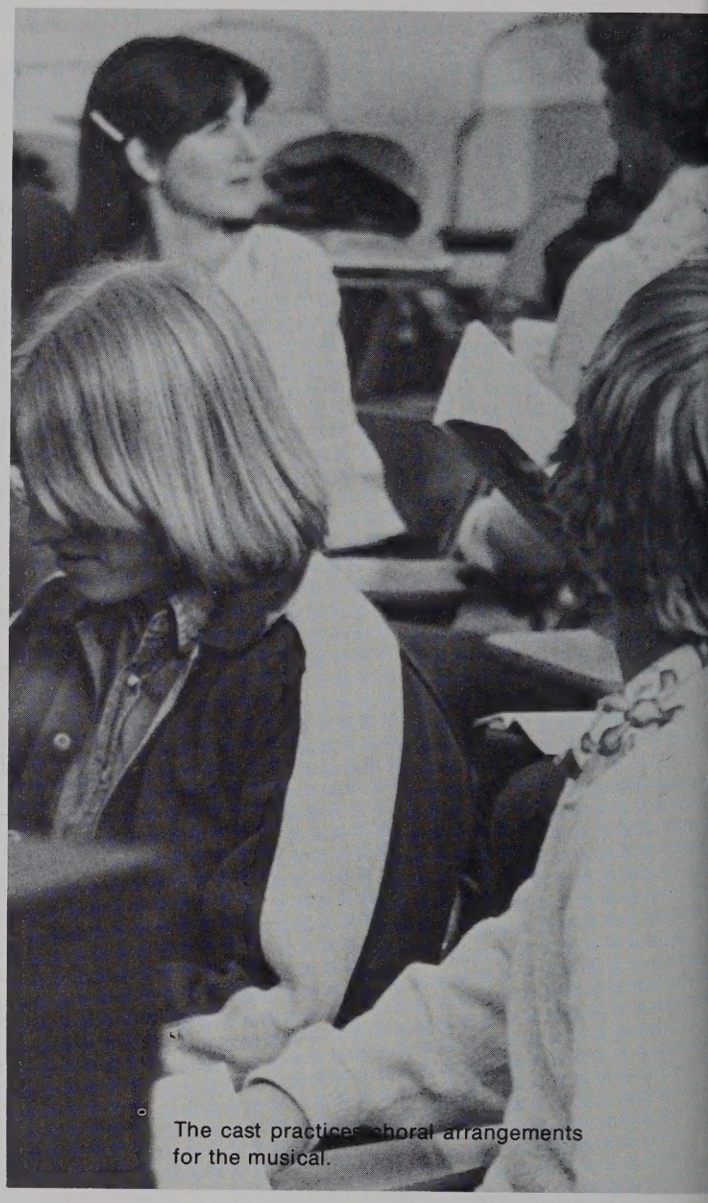
Pensive faces mirror the mellow mood of the Beach Hilton.

Mr. Jefferson Davis, Cox Principal, gives out rings to enthusiastic Juniors.

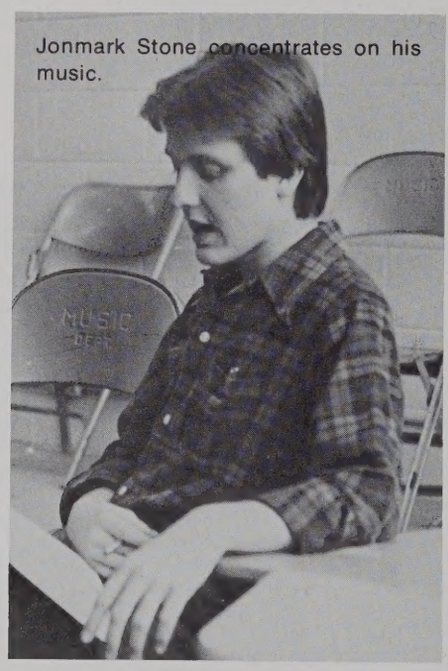
Mark Jones and Dee Dee Miller sway to the m



Mr. Boyll directs musical rehearsal in the chorus room.



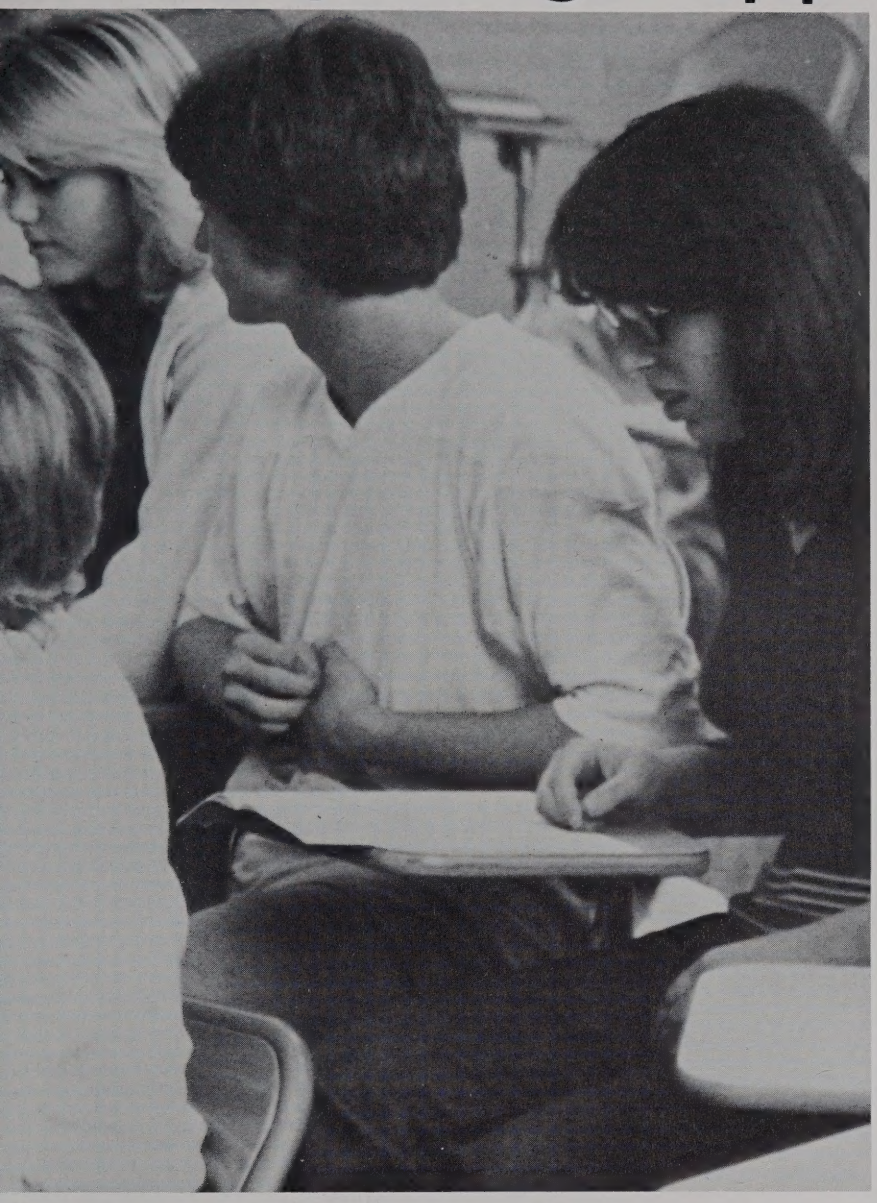
The cast practices choral arrangements for the musical.



Jonmark Stone concentrates on his music.

Beatriz Marta Bruges, a native Columbian, sings Spanish folk songs at International Night.

A Funny Thing Happened....

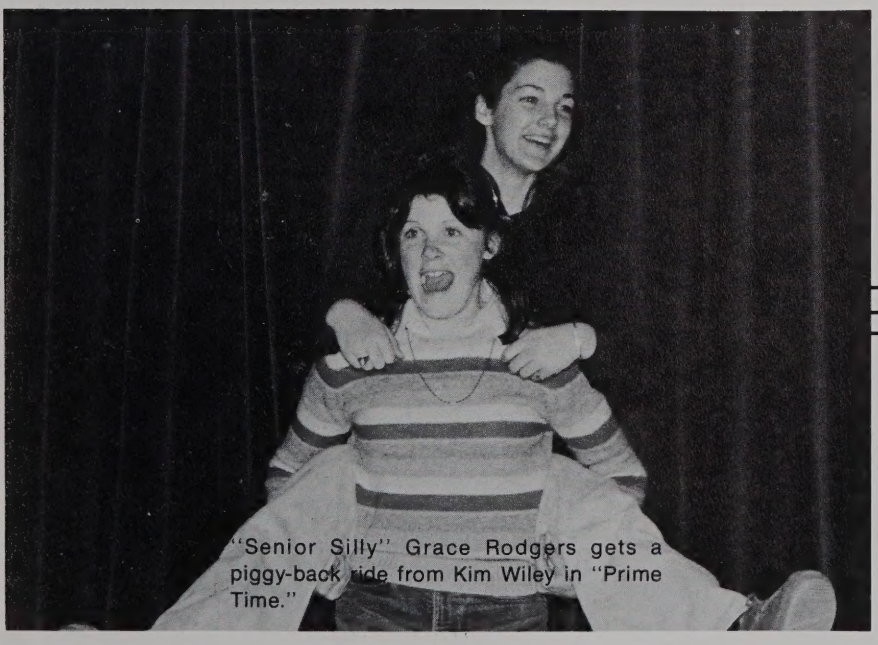


The second semester exploded into spring with drama, music, and entertainment as the snow disappeared and anticipation of the summer took over the minds of students.

From May 11 to 14, the drama department presented "A Funny Thing Happened on the Way to the Forum," a musical production written by Stephen Sondheim, "one of the most important Broadway writers in recent history," according to director Mr. James E. Garret and musical supervisor Mr. William Boyll. This humorous account of a Roman slave's attempt to gain his freedom was supported by the talents of leading cast members Jonmark Stone, Lori Jones, Mike Russell, Pat Harting, and Yvette Jarashow.

Seniors also tried their hand at comedy on March 16 when they presented "Prime Time," a production made up of a series of skits performed by the "Senior Sillies."

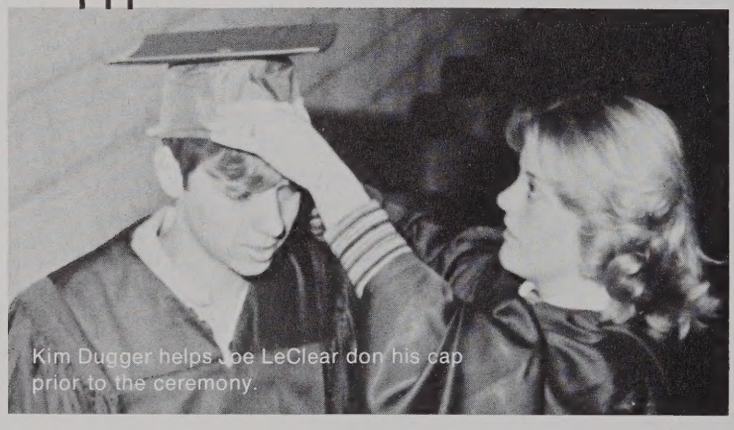
Music enhanced the flavor of exotic food on March 9, when International Night was held in the Cox cafeteria. Organized by the combined efforts of all the foreign language clubs, the experience featured prepared delicacies of foreign countries and live performances of these countries' folk songs.



"Senior Silly" Grace Rodgers gets a piggy-back ride from Kim Wiley in "Prime Time."

Green Gowned and Campus Bound

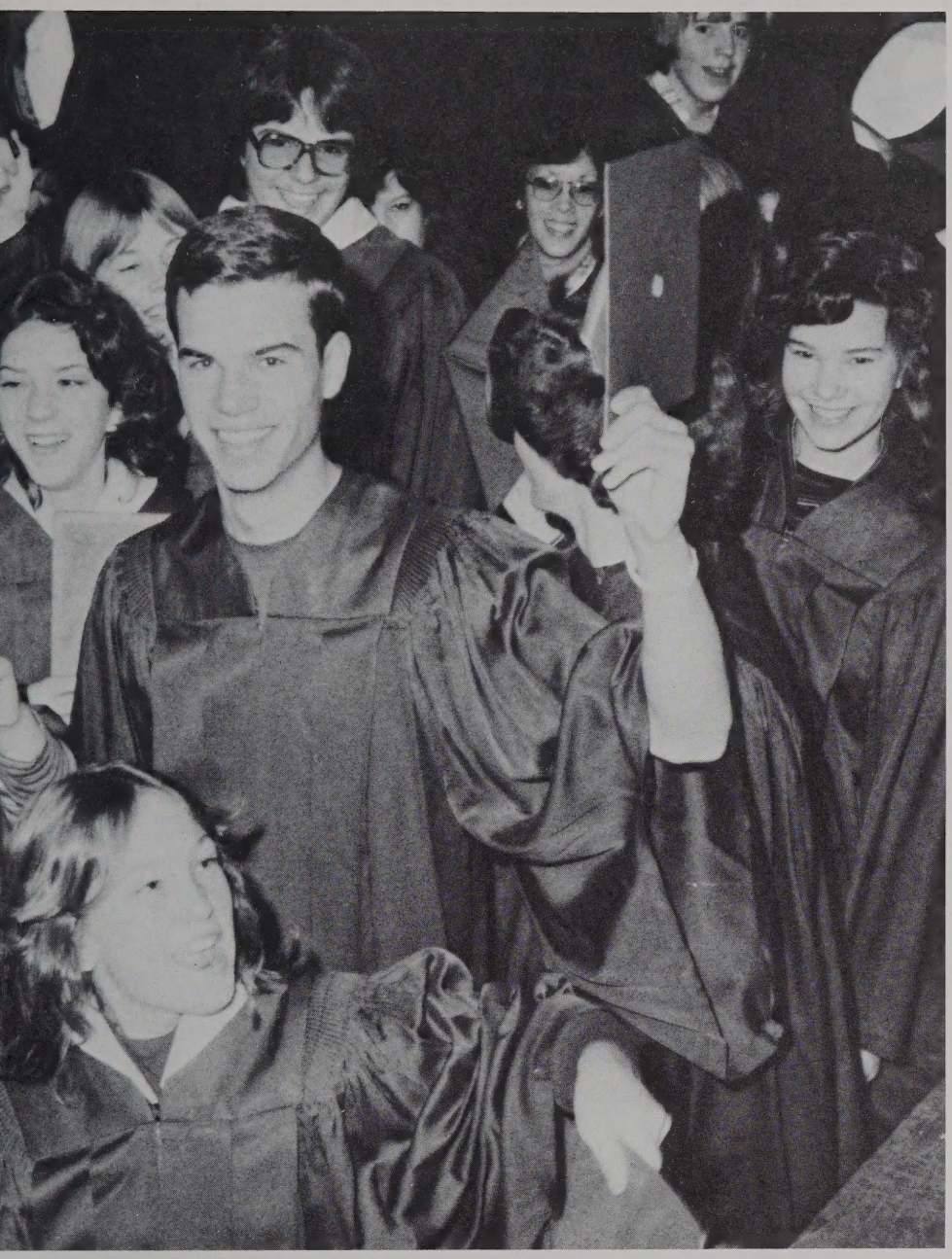
The end of the year had come, and the graduates of '78 had to leave their high school years behind and step out into the world. The time had come for them to decide whether to continue their education or to begin a career. To aid them in their decisions representatives from several colleges addressed the Senior Class in special assemblies arranged by the Guidance Department. The University of Virginia, Madison, Old Dominion, and East Carolina University were among the participating schools. The graduates received their diplomas in a ceremony held on Sunday, June 18, 1978. This date, like all their high school experiences, will never be forgotten.

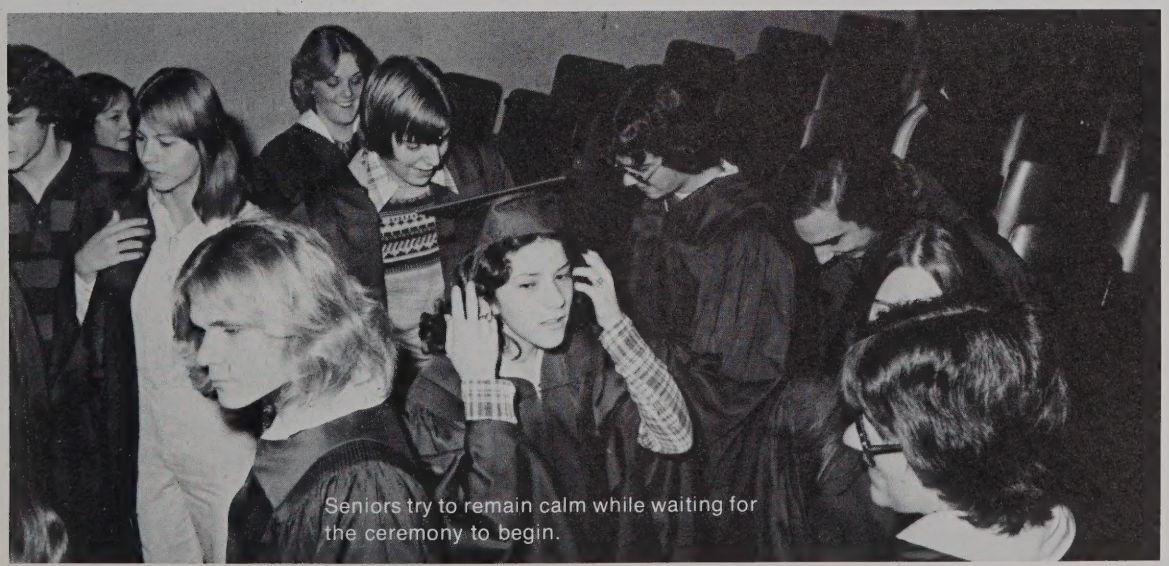


Kim Dugger helps Joe LeClear don his cap prior to the ceremony.

In joyful relief, the graduates throw their caps in the air.

Seniors dress in caps and gowns to prepare for the graduation ceremony.





Seniors try to remain calm while waiting for the ceremony to begin.

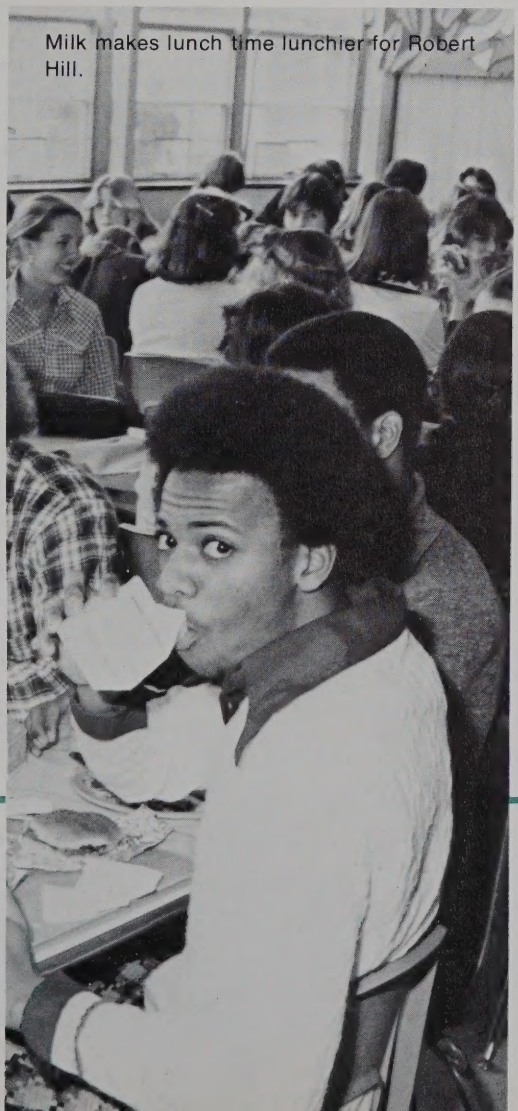
In the courtyard during a Spirit Week event, Mary Hardcastle displays a different expression.

The steady senior announcers, Bob Kunzinger and Mike Russell, deliver their "witty" afternoon announcements.

SENIORS

"Seniors soar high" symbolized by their class mascot.

Fred Potter and his date enjoy the music at the Homecoming Dance.



Milk makes lunch time lunchier for Robert Hill.

Eventually, everyone reached his twelfth year of school. The Class of '78 was now at the top, and they made the best out of their last year in high school. In June, status as a student ceased to exist, for some, and for others, there was just a pause before more studies began. But, during 1978 they lived it up, because they knew they were SENIORS!

Senior Class officers for the Class of 1978 were Mike Brunick, Second Vice-President; Joye Clarke, Vice-President; Lisa Russ, Treasurer; Audrey Beyrouty, Secretary, and Jay Condrey, President.

CLAUDIA ABASALOM. NJROTC 10; Library 10,12.

ROBBY ALEXANDER. Wrestling 10,11,12; Football 10.

ROBERT ALLMOND. CMA 10,11,12,; Key Club 10; NJROTC 10,11,12; Talon Staff 10; Track 10.

KAREN ANDERSON. Kellam Exchange 10; DECA 11; FHA 12.

MARY ANDERSON. General Activities.

MIKE ANDERSON. Football 10,11,12.

RYAN ANDERSON. Talon Staff 10.

LINDA ANDREWS. FHA Reporter 11.

VICTORIA ANGLIN. Gymnastics 10,11; Cheerleading 10; Intramurals 11,12.

LINDY AYERS. General Activities.

BRYAN BAINES. Latin Club 10,11,12-Pres.; Intramurals 10.

STEVEN K. BANKS. Drill Team NJROTC 10,11, Rifle Team 12; Golf Team 11.

Class of '78 Soars On

FREDRICK BARR. NJROTC Drill Team 10;11,12.

MEG BARTON. French Club 11,12; Talent Show 11; Powder-Puff Football 12; International Dinner 11; French Fair 11; Forensics 11,12; Autumn Festival 12; French Club Float 11.

STEPHANIE BAY. DE Club.

CHERYL L. BEAZLEY. Marching Band 10,11,12; Concert Band 10,11,12; Young Life 10; Regional Band 12; School Musical 11,12.

CAROL BELCHER. Cheerleader 10,11,12; Gymnastics 10,11,12; Track 10,11,12; Field Hockey 11,12; Chairman of Nidus.

BERNITA BELL. Powder-Puff Football 10; Graduation Committee 12.

EILENE BENTON. General Activities.

AUDREY BEYROUTY. SCA Delegate 10; SCA Executive Council 11,12; Senior Class Executive Council 12.

JULIE BISHOP. DECA 12.

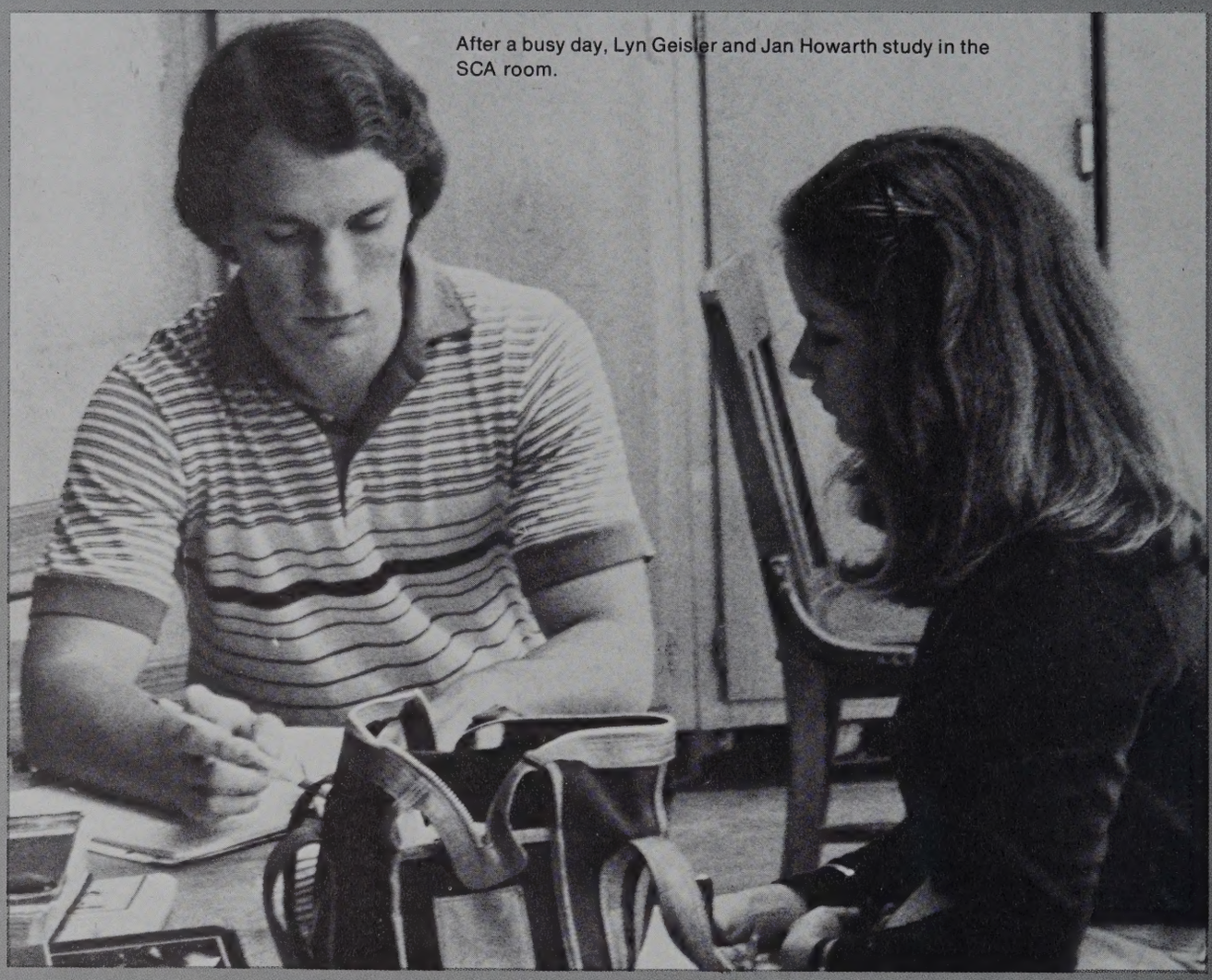
MIRIAM BONE. Field Hockey 10,11,12; SCA Delegate 11; Softball Team 11; DECA 11.

JIM BONNER. Wrestling 10.

ERIC BOONE. Basketball 12.

Mrs. Hampson, Senior Class Sponsor, checks roll during homeroom.

After Hours



After a busy day, Lyn Geisler and Jan Howarth study in the SCA room.

JAMES ASHTON BOOTH. Football 10,11,12; Track Indoor-Outdoor.

SCOTT BORNEMANN. General Activities.

ANN BOWERMAN. Basketball Manager 10; SCA Delegate 12; Exchange 12; CMA 12.

MARK BOWMAN. General Activities.

JIM BOYD. General Activities.

BARTON BRANSCUM. Class Vice-Pres. 10; Yearbook 10; Bowling Team 10; School Play 10,11; Chorus 10,11; Literary Magazine 10,11; NHS 10,11,12; Class Pres. 11; School Newspaper Editor 11; Powder-Puff Cheerleader 11; CMA 12; Yawp 12.

JOHN BRICKHOUSE. Omnibus 10,11.

WILLIAM J. BRIGGS. NJROTC Drill Team 11,12.

ANNE BRITTON. Symphonic Band 10,11,12; Troopers 10,11,12; Regional Band 10,11,12; Yawp 12.

BEVERLY BROOKS. General Activities.

CYNTHIA A. BROOKS. French Club 11; Executive Council 11,12; CMA 12; DECA 12; Young Life 10; Prom and Graduation Committee 12; Kellam Exchange 10.

DAVID BROUN. General Activities.

JIM BROWNLOW. Key Club 10; Latin Club 10,11.

JOHN BROWN. Football 10,11,12; Indoor Track 10,11,12; Outdoor Track 10,11,12.

TOM BROWN. General Activities.

MIKE BRUNICK. Wrestling 10,11; SCA Delegate 10,11; Senior Class 2nd Vice-Pres. 12; SCA Executive Council 12; Executive Council 11,12.

GOEFFREY BUCY. Track 10.

STEVE BURGESS. Basketball 10,11,12; Baseball 10,11,12.

BILLY BURKET. Float Committee.

CORAL CAMPBELL. Powder-Puff Football 10.

SCOTT CAMPBELL. Chess Club.

ANN L. CANNON. Troopers 11; Homecoming Committee 12; Prom Committee 12.

EDWARD CARBAUGH. Wrestling 10,11; Football 10.

BETH CARDINI. Talent Show 10,11; "Look At The Stars" 11,12; Flea Market Co-Chr.; SCA Delegate 10,11; Polynesian Paradise Dance Committee Chr. 11; Young Life 10,11; Executive Council 11,12; Orientation 11; Omnibus Committee; Hospitality; Homecoming Reception 11.

SUSAN CARENZA. Talon Staff 11; Orientation 11; Ring Dance 11; Intramurals 10.

CHARLOTTE CAREY. FHA.

Take Five

KATHRYN A. CARLSON. Powder-Puff Football 10,11; Orientation 11; Ring Dance Committee 11; Talon Staff 11, 12-Section Editor; Forensics 11; Young Life 11; SCA Delegate 12; Graduation Committee 12; Student Awareness Comm. 12; Senior Class Executive Council 12; Yawp 12.

BECKY CARR. Field Hockey 10; Art Club 10; Pep Club 10; Senior Class Play Committee 12; Talon Staff 12; Young Life 12; Drama Club 10; CMA 12; Fall Musical 10; Intramurals 10; Keyettes 12.

DINA CARROLL. General Activities.

KIM CARTWRIGHT. General Activities.

LYN CASEY. General Activities.

TAMI CASON. CMA 11,12; Intramurals 10.

GISELLE CASTELLAT. General Activities.

GAIL CASTLEMAN. FBLA 11,12; Soccer 11,12; Homecoming Committee 12; Omnibus; Intramurals 10; Young Life 11,12; "Curious Savage;" "A Little Night Music."

BOB CHARLTON. General Activities.

DEBRA CHERRY. General Activities.

ROBERT CHRISTIAN. Wrestling 10; Soccer 11,12; Young Life 11,12.

DEBBIE CHRISTOFF. Concert Choir 10,11.

At the Homecoming Dance, Steve Burlas and Ann Etchison rest and watch others dance.

MICHELE CLARK. Fine Arts 10,11; Stage Crew 11; French Club 11; Intramurals 10; "Look at the Stars" 11.

JOYE CLARKE. Executive Council 11,12; SCA Delegate 11; Senior Class Vice-Pres. 12; Powder-Puff Football 12.

JULIA COKER. FBLA Sec. 11; Powder-Puff Football 10; COE 12.

PAUL COLLINS. CMA; "The Man Who Came to Dinner."

BILLY COMMANDER. Marching Band; Intramurals 10; Prom Committee 10.

JAY CONDREY. Class Pres. 10,12; SCA Executive Council 10,11,12; Va. Boy's State; Executive Council 11,12; Va. Beach Leadership Workshop 11; Mayor's Youth Council 10,11,12; Powder-Puff Football Cheerleader 12; Powder-Puff Queen 12.

CYNTHIA DAWN COPELAND. DE 11,12.

JAMES COX. General Activities.

RENEE CRAIG. Drama 10,11.

MICHAEL CRAWFORD. DECA

RODERICK CRAWFORD. Basketball 12.

TONY CREECH. General Activities.

AVIS CUFFEE. Falconettes 10; FHA.

ROBERT CUFFEE. General Activities.

JOSEPH CURRY. Soccer 11,12.

KEITH CURTIS. SCA Delegate 10.

CANDACE DAILY. Guidance Office 12; Talent Show 11.

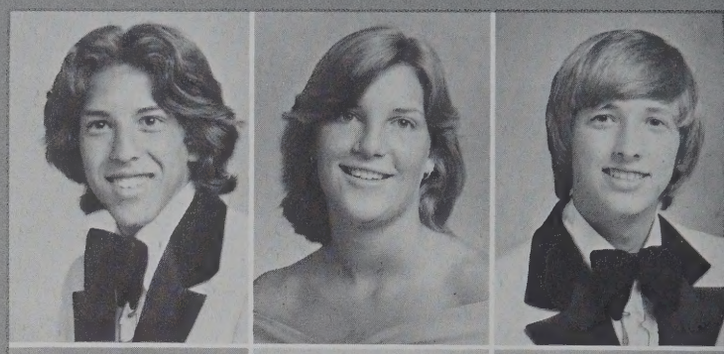
DONNY DAMON. General Activities.

Music Maker!

MICHAEL DANNER. General Activities.

MARY GAEL DAUGHERTY. Coxswain 11,12-Editor; ICC 11; SCA Delegate 11; Intramurals 10; Executive Council 11,12.

RICHARD DAVENPORT. Senior Float Committee.



KAREN DAVIES. SCA Delegate 12.

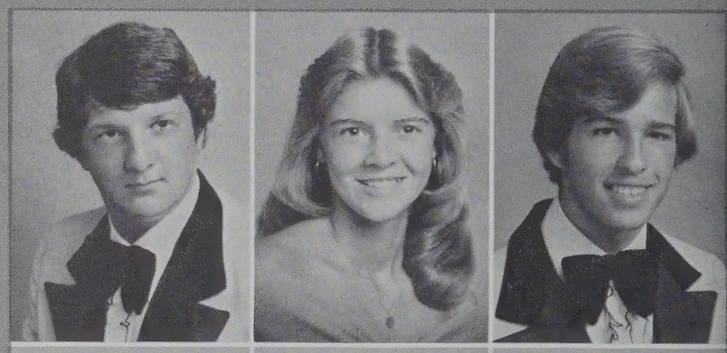
ANDRE DAVIS. Football 10,11,12; Indoor Track 10.

SANDRA DAVIS. General Activities.

JACK DEFILIPPO. Wrestling 10.

KIMBERLY F. DERRICK. Extramurals 10, Outdoor Track 11,12.

JOHN DETTBARN. Soccer 11, 12-Captain.



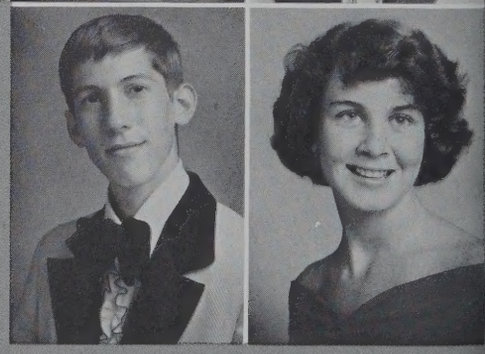
DIANE DEVOY. Intramurals 10; Indoor Track 12; Outdoor Track 11,12; Young Life 11,12; Executive Council 11,12; Talon Staff 11,12.

MICHELLE DEWITT. General Activities.

DANNY DICKENS. DECA I,II,III; Extramurals.

MATT DIPALMA. NJROTC.

TAMI DISHER. Basketball 10,11,12; Softball 11,12; Field Hockey 12; CMA 10,11,12-Pres.; SCA Vice-Pres. 12;NHS 11,12.



Mary Wallace, a member of the group HARVEST, performs at the Homecoming dance.

SIDNEY DIXON. FHA

CATHERINE DOBBINS. Latin Club 11; Spanish Club 10; Talon 12; Committees; Young Life 10,11,12; Powder Puff 10,11; CMA 10; DECA 12; Track 10.

PHILIP DOMINICCI. Young Life 10,11,12; "Little Night Music", "The Man Who Came To Dinner"; A Look At The Stars; Forensics, Senior Sillies; Omnibus.

MARK DOWNS. Marching Band.

LISA DRUDE. NHS, 11,12; Scholastic Team 10; Executive Council; Latin Club 10,11; 2nd V.P. 12; CMA 10,11,12; Talon 11, Business Manager 12; Keyettes 12; Who's Who; SCA Workshop 11.

KIM DUGGER. SCA Delegate 10,11,12; Young Life 10,11; Powder Puff 10,12; Class Treas. 11; Senior Sillies 12; Exchange 12; DECA 12; Executive council, 10,11,12; Committees; Workshops.

MIKE DUNCAN. General Activities.

LINDA EDWARDS. CMA 10,11; V.P. 12; DECA; ICC 12; FHA 10;CMA Sec. 11.

WILLIAM EGERTON III. General Activities.

DAVE ELLIOT. General Activities.

ANN LESLIE ETCHISON. Cheerleading 10; SCA Delegate 10; Homecoming Princess 11,12.

LORI ETHERIDGE. Talon 10,11; Soccer 11; Basketball Manager 11.

Business Hours

MICHAEL FAIRCLOTH. Concert Choir 11, "Curious Savage"; "A Little Night Music".
KEVIN FARLEY. Football 10; D.E.C.A. 11.
MARK FENTRESS. Basketball 10.
BETH FERAN. General Activities.

CYNTHIA FILLMORE. General Activities
TERI L. FINK. Class Executive Council 12.

CHRISTOPHER FINNERAN. General Activities.
CHARLES FIRNSTAHL. Baseball 10, Football 10.

MARK FLIPPIN. General Activities.
JAMES FLYNN. General Activities.
RICHARD FORTUNE. D.E. 10,11.
JAYNE FOWLKES. General Activities.

MIKE FRANCE. General Activities.
EUGENE FRANKLIN. General Activities.
DAVID FRIELLO. Stage Crew, 12; Radio Broadcasting Club 10,11.
PHYLLIS FRIELLO. Troopers 10,11; Concert Choir 11,12; Madrigals 12; Stage Crew 11,12; Committees 12.

TODD FULLERTON. General Activities.

ALLURA GARDNER. Band 10; FBLA 11.

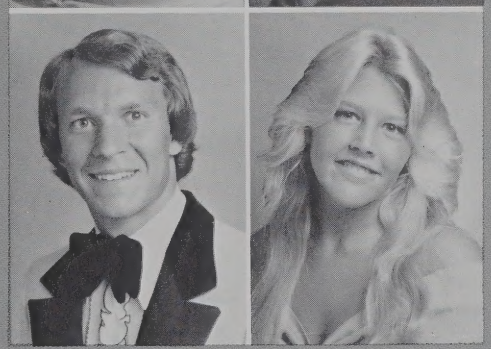
BRAIN GARNER. General Activities.

REGINALD B. GARRETT. Basketball 10,11,12; All Tidewater Football 12; All Metro Football 12; All District Football 12; Football 10,11.

Nancy Thierry and Marilyn Vogan work diligently on the yearbook.

KATHY GAYLOR. Extramurals 10.

DEBORAH A. GEGNER. Talon Typist 12; Powder Puff 10,11,12; Basketball Manager 10,11.



LYN GEISLER. Football 10; Indoor & Outdoor Track 10,11,12; Forensics 11,12; SCA 12; Executive Council 12.

HOLLY LYN GIVENS. Latin Club 10.

BILL GODWIN. Indoor Track 10.

JEFFREY GOLDBERG. Talon Photographer 11.

STEVEN E. GORDON. Football 10; Class Pres. 11; SCA Delegate; Baseball Announcer; Basketball 10,11,12; Extramurals.

STEPHEN GOTO. NJROTC Drill Team 11,12; NJROTC Rifle Team 11,12; SCA Delegate 11,12; Forensics 12; Who's Who 11.

BOBBY GREEN. General Activities.

CINDY LYNNE GREEN. SCA 12; French Club 10; Latin Club 10; Extramurals 10.

CAROL GRETZ. DECA11.

PATRICK GUNN. General Activities.

That's Entertainment

LISA HAMAKER. FHA 11, OMNIBUS 11.

PAGE HAMRICK. Gymnastics 10, Powder Puff, Extramurals 12, Senior Sillies 12, Committees.

CRAIG HANLEY. General Activities.

MARY LEE HARDCASTLE. Talon Staff 10,11, Section Co-Editor 12; French Club 10,11; Latin Club 11,12; Powder Puff 12; Keyettes Treas. 12; Young Life 11,12; NHS 12.

BURRUS HARLOW. General Activities.

BETH MARIE HARVEY. Concert Choir 12.

AUDREY HAYDEN. General Activities.

HUGH HENDRIX. Football 10,11,12; Indoor Track 10; Outdoor Track 10; All District Football 11,12; All Tidewater Football 12.

RICHARD HERCHA. NJROTC Rifle Team 10,11,12; NJROTC Drill Team 10,11; CO of Rifle Team 12.

LINDA HERRING. Troopers 10,11; CMA 10,11,12; Glee Club 10; Who's Who 12.

ROBERT NATHANIEL HILL JR. Basketball 10,11,12; Baseball 10,12; Football 12.

DONNA HILLEY. CMA 10; FBLA 12; Keyettes 12.

BESS HODGES. National Thespians 11,12-Pres.; "Curious Savage" 11; "A Little Night Music" 11; "Candide" 10; "The Man Who Came to Dinner" 12; One Act Play Festival-Student Director 11; Fine Arts Club 11,12.

ANN HOFF. Marching Band; Concert Band; Troopers Flag Team; CMA; Executive Council 12; Bookstore Helper.

BARBARA HOFFMAN. Soccer 11; Extramurals 10; Class Executive Council 12; Cheerleader 10,11,12-Co-Capt.; Homecoming Attendant 12.

MISSY HOFFMAN. Cheerleader 10,11; Pep Club 10,11; Keyettes 11; Softball 11; French Club 10, 11-Vice Pres.

GAIL HOLLAND. Scholastic Team 10; Powder-Puff Football 12; Extramurals.

MICHELLE HOLLAND. Hockey 10,11; Cheerleader 10,11,12; Executive Council 12; CMA 12.

MICHAEL HOMNER. General Activities.

TERRY HORAN. General Activities.

KEITH HORNE. General Activities.

CINDY HOUSTON. Gymnastics 11; DE 12; Young Life 12; Dance Club 12.

JUDY HOWARD. FHA Treas. 12.

JAN HOWARTH. SCA Delegate 10,11; National Merit Semi-Finalist 12; Chess Club 11; NHS 11,12; Class Parliamentarian 10; SCA Sec. 12; City Wide SCA Sec. 12; Who's Who 11,12; Class Executive Council 11; Committees 10,11,12.

PATRICIA HOWARTH. Who's Who 12; Committees 12.

BOB HOWSARE. General Activities.

JON HUDDLESTON. NHS 11, 12-Pres.; National Thespians 10,11,12; Play 10,11; Musicals 10,11,12; Forensics 11,12; Latin Club 11,12; Yawp 12; Young Life 10,11,12; Boy's State 12; Executive Council 12; Coxswain Staff 12; Concert Choir 12; Talent Show 11; Senior Sillies 12; Morning Announcer 11,12; Committees 11,12.

WILLIAM MARK HUDSON. Troopers 10,11,12; Concert Band 10,11,12; All Regional Honor Band 11; Stage Band 11.

KEITH HUME. General Activities.

KEVIN HUMPHREYS. Senior Class Play 10,12; Madricals 12; Fine Arts Club 10; Track 11; Latin Club 10; NJROTC Drill Team 11,12.

JAMES HUNTER. Advanced Concert Band 10,11,12; Troopers 10,11,12; Musical 10,12; Cox Frisbetarian Club 11,12; Young Life 10,11.

SHARON HUTCHERSON. Talon Staff 10, Section Editor 11,12; Young Life 11; SCA Leadership Workshop 11; SCA Delegate 12; Class Executive Council 11,12; DE Club 11,12; Who's Who 12.

Talent consists of students that perform or participate in the acting and displaying of talent in their given field. The Talented Seniors are Kristin Strommen, Mike Russell, Jon Greenberg and Sonya White.

Pulling for the Future

JOY INGLE. General Activities.

JAMES INGRAM. General Activities.

ROSE JACKSON. NJROTC 10,11,12; Soccer 11,12; Ring Dance Committee 11.

DEBBIE JAKUBEC. Talent Show 10,11-winner; "A Look At the Stars"; DE Club 12.

MARCIA JEFFERSON. General Activities.

VICKIE JENKINS. Band; Drill Team 11,12; FHA Sec. 11; DECA 11.

KATHY JENSEN. General Activities.

MELANIE JOHNSON. Young Life; SCA Delegate; Concert Choir 11,12.

LINDA JONES. NJROTC 10; Track 11.

LORI JONES. Executive Council 12; Senate 10; Scholastic Team 10,11,12; Who's Who; National Merit Scholar; Homecoming Court 12; Governor's School; SCA Delegate 11; Powder-Puff; Neptune Festival Princess Pageant.

SHERRY JONES. Track 10; Soccer 11,12; Cheerleader 12.

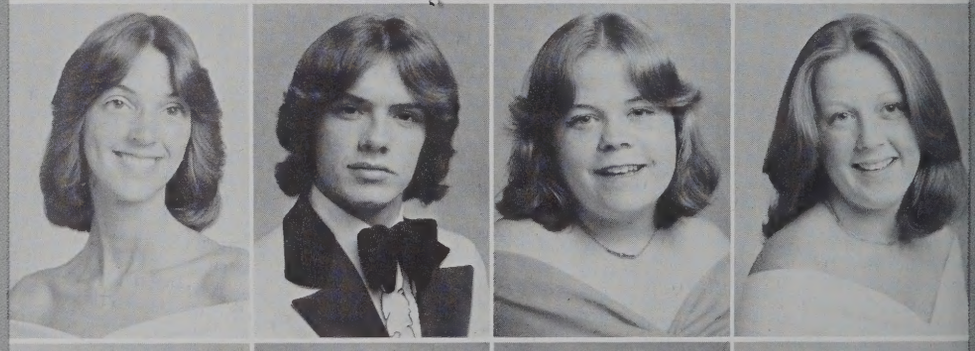
TODD JONES. Football 10,11,12; Powder-Puff Coach 12.

KIM KEEFE. FBLA 11; Powder-Puff 10; COE 12.

ROBERT KEHOE. General Activities.

LESLIE KELLY. Coxswain.

MARGARET KELLY. Latin Club 11,12.

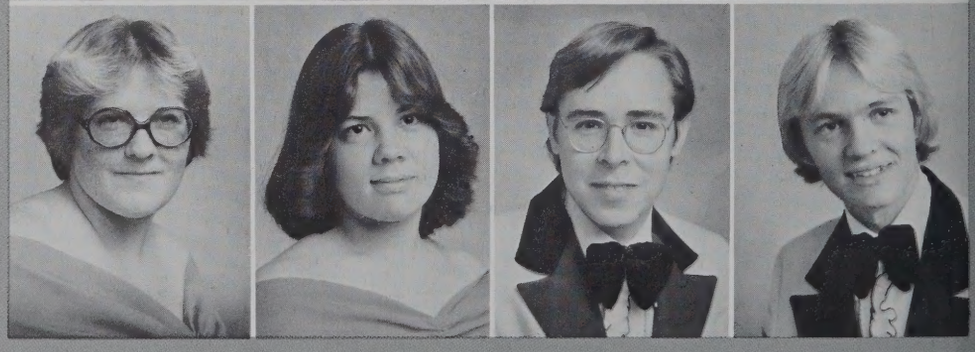


PATRICIA KELLY. FBLA 10; Talon Staff 11; FHA 11; CMA 11, 12.

KRISTIN KERSENBROCK. CMA 12; Intramurals 11; Executive Council; Keyettes Vice-Pres. 12; Talon Section Editor 11,12; Latin Club 11,12-Sec.; NHS 12.

ANDY KINCAID. General Activities.

TROY KING. Talent Show 11; Talon Photographer 12.



Seniors show their enthusiasm at Tug of War during Spirit Week.

CHRIS KNUTSON. Golf 11,12; Scholarship Committe 12.

PEGGY KOEHLER. Intramurals 10,11.

NORBERT KUHN. Tennis 12; Wrestling 10.

BOB KUNZINGER. Sports Editor Coxswain; Morning Announcer.

FAITH LANCASTER. Drill Team 10,11; Senior Class Play 12.

DON LANG. Industrial Arts Show 11.

SHEILA LANGAN. Track; Hockey 10,11,12; Tennis 10,11,12; Intramurals 10.

PAULETTE LANGLOIS. Powder-Puff Football 10; CMA 10; COE 12.

ANGELA LASSITER. Coxswain 10,11.

JOE LECLEAR. NJROTC 10,11,12; Key Club; Who's Who; Drill Team Commander 12.

BRIAN LEINBACH. Tennis 11,12; Chess Club 11.

LINDA LIVERMAN. CMA 12; Powder-Puff Football 10,11.

Athletics is a major part of every high school. There are many people who strive to do their best and work as a whole for their team. The Seniors chosen as most outstanding in the field of Athletics were Carol Belcher, Tina Virgili, Hugh Hendrix, Reggie Garrett and Tom Spartz.

DEBI LOCKE. FHA 11; Library Aide 11,12.

CHARLES LOLLIES. General Activities.

LINDA LONG. DECA 11; FBLA 12.

CHRISTOPHER LYNCH. French Club 11,12-Pres.; NHS 11,12; Tennis 12; Student Awareness 12.

DAVID LYON. Wrestling 10; Baseball 10; Soccer 11,12.

BRET LYONS. Football 10,11,12; Baseball 10; Surf Club 10,11,12.

BETSY MACHEN. DE 11,12.

ELIZABETH MACLEAN. Latin Club 10,11-Treas., 12-Vice-Pres.; Talon Staff 11,12-Section Editor; ICC 12; Powder-Puff Football 10.

PAUL MACKINNON. Golf 11,12.

CHEINA MARSHALL. Graphic Arts Club 11; Student Council 11; Pep Club 10,11; Wrestle-ettes 10,11; Ariel 10.

STEVE MARSHALL. General Activities.

BOB MARSHBURN. Track 10; FBLA 11-12-Club Reporter; Intramurals 10.

V-I-C-T-O-R-Y

TERRI MAURER. General Activities.

BODEE MAXWELL. Intramurals 10; Softball 11; Class Executive Council 12; SCA Reporter 12.

MICHAEL MCCLAIN. Soccer 11; Football Captain 10.

SHANNON MCCORMICK. Debate Team 12; Keyettes 12; Fine Arts 10,11; CMA 10,11; Latin Club 10,11,12; SCA Delegate 12; Young Life 11; Neptune Festival Princess 11; Committees 12.

MARK MCDANIELS. DE 12.

RUTH MCDONOUGH. Band 10,11; Forensics 11,12; Library Aide 11,12; Who's Who 12.

KELLY MCGEE. General Activities.

RUTH MCGOVERN. Basketball 10,11,12; Track 10,11; Extramurals 10; Executive Council 11,12.

MICHAEL MCGOWN. Young Life 10,11,12; Fine Arts Club 11,12; NJROTC 10,11,12; SCA Delegate 12.

JOHN MCGRATH. Ski Club 10,11,12; NHS 11,12; Newspaper Editor 10; Literary Magazine 10,11; Math Team 11.

ROBIN MCKENNA. General Activities.

KATHRYN MCNELLY. Leadership Workshop 12; Gymnastics 10; Y-Teens 10.

JANNESS MECARTEA. NHS 11,12; NJROTC Color Guard 10,11,12; CMA 10,11; Secretary 12.

JANET MEEKINS. Talon Staff 10; SCA Delegate 10; FHA 10; CMA 10.

BRUCE MILLER. Latin Club 10,11,12; Surf Club.

PATRICK MILLIGAN. Wrestling 10,11,12.

WENDY MIMNA. General Activities.

KARAM MISHALANI. General Activities.

LAURA MOONEY. Debate Team 10,11,12; Forensics 11,12; CMA 10,11; NHS 11,12; Yawp 12; Intramurals 10; Governor's School 11; Excutive Council 11,12; Scholastic Team 11.

ANDREW MOORE. Talon Staff 11; Committees 11,12; Boy's State; French Club Treas. 12; Class Parl. 11,12; Young Life; Talent Show; Student Awareness 12.

At the Homecoming Dance, Jay Condrey, Charlotte Purkey, Fred Potter and his date danced to "Reflections."

BRIAN MOORE. Intramurals 10,11.

EDWARD MOORE. General Activities.

BRENDA MORRIS. "Curious Savage;" A Little Night Music;" National Thesbians Sec.; "The Man Who Came to Dinner" Stage Manager.

LAURA MORRIS. Basketball 10,11,12.

DOUG MORRISON. Track 11,12; Rifle Team.

MELANIE MOSS. Executive Council 11,12; Cheerleader 10,11,12; Track 11,12; Extramurals 10; Committees; Homecoming Queen 12.

PATRICIA MUDD. Powder-Puff Football 10; FBLA Treas. 11.

DALE MULTER. Band 10,11,12.

SANDIE NEERGAARD. General Activities.

ANGELA NELSON. SCA Delegate 11; Young Life 10,11,12; Committees; Executive Council 12; Senior Sillies; Keyettes 12; Powder-Puff Football 12; Who's Who; ICC Vice-Pres. 12.

WENDY NEWTON. Latin Club 11; DE Club 11;12.

JEFF NICKLES. General Activities.

Dance to the Music

KEVIN O'BRIEN. Judo Team.

ROXANA PARKER. General Activities.

BRUCE PAULUS. General Activities.

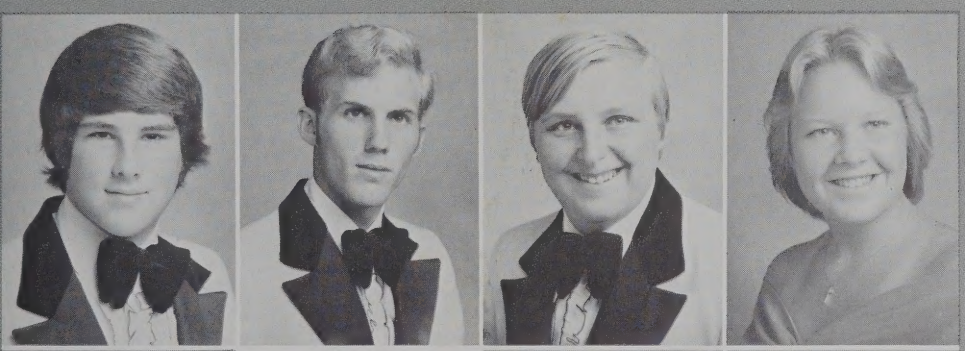
LAURIE PAULUS. General Activities.

BRYAN PIPER. Band 10; NJROTC 10,11,12; Radio Broadcasting Club 10; Who's Who.

GENEVIEVE PIRRONE. General Activities.

MICHAEL PITTMAN. Senior Play.

STEPHEN POLLARD. General Activities.



BRANDON POND. Band 10,11,12.

SIDNEY POST. NJROTC Drill Team; Union of Concerned Students.

FRED POTTER. NJROTC 10,11.

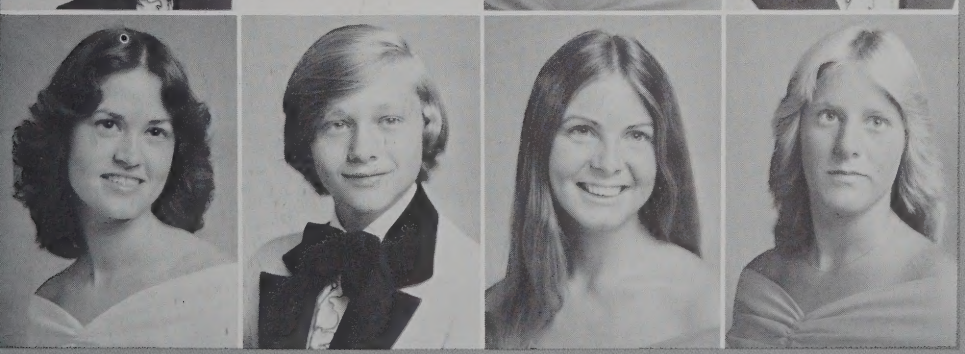
MELISSA PRINCIPE. Extramurals; Basketball 10,11,12; Track 10,11,12; Concert Choir; Senior Class Play 10; SCA Delegate; National Thespian; Executive Council.

SCOTT PRITCHETT. Wrestling.

RANDY PUGH. General Activities.

CHARLOTTE PURKEY. Executive Council 10,11,12; Committees; ICC 10; SCA Delegate 10,11; NHS 11,12; Powder-Puff 10,11,12; Yawp 12; Who's Who; Toys For Tots 11,12; Ping-Pong Tournament Chr. 11.

TIM RAGLE. General Activities.



KATHY REESE. General Activities.

BARRY REID. General Activities.

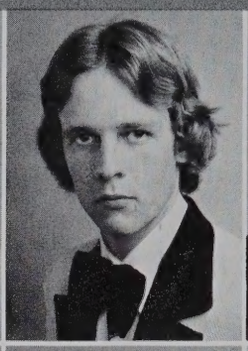
ELIZABETH RHODES. DECA 12; FBLA Vice-Pres. 11.

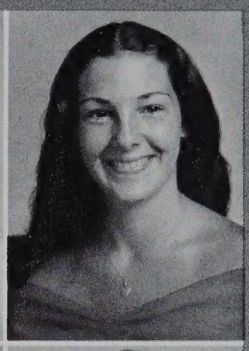
AMY RICHARDS. Cheerleader 10,11,12; Track 10; SCA Delegate 10,11.

KATHY RITTER. National Thespian.

JOHN ROBINSON. General Activities.

GRACE RODGERS. Gymnastics 10,11,12-C Capt.; NHS 11, 12-Vice-Pres.; Tennis 11; Cheerleader 12; Dance Club Pres. 12; Class Executive Council 12; ICC 12; SCA Delegate 10,11; Young Life 10,11,12; Powder-Puff 12.

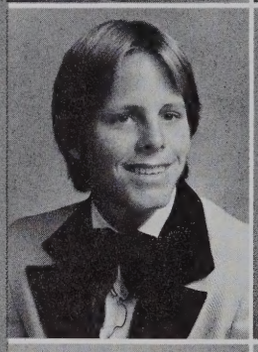


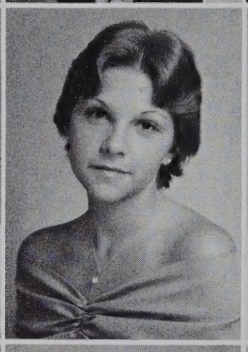


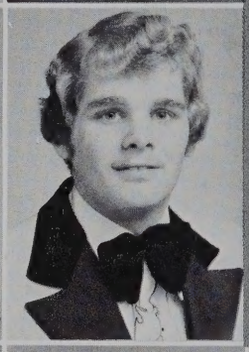
RICHARD RODRIGUEZ. Chess Vice-Pres. 12; Wrestling 11,12; Tennis 11,12; ICC 11.

JEANNETTE RORK. Spring Musical 11,12.

JEFF ROSENFELD. Football Mgr. 10,11; Basketball Mgr. 10





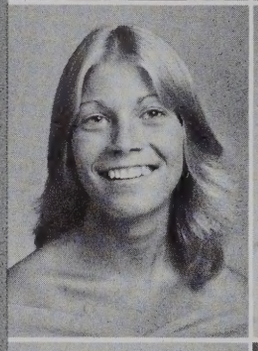


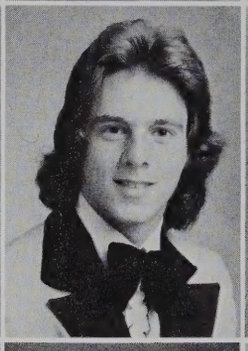
KATHIE ROSENMEIER. Class Treas. 10; Homecoming Court 10,12; Executive Council 11,12; NHS 11,12; Committee Chr.; Powder-Puff 12; Young Life 10,11,12; SCA Delegate 10; Va. Beach Leadership Workshop.

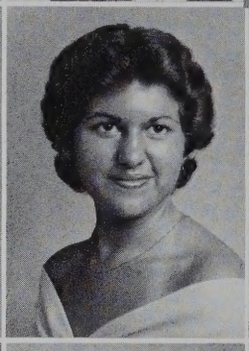
JON ROWE. Baseball 11,12.

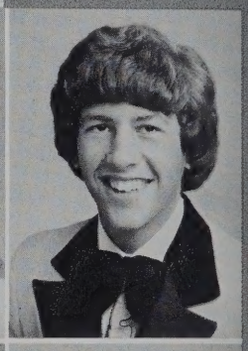
LISA RUSS. Talon 11; French Club 11; Class Treas. 12.

MICHAEL RUSSELL. Debate Team; Newspaper 10,11,12-Co-Editor; Senior Class Play; Senior Sillies; Morning Announcer; SCA Delegate; National Thespian; Disc Jockey 12; Athletic Announcer.







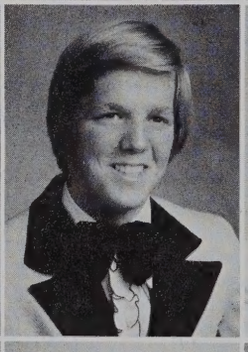


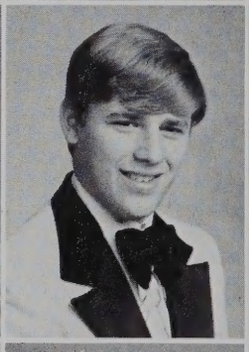
MARIA SANCHEZ. Vote Hero 11,12.

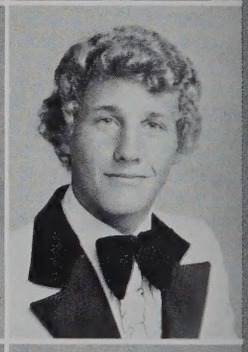
DAVIS SARRETT. Wrestling 10,11; Senior Class Play 12.

EDWARD SCHENCK. DECA 11,12.

TOM SCHEURICH. Wrestling 10,11.





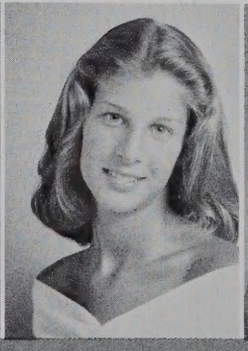


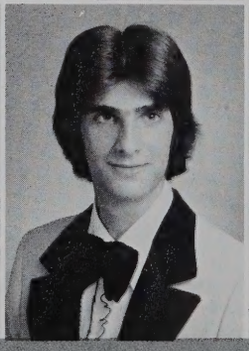
NANCY SCHRINER. Talon Staff 11,12; FBLA 11; Troopers 12; Drill Team; Young Life; Keyettes.

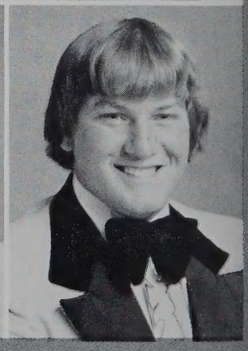
DARCI SCHUMAN. Latin Club 11,12.

RICHARD SCHUMAN. General Activities.

BOBBY SCOTT. General Activities.



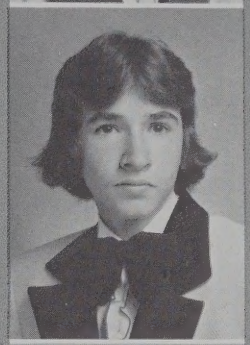




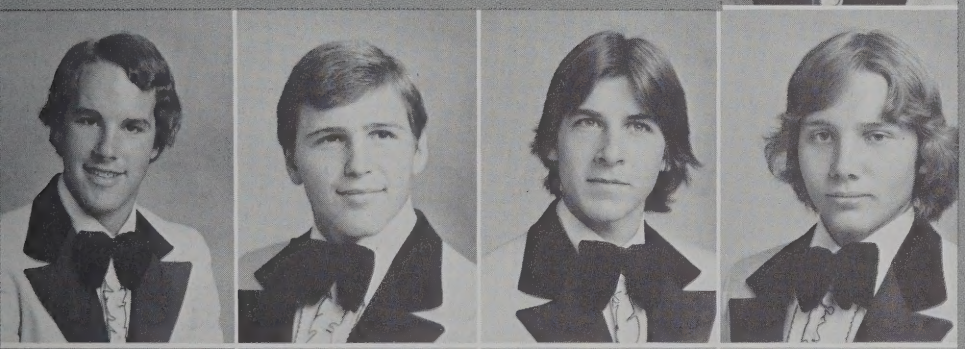
Time Out

In the lunchroom, spirit is shown by Janet Meekins and Missy Hoffoman during Spirit Week Activities.

LLOYD SIEBERT. General Activities.



MARC SEIM. Cross Country 10; Latin Club 10,11,12.



KEVIN SELDON. General Activities.

GREG SHAFER. Football 11,12; Track 11.

MIKE SHAVER. General Activies.

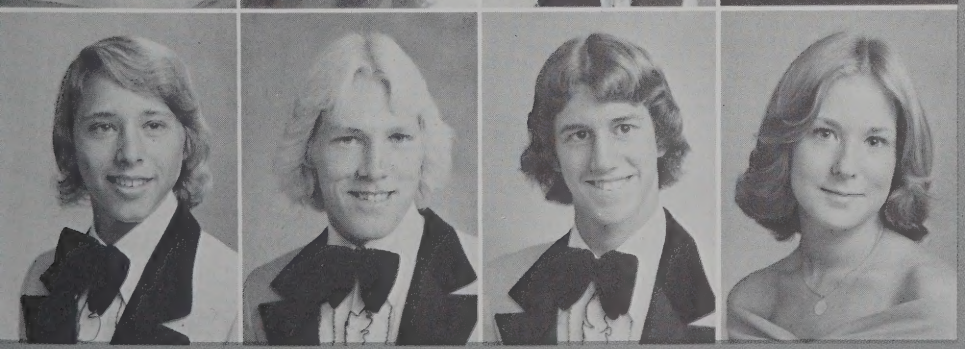
MARK SHIVELY. General Activities.

DIANN SHORTT. FBLA 10,11,12; Young Life 10,11,12.

LISA SIGMON. Troopers 10,11; DECA 10, 11; Intramurals 10.

MIKE SIMONELLI. Baseball 10,12.

SUSAN SIMONELLI. Fine Arts Club 10,11; CMA 10,11; SCA Delegate 10,11,12; Class Historian 11; NHS Sec, 12 Executive Council 12; DECA 12; Chr. 11.



LOUIS SIMONIC. Golf 10,11,12; Baseball 10.

MARK SMELAND. Football 10; Wrestling 10,11,12.

BUCKY SMITH. General Activities.

LINDA SMITH. Publicity Committee 10; Directory Staff 12.

Road to Success

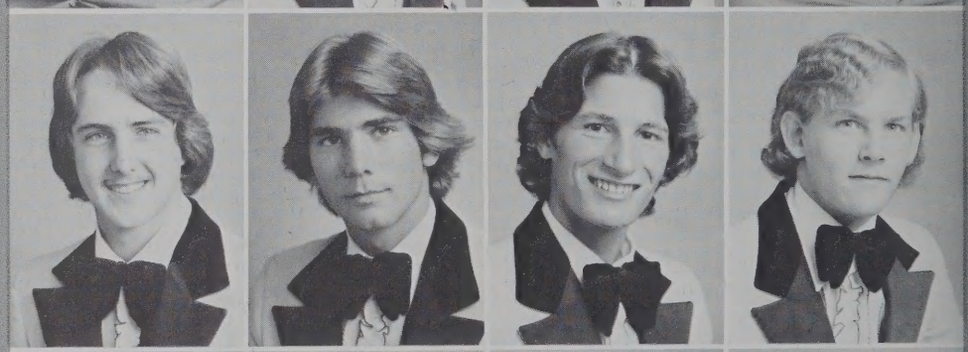
Academics is a highly competitive field. Each student strives to maintain the highest grade possible. The top academic students in the Senior Class are Lori Jones, Lisa Zanetti, Gail Holland, Laura Mooney, Lisa Drude and Sharon Williams.

LISA SMITH. SCA Delegate 10; DECA 11.

RICKY SMITH. Football 11,12; Executive Council.

SCOTT SMITH. Wrestling 10,11,12.

TAMMY SNEAD. General Activities.



JEFF SNYDER. Outdoor Track 11,12; Basketball; Literary Magazine; Latin Club; Football 10,11,12.

GARY SOLES. General Activities

THOMAS B. SPARTZ. Cross Country 10,11,12-Capt.; Indoor Track 10,11,12-Capt,; Track & Field 10,11,12.

DONALD E. SPENCE. Powder-Puff Cheerleader 12.

PAT SPENCER. General Activities.

PAUL TODD SPERLING. Tennis 10,11,12; Intramurals 10.

SUSAN STAHL. Gymnastics 10,11; Swimming 10,11; Track 10,11,12; Powder-Puff Football 12.

SCOTT STEENTOFTE. Baseball 10,11,12.

SCOT STEWART. Football 10; Intramurals 10; Baseball 10,11,12.

DOUG STREIT. Wrestling 11; Chess Club 11.

KRISTIN JANE STROMMEN. Fine Arts 10,11,12; National Thespian 11,12.

MARY ANNE STURTRIDGE. Class Sec. 10,11, DECA Pres.; Softball 11.

TRIP STURTRIDGE. General Activities.

TIM SULLIVAN. General Activities.

BILL SUSEWIND. General Activities.

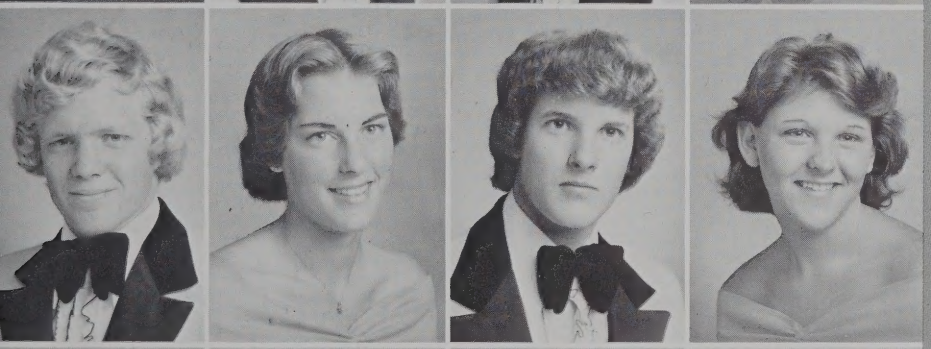
JANE SUTHERLAND. Soccer 11,12.

LAURA SUTTON. Intramurals.

BRIAN SWIERENGA. Marching Band 10,11,12; Concert Band 10,11,12; NHS 11,12; French Club 12; Key Club 10,11; Golf Team 10,11.

MICHAEL SYRAN. Indoor Track 10,11,12; Outdoor Track 10,11,12; Homecoming 11,12; Key Club 10,11.

BARBARA K. TAMGURINO. DE Club 12.



JEFF TAPP. General Activities.

DEBRA TASCH. CMA 10,11,12-Treas.; FBLA 10; Ring Dance Invitations; Co-chr. Publicity Senior Class; Sen-Class Executive Council.

BEN TATE. Radio Broadcasting Club.

JODI TAYLOR. SCA Delegate; FBLA 11,12; Young Life; "Curious Savage;" Omnibus; Intramurals.

RONALD TAYLOR. General Activities.

NANCY THIERRY. FBLA 11,12; Young Life 12, Keyettes 12; Talon Staff 11,12; Concert Chorus.

ELIZABETH THOMAS. Latin Club 10,11-Sec., 12-Historian; Art Club 10,11; Hockey 10,11; Pep Club 10,11; Midlothian Mime Troupe 11; Young Life 12; Literary Magazine 11,12; Drama Club 11,12; F & M Student Art Festival 11; Keyettes 12; One Act Play Festival 11; SCA Delegate 10,11; NHS 12.

PAULA THOMPSON. General Activities.

Helping Hands

SUSAN THORN. General Activities.

ALLISON THORNTON. Library Aide 10; CMA 12; Spirit Committee; DECA 11; Powder-Puff Football 11,12.

PAUL TRUMPOWER. General Activities.

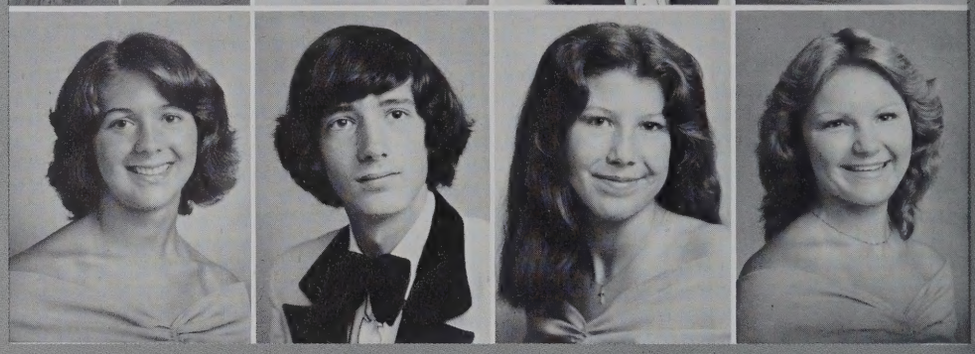
PATTY TUCKER. SCA Delegate 11; Coxswain Publicity Editor 12; Library Aide 10; DE Club 12.

CYNTHIA L. TURCOTTE. Class Executive Council 11; Rock-a-thon 11; DECA Sec. 12; FHA 12.

MARK TYLER. Debate Team 10; Who's Who.

PAULA TYLER. Latin Club 10.

LINDA VARLEN. Young Life 11,12; Drama Crew 10,11; SCA Delegate 12; Keyettes 12; Forensics 12.



KEVIN VAUGHT. General Activities.

TINA VIRGILI. SCA Vice-Pres. 11,12; Hockey 11,12; Basketball 10,11,12-Capt.; Softball 11,12; Extramurals 10,11; SCA Delegate 10; ICC 11; Executive Council 11,12.

MARILYN VOGAN. Young Life 11; Executive Council 11,12; Concert Choir 12; Talon Staff Section Editor 11,12; Delegate Workshop 11; Rock-a-thon 11; Committees 11,12.

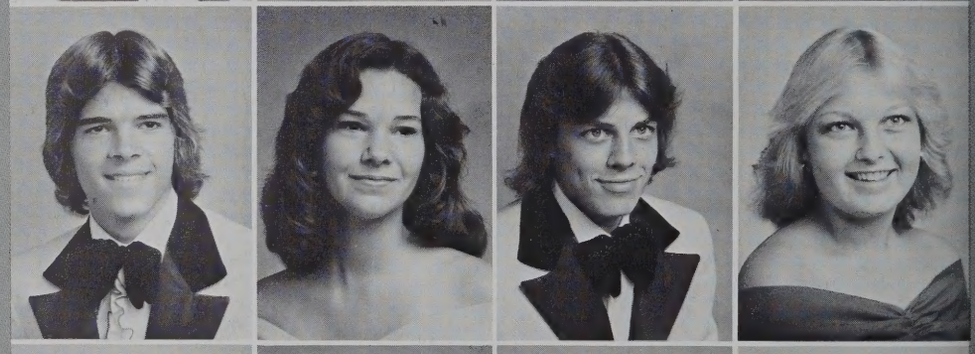
DONNA VON MOLL. Extramurals 10; DECA 11.

DAVID WADDELL. Soccer 11,12; Class Executive Council 12; Cma 12; Young Life 12; Latin Club 11; Tennis 10.

LYNN WALKER. Yawp Chr. 12; Young Life 11,12; Keyettes 12; GEYC 10; French Club 10; Math Honor Society 10; Domestic Exchange 12.

WILLIAM WALKER. General Activities.

MARY WALLACE. Intramurals 10; Cheerleader 10; Concert Choir.



AMY WALSH. Track 10,11,12; Coxswain 11; Literary Magazine 12; Concert Choir 12.

JAMES WARREN. Vo-Tech 11,12.

MELINDA WARREN. General Activities.

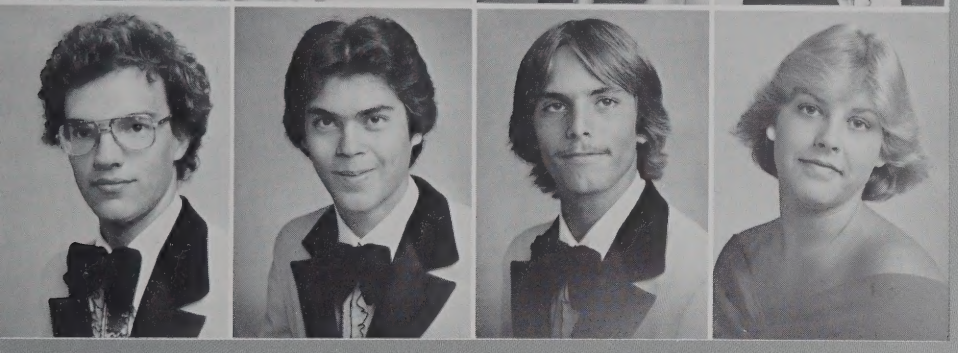
MARK WATSON. Boy's State 11; Optimist Youth Appreciation Award 12; NHS 11,12; National Merit Scholar 11; SCA Pres. 12; Class Executive Council 10; SCA Executive Council 11,

STEPHEN WATSON. NJROTC Rifle Team 10, 11-Commander; Corps Commander 11,12.

CATHY WEBSTER. FHA 12; Coxswain Staff 11; Talon Staff 10,11.

DAVID WEIR. Wrestling 10,11; Debate Team 10; Coxswain Staff 11; Feature Editor 12; Senior Class Play 11; Senior Sillies 12.

GEORGE WESCOTT. Football 10,12.



STANLEY EUGENE WHEELER III. DECA 10,11,12.

DAVE WHITE. Extramurals 10; Latin Club 11,12; Math Olympiad XX.

MICHAEL WHITE. Football 10,11,12; Baskegball 10; Indoor Track 10, 11, 12; Outdoor Track 10, 11, 12.

SONYA WHITE. Talent Show 2nd Place Winner 10; Class Vice-Pres. 10; ICC 10; Young Life 10,11; SCA Executive Council 10; SCA Delegate 10; Producer and Mistress of Ceromonies of the Talent Show 11; Softball 11,12; Extramurals; Senior Prom Hostess 11; Forensics 12.

JAMES B. WHITEFIELD JR. Football 12; Wrestling 10.

MELODY WIGGINS. Troopers Drill Team 10,11; DECA 11.

GARY WILBUN. General Activities.

MATT WILBUR. Marching and 10,11,12; Concert Band 10,11,12; Stgae Band 10,11,12; Spring Musical Orchestra 10,11.

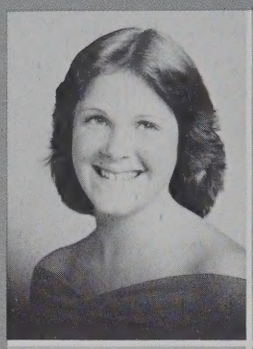
Service is people helping people by participating or leading in benefit activities. The Seniors voted most outstanding in the field of Service are Mark Watson, Jon Huddleston, Patsy Willis, Charlotte Purkey and Tammy Disher.

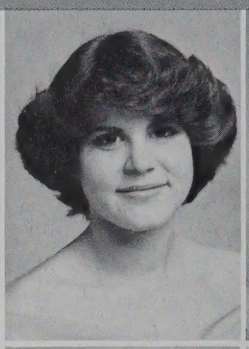
Reflections of the

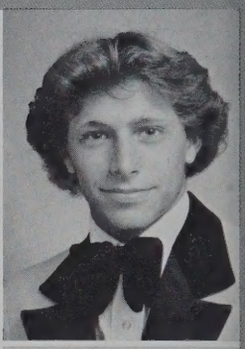
KIMBERLY S. WILEY. SCA Delegate 10; Young Life 10,11,12; SCA Executive Council 11,12; Class Executive Council 12; Senior Prom Hostess 11; Committees 11,12.

ALETHEA WILLIAMS. General Activities.

AUBREY WILLIAMS. General Activities.



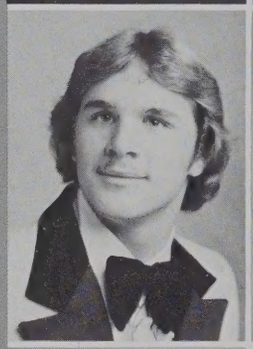




DAVID WILLIAMS. Football 10.

LESLIE WILLIAMS. DE; FHA.

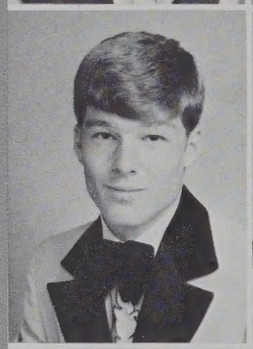
SHARON WILLIAMS. Young Life 10,11,12; Latin Club 10, Sec. 11; Class Executive Council 12; Keyettes 12; CMA 10,11,12; Who's Who 12; Committees 11,12; NHS 12.

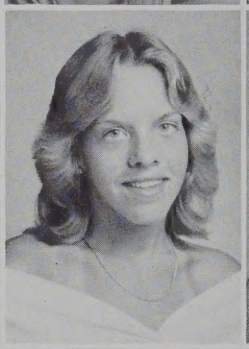


THOMAS WILLIAMS. NJROTC Drill Team, NJROTC Rifle Team.

PATRICIA L. WILLIS. Talon Editor, 12; Talon Section Editor 10,11; ICC 11; NHS 11,12; SCA Delegate 12; Extramurals; Committees 11,12; Who's Who 12.

DIANA WILSON. Latin Club 11,12; CMA 12; Guidance Office Assistant 11; Library Aid 12; Yawp Staff 12; Keyettes 12; Talon 12.

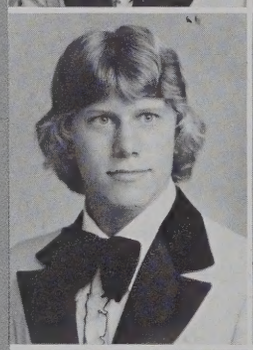


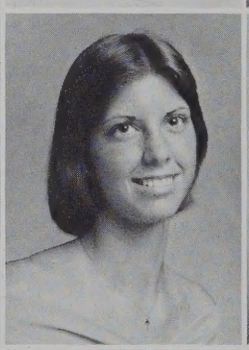


STEVE WINN. General Activities.

LAUREN M. WINTERMYER. CMA 10; Talon 10; Wrestling Scorekeeper 12; SCA Delegate 11; Intramurals; Class Executive Council 12; Who's Who 12; Committees 11.

GAIL WONDERS. DE II

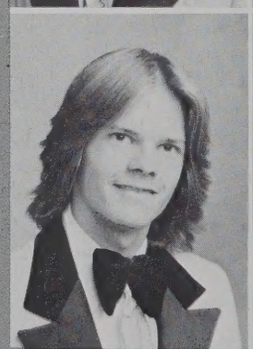


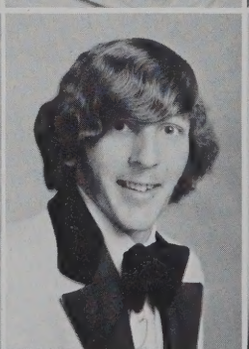


WILLIAM WRIGHT. General Activities.

ALAN E. YOUNG. General Activities.

LISA ANN ZANETTI. Forensics 11,12; Debate Team 11; Co-Captain 12; Literary Magazine 11; Co-Editor 12; Talon 11, Section Editor 12; NHS 11, Treas. 12; Class Executive Council 11, 12; Student Exchange 12.





Way it used to Be

We, the Class of 1978, first arrived at Frank W. Cox High School in 1973 to begin the eighth grade. We were led by Jay Condrey, Pres.; Tina Virgili, Vice-Pres; Jayne Fowlkes, Sec; and Mary Anne Sturtridge, Treas. The class sponsor was Miss Anne Williams who provided helpful assistance throughout the year. At the beginning, we chose our mascot to be the Seagull, to represent soaring spirit and the class colors to be navy blue, light blue and white to show the sky was the limit.

As always, Homecoming arrived quickly for our rookie class but we came through with flying colors. Our float was a fabulous success especially when we received second place in the annual float competition over the established upper classmen. Our attendant to the Homecoming Court was Vicki Anglin.

In 1974, three new Junior High Schools were officially opened and we were transferred for the ninth grade to either Lynnhaven or Independence. Our class was the last to attend Cox in the eighth grade because all the high schools in Virginia Beach were changed to Senior Highs containing only grades ten through twelve.

When our sophomore year rolled around, we graduated from the Junior High and gladly came to Cox. There were many new students but also many old friends were reunited. Fall elections showed Jay Condrey to be President; Sonya White, Vice-Pres.; Mary Ann Sturtridge, Sec.; Kathy Rosenmeier, Treas.; Mrs. Bridget Hampson became the new class sponsor.

Homecoming was the first activity of the year. Rain during Homecoming Week destroyed the napkin float, but with a fresh supply of napkins and determination we rebuilt it. Princess Kathie Rosenmeier and Attendant Melanie Moss were our representatives in the Homecoming Court.

Of all the projects of the year, the Rock-a-thon was the most outstanding, yielding over three hundred dollars.

When spring and the end of the year came around, we held our Junior officer elections. Steve Gordon, Pres.; Tina Virgili, Vice-Pres.; Mary Anne Sturtridge, Sec.; and Kim Dugger, Treas., were chosen.

By holding summer meetings, we were ready to go in September. At Homecoming, our "Skyglider" paralleled the "Sail On" theme, Ann Etchison was the Junior representative to the court.

Through long and fierce arguments, we won the right to sell school mugs. But, for unknown reasons, they did not sell very well.

Spirits were uplifted by the traditional Junior Class Talent Show, dubbed "The Dong Show". Sonya White, also Mistress of Ceremonies, and Cindy Brooks organized the successful evening of student entertainment. Beth Cardini and Debbie Jakubec took first place.

In March our Ring Dance was held at the Sheraton Inn on the beach. The dance, with the theme "Starry, Starry Night," was run smoothly by Jan Howarth and Jay Condrey. We received our class rings and celebrated by dancing to "Harvest" all evening.

At the end of our Junior year, elections for the next year were held again. The officers elected were Jay Condrey, Pres.; Joye Clarke, Vice-Pres.; Lisa Russ, Treas.; and Audrey Beyrouty, Sec.

Our Senior year started well with our first big money-making project. The Senior Class play, "The Man Who Came to Dinner," was a success.

Homecoming was dampened by the cancellation of the pep rally. The Homecoming Court, including Lori Jones, Ann Etchinson, Melanie Moss, Barbara Hoffman and Kathie Rosenmeier, brightened things up. Melanie Moss was crowned Queen which made losing the game with Kellam by one point bearable. The Dance was enjoyed by all with the music provided by "Reflections."

At the end of the fall season, the Powder-Puff Football game between the Senior and Junior girls was played. The male Cheerleaders were gorgeous and full of spirit. Jay Condrey was elected Queen. The Senior girls went on to win the rough-tough game 20-0.

Prom, the dance everyone looked forward to, was held at the Old Cavalier in May. The theme was "Break Away" and everyone enjoyed a lovely evening of dancing. The Committee Co-chairpersons Kathy Carlson, Lori Jones and Sharon Williams did a splendid job with the special event.

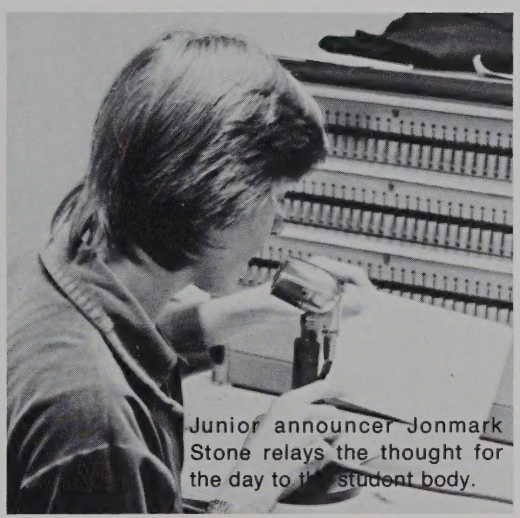
With June arrived Graduation — a time to "break away" from friends, memories and Cox High School only to go on to New Horizons. As we are proud of Frank W. Cox High School it can always be proud of the Class of 1978.

Roxana,
Well we will soon be out of English, and if had'nt been for Corky and the rest of them it would have been a bit boring. I really don't know you very well, but you seem to be very nice. May your dreams be fulfilled and wishes granted.
Good luck Love
Diane Hoffin

Her face depicting the thrill of her flight, Cammie Green, hurdles the horse.

Portraying the characters of Huckleberry Finn in English class [illegible] of life on the Mississippi.

UNDERCLASS



Junior announcer Jonmark Stone relays the thought for the day to the student body.

Sitting amongst friends, some Junior girls enjoy their lunch.

Sophomore Walter Monaghan overcomes his opponent in a game of basketball.

" . . . One of the lowest forms of life on earth." That was a term often used to describe the underclassmen. Of course, everyone knew this quote was not really true.

Young though they were, the Juniors and Sophomores were not intimidated by their upperclass rivals.

They spent their year busy with class projects to raise money for their big events such as Ring Dance.

Keen competitors, the underclassmen set examples in school spirit and pride that would be followed by future classes.

Officers Spark Class Activities

Kenny Adams
Dominique Albero
Donna Alexander
Mike Alexander
Robin Allen
Eden Alt
Susan Anderson
Irene Angelson

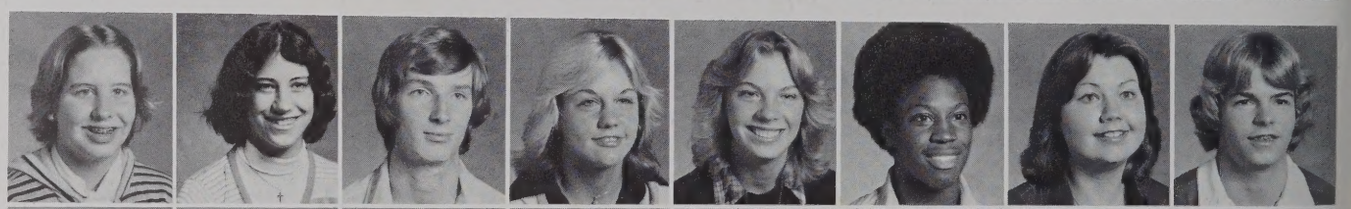
The spirited Class of '79, with encouragement from their four officers, began the year with an Autumn Festival. The main events were a picnic at Redwing Park, a pizza dinner at Pizza Hut, a horror movie, "The Fly," shown in the Cox High Auditorium, and a fair at school. Poor advertisement and low attendance resulted in a moderate success.

Despite the disappointing Autumn Fest, the optomistic Junior Class continued other fund raising projects such as the sale of cowbells and stickers at football games, a slave auction and a talent show.

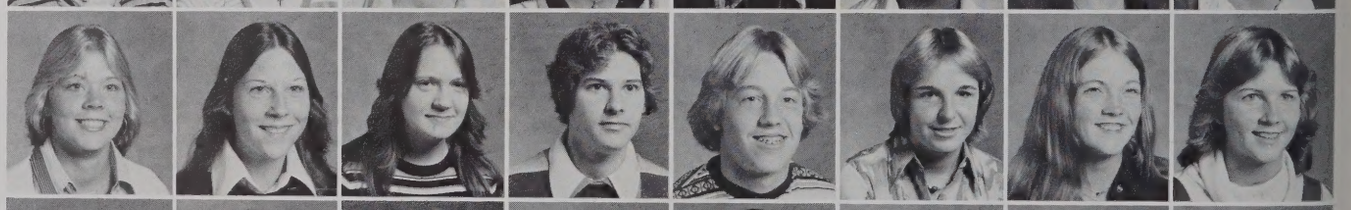
The Juniors, continuing their money-making plans, sponsored a concert given by the Sonrise Band. Consisting of talented members of the class the performance proved profitable and was a tremendous success. The profit from these projects helped finance the Ring Dance held in the spring. This dance was the highlight of the year as the Juniors eagerly awaited their class rings.

Officers of the Junior Class for the 1977-78 school year are: FRONT ROW: Mitch Broudy, Pres.; Veronica Denney, Sec.; BACK ROW: James Sokolowski, Vice Pres.; D.D. Parker, Treas.

Julia Ankeney
Allison Annetta
Henry Anthony
Sylvia Armentrout
Vickie Ashton
David Avans
Debbie Aydlette
Kenny Bader



Sue Bailey
Lenny Banks
Sharon Barber
Miller Baron
Bart Barton
Janie Bateman
Rita Bauer
Teresa Bauer



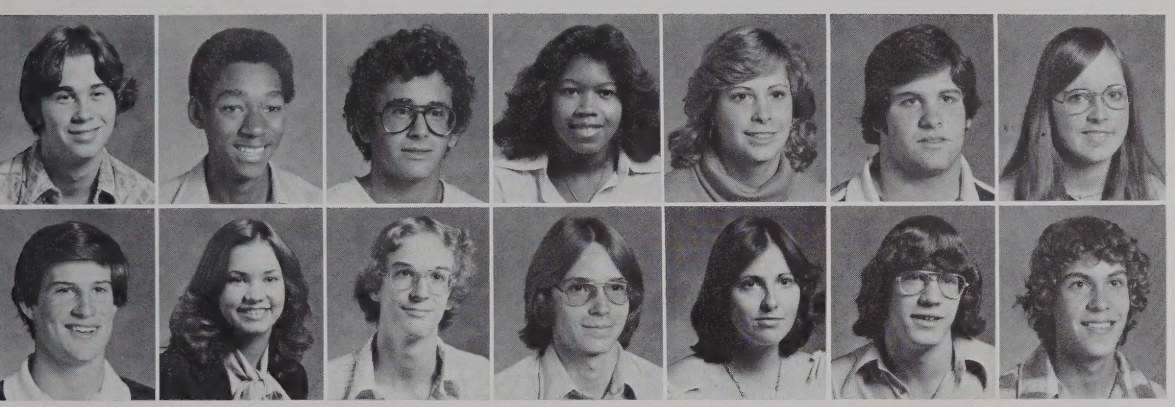
Molly Beach
Betsy Beasley
Nancy Beazley
Dana Bell
Debby Bell
Tina Bender
Steve Bisese
Susie Blain

Lori Blanchard
Kitty Blair
Leo Blankenship
David Boggs

Nancy Borchers
Judy Bounds
Susan Boyd
Jackie Bradley

Larry Branche
Steven Branyan
Linda Braswell
Brenda Briggs

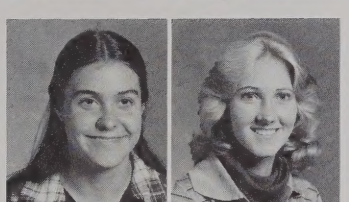
Sponsoring the class of '79 is Linda Bulman.



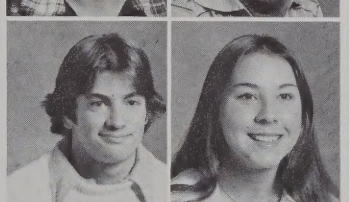
Dave Brock
Kelly Brothers
Mitch Broudy
Angela Brown
Leesa Brown
Scott Brown
Tracey Brown

Brian Brunick
Colleen Bryan
Jack Bryan
Scott Bulman
Michelle Burchette
David Burns
Ken Burridge

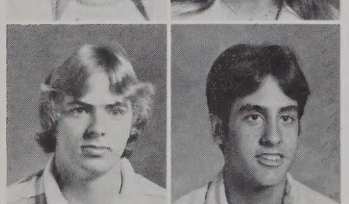
Competing in the whip cream contest, Mark Ritter devours whipped cream.



Terry Burridge
Sandra Busche



Joel Butts
Gina Cade

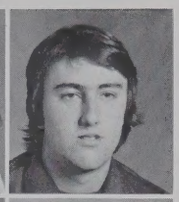


Jeff Calkins
James Campbell

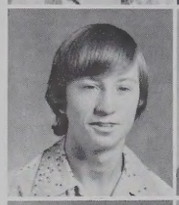
Margie Campbell
Keith Cannon
Lisa Carbone
Mary Cardini
James Carleo
Wendy Carpenter
Susan Carr

A Junior's Life Has Its Ups

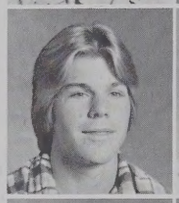
Cindy Carter
Robert Casey



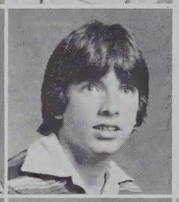
Cliff Castleman
Kelley Cavan



Billy Cave
David Chapin



Kim Chaples
Ronald Chappell



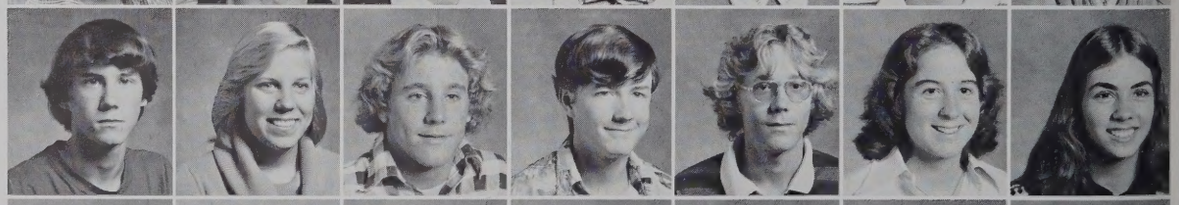
Taking a lunch break, Lois Stanley enjoys ice cream.

Kathy Chebatar
Terry Chellis
Frank Chirico
Beth Christoff
Scott Cipriano
Vonda Cirer
Dean Clarke

Steve Clarke
Bob Coleman
Eva Coleman
Louise Compo
Greg Coons
Hahns Copeland
Lori Cornick

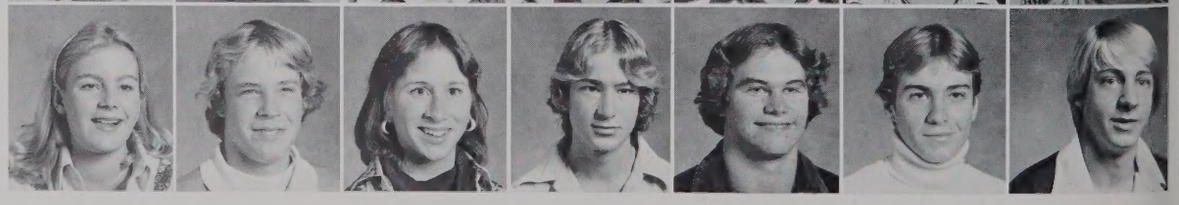
Nadine Cornick
John Corrigan
David Cowan
Kathy Cowart
Lorraine Crain
Jim Creamer
Cathy Crandle

Will Crist
Kelley Crockett
Scooter Cromwell
Rick Culpepper
Ed Cunningham
Laurie Cuppett
Lisa Curtis

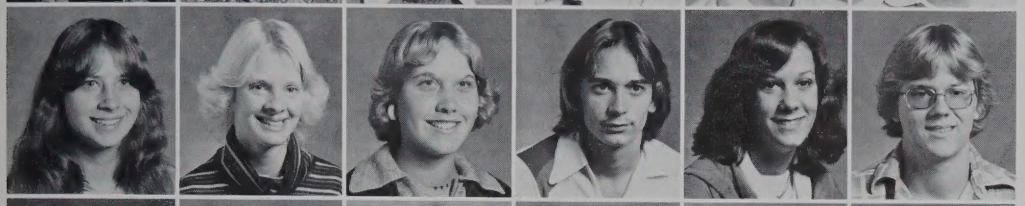


Chris Dahlgren
Stan Dailey
Corinne Daley
Brigitte Daniels
Mark Davidson
Cindy Davis
Dana Dawson

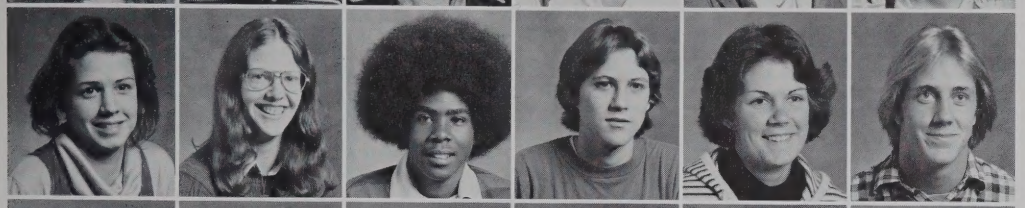
Elizabeth Dechert
John Deeds
Veronica Denney
Peter Desnoyers
Brian Dewan
Larry DiBelardino
Eric Disher



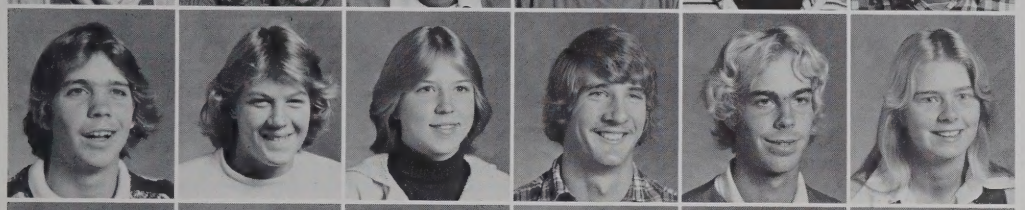
Dana Dixon
Marion Dize
Ken Doney
Dana Driscoll
Barry Drude
Richard Dutzer



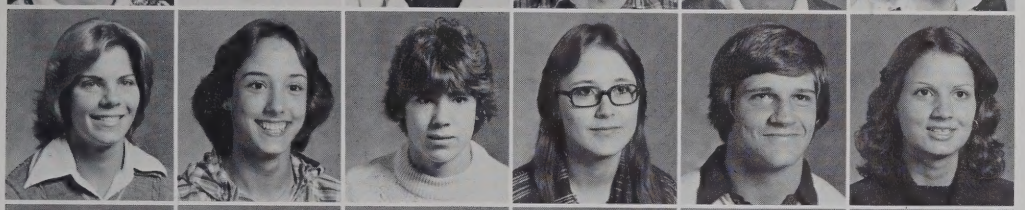
Patty Earl
Michelle Eaton
Kay Edwards
Tom Edwards
Melissa Egerton
Mike Ellis



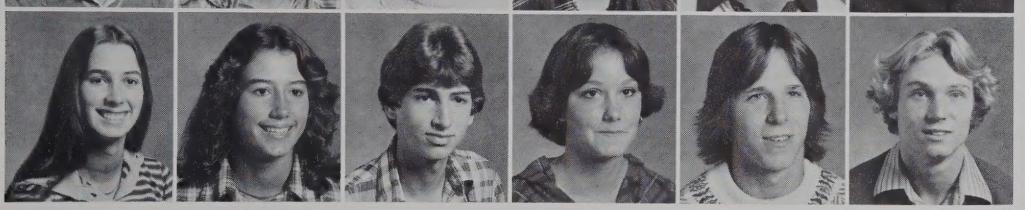
Wendy Elmore
Michelle Ermon
Gary Everett
Mike Fantone
JoAnne Fay
Kurt Felthousen



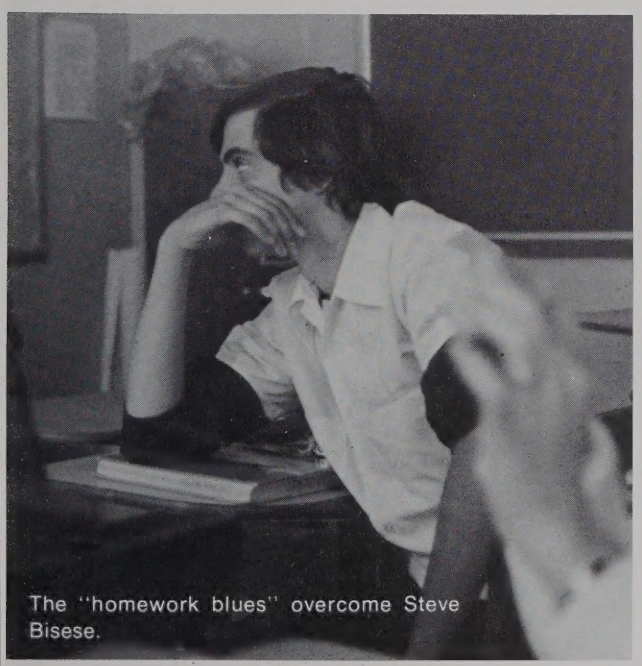
John Feran
Bob Fisher
Debbi Fordham
Jim Forster
Glenn Foster
Tracie Fulgham



Lorrie Garber
Terry Gardner
Brian Garwood
Dawn Gattshall
Paul Gaudreau
Melissa Gay



Jackie Gibson
Jane Gibson
Paul Gingras
Diane Glover
David Goble
Bill Godfrey



The "homework blues" overcome Steve Bisese.

And Downs

Downs

First day of school
Harrassment from Seniors
Class float burned
Taking PSAT
Unsuccessful fair
Excessive amounts of homework
Losing Homecoming game
Writing term papers
Cancelled pep rallies
Chemistry!

Ups

First party
Laughing at Sophomores
Rebuilding float three times
Profitable Pizza Dinner
Long weekends
Victory over undefeated Western Branch High
Postponed tests
Omnibus assemblies
Mr. Fisher is absent!

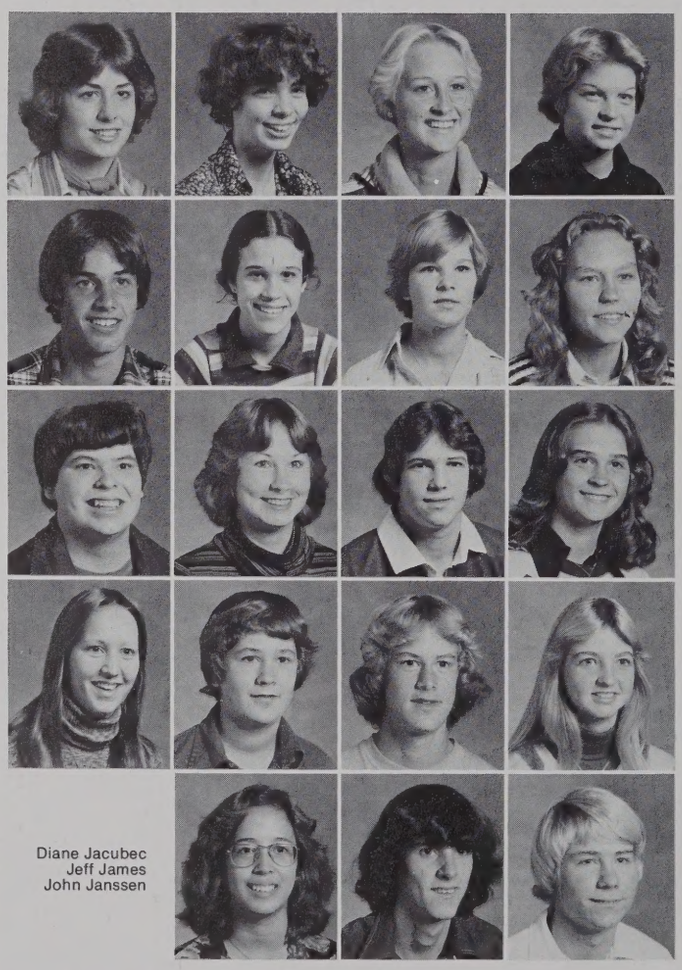
Students Hit The Books

Laura Godfrey
Susan Godfrey
Myron Goffigan
Kelley Goodman
Cammie Green
Tammi Green
Kenny Gregory

Hans Gretzhann
Joan Grusso
Megan Gunn
Lisa Gupton
Trisha Guy
Al Habit
David Hahn

Donald Hahn
David Hamar
Marcia Hanley
Debbie Hare
Teresa Harris
Pat Harting
Donna Harrison

Jim Hayden
Molly Haden
Valerie Haynes
Karen Hayton
Melissa Hicks
Allison Hoffman
Steven Hogge



Carole Hollomon
Peggy Hollinger
Kim Hollingsworth
Cindy Hoots

Al How
Rene Howard
Susan Howsare
Lisa Hudgins

Steve Humphries
Jackie Humphries
Keith Hunger
Rhonda Hutchinson

Sharon Hutek
Ken Ingham
Steve Ingvaldsen
Debbi Jacobs

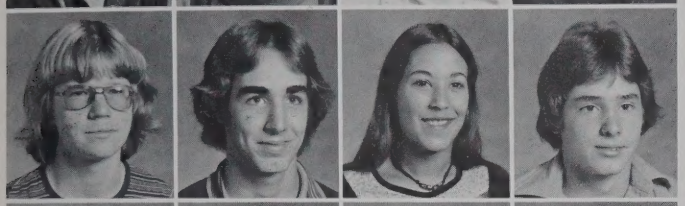
Diane Jacubec
Jeff James
John Janssen

Juniors found in their second year at Cox High, that they were faced with an increased load of academic responsibilities. Students considering college were seriously concerned with their grade average this year. As a result, many found they could not participate in extracurricular activities and hold a job while maintaining a satisfying scholastic standing within the class.

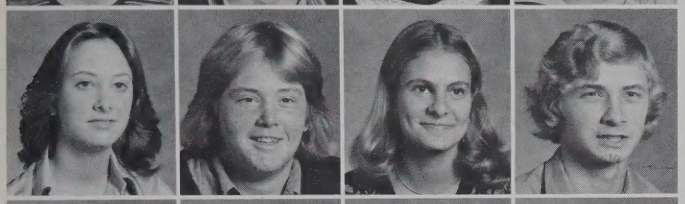
A majority of the students thought the subject matter was more difficult than in previous years. With courses such as Chemistry, Trigonometry, Advanced Composition and U.S. History, many weekends were devoted to studying.

Preparing for Scholastic Apptitude tests (SAT's) held in the spring, students obtained experience by taking preliminary SAT's (PSAT's). After taking the two hour examination, students found the test was easier than they had anticipated. Hopefully, this feeling was confirmed when the scores came back.

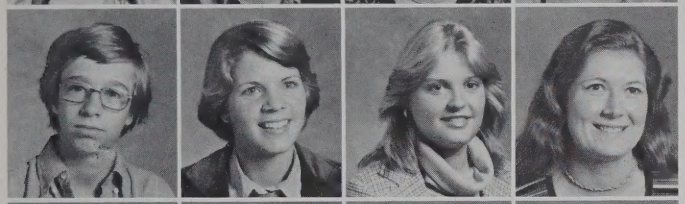
Janise Jaramillo
Yvette Jarashow
Reed Jeavons
Judy Johns



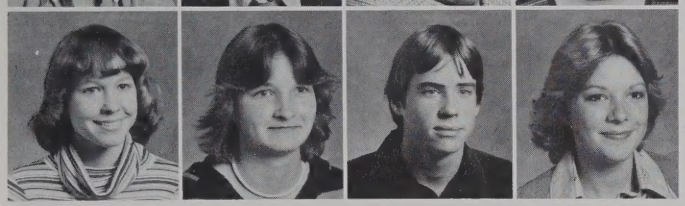
James Johnson
Allen Jones
Ginny Jones
Mark Jones



Shelia Jones
Steve Jones
Sumayya Jones
Mark Kaminski



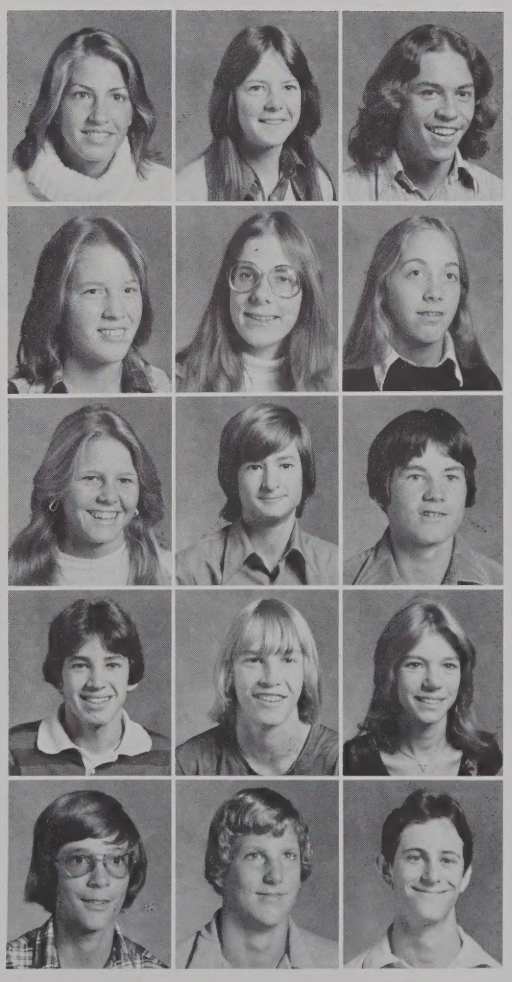
Kevin Kattwinkle
Kathy Katzman
Beth Keeling
Kathy Keenoy



Karen Kelley
Bonnie Keppler
Buddy Kerr
Angie Kilmon

In between classes, Angie Kilman takes a quick look at her notes.

Glancing over her notes, Jill Turner prepares to type.



Ramona Kledzik
Terry Knight
Rhett Kolipano

Susan Kornegay
Karen Kraft
Sally Krain

Judy Lancaster
Dale Landau
Vinnie Langan

John Langlois
Jens Larsen
Sue Lassiter

Bill Leach
Andre LeBlanc
Joseph Lemma

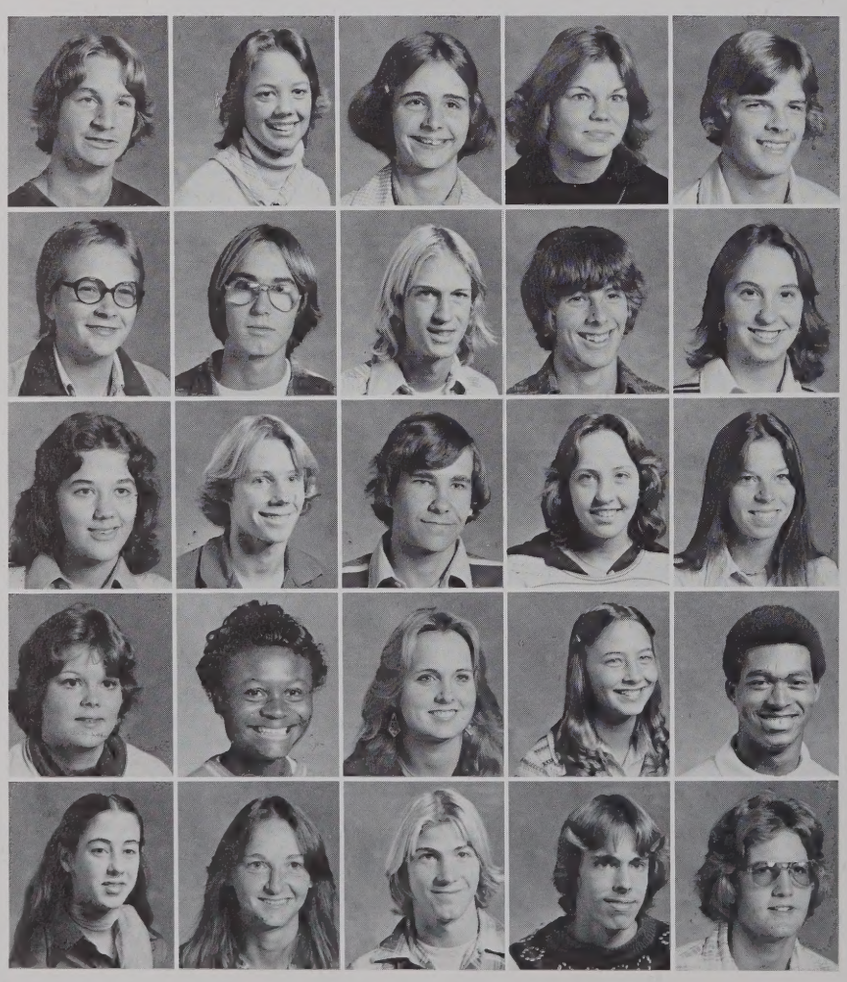
Juniors Have Spirit

Carole Lemon
Jeff Leonard
Brenda Liller
Joy Linsinbigler
John Lipscomb
Steve Locke
Linda Love

Patti Loveland
Steve Lowe
Karen Lucka
Terry Lucy
Debbie Lustig
Pat Lynch
Sue Malone

Ted Manby
Cleave Marthinson
Chris Martini
Steve Mason
Matt Mathis
Greg Matthiass
David Maxwell

Dixie McCann
Kelly McCormick
Barry McCoy
Ray McCoy
Wanda McClaskey
Diane Macurda
Patti Marcel
Jay Marshall



James Marton
Sharon Martinette
Nancy McDonough
Jennifer McDuffie
Phil McGrady

Penny McGee
Andy McKelvey
Cleve McKenzie
Roger Meads
Tracy Meeks

Irene Meert
John Meier
Bill Melton
Sarah Merritt
Bev Middleton

Kim Midgett
Delcino Miles
Laura Miles
Deedee Miller
Johnnie Mitchell

Ann Moody
Candy Moon
Sam Moore
Mike Morris
John Murphy

Entering Cox in September of 1976, the Class of '79 rapidly gained the reputation for being the most spirited class within the school. The class carried this reputation over to their Junior year. Participation in most of their class activities ran high. Attendance for class meetings was always very pleasing. At pep rallies, the Juniors were always one of the first classes to be heard cheering and yelling. During football games, the class sold spirit bells and bumper stickers. The spirit bells went over fairly well with the rest of the football crowd, but for the most part, it was the Juniors who grouped together at the games to ring out their spirit. With the bells, the Juniors had definite plans to carry their overwhelming spirit throughout the entire year.

Their spirit and dedication proved beneficial in areas other than school loyalty. Academic ability, money-making projects and career ambition were also boosted by their devotion. With high hopes the Juniors foresaw a fantastic Senior Year.

For All To See

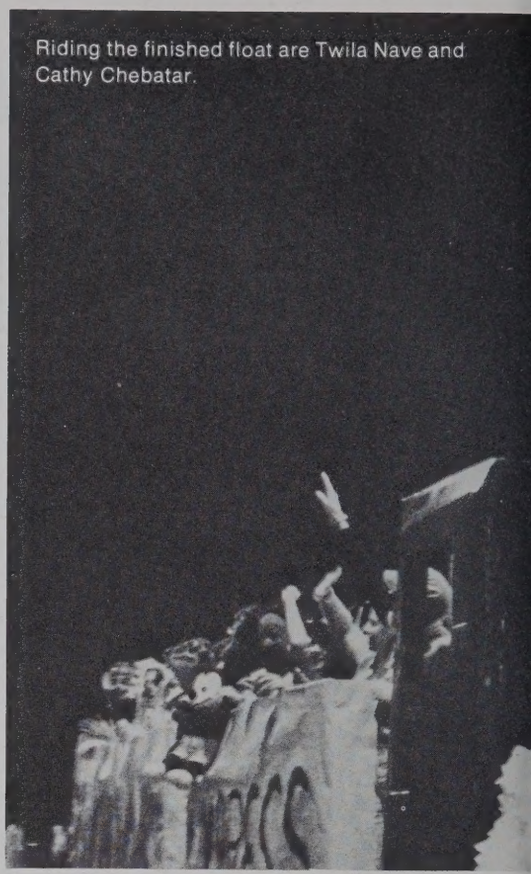
Chip Nabers
Kathy Nabers
Twila Nave
Michelle Neely
David Nelson
Kathy Nelson
Mike Nelson

Peter Nelson
Jane Nichols
Susie Nielson
Jeannie Noel
Lexa Nugent
Carolyn O'Brien
Laura Ochsenhirt

John O'Dell
Gail Oleson
Cathy Olivey
Timothy O'Neil
Tony Paramore
Donna Padgett
D.D. Parker

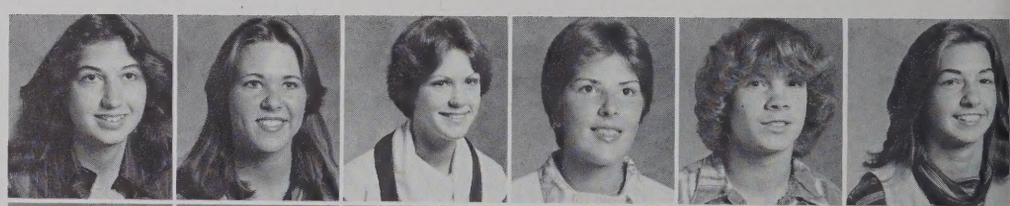
Tug of-war competitors struggle to win for the Junior Class.

The Rise And Fall

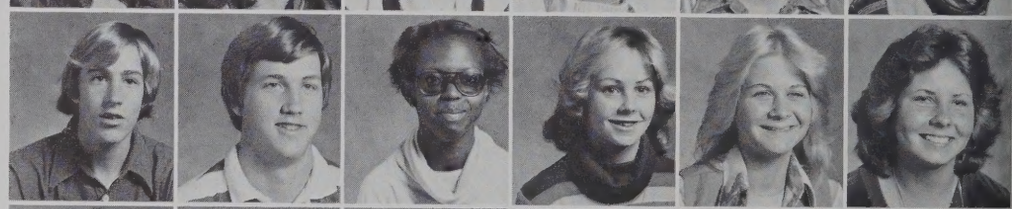


Riding the finished float are Twila Nave and Cathy Chebatar.

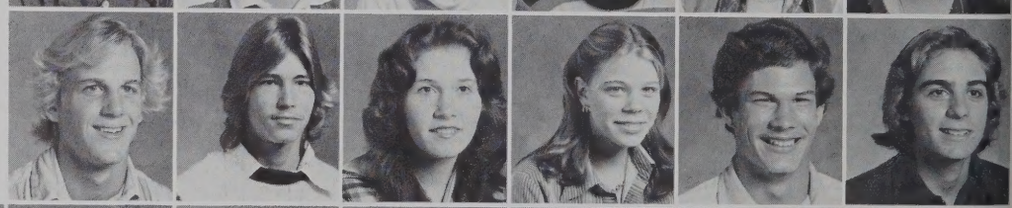
Conflicts between the Senior and Junior Class created problems during Homecoming. Eggs usually found in Belo's dairy case could be found in unexpected places such as: on and inside student's cars, residential areas, Davis Sarrett's house, and on school grounds. Unknown pranksters burned and destroyed the float belonging to the class of '79. Spirit carried the class through two rebuildings of the float. The final touch in the reconstruction of the float was an appropriate sign, "Juniors Never Quit."



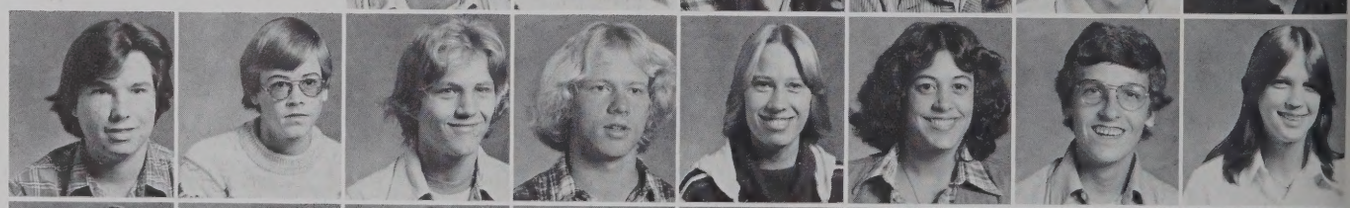
Debbi Patterson
Donna Perand
Cindy Perry
Kathy Peters
George Philips
Cheryl Piche



Yann Pirrone
Brian Pomeroy
Charlene Potter
Sue Potter
Star Prevette
Teresa Price



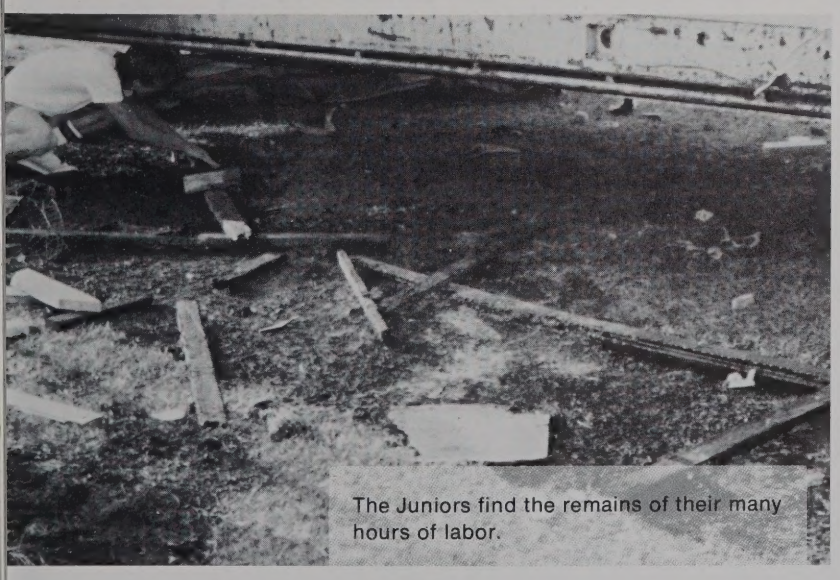
Steve Pritchett
Mike Proffitt
Suzanne Purvell
Lori Pycior
Jim Rammel
Troy Reamy



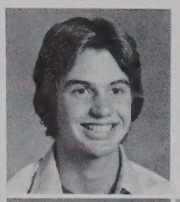
David Redburn
Tony Redmond
Brian Reid
Kenny Reed
Toi Reeves
Kim Rittall
Mark Ritter
Linda Roberts

Mark Roberts
Teresa Roberts
Judy Robey
Monique Roger
Gail Rogers
Mike Ronan
Cathy Roper
Ralph Rossman

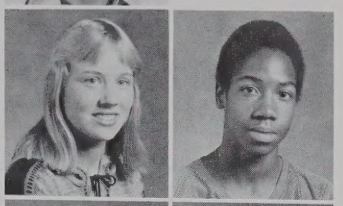
Of The Junior Float



The Juniors find the remains of their many hours of labor.



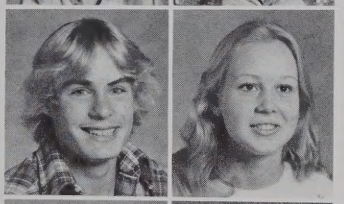
Chris Russ



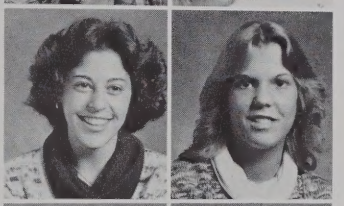
Susan Ryder
Steve Saddler

David Sahaj
Anne Sarrett

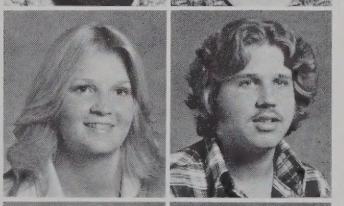
Robert Satterwhite
David Scarborough



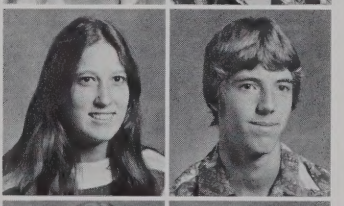
Marianne Scheurich
Jim Schley
Maria Sciortino
Robert Scott
Lorie Seacrist
Evan Searleman
Karen Shafer



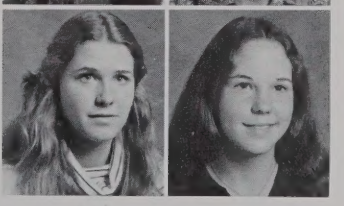
Shawn Sheeley
Lisa Shields
Sam Shirley
Keith Shiver
Tammie Sholes
Diane Simonic
Lee Sisson



Laura Slawson
James Sloman



Debbie Smith
John Smith

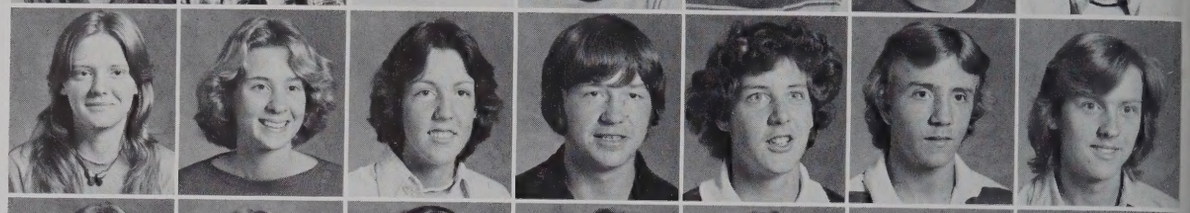


Karen Smith
Kathy Smith

As The Ring Turns

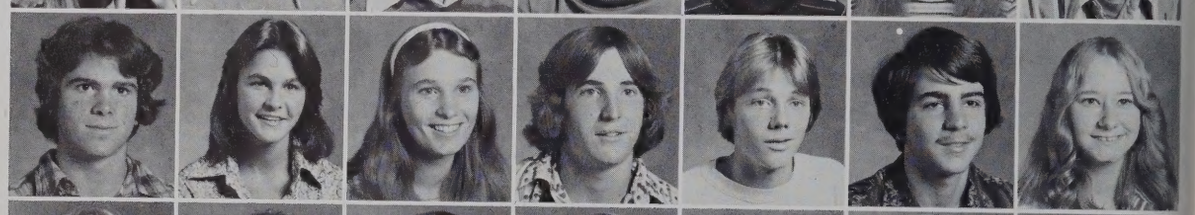
Robin Smith
Troy Smith
Willie Sneed
James Sokolowski
Michele Spartz
David Spinelli
Jud Springer

Teresa Stafford
Terry Stamey
Lois Stanley
Jon Steele
Bill Stenzhorn
Steve Stockton
Jonmark Stone

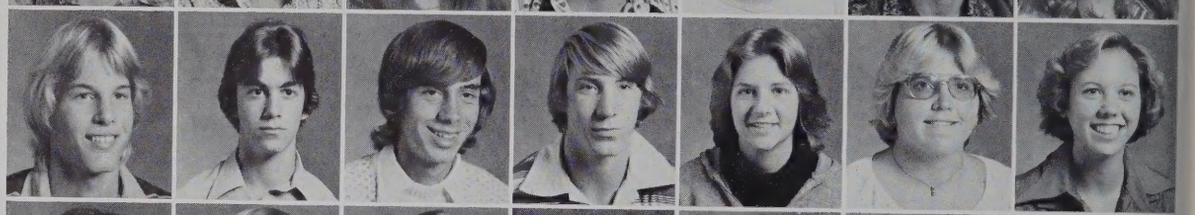


Beverly Sutton
Lisa Swanson
Trisha Swanson
Denise Swoope
Paula Taitz
Wanda Tarkenton
Stewart Tatem

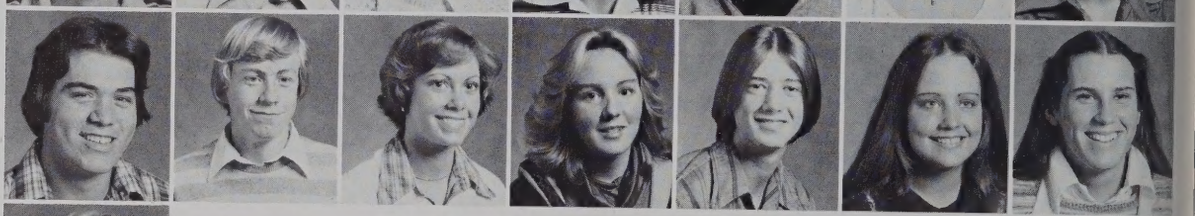
John Tarmas
Pat Taylor
Debbie Terry
Jerry Thomas
Mark Thomas
Steven Thomas
Charlotte Thumpston



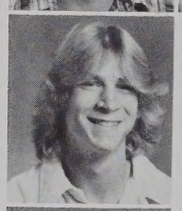
Holly Tiedemann
George Torres
Phil Trayer
Scott Treanor
Patti Tripp
Suzanne Truckner
Margaret Truitt



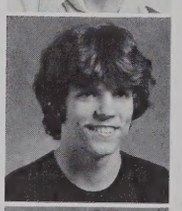
Vic Trumpower
David Tucker
Jill Turner
Teresa Turner
Steve Tyler
Jane Tynes
Tammy VanKleeck



Tim Vann



James Virga



David Vita

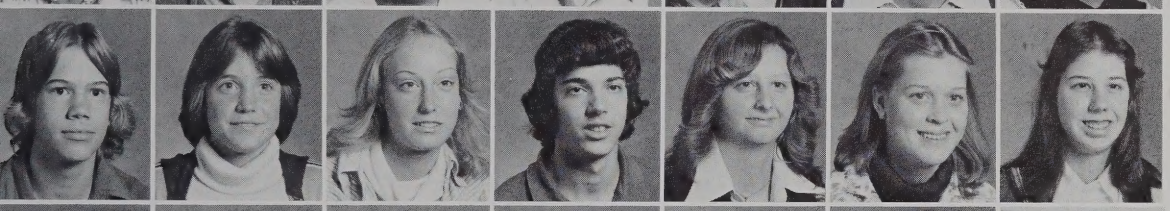
Ronnie Vowell

Receiving class rings is another stepping stone for the Juniors.

Bill Walker
Julia Walker
Kathy Walker
Tish Wasteneys
Carlynn Waters
Thor Wentz
Cindy Werkmeister

Leigh West
Chris White
Curt White
Danny White
Rhonda White
Jim Whiteside
Barb Wilcox

Timmy Wilder
Wendell Willey
Barb Williams
Brenda Williams
Susan Williams
Jay Willis
Laura Winfree



David Winn
Shelley Wintermyer
Susan Wintermyer
Jordan Wintringham
Jennie Wise
Carolyn Wood
Suzanne Wood

Mark Woodhouse
Angie Woods
Pam Woolwine
Jimmy Wootton
Cindy Wright
Mike Zarba
Jeff Saunders

Deciding on a ring is a touch decision for Jimmy Shuffler.

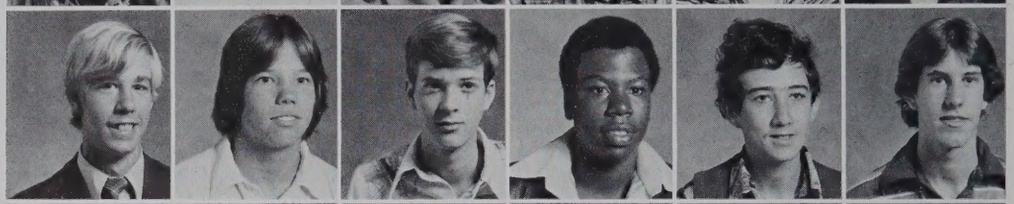
When the class of '79 reached its Junior year, the high level of spirit was mixed with a high level of anticipation for the events that made up the year. Every function and money raising project passed through ICC was a stepping stone which led to the big event — the JUNIOR RING DANCE. A gem of recognition was received by the majority of the Juniors.

Each ring was unique in the fact that the stone and settings represented every person individually; yet the rings held a unity for the class because they were an identifying trait for the placement of the owner. During the weeks which followed the long awaited night, it was easy to recognize who the Juniors were. Every recipient was eager to make sure his ring was turned the proper number of times before the following year's graduation.

Starting Anew At Cox

Daphne Adams
Mary Adams
Jackie Adkins
Dean Agee
Terri Agnew
Eddy Almeda

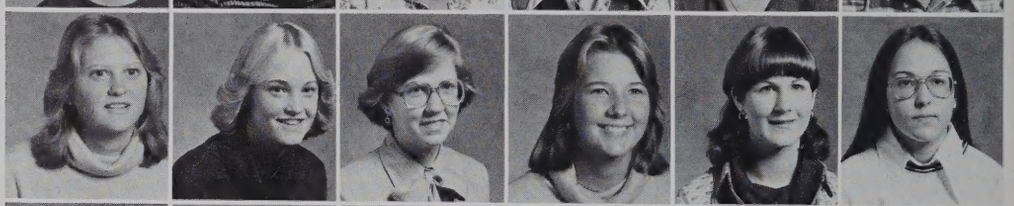
Todd Alig
David Allen
David Anderson
Thomas Anderson
Daniel Andrews
Dale Anglin



Shirley Armes
Mark Bader
Rene Baker
Terry Baker
John Barden
Francis Barrett

David Bassi
Janice Bastedo
Jeanne Bastedo
Kathy Batenhorst
Kathy Bay
Bill Baxter

Joy Beach
Lisa Beakey
Karen Beane
Dana Becker
Bonnie Belile
Larisa Benitez



Jerry Bishop
Lynn Biers
Greg Blair
Chris Black
Steve Blaisdell
Jason Blanke

Nehl Bobal
Bonnie Boger
James Bollard
Valerie Bonnemaison
Bill Bonner
Bill Bonney

Nancy Bonney
Nick Boothe
Donna Boychuck
Mark Bourdon
Joe Bowers
Don Bradford

Sharon Brantley
Becky Brenton
Eddie Brenzo
Donna Brickhouse
Jeff Brogden
Dale Browder

Jane Brown
Jeff Brown
Karl Brown
Peggy Bruckner
George Bryant
Mary Bucklaeu
John Burbank
Leigh Burchette

Tim Humphreys
Paige Bulman
Joe Burket
Joan Burnett
Patty-Jo Burridge
Teensie Butler
Bob Calder
Jenny Calhoun

Lindley Calkins
Kathy Callow
Carol Cambert
John Carbaugh
Joy Cardini
Lisa Carleo
Cathy Carlson
Bob Carlton

Jessie Carr
Robert Carr
Terrie Carroll
Ryan Cate
Ernest Cason
Stan Castleman
Karen Chapman
Linda Chatham

Carolyn Cripps
John Crisp
Pat Christian
Teri Christman
Mike Church
Claude Cianfrani
Monica Cianfrani
Michelle Clements

Sophomore officers: FRONT ROW: Michelle Clements, Sec.; Leslie Zanetti, Vice-Pres.; Ann Tate, Treas.; BACK ROW: Ren Cottengim, Pres.

Soph. sponsor is Ms. Hendricks.

Before the start of the school year, the Sophomore Class attended an orientation held on September 2. New students were given a tour of the school and were told about school and class activities. On September 30, the students elected their officers. Immediately the class was faced with building a Homecoming float. They showed their spirit and enthusiasm by making an outstanding float. By successfully completing their first project at Cox, the Sophomores proved themselves capable of handling future challenges.

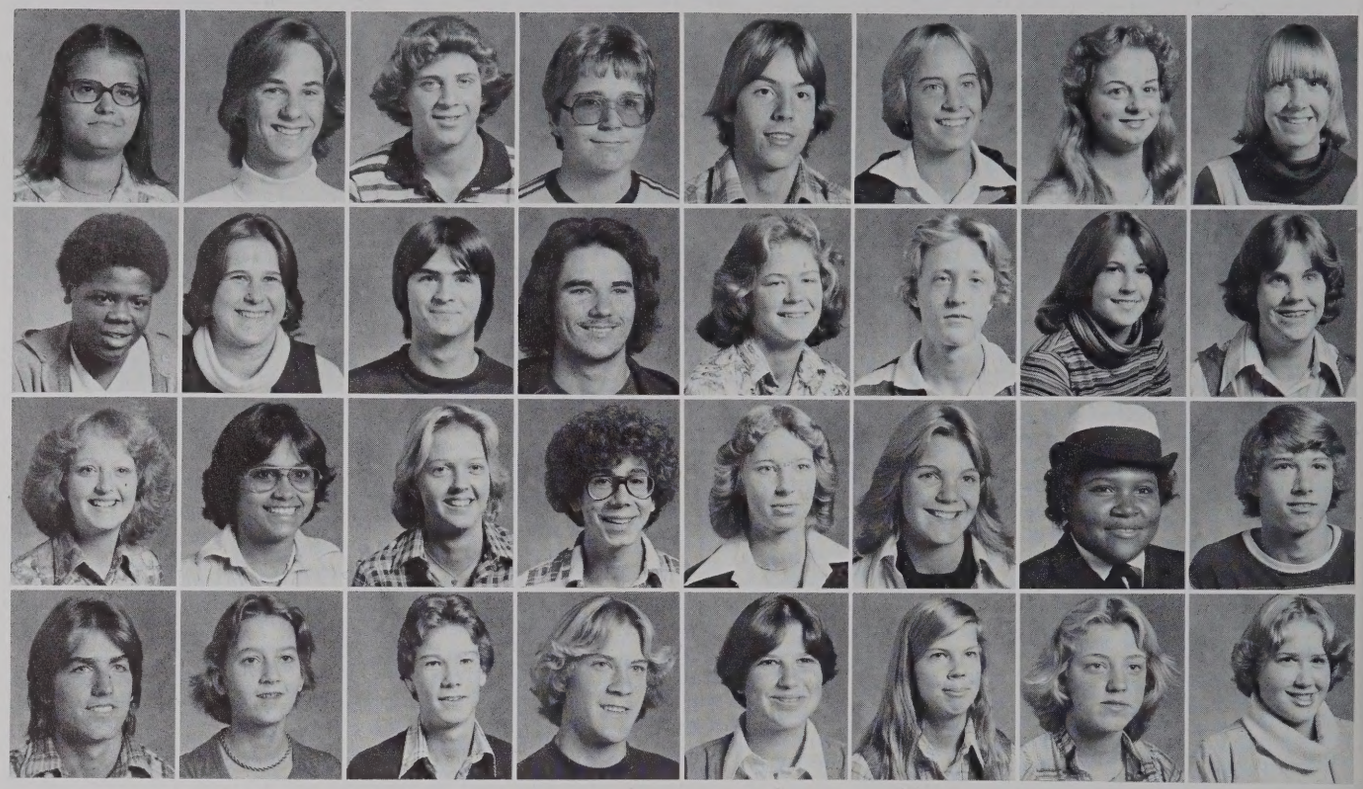
Co-Ed P.E. Promotes

Juanita Cobb
David Coffman
Gary Colella
Allen Collins
David Compton
Jaudon Conkwright
Laura Consolvo
Robin Cooper

Mac Cornick
Cindy Corrigan
Ren Cottengim
Tom Coyle
Lori Crabbe
Dan Craig
Susan Crandle
Leslie Creech

Raleen Cribbis
Liz Cruz
Amy Damron
Clint Damuth
Stewart Darden
Donna Daugherty
Jacqueline Dave
Chris Davidson

Ken Davidson
Denice Davis
Neil Davies
David Day
Jean DeFilippo
Cheryl DeGroot
Marlene DeKluizenaar
Shelly DeMarco



Jan Derrick
Beth Dietz
Adrian Dickens
Sandy Dickens
Vernon Dickens
Claudia Diermeier
Marco DiFlorio
Ray Dion

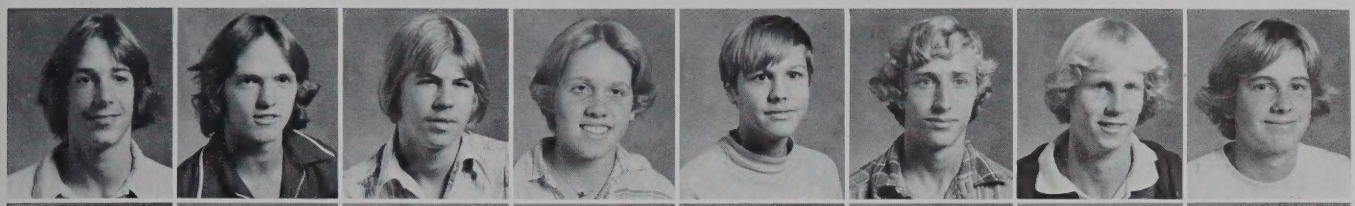
Debbie Dodge
Joedy Dodson
Chris Doherty
Pam Domanski
Darryl Donan
Janice Dutzer
Bill Dyas
Leslie Easton

The 1977-78 school year brought in a new law for the Virginia Beach Public Schools. This law required that all physical education classes be coeducational. The students only participated in non-contact sports such as volleyball, gymnastics, and tennis.

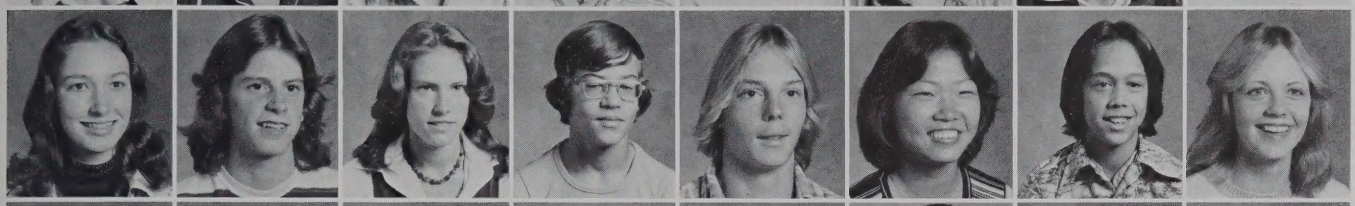
Ms. Patty Merrell, one of the Sophomore instructors, expressed her feeling towards the new program, "It helps more than it hinders." She felt that during driver's education the students benefited because the atmosphere was similar to that of any other subject.

All interest is focused on Karen Hurst as she proves her athletic ability in volleyball.

Competition

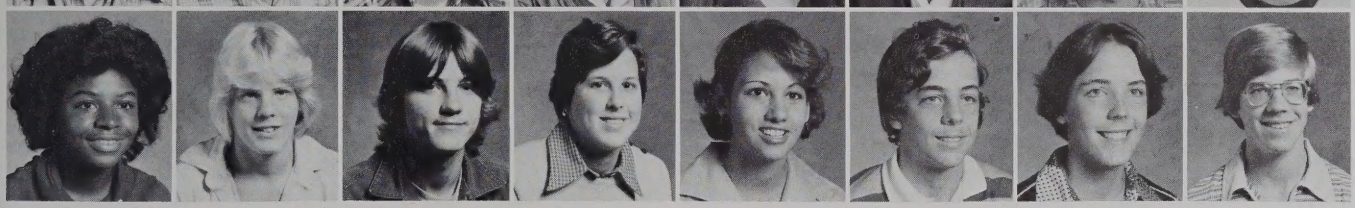


Jim Eckhardt
Bryan Edens
Andy Edwards
Sue Edwards
Mike Ellett
Jon Emanuelson
Tom Engel
Matt Erb

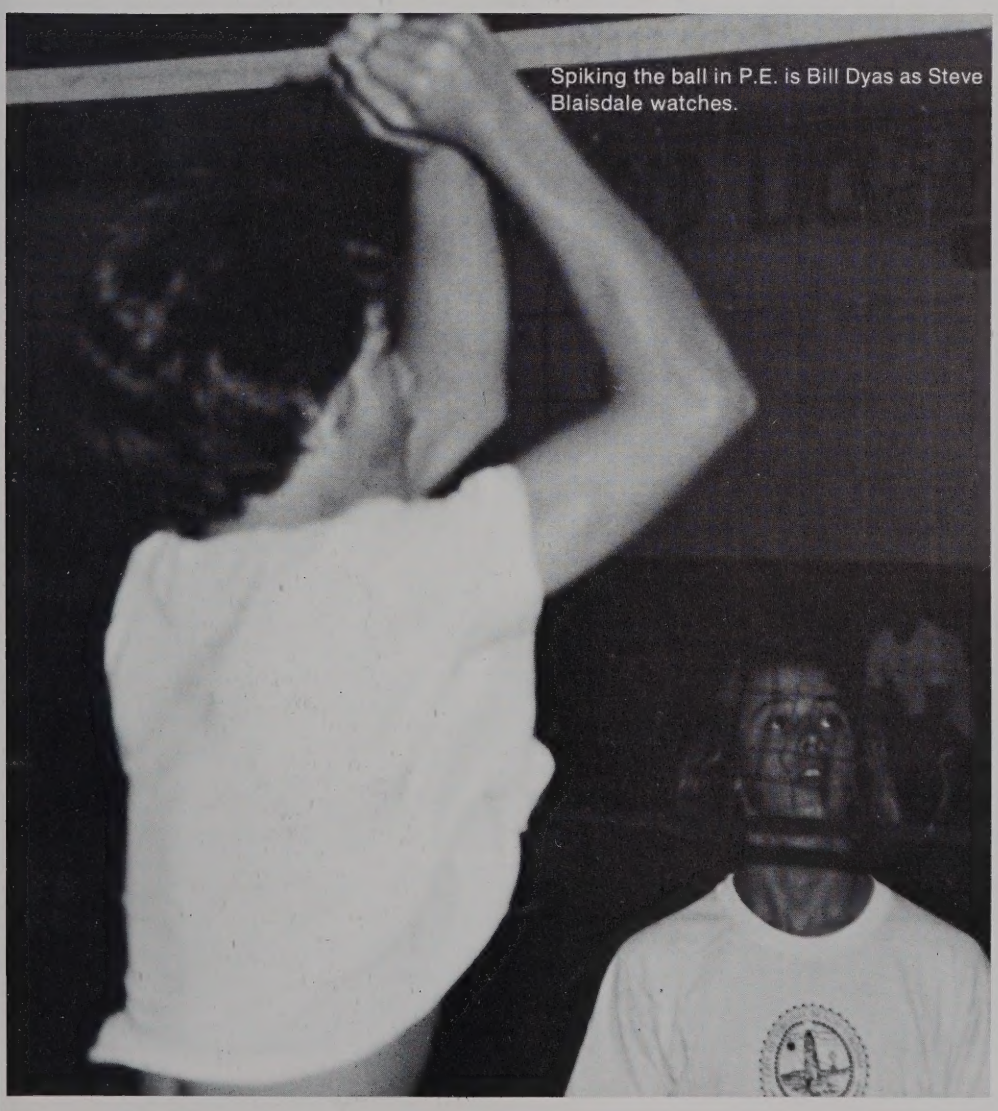


Mary Evans
Jeff Fava
Ginger Farley
Danny Farrow
Danny Felix
Sue Fenn
Anthony Fermil
Gilda Ferrell

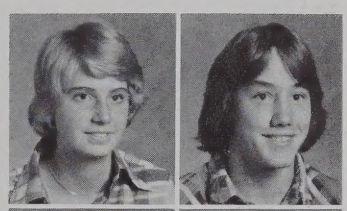
Jill Ferrell
Gina Ferrer
Mike Firnstahl
Allison Fisher
Patricia Fisher
Antoinette Fleming
David Flynn
Ken Fontenot



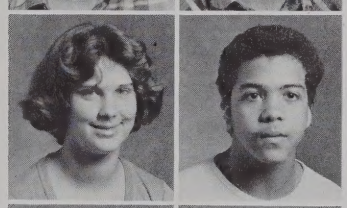
Makita Forbes
Gary Foster
Perry Fountain
Lynne Fowlkes
Bertha Freeman
Rick French
Ellyn Friedsam
Ron Galonski



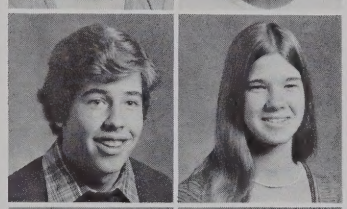
Spiking the ball in P.E. is Bill Dyas as Steve Blaisdale watches.



Ginny Gardner
Mike Gardner



Teresa Garner
Previn Garrett



Gerry Givens
Carol Givler

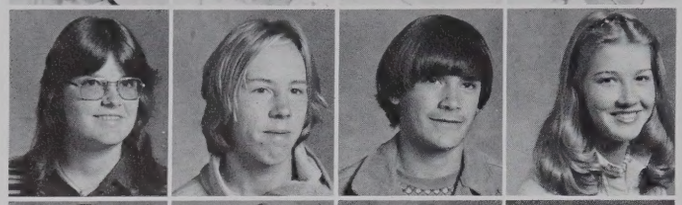
Jennie Greene
Daniel Greenberg

Cindy Griffin
Dawn Griffin

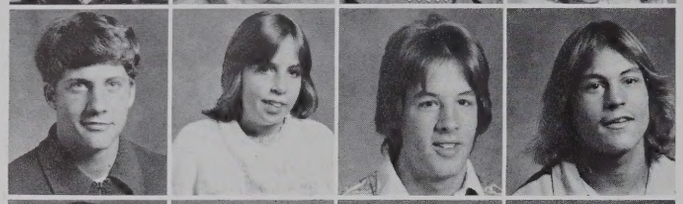
David Griffith
Scott Griffith

Gary Grissinger
Gill Grubb
Lisa Grubbs
Walter Goffigan

Laurie Good
Robert Goodwin
Robert Gorey
Lynanne Gornto

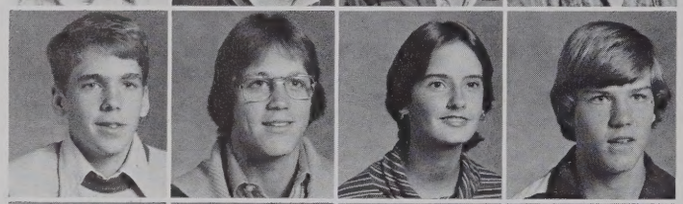


Robert Haislip
Mary Haley
Rex Hamaker
Frank Hamrick

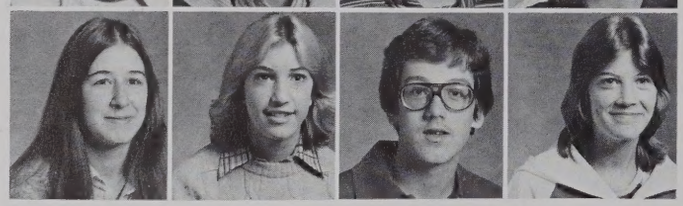


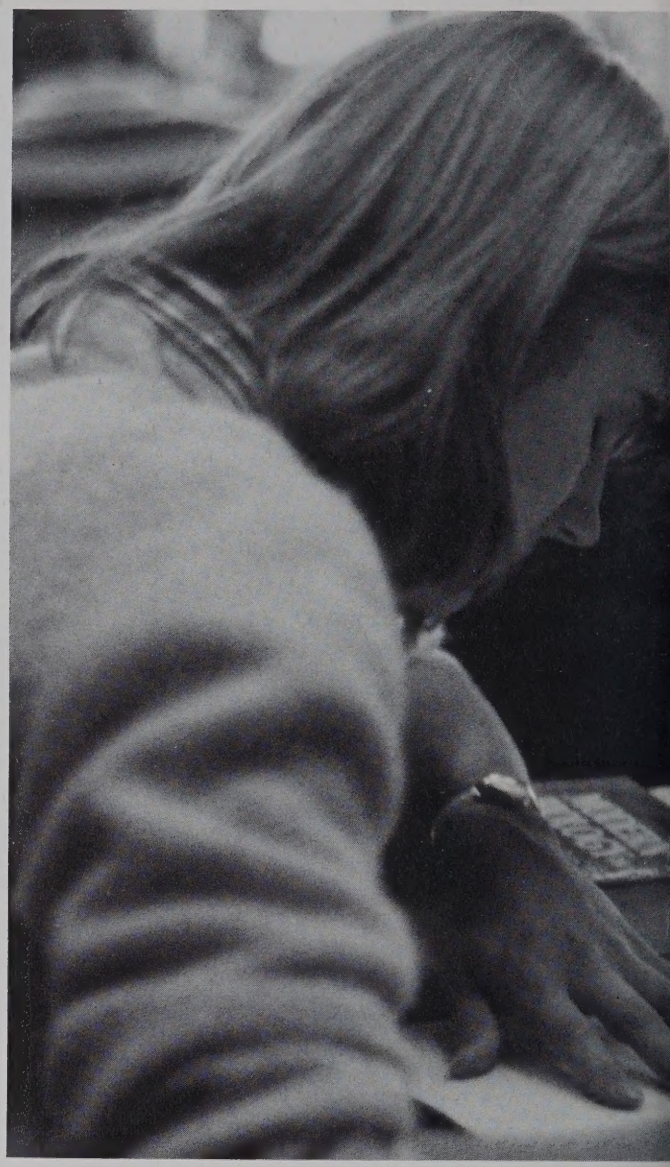
Charles Hand
Maria Hardee
Mike Harney
Bobby Harrell

Kevin Harrell
Mike Harris
Priscilla Harris
Robert Harris



Susan Harris
Kim Harrison
John Harvey
Jennie Hasselbacher

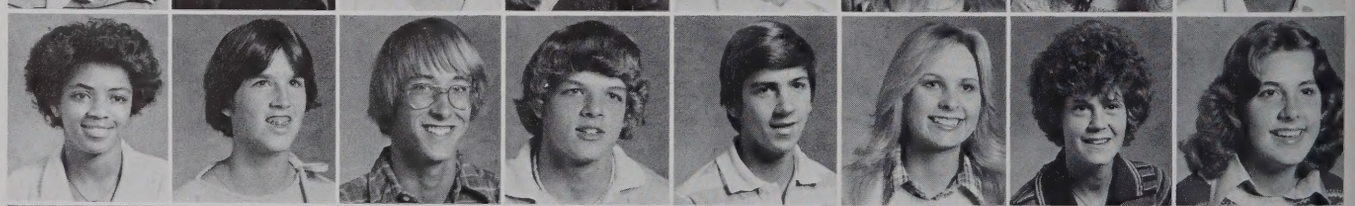




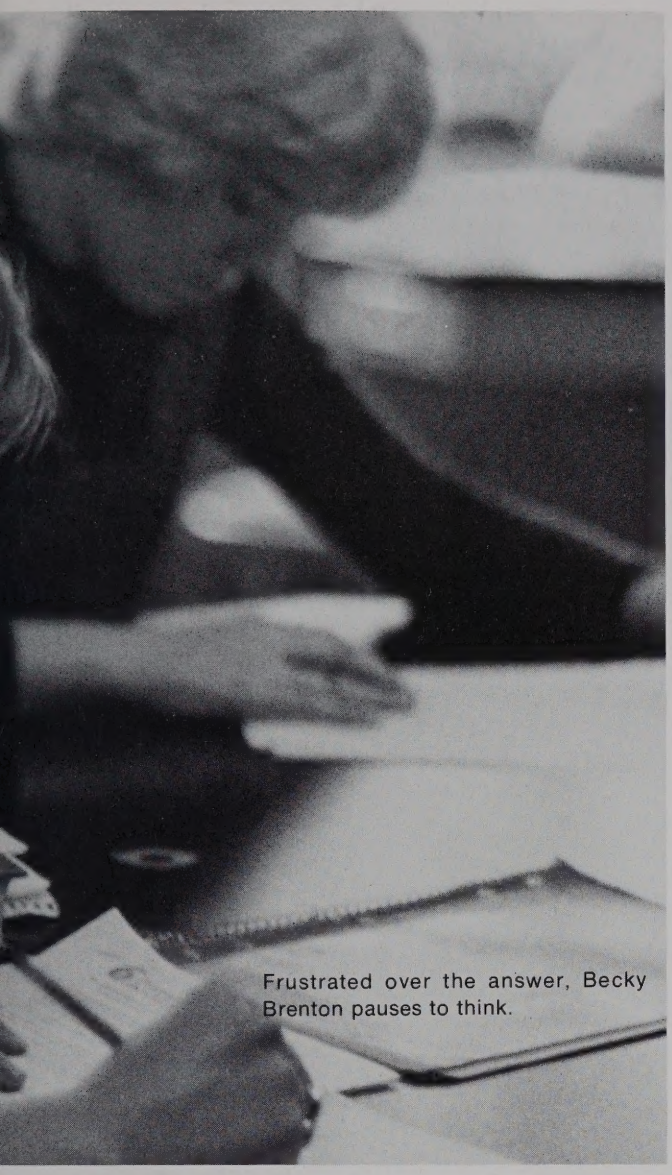
Shane Hatch
Susan Hatter
Robert Haulk
Greg Hayes
Jimmy Hayes
Renea Hayes
Dove Heidlebough
Robert Heim

Amy Heinbockel
Kathy Hendriksen
Lynn Hennegan
Tammy Hercha
Ross Hickman
Connie Hicks
Bonnie Hill
Evelyn Hill

Faye Hill
Paige Hill
Jon Hillenbrand
Scott Hinson
Mike Hodges
Jackie Hodgson
Mary Hoff
Beth Holland



Kim Hollomon
Linda Hollingsworth
Janice Hollins
Katrina Holter
Susan Homner
Carol Hope
Karrie Horton
Sandy Horvath



Frustrated over the answer, Becky Brenton pauses to think.

Questions And Answers

Throughout high school a large amount of time was spent taking tests. During the Sophomore year the extent of this knowledge-acquiring skill was mainly for classroom grades and the practice of taking final exams. As Juniors, the year was filled with a wide assortment of tests, both mandatory and self-inflicted. The year began with the ever familar SRA tests, then followed PSAT's and finally the SAT's with Achievements. Aside from the double hour tests taken by the college conscious student, the year was not without standard academic quizzing and examining.

Every Junior hoped that in his final year the tests would be kept to a minimum and that his grade average allowed him exemption from the last year of final exams. College bound students continued to pray for higher college board scores, and the thought of the new mandatory comprehensive exam was left to keep the underclassmen on their toes.

Jed Howard
Brian Hudson
Cheryl Hunter
Matt Hunter
Robert Hunter
Karen Hurst
John Hurtubise
Ray Hux

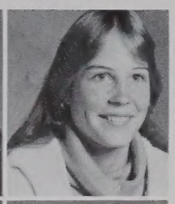
Carrie Jackson
Lynn Jacobs
Marnita Jefferson
Bill Jeffrey
Barry Johnson
Cathy Johnson
Chris Johnson
Dean Johnson

Dexter Johnson
Kim Johnson
Mark Johnson
Molly Johnson
Steve Johnson
Daniel Jones
Linda Justis
Ronny Kaminski

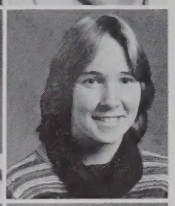
Terrie Kapos
Mike Karangelen
Toby Keech
Jacque Kehoe
Kent Kelley
George Kelly
Karen Kelsey
Frank Kern

Unaffected By Homecoming

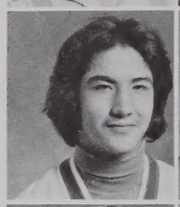
Janice Kernan
Elizabeth Kerr



Claudia Kersenbrock
Dina Kincaid

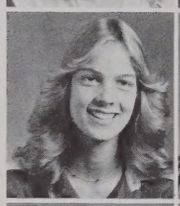


Mike King
Carolyn Kirkendoll



David Kledzik
Cathy Kloss

Helen Knutson
Tammy Koch

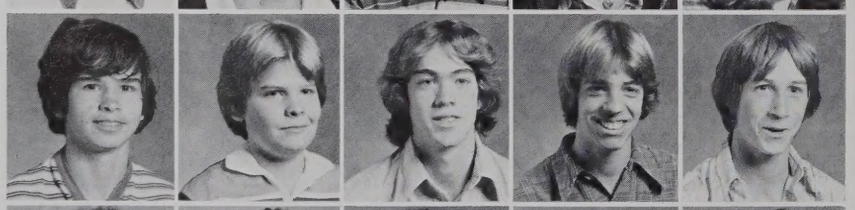


Fairy tales come alive with Michelle Clements and Ren Cottengim.

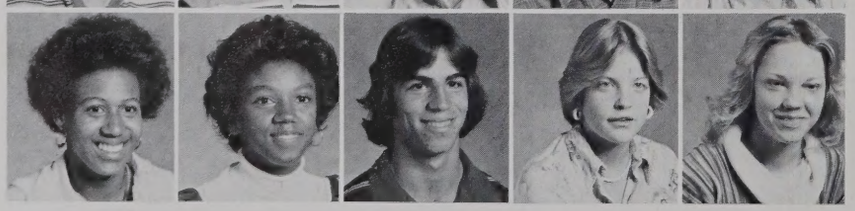
Joe Kuklica
Jeff Kolher
Pam Koone
Ginny Kundrat
Robert Lacombra
Lillian Lacey
Cheryl LaGrotta
Natalie Lamber

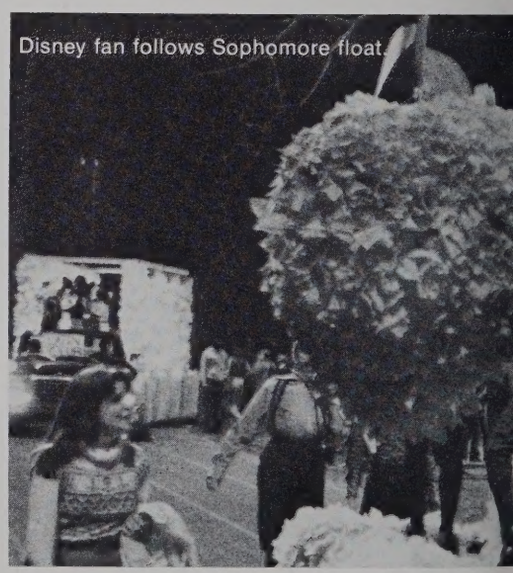
Annette Langlois
David Lawyer
Bobby Leigh
Debbie Leinhart
Rosemarie Lemmon

Brian Lemmond
Mark Linaugh
Scott Liverman
Ken Lindsay
Bill Linsinbigler



Valerie Long
Kim Lovitt
Al Lozito
Barbara Lunsford
Laurie Lutz





Disney fan follows Sophomore float.

Vandalism

Amber Mahoney
Rick Malla
Cindy Mallard
Kevin Morris
Marylyn Markey
Susan Marlow
Robert Marshall
Dianne Martens

Kent Massie
Tim Mathews
Monty Mathis
Fred Matthews
Robin McClain
Sandy McClasky
Ben McClenahan
Sherry McCoy

Jeanette McDuffie
Cynthia McFee
Lorie McGuirl
Eddie McIntosh
Leslie McIntosh
Barry McKenzie
Gail McLane
Laura McLean

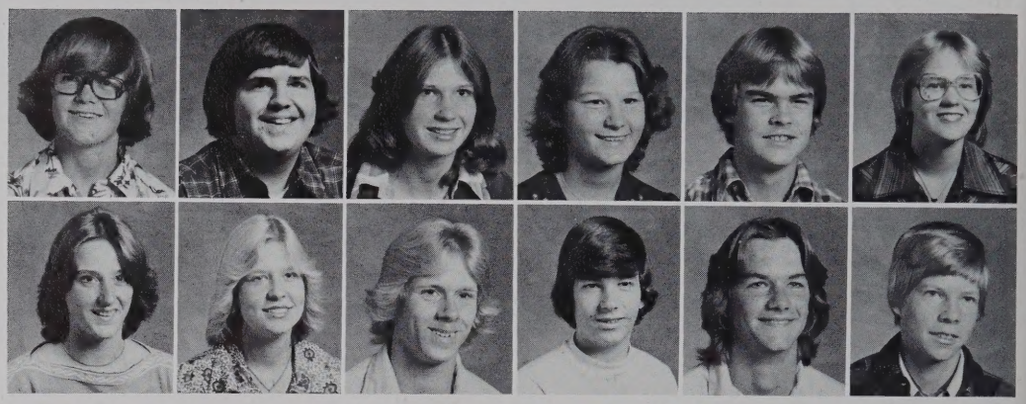
Donna McNelly
Danny McRee
Scott Meier
Angel Merrell
Nancy Midgitt
Diane Miles
Diana Milinazzo
Joi Miller

Susan Miller
Susan Miner
Ronnie Mitchell
Susie Martens
Doreen Mooney
Becki Moore
Debbie Moore
Edward Moore

Teresa Moore
Penny Morehead
Lora Morris
Kathy Morrison
Holly Moye
Neil Mulligan
John Murphy
Rick Murphy

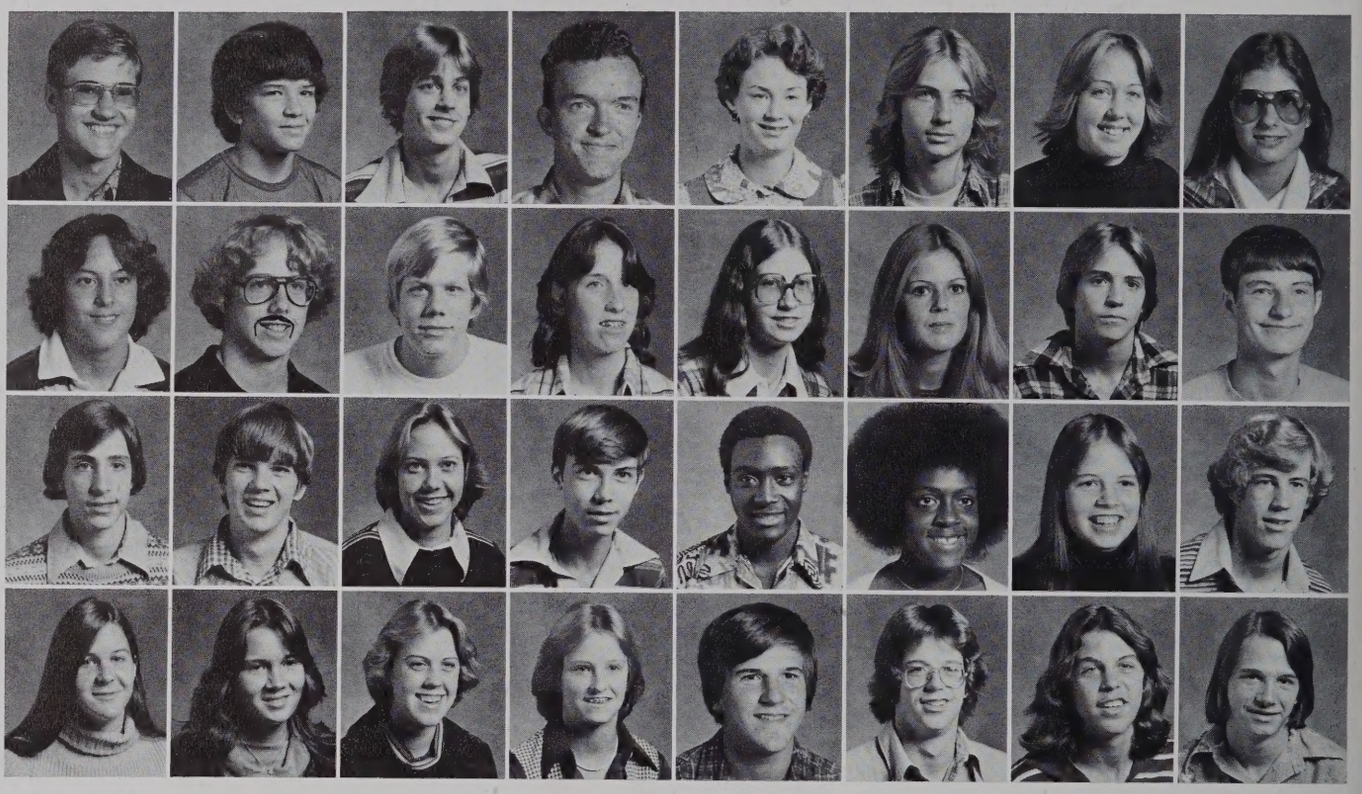
The first challenge the Sophomores met at Cox was to design and construct their Homecoming float. The Sophomores quickly became organized and eagerly began construction in Ginny Gardner's backyard, where they managed to escape the everpresent threat of Homecoming vandalism. Working to follow the theme "Disney on Parade," the Sophomores took a small flatbed, hundreds of white napkins donated by Milton's Pizza, and a great deal of class spirit to create their rendition of Snow White and the Seven Dwarfs.

More To School Than Classes



Philip Multer
Chris Nelson
Linda Nicholson
Mary Nickles
Mark Nielson
Tammy Nock

Brenda Nottingham
Cindy Oaks
Karl Olson
Greg Ostrender
Darren Owen
Dean Palliser



Chris Palumbo
Scott Parr
Bill Parker
Robert Parker
Wanda Parker
Neal Parks
Pam Parsons
Cheryl Pate

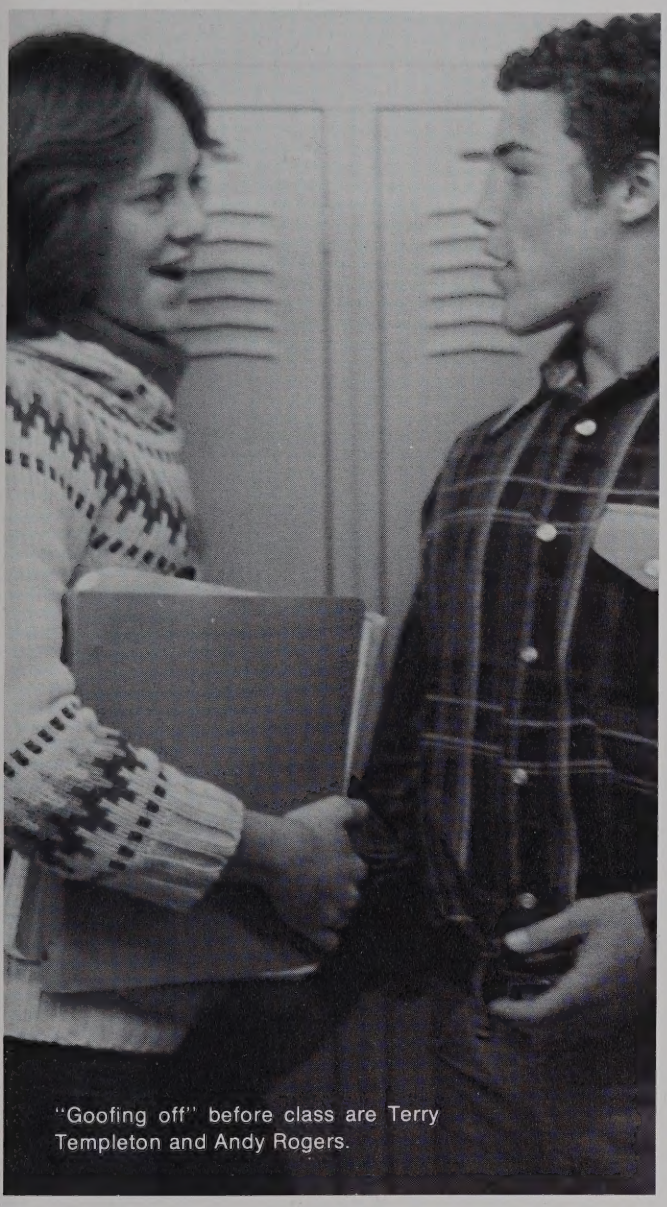
Anthony Paternite
Warren Peace
David Peckens
Dee Perry
Caroline Petrulis
Cindy Phelps
David Piche
Ron Pierson

Alain Pirrone
Gary Pittman
Trace Pittman
Mike Pochkowsky
George Ponton
Laurrie Ponton
Carolyn Pope
Jimmy Powell

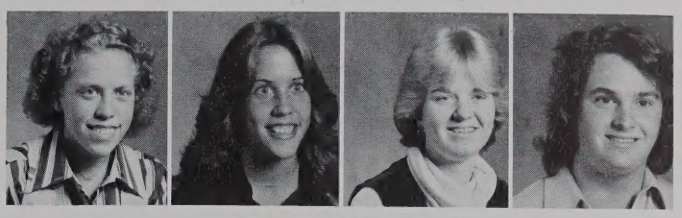
Ashley Preston
Sharon Preston
Cathy Pritchett
Kathy Proctor
Robert Pugh
Greg Purkey
Rob Queen
Paul Quinn

Upon arrival at Cox, the Sophomores found many extracurricular activities at their disposal. At Orientation, they were introduced to various organizations such as language, service, and social clubs and their Junior and Senior guides urged them to get involved. Social life was also a major facet of the Sophomore year at Cox. Making new friends, early morning socializing in the hall, and scrambling for a chair in the lunch room all became a routine part of the day. Sophomores soon realized that Cox High School was more than Monday morning tests and lectures. Cox was the scene of one of the most active and exciting social lives in the city.

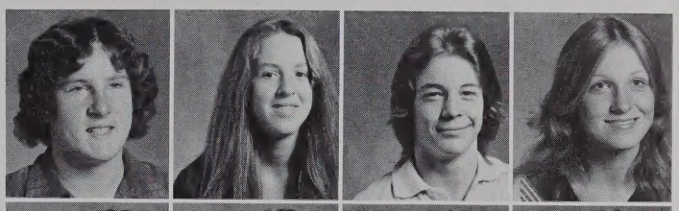
Lunch is eagerly anticipated by many sophomores as demonstrated by Scott Meir and Alan Thiem.



"Goofing off" before class are Terry Templeton and Andy Rogers.

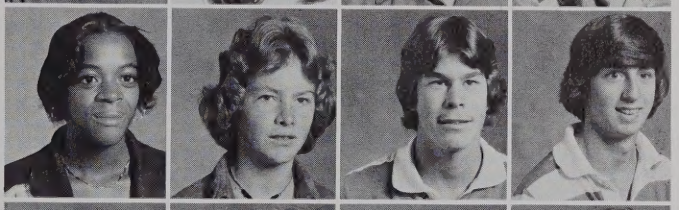


Sharon Quinn
Martha Raymond
Robin Reamy
Brian Reese



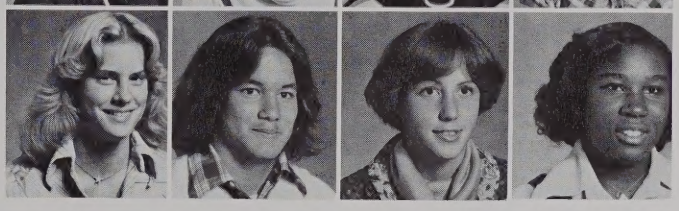
Scott Reid
Kim Reneau
Scott Rhinehart
Debbie Robertson

Guy Robinson
Jacqueline Robinson
Andy Rodgers
Roberta Roehren



Teresa Roger
Paul Rooney
Tim Rosenmeir
Bill Ross

Roxanne Rossman
Nancy Rueff
Mary Russ
Debbie Ruth



Cherie Ryder
Henrico Salles
Nadine Salopek
Caretha Sanders

Charles Sandusky
Steve Sanford
Niki Sacdalan
Radhika Sarin
John Schaper
Ruth Schuman
Mike Scott

Teresa Scribner
Robert Seccombe
Carol Seibert
Ray Sellers
Rob Shanahan
Debbie Sherman
Pam Shiver

Mark Schuman
Kathy Simonelli
Michelle Sizemore
Lana Slawson
Lisa Slawson
Cindy Smail
Dana Smith

Working Toward Class Rank

Kelly Smith
Vicki Smith
Bruce Snyder
Jay Snyder
Rachel Soles
Todd Spoto

Mike Starrin
John St. Clair
Glenn Stephens
Phyllis Stewart
Kim Stott
Dale Stoy

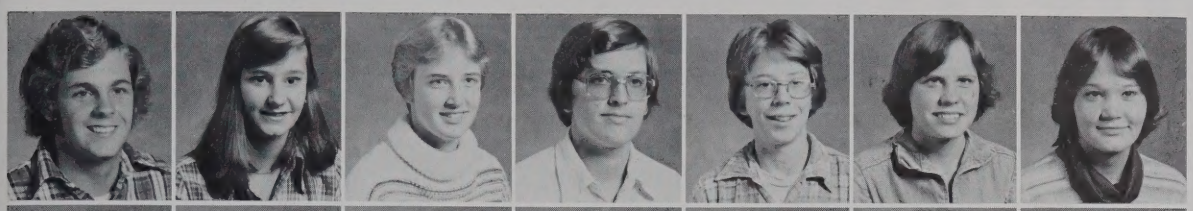
Wes Straley
David Streuli
Steve Strommen
Vickie Swoope
Karen Sullivan
Ginny Swanson

Tim Swecker
Christine Tasch
Ann Tate
Bernadette Tatem
Greg Taylor
Jill Taylor

Sherry Taylor
Jim Teller
Terry Templeton
Alan Thiem
Mike Thomas
Pam Thomas

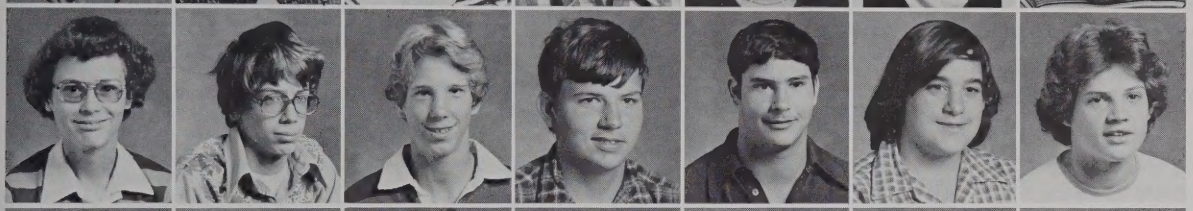
Ready to volunteer an answer, Debbie Ruth ponders the question.

Departing from the days of Junior High, Sophomores soon realized that the academics in the Senior High were going to be challenging. Certain requirements such as English, Physical Education, Health, and credits in certain areas for graduation had to be met. This left very little time in each student's schedule for his particular interests, but most individuals managed to overcome the obstacle. Thus, academics became not only routine but enjoyable as well.



Steve Thomas
Laura Thumpston
Margaret Thompson
Brian Thorstad
Ron Tilley
Tami Tomosovich
Angela Trosper

Patty Trumpower
Vickie Turcotte
Dale Turpin
Eric Tuttle
Sheri Urban
Beth Ufkes
Jenny Vanderslice



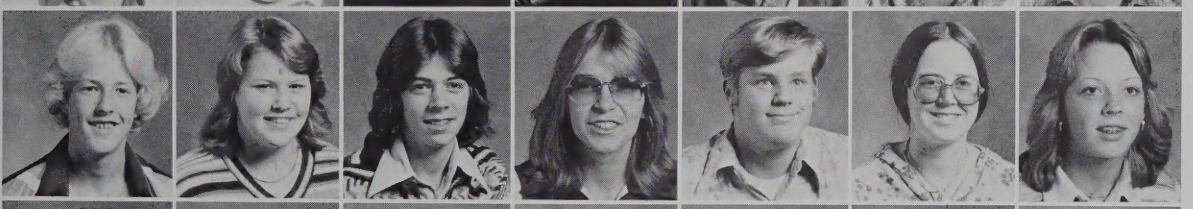
Michael Varvel
Lance Vassar
Jeff Vielock
Ray Vinson
Todd Virgili
John Vitagliano
Terry Vowell

Robin Walker
Debbie Wall
Ricky Wallace
Shelly Wallace
Craig Warfield
Donna Warren
Grant Waterfield

Paul Weaver
Connie Webb
Tami Weller
Terrie Weller
Kevin Wescott
Mark West
Katie Whelahan

George White
Rick White
Paula Whitfield
Lorraine Whitlatch
Ronald Wilcox
David Wilder
Diane Wilder

David Wilkins
Janet Wilkins
Richard Willey
Amy Williams
Pernell Williams
Princess Williams
Ron Williams



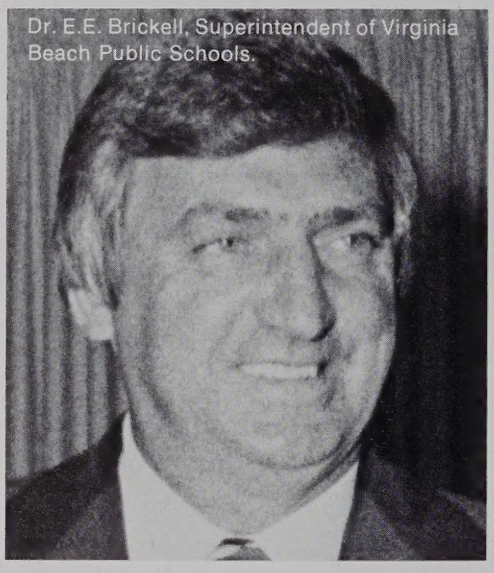
Tom Williams
Linda Willard
Chuck Willman
Diane Wilson
Pat Wilson
Dawn Wiltshire
Kim Winfree

Donald Winslow
Renee Wood
Craig Woodhouse
Katherine Woodruff
Bruce Woods
Steve Wright
Sue Yeater

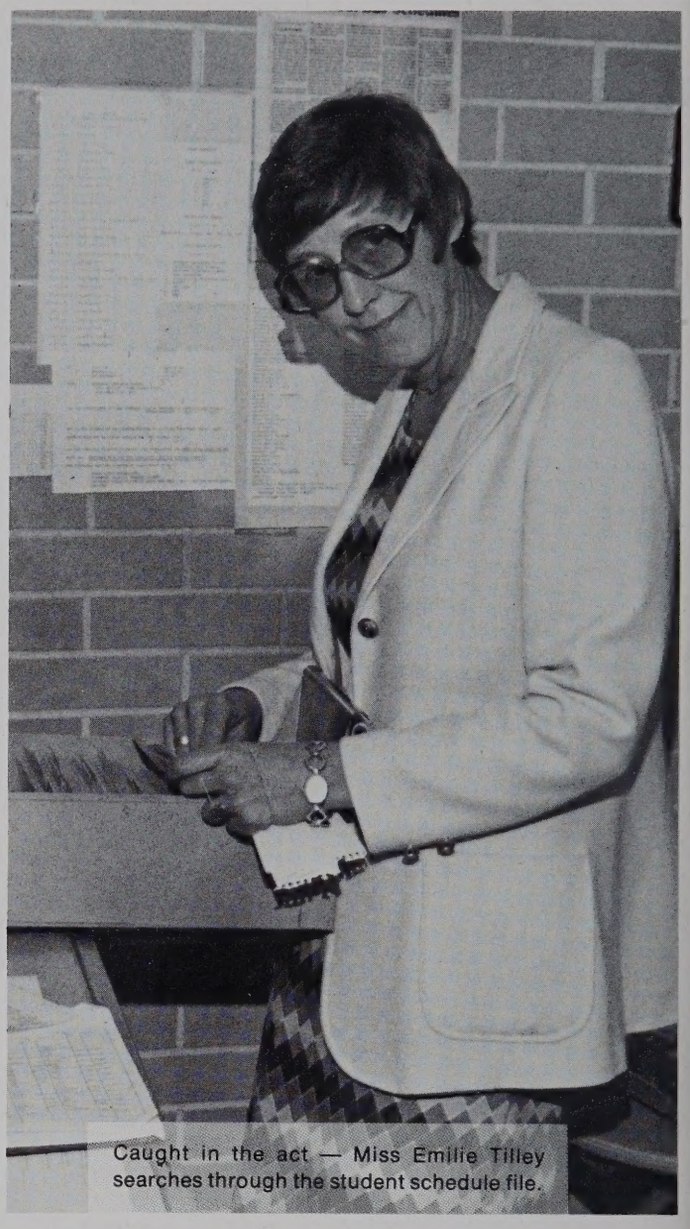
Tom Yeater
Tony York
Durwood York
Diana Yost
Leslie Zanetti
Pat Zimmerly
John Zwick

The Backbone of Cox

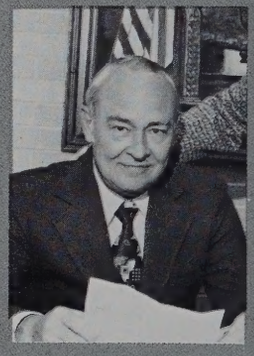
The backbone of Life at Cox was the administration. Mr. Jefferson Davis, Mr. Peter Sachon and Miss Emilie Tilley provided the rules, direction, guidance, and encouragement necessary to produce the excellent standards of academic achievement, student government and participation in events which Cox has traditionally enjoyed. Granted, discipline was sometimes needed and administered when necessary, but the administration concentrated on improving the school and extending the benefits available at Cox.



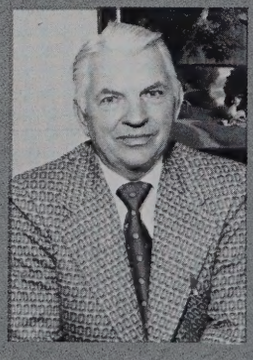
Dr. E.E. Brickell, Superintendent of Virginia Beach Public Schools.



Caught in the act — Miss Emilie Tilley searches through the student schedule file.



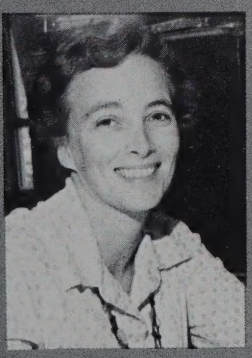
Mr. Jefferson Davis. B.A., Elon College; M. Ed., College of William and Mary. Principal.



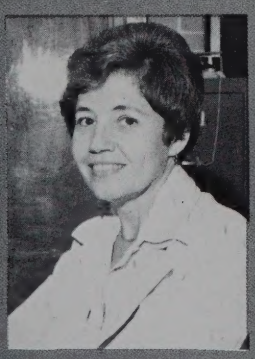
Mr. Peter Sachon. B.A., Catholic University; M. Ed. College of William & Mary. Assistant Principal for Administration.
Miss Emilie Tilley. B.S., East Carolina University; M. Ed., University of Virginia. Assistant Principal for Instruction.

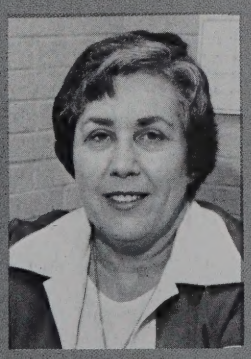
Giving Patsy Willis a look of, "What has that annual staff been up to lately?" is Miss Emilie Tilley.

The organizational duties at Cox were handled competently by the office staff, and the remainder of the school gratefully acknowledged this fact. Without the filing, record-keeping and endless office duties performed by these ladies, the school would have been in dire straits. Mrs. Jewell Seacrist kept the books for all the clubs and organizations and Mrs. Marchant managed the bookstore, two duties from which all students derived some benefit and were truly appreciative.



Mrs. Caroline Wilbur, Office Secretary
Mrs. Minnie Taylor. Secretary to Principal.





Mrs. Elizabeth Marchant, Guidance Secretary
Mrs. Jewell Seacrist, School Treasurer.

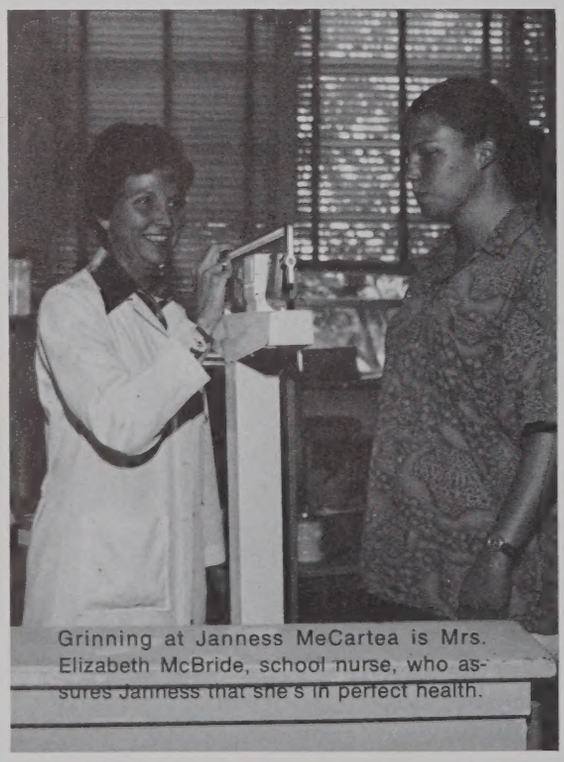
Relaxing in his rocking chair, Mr. Jefferson Davis strikes a dignified pose.

Lifesavers Are Not Just Candy

Mrs. Joan Manuel struggles with the results of modern technology.

The many college-bound students of Cox have found the guidance department to be a lifesaver when planning courses and counting credits, as well as obtaining college applications. The department also helped in interpreting PSAT and SAT scores and coached students for achievements. But the duties of Guidance did not stop with those heading toward college. These counselors also straightened schedule snarls and did their best to assure graduation for all students. Unquestionably, guidance was an indispensable facet of Cox.

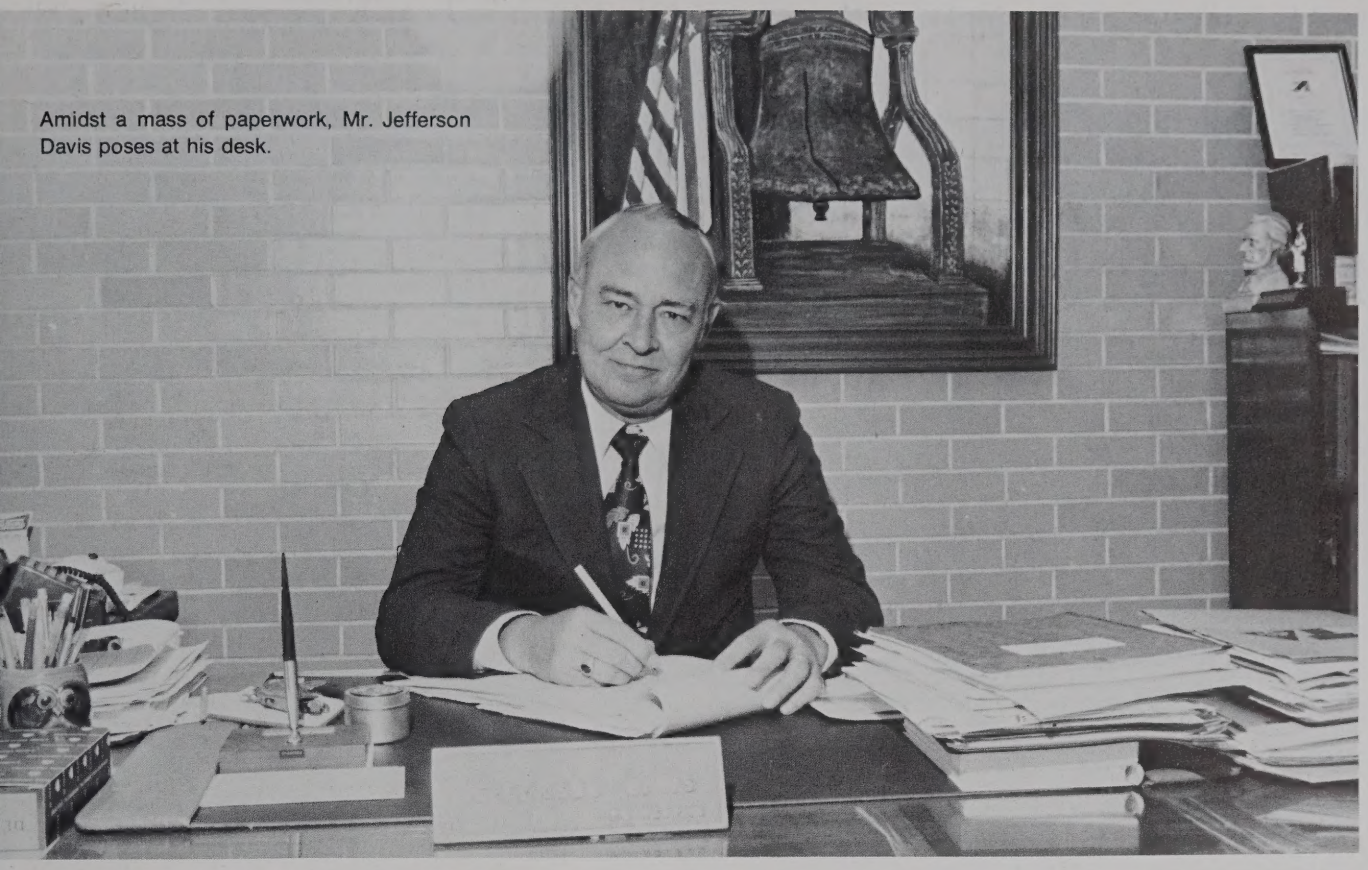
In "conference" on some school matters are Mr. Jefferson Davis and Mr. Peter Sachon, demonstrating the benefits of teamwork.



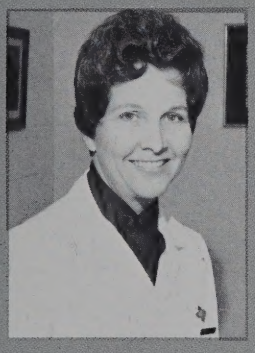
Grinning at Janness MeCartea is Mrs. Elizabeth McBride, school nurse, who assures Janness that she's in perfect health.

Mrs. Shirley Grey. B.S., College of William and Mary; M.S., Old Dominion University. Director of Guidance.
Dr. Marcella Whitson. B.S., Radford College, M. Ed., College of William and Mary. Guidance Counselor.

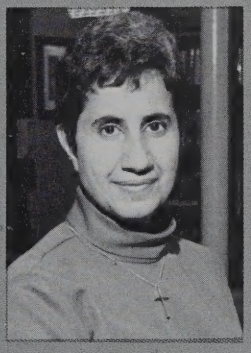
Mrs. Helen J. Mitchell. B.A., Wake Forest University; M. Ed., College of William and Mary. Guidance Counselor.
Miss Elizabeth Predmore. B.S., Longwood College; M. Ed., Old Dominion University. Guidance Counselor.



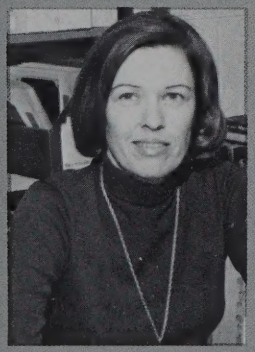
Amidst a mass of paperwork, Mr. Jefferson Davis poses at his desk.



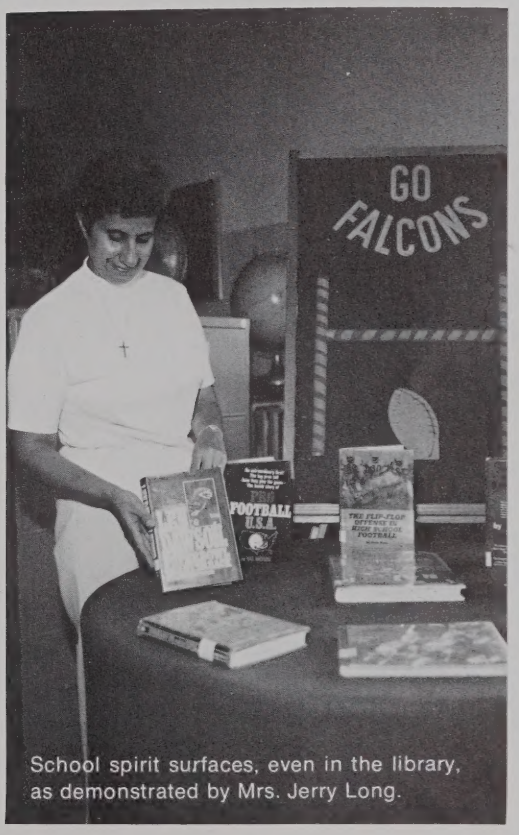
Mrs. Elizabeth McBride. R.N., Norfolk General Hospital School of Professional Nursing. Advisor, Cox Medical Association.



Mrs. Louise McManus. B.A., Denison University; M.S., Andover-Newton Theological Seminary. Special Education, Department Chairman.
Mrs. Jerry Long. B.A., W.C.U.N.C., Madison College. Head Librarian.



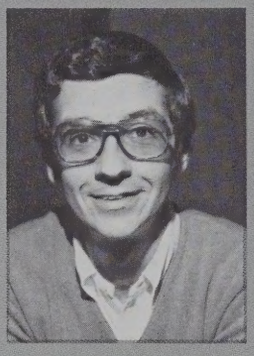
Mrs. Joan Manuel. B.S., Longwood College. Librarian.
Miss Debbie Goad. Library Assistant.



School spirit surfaces, even in the library, as demonstrated by Mrs. Jerry Long.

Miss Katherine A. Samford. B.S., Madison College; M. Ed., University of Virginia. American Life, English 11, Department Chairman. Sponsor, National Honor Society; Sponsor, Literary Magazine.
Mrs. Elizabeth S. Pickerel. B.A., Columbia College. English 12 S.

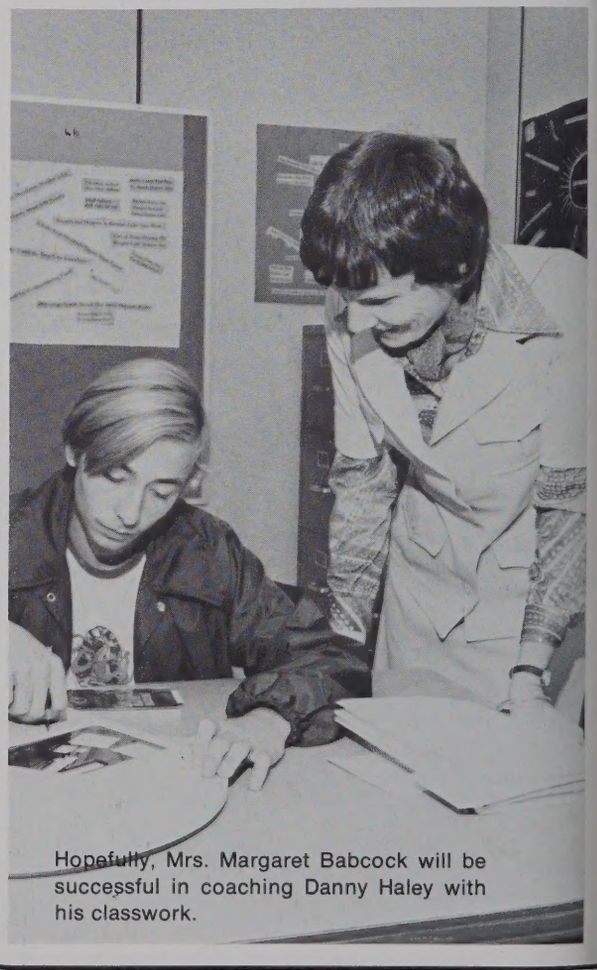
Mr. James E. Garrett, Jr. B.A., University of Richmond. M. Ed., University of Richmond. English 10; Drama 1,2,3; Sponsor, Thespians; Drama Coach.
Mrs. Katherine R. George. B.A., Radford College. English 10, Advanced Composition, World Literature, English 12, AP. Sponsor, Extemporaneous Speaking.



Mrs. Linda Bulman. B.A., Frederick College. English 10, American Life.
Mrs. Margaret Babcock. A.B., English, U.N.C.; M. Ed., George Mason University. Reading.

Mrs. Ruth S. Hahn. B.S., Madison College. English 10.
Mrs. Janice L. Gordon Holloway. A.B., Virginia Wesleyan College. English 11.

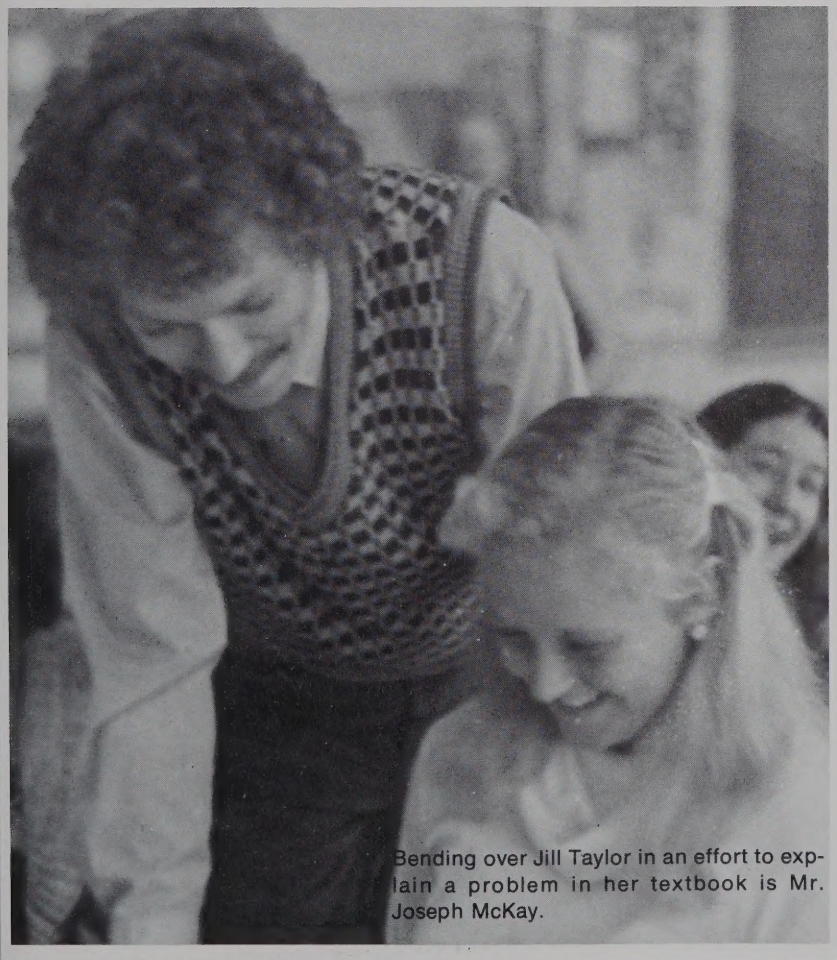
Rehearsing lines for the Senior Class Play, "The Man Who Came To Dinner," are Mr. James Garrett and Brenda Morris.



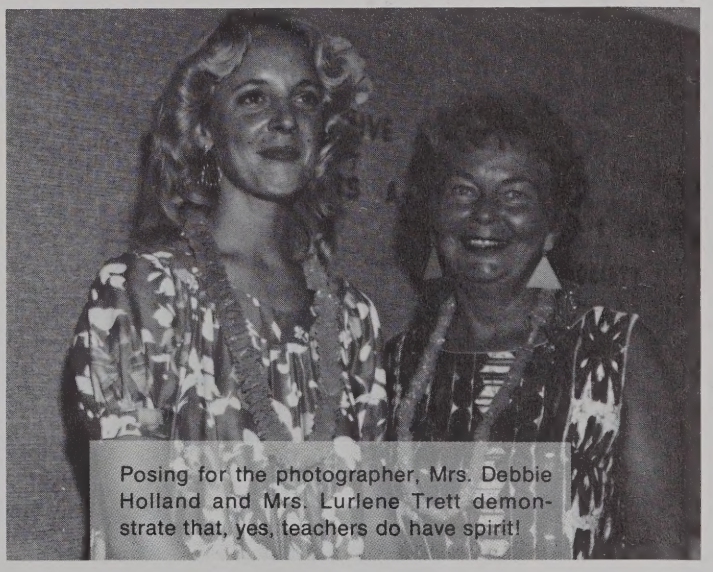
Hopefully, Mrs. Margaret Babcock will be successful in coaching Danny Haley with his classwork.

Mission: Questionable

Because English was a required course in the school curriculum, the English teachers were an important part of the faculty. Their sole mission was to instill an appreciation for the language into the brains of their unsuspecting students. This mission was accomplished through complicated methods, using a combination of lectures, filmstrips, movies, plays and skits, and discussion on various topics. Sometimes, this devotion to the cause reaped its rewards! In any case, no one was the worse for a thorough dousing of Shakespeare.

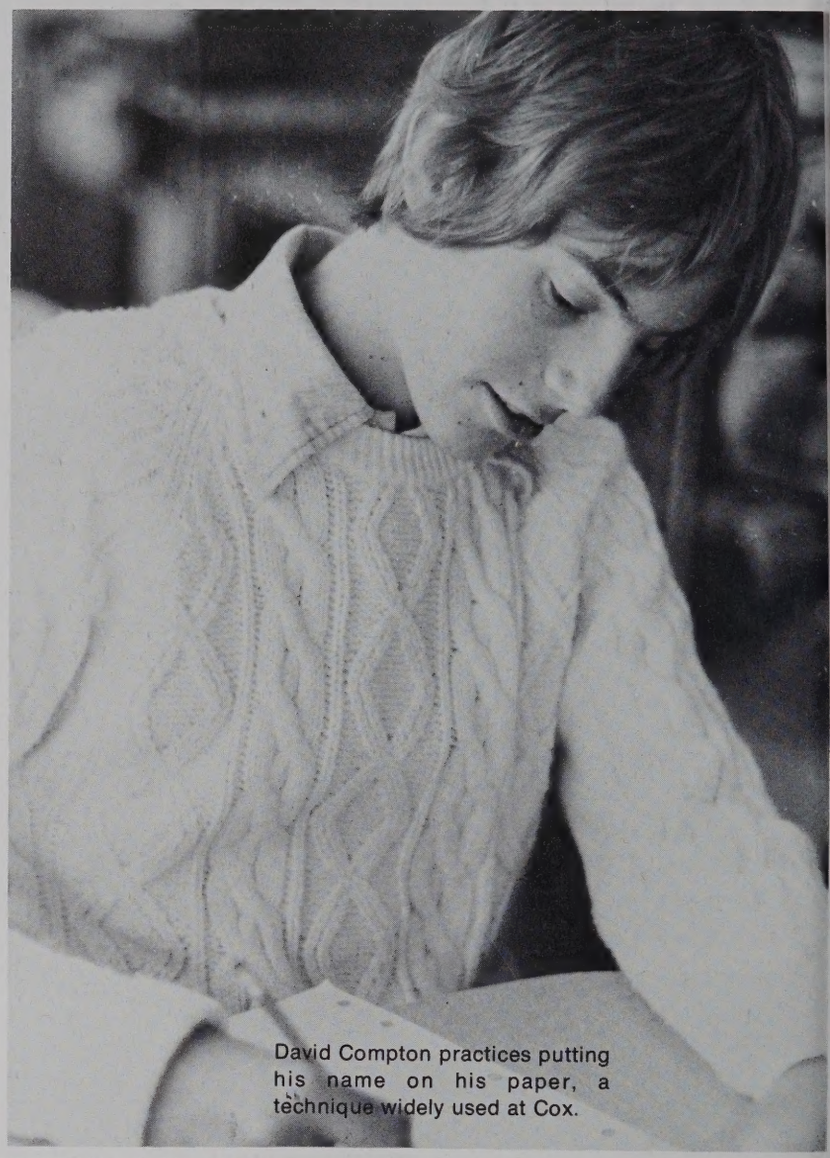


Bending over Jill Taylor in an effort to explain a problem in her textbook is Mr. Joseph McKay.



Posing for the photographer, Mrs. Debbie Holland and Mrs. Lurlene Trett demonstrate that, yes, teachers do have spirit!

Have English Teachers, Will Write



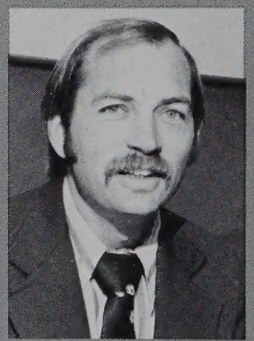
David Compton practices putting his name on his paper, a technique widely used at Cox.

Three new teachers joined the ranks of those dedicated to the purpose of teaching would-be novelists, journalists and English majors. Mr. Joseph McKay, Mrs. Bonnie Litchfield and Mr. James Snodgrass made their debut and soon became well-known by the student body: Mrs. Litchfield sponsored the school newspaper, the Coxswain, Mr. Snodgrass coached indoor track and Mr. McKay took it upon himself to teach (or reteach) his students the art of studying. Their time, effort and interest in the students was certainly appreciated.

Roxana,
I have enjoyed having you in class this year. Best of luck to you in the future.
P. Kain

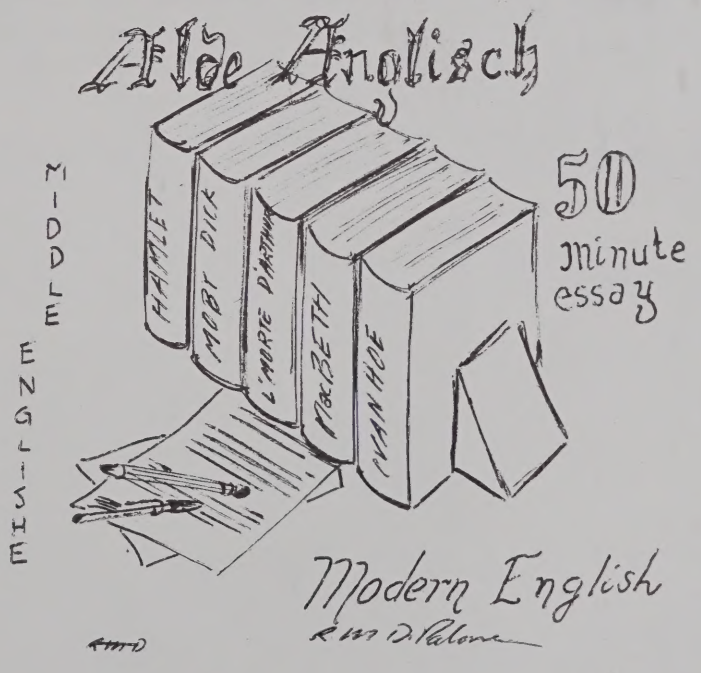
Mrs. Lurlene Trett. BA., Park College. English 10,12. Sponsor, Forensics.
Mr. Steve White. B.S., Old Dominion University. English 11, S Speech I,II,III. Sponsor, Debate Team.
Miss Patricia Kain. B.A., University of Virginia. English 12. Sponsor, Forensics.

Mrs. Bonnie Litchfield. B.S., Radford College. English 10; Journalism I,II. Sponsor, Coxswain.
Mr. James Snodgrass. B.A., University of Texas at Austin. English 10. Coach, Indoor Track.
Mr. Joseph McKay. B.S., Old Dominion University. English 10.



Engrossed in a test, Jackie Hodgson concentrates on the answers.

Katie Whelahan pours over her English book in an effort to decipher the technicalities of grammar.

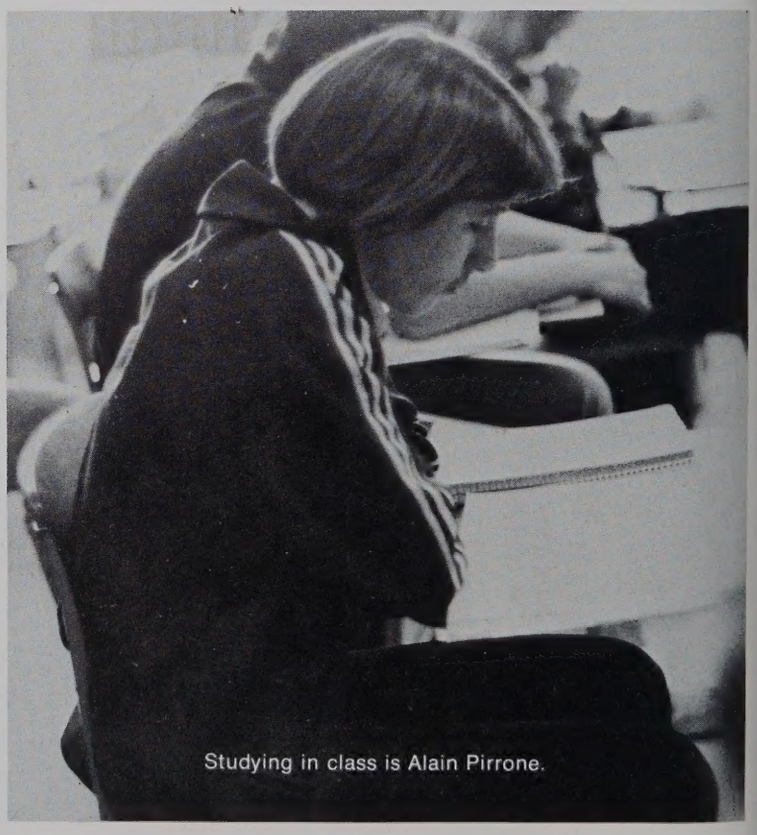


A World of Culture

Whether one said "Hola!," "Bon jour," "Guten Tag" or "Salve," the meaning was still the same, and students taking foreign languages sought to become competent in a language other than English. Although some students took language "for credit," those who studied the culture and the people who speak a particular language discovered that there was more to Spanish, French, German or Latin than the basic (and sometimes tedious) grammar and sentence structures. Interests in languages have expanded beyond the classroom, also, as students have formed French and Latin Clubs to supplement what they learned in class with extra-curricular activities.

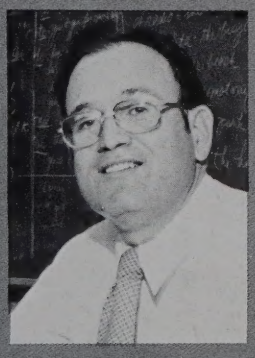
As she seeks help from Mrs. Maria Bassols, Jan Howarth displays her spirit on "Tacky Day" with an unusual costume.

Latin teacher and Club sponsor Mrs. Debbie Holland is caught in a thoughtful pose.

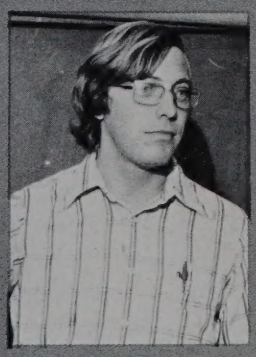


Studying in class is Alain Pirrone.

Explaining a translation to Greg Purkey, David Winn and Marianne Scheurich is Latin teacher Mrs. Debbie Holland.



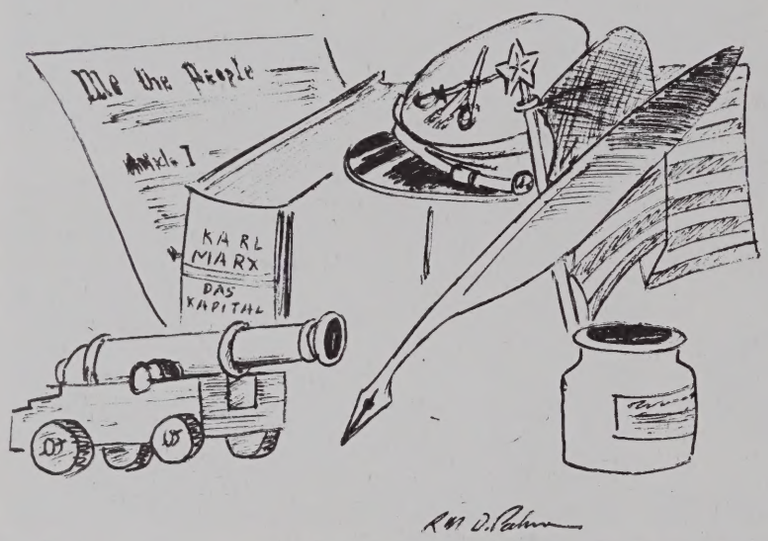
Mr. Earl D. Waters. B.A., Lambuth College; M.A., George Peabody College of Teachers. Spanish. Department Chairman, Language.
Mrs. Vesta Cruser. B.A., King College. French II, III, IV, V. Sponsor, French Club.
Mrs. Maria Bassols. B.A., B.S., Institute of Havana; M. Ed., Old Dominion University; Ph. D., University of Havana. Spanish II, III, IV, V.



Mr. Gary Hudson. B.A., College of William and Mary. German I, II, III, IV. Sponsor Flag Corps and Rifle Squad. Transportation Supervisor.
Mrs. Debbie Holland. B.A., Lenoir Rhyne College. Latin I, II, III, IV, V. Sponsor, Latin Club, Talon, SCA.
Mrs. Sue Lynn Calhoun. B.A., University of Wisconsin. French.

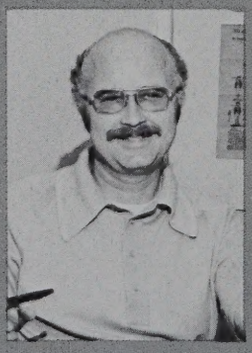
Where Past and Present Meet and Mingle

1977 found the Social Science department with several new faces: Finding their way around Cox for the first time were Mr. Don Mollenhauer, Mr. Thomas LaBarbera, Mr. Laurence Hitchings, Mrs. Nancy Giles and Ms. Sylvia Hallock. After minimal adjustment by both students and teachers, the new staff quickly became a solid part of Cox, and their extracurricular activities added greatly to the school. Mr. Don Mollenhauer coached Track and Football for two good seasons in these sports; and Mr. Thomas LaBarbera sponsored a newly — founded Ski Club.

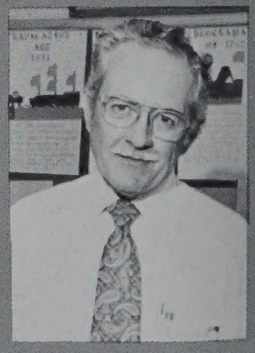


Looking very skeptical in class is Karen Schafer.

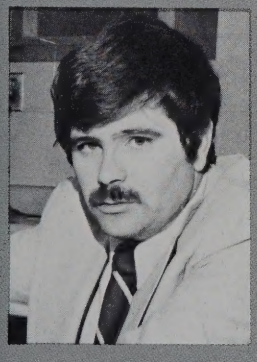
Mrs. Juanita Felton. B.A., Radford College; M.S.T., Illinois Institute of Technology. U.S. History, Sociology I, II. Department Chairman, Social Sciences.
Miss Jennie Lou Pangle. B.A., Wake Forest University. World History, Government.

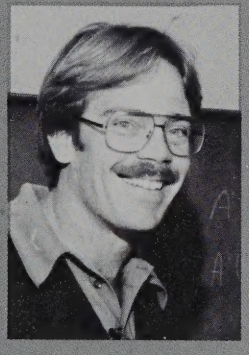


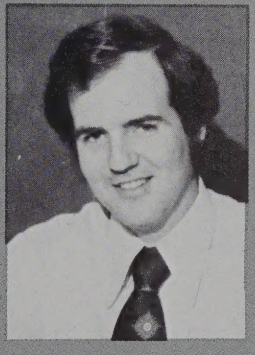
Mr. William Harold Coulthard. B.A., Emory and Henry College; M.A., University of Virginia. U.S. and Virginia History, Government. Sponsor, Young Life.
Mr. George Ontko. B.S., California State College. U.S. and Virginia History, Geography. Coach, Basketball.
Mr. Fred J. Blum. B.A., University of Notre Dame. American Life, U.S. and Virginia History.



At right: Staging a skit for American Life are Karen Haxton, Patricia Darden and Debbie Hare. Below: Mr. Thomas LaBarbera explains the psychology of a psychology class to his students Wendy Eimore, Tracie Fulgham and Marie Sciortino.

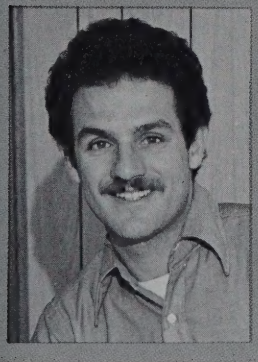


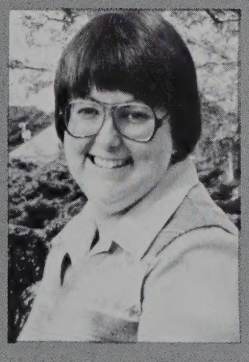




Roxana,
It has been enjoyable having you in class this year. Good luck for the future
J C Ley

Mr. Gary Legan. B.A., Virginia Tech; M.A., East Tennessee State University. Government. Sponsor, Debate Team.
Mr. Donald Mollenhauer. B.A., East Carolina University. International Relations, Government. Coach, Outdoor Track, Assistant Coach, Football.
Mr. Laurence Hitchings. B.S., Old Dominion University. Government, Humanities.

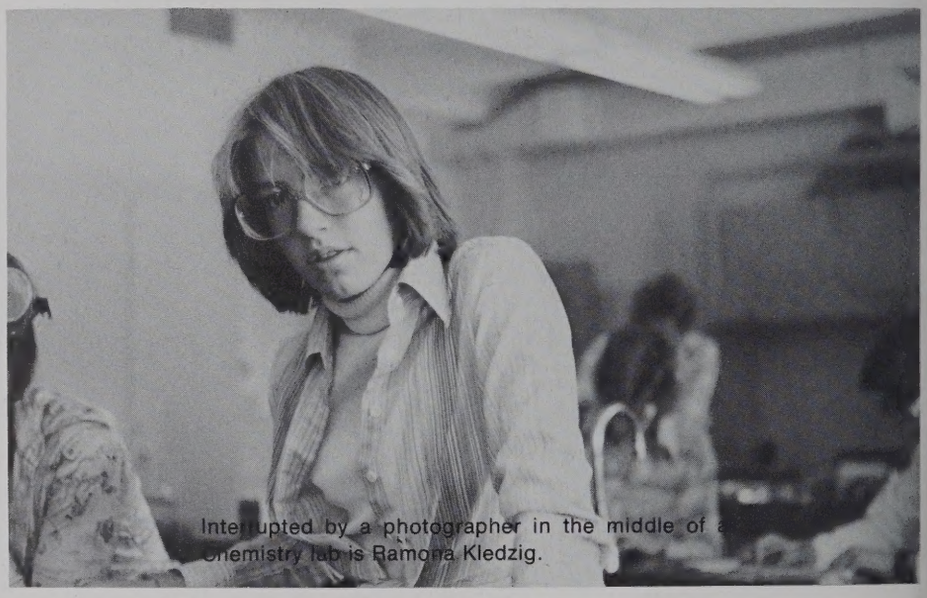




Mr. Thomas LaBarbera. B.A., Southampton College; M.A., California State University. U.S. and Virginia History, Psychology. Sponsor, Ski Club.
Mrs. Nancy Giles. A.S., Tidewater Community College; B.A., Virginia Wesleyan College. U.S. Government.
Ms. Sylvia Hallock. B.A., Old Dominion University; M. Ed., University of Virginia. U.S. History, American Life.

It's All Perfectly Logical

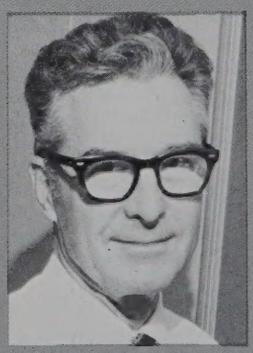
Introducing students to the realm of the precise and perfect were the Math and Science departments. Headed by Miss Ann Wild and Mrs. Ruth Anderson, respectively, these departments provided students with the fundamentals of logic, although the students did not always agree with the faculty on this topic! Nevertheless, study beyond the one required year of science and two of math provided an excellent college preparatory curriculum.



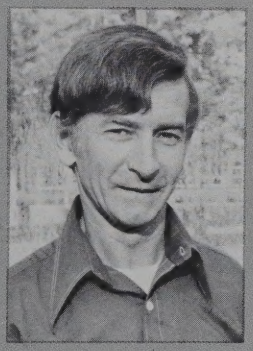
Interrupted by a photographer in the middle of a chemistry lab is Ramona Kledzig.

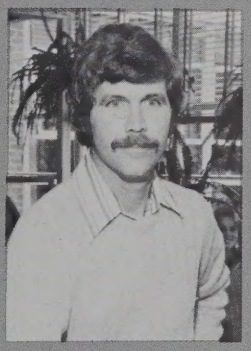
Miss Ann Wild. A.B., Newberry College; M. Ed., Clemson University. Math. Department Chairman.
Mrs. Bridget Hampson. B.S., College of William and Mary; M. Ed., Old Dominion University. Geometry, Algebra II. Sponsor, Senior Class, Girls' Tennis.
Mrs. Mary Hutcheson. B.A., Agnes Scott University. Geometry Algebra II.
Mrs. Neola Waller. B.A., Oklahoma State University; M. Ed., College of William and Mary. Math Analysis, Calculus, Probability and Statistics.

Mrs. Sheila Thomas. B.A., Huntington College. Math 3, Geometry. Sponsor, Talon.
Mr. Jeff Steckroth. B.A., College of William and Mary. Math 4, Geometry. Coach, Indoor Track, Soccer.
Mr. Thomas Smith. B.A., University of Chicago; M. Ed., College of William and Mary. Elementary Algebra, Consumer Math. Coach, Golf Team.
Miss Carol Yoder. B.S., Bloomsburg State College. Math 4, Geometry.

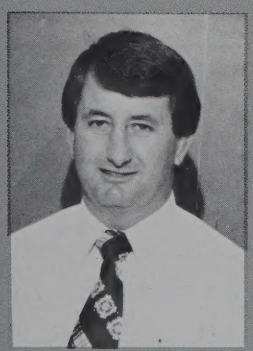


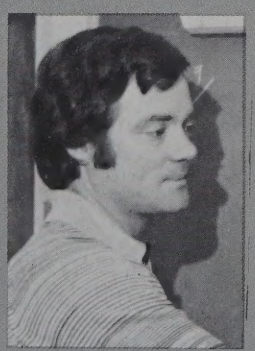
Helping Janet Wilkins decipher the secrets of biology is her teacher, Mr. Robert Rode.

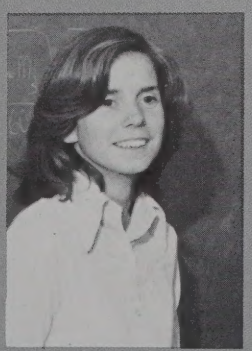




Mrs. Ruth Anderson. B.A., M.A., Montclair State College. Chemistry. Department Chairman, Science.
Mr. Arthur Koeppen. A.A., B.S., M. Ed., College of William and Mary. Biology. Sponsor, Fine Arts Club, Assistant Coach, Baseball.
Mr. Robert Rode. B.S., University of Florida; M.S. Ed., Old Dominion University. Biology, Earth-Space Science Coach, Cross Country, Tennis.





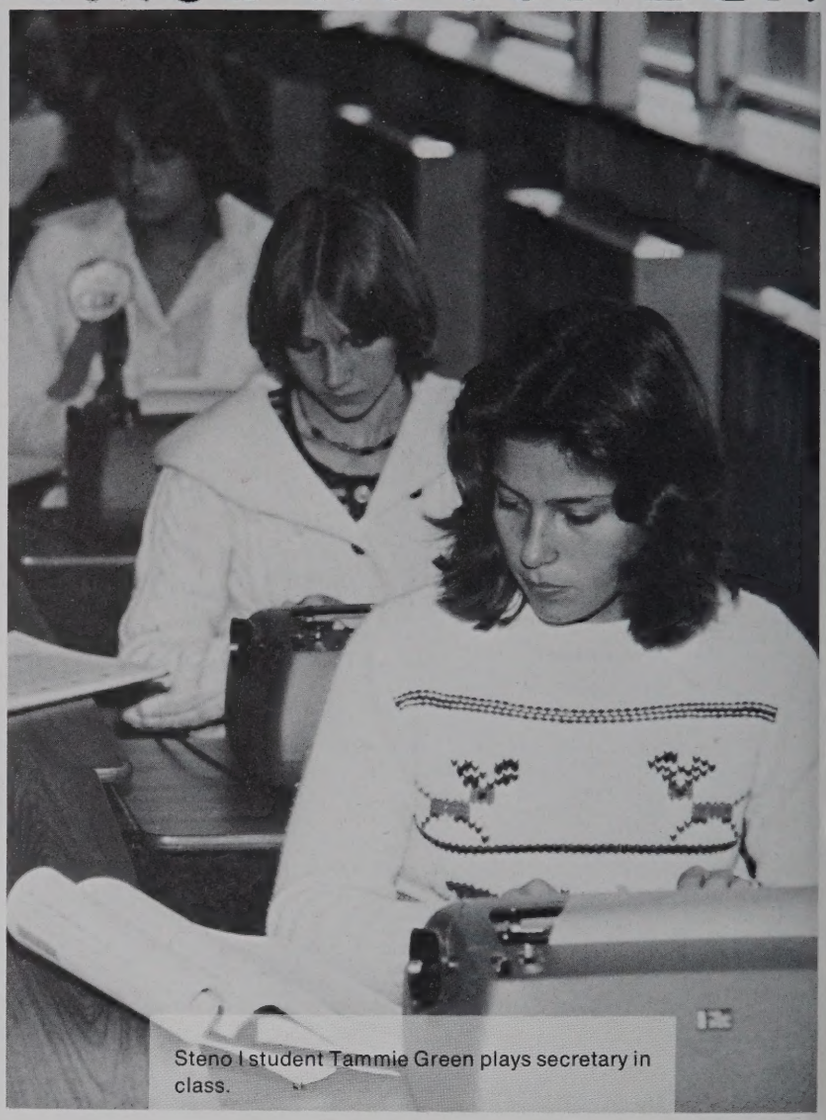


Mr. Billy Gutermuth. B.A., Lycoming College. Biology. Coach, Wrestling.
Mr. Thomas Fisher. B.A., Catawba College. Algebra I, Chemistry. Coach, Baseball.
Miss Barbara Clark. B.A., Sweetbriar College. Physics, Math Analysis. Sponsor, Keyettes.

Trained As Job Bait

Not all of the students at Cox desired college prep courses. and for these students the Business and Industrial arts departments were provided. The Business department, chaired by Mrs. Jane Tugman, offered courses in typing, stenography and business law to prepare students for careers in a business field. Also, those who were interested joined the Future Business Leaders of America Club, where students from other schools with similar career desires had an opportunity to gain experience.

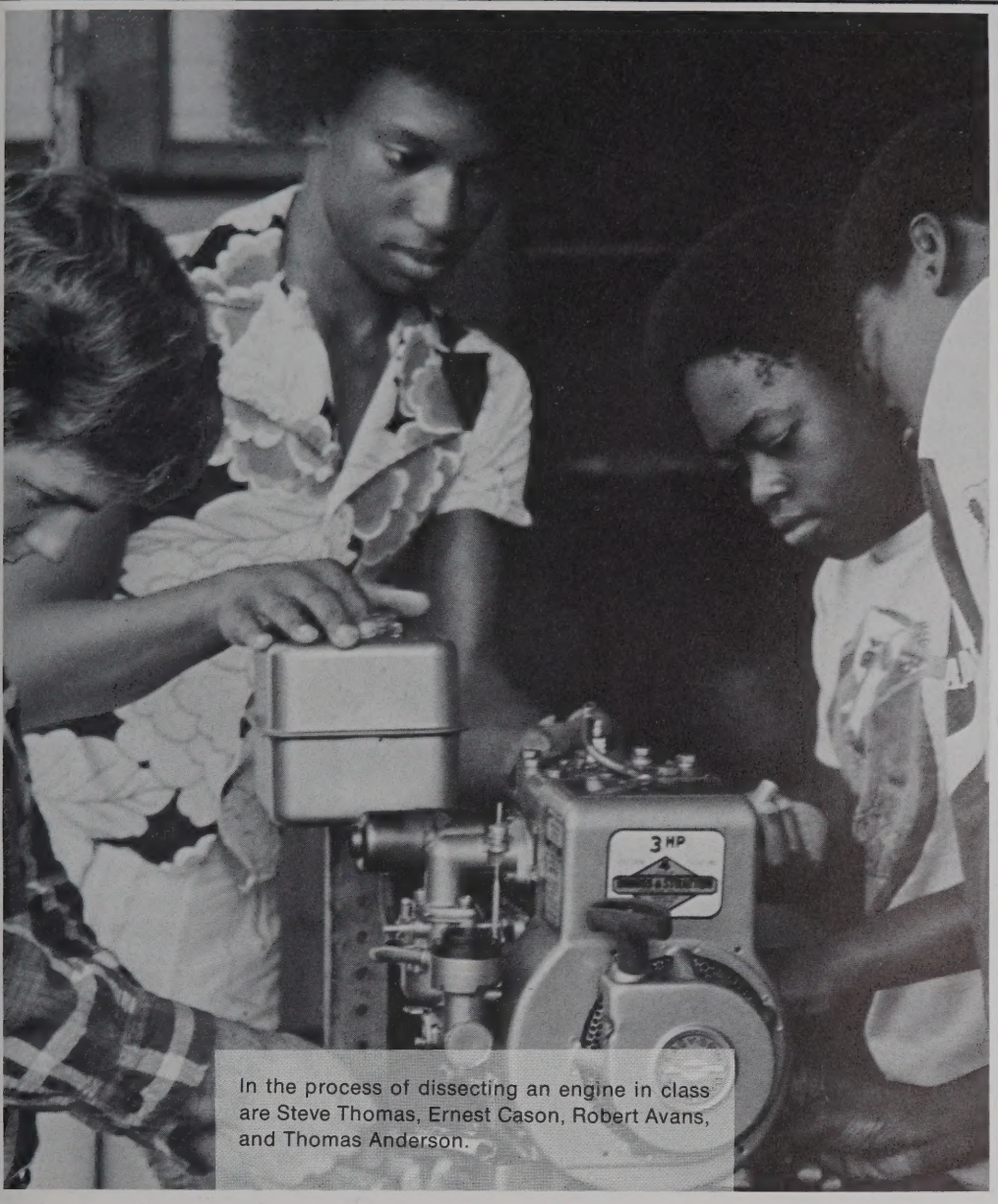
The Industrial Arts department concentrated on the mechanical aspects in the school curriculum. Chaired by Mr. Alex Woodhouse, the department taught students to work with woods, metals, drafting, power mechanics, and electronics, and often projects were displayed throughout the school and also in inter-school competitions.



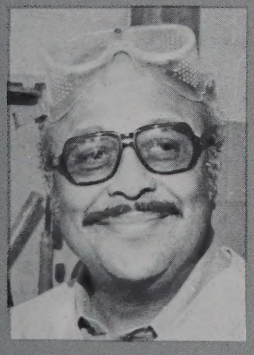
Steno I student Tammie Green plays secretary in class.

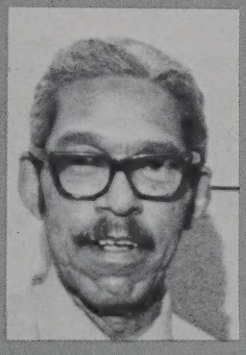
Mrs. Jane Tugman. B.S., Old Dominion University. Stenography I, Clerk Typing I, Typing I. Department Chairman, Business.
Mrs. Nan Brown. B.S., East Carolina University. Typing I, Personal Typing, Notehand. Advisor, FBLA.

Mrs. Jerusha Coleman. B.S., Albany State College. Typing I, Business Law, Business Economics.
Miss Deborah Moncol. B.S., Madison College. Stenography II, Clerk Typing II, COE Co-Ordinator. Adviser, FBLA.
Mrs. Don Martin. B.S., Radford College. Stenography II, Clerk Typing II, COE Co-Ordinator. Adviser, FBLA.

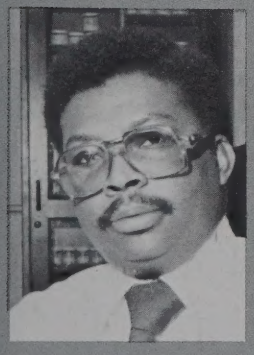


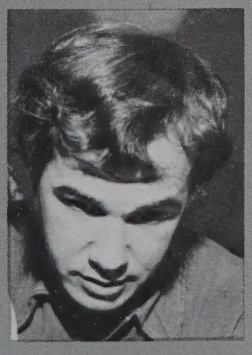
In the process of dissecting an engine in class are Steve Thomas, Ernest Cason, Robert Avans, and Thomas Anderson.





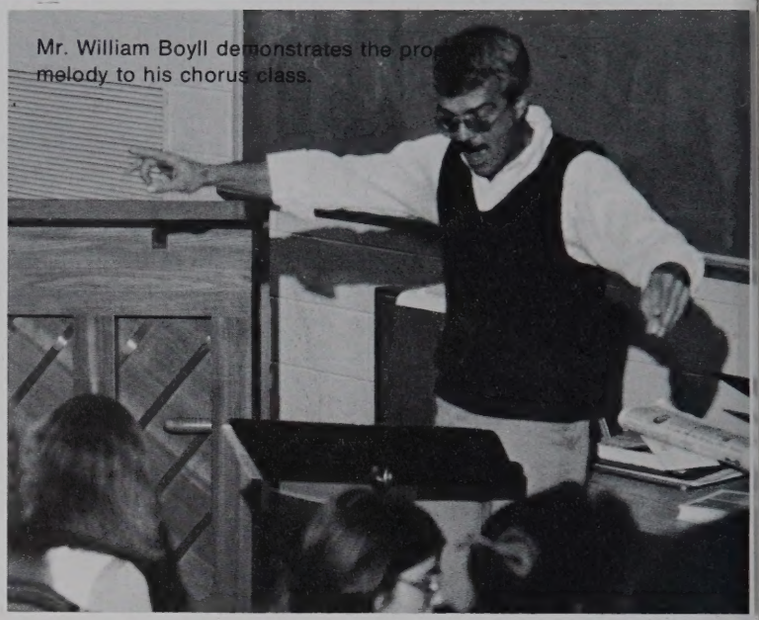
Mr. Alex Woodhouse. B.S., Virginia State College, M.A., University of Virginia. Woods I, II, III. Department Chairman, Industrial Arts.
Mr. Charles Taylor. B.S., Hampton Institute, Virginia State. Mechanical Drawing, Woodworking.





Mr. Roland Thorton. B.S., Norfolk State College. Electronics, Crafts, Sponser Radio Broadcasting Club.
Mr. Brian Wotherspoon. B.S., Old Dominion University. Metals, Power & Transportation, Electronics.

Varied and Special

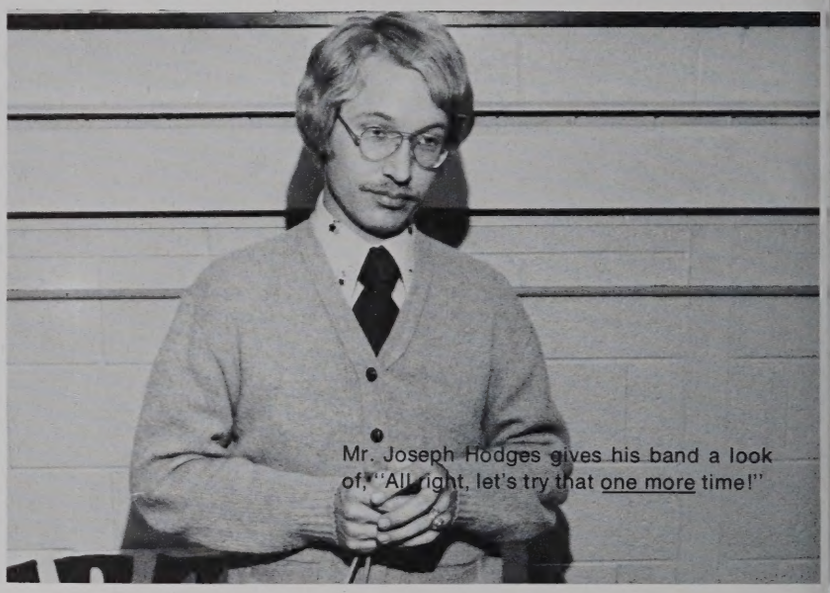


Mr. William Boyll demonstrates the pro melody to his chorus class.

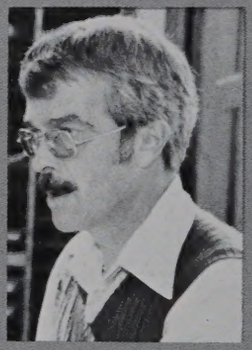
Cox High School offered a wide variety of elective courses in special interest areas. Distributive Education, or D.E., as it was called, taught students the fundamentals of business management, and in some courses the students obtained jobs as a part of the curriculum. Art and Music contributed to the fine arts and many students in the school were quite talented in those areas. The Troopers, the marching band, were under "new management" for the year with Mr. Joseph Hodges replacing Mr. Billy Cooper as director.

NJROTC, National Junior Reserve Office Training Corps, contributed the "salt air" feeling to the school. The students entered rifle competions and participated in interschool competions, excellent training for those who desired a military career.

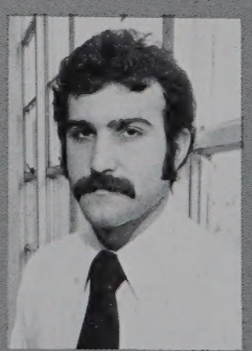
For the first time, Physical Education classes were co-ed. They enjoyed the"battle of the sexes," and it helped dispel the theory of the "weaker sex."



Mr. Joseph Hodges gives his band a look of, "All right, let's try that one more time!"



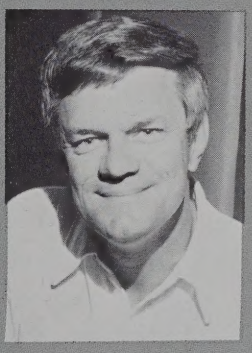
Mrs. Betty Woodhouse. B.A., Norfolk State College. Art I, II, III, IV, V. Sponsor, Fine Arts Club.
Mr. William Boyll. B.S., Indiana State University, M. Ed., University of Virginia. Choral Music, Music Literature, Drama II, III. Department Chairman, Music.
Mr. Joseph Hodges. B.M., East Carolina University. Advanced Band, Music Theory. Beginning and Int. Band at John B. Dey. Sponsor, Marching Troopers.

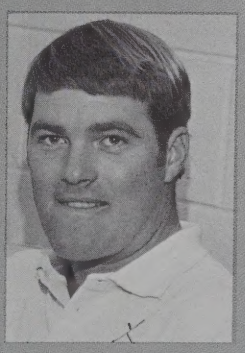


Mrs. Jeanne Ainslie. B.S., Virginia Commonwealth University. Distributive Education, Fashion Merchandising. Advisor, Cox DECA. Department Chairman, Distributive Education.
Mr. Nick Skliris. B.S., Old Dominion University. Distributive Education.
Mr. Terry Jenkins. B.S., Old Dominion University. Distributive Education I, II, III. Sponsor, DECA.

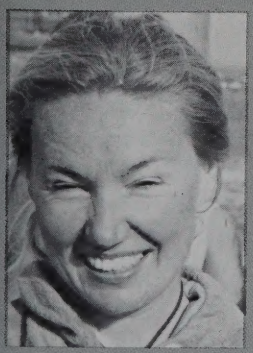
The N.J.R.O.T.C. displays its award-winning formations.

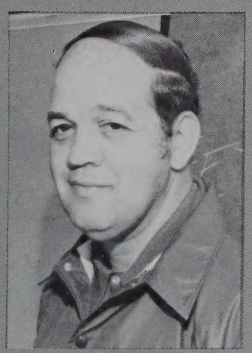
Battling for control of the ball in a fast-moving game of field hockey are Ruth McGovern and Carol Belcher.

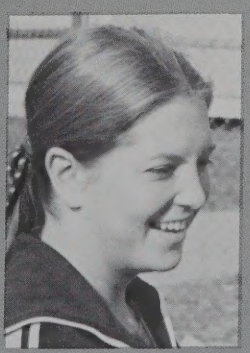




LCDR Leonard Riedel. Tidewater Community College. NJROTC I, II, III. Sponser Rifel Team, Drill Team.
Cdr. Ray Newman. B.A., Old Dominion University. CW, P6 School Monterey. NJROTC.
Mr. Stuart Holland. B.S., East Carolina University, MEd., University of Virginia. Physical Education. Department Chairman. Athletic Director, Assistant Coach, Football, Basketball.
Mr. Hank Armstrong. B.A., Catawba College. Physical Education. Coach, Football, Track.







Miss Nancy Fowlkes. B.S., Longwood College. Physical Education. Coach, Field Hockey, Track. Sponser Cheerleaders. SCA.
Mr. Al Habit. B.S., East Carolina University; M.S., Old Dominion University. Physical Education. Coach Football.
Miss Patricia Merrell. B.S., Longwood College. Physical Education. Coach Gymnastics, Girl's Soccer.
Miss Cheryl Ann Hendricks. B.S., Virginia Polytechnic Institute. Physical Education. Sponser Sophomore Class. Coach Basketball.

Falcons Fly High

Four hundred rising Junior and Senior high school students from throughout Virginia attended Governor's School last summer. The program's purpose was to promote the interests of "gifted" students. All three Cox nominees were accepted. Lori Jones and Laura Mooney attended Mary Baldwin where they studied zoology and astronomy, and zoology and philosophy respectively. Karen Kraft went to Randolph-Macon where she persued her interests in philosophy and Non-Western Studies.

Last summer Girls' State was held at Longwood College and Boys' State at Lynchburg College. Eight rising seniors from Cox were chosen to participate in this program, which was designed to give students a better understanding of government and politics. For one week students from all over Virginia attended forums and lectures given by government officials.

Lori Jones, Laura Mooney, and Karen Kraft.

Two leaders from Cox were elected to offices on city and regional levels. Jan Howarth served as citywide SCA secretary for Virginia Beach. Jon Huddleston was chosen to be the Vice-President of the Mid-Southern Region for the Children of the American Revolution.

Shannon McCormick represented Cox during the Fourth Annual Neptune Festival of Virginia Beach. During September and October students enjoyed taking part in street dancing, sandcastle building, raft races, and the Seafood Fest.

FRONT ROW: Jan Howarth, Tina Vigili, and Tami Disher. BACK ROW: David Weir, Andy Moore, Jay Condrey, Mark Watson, and Jon Huddleston.

Shannon McCormick represented Cox in King Neptune's Court.

Because of their superior athletic abilities, Carol Belcher and Tom Spartz are city-wide athletes.

Jan Howarth

Jon Huddleston

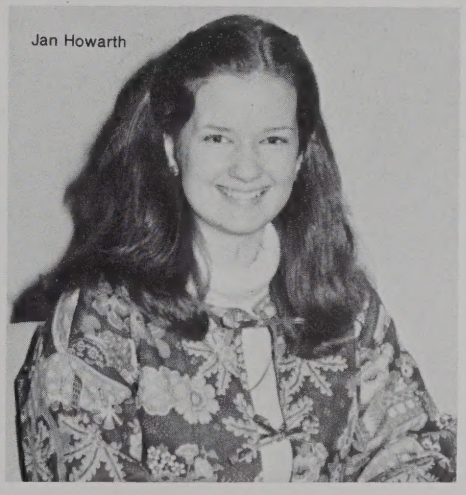
FRONT ROW: Steve Goto, Laura Mooney, John Barden, Phyllis Friello. BACK ROW: Yvette Jarashow, Lisa Zanetti, Daniel Greenberg, Gene Wheeler, Leslie McIntosh, Mike Russell, Lisa Carbone, Jon Huddleston. Not pictured Karen Kraft.

In January, the Cox Forensics Team held intramural competition. The winners of each division were Karen Kraft, Spelling; Laura Mooney, Girls' Extemporaneous; Lisa Zanetti, Girls' Original Oratory; Mike Russell, Boys' Original Oratory; Lisa Carbone, Girls' Prose; Daniel Greenberg, Boys' Prose; Leslie McIntosh, Girls' Poetry; and John Barden, Boys' Poetry.

A Leadership Conference was held at Virginia Weslyan last summer. Interested junior high and high school students from throughout the city learned the aspects of leadership. Groups were appointed, officers were elected and projects were assigned to each group.

FRONT ROW: Tina Virgili, Jimmy Wootton, Mark Watson, Kathie Rosenmeier, Joye Clarke, Jay Condrey. BACK ROW: Jan Howarth, Carol Belcher, James Sokolowski, and Tami Disher.

Laura Mooney and Mark Watson were selected to attend an honorary dinner given by the Optimist Club during Youth Appreciation Week.

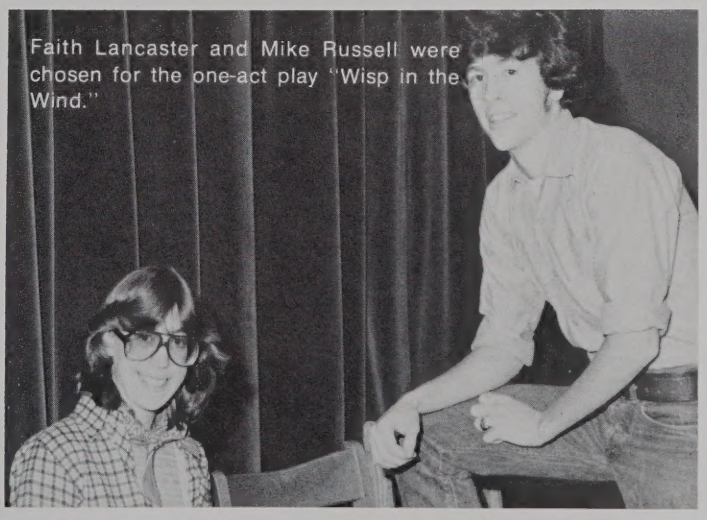


Jan Howarth

As a result of high PSAT scores, Jan Howarth became a National Merit Scholarship Semi-Finalist.

In return for the gracious service given to the school and in honor of her last year at Cox, the academic section of the Talon is dedicated to Mrs. Tayloe.

Mrs. Minnie Tayloe



Faith Lancaster and Mike Russell were chosen for the one-act play "Wisp in the Wind."

Demonstrating the art of "stuffing one's mouth with marshmallows," Jimmy Wootton and Mike Syran enjoy a friendly rivalry.

Enthusiasism is portrayed by students as they ride on the winning float of the Neptune Bowl.

CLUBS

During Drama Class, Mr. Garret explains some different techniques.

Miss Hendricks helps Sophomores Michele Clements, Shelly Wallace, and Vickie Turcotte in the preparation of the spaghetti for the Annual Senior Dinner.

Admist the Baby picture contestants, Ginny Gardner awaits the next voter.

As schools go, Cox was known for the independence of the student government. Every function and money-raising projects were decided and passed by the ICC and SCA.

C is for creative.
L is for learning.
U is for unique.
B is for business.
S is for students.

Cooperation and Negotiation

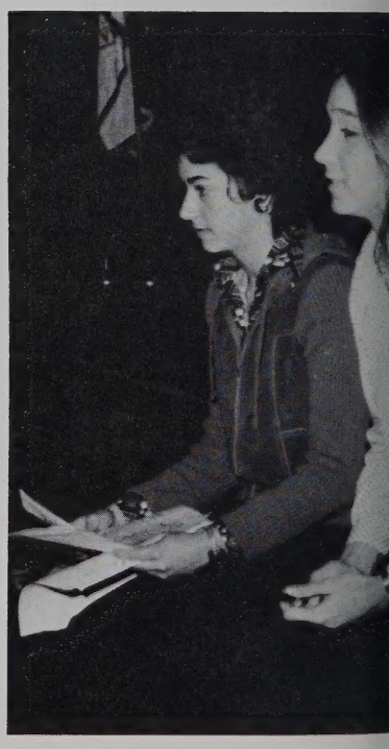
In early September, the Student Cooperative Association officially took over the reins of school government. The S.C.A. coordinated all student activities, such as the assemblies, pep rallies, Christmas Omnibus, Student Orientation, Homecoming, student elections, Delegate Workshop, Leadership Conference, and Awards Day. The S.C.A. was also involved in such service projects as the Joy Fund, the United Way, and the Toys for Tots Drive.

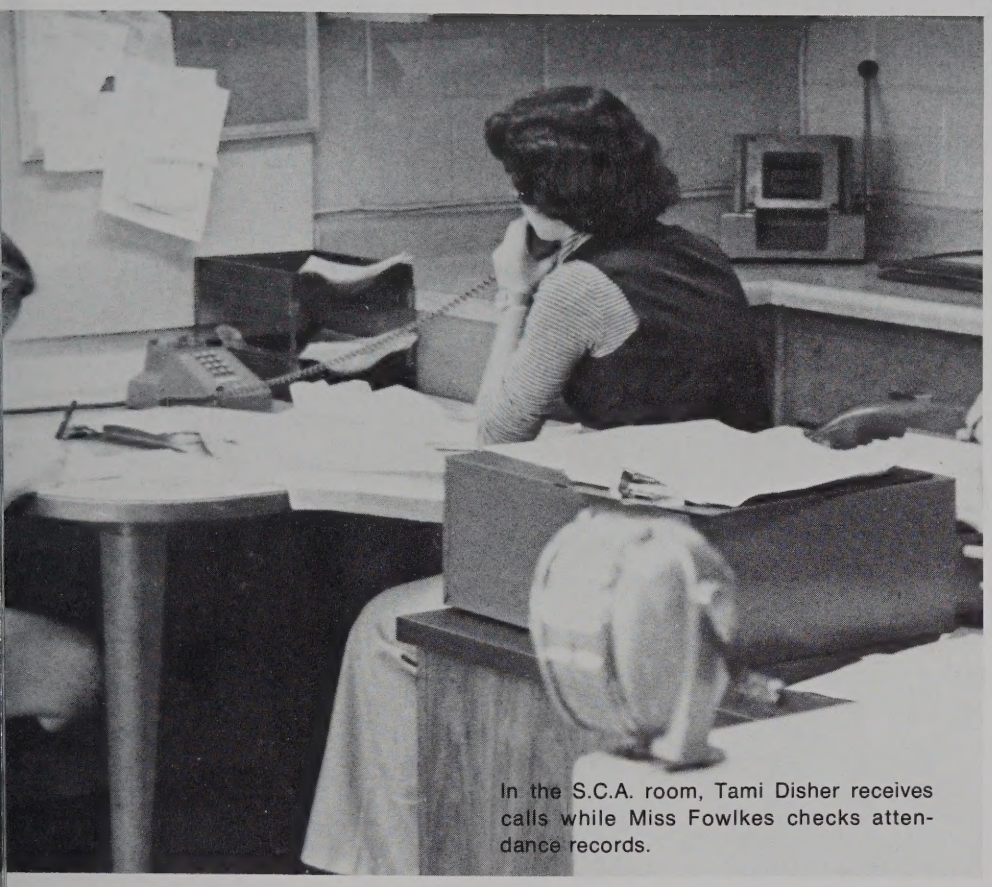
FRONT ROW: Sharon Hutcherson, Lisa Zanetti, Charlotte Purkey, Kathy Carlson, Angie Nelson, Sharon Williams, Bodee Maxwell. SECOND ROW: Diane Devoy, Mary Ann Sturtridge, Terri Fink, Andy Moore, Cindy Brooks, Lisa Drude, Debra Tasch, Barbara Hoffman, Kim Wiley, Susan Simonelli. BACK ROW: Lori Jones, Audrey Beyrouty, Joye Clarke, Jay Condrey, Melissa Principe, Kathie Rosenmeier, Kim Dugger, Melanie Moss.

Consisting of the officers of the S.C.A., the committee chairmen, and two officers of each grade class, the Executive Council met before each S.C.A. meeting in order to discuss and screen all matters that came before the S.C.A.

The Senior Executive Council was made up of the chairmen and co-chairmen of all the senior class committees. Each committee chairman organized his committee and stimulated involvement in class activities.

Both councils this year tried their best to work for the interests of the school and carried forth, to the fullest extent, the will of the student body.





In the S.C.A. room, Tami Disher receives calls while Miss Fowlkes checks attendance records.

Made up of all the club and class Vice-Presidents, the Inter-Club Council was the organization through which all club, class, and S.C.A. projects were passed. The Council's main objective was to review the projects proposed by other organizations and to make sure there were no conflicting dates. The ICC brought the clubs together and helped them communicate with each other and the administration.

Tina Virgili and Angie Nelson conduct an ICC meeting as Cheryl Beasley takes the minutes.

FRONT ROW: Tina Virgili, Angie Nelson, SECOND ROW: Melissa Primcipe, Sue Fenn, James Sokolowski, Sumayya Jones, Betsy MacLean, Lisa Drude, Lynn Walker, Grace Rodgers, Joye Clarke. BACK ROW: Erie Disher, Jon Huddleston, Vicky Ashton, Mike Russell, Leslie Zanetti, Kathy Nabors, Mary Gael Dougherty, Tami Disher.

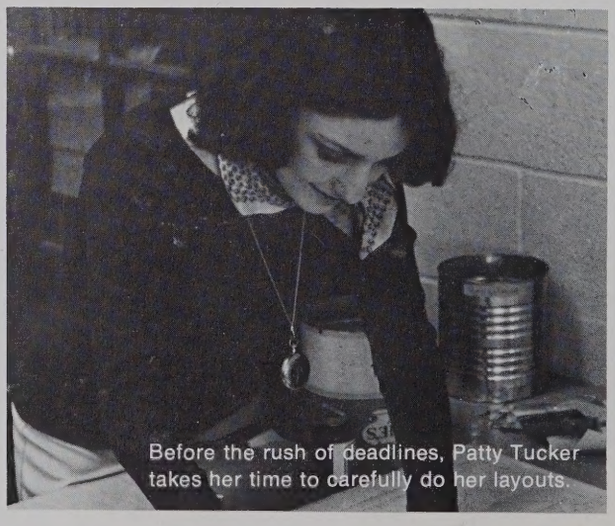
A Cure for the Blues

Never before had the Coxswain attracted such a promising group of journalists as it did this year. More writers meant an easier load for the page editors.

Aside from the many heated arguments over the proper use of the comma, the Coxswain suffered no sharp change in policy or makeup. A wide news coverage was given to the student body by the nine issues of the Coxswain produced this year.

Mike Russell and Dave Weir listen intently as Mary Gael Daugherty proves a point.

FRONT ROW: Linda Love, Mary Gael Daugherty, Co-Editor; Mike Russell, Co-Editor; Bob Kunzinger, Dave Weir. BACK ROW: Peggy Hollinger, Sumayya Jones, Lisa Curtis, Jon Huddleston, Doreen Mooney, Sam Shirley, Patty Tucker, Matt DiPalm, George Torres, Mrs. Litchfield.



Before the rush of deadlines, Patty Tucker takes her time to carefully do her layouts.

FRONT ROW: Barton Branscum, Becky Carr, Ann Hoff, Lisa Drude, Kris Kersenbrock, Cindy Wright, David Waddell, Diane Kelly.SECOND ROW: Michelle Holland, Shelly DeMarco, Lisa Carbone, Ann Bowerman, Vickie Smith, Linda Edwards, Mrs. McBride, Kelly Caran, Diana Wilson, Tracy Meeks, Debra Tasch, Linda Herring. THIRD ROW: Laura Thumpston; Paul Collins, Tami Disher, Allen Collins, Kim Chaples, Jammess Mecartea. BACK ROW: Allison Thornton, Ellyn Friedsam.

With the help of CMA sponsor, Mrs. McBride, Debra Tasch looks into the prospect of a possible guest speaker.

Comprised of interested students wishing to learn about the various medical and health related fields, the Cox Medical Association had a busy scheduled year. This active service club, sponsored by Mrs. Elizabeth McBride, R.N., traveled on many field trips this year, including a trip to the University of Virginia Hospital in Charlottesville, Virginia. The club had guest speakers, community projects, and as in the past, presented two scholarships to further the education of those entering the medical field.

Gathering Memories for the Future

Mrs. Debbie Holland:
TALON Sponsor

Mrs. Sheila Thomas:
TALON Sponsor

To meet their deadline, Marilyn Vogan and Nancy Thierry work on layouts while Mary Hardcastle, Diana Wilson, and Nancy Schriner are kept busy proofreading.

Patsy Willis:
Chief Editor

Eric Disher:
Asst. Editor

Lisa Drude:
Business Manager

Betsy MacLean:
Copy Editor

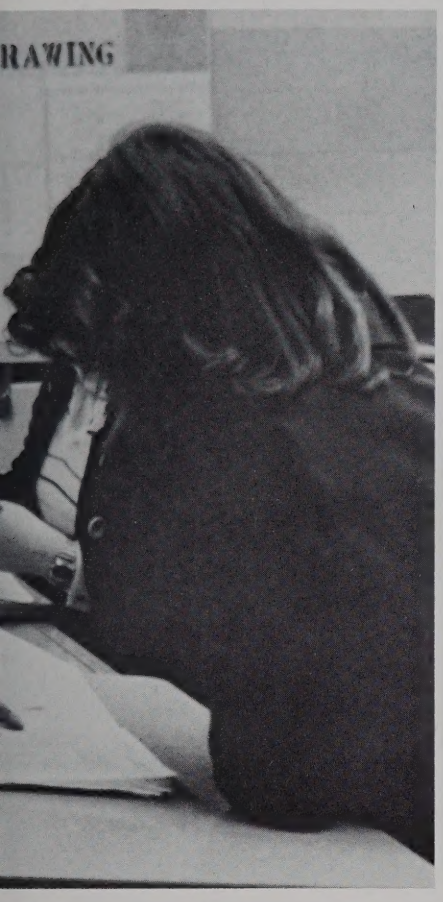
Marilyn Vogan:
Senior Section

Mary Hardcastle:
Senior Section

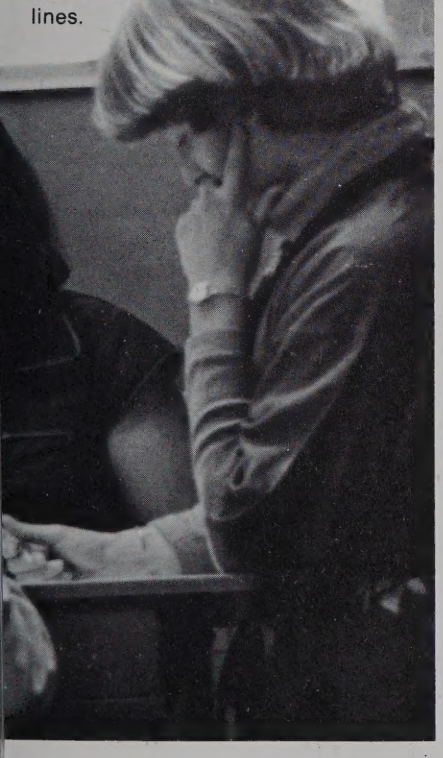
Another milestone had been reached after the TALON staff employed itself in a combined effort to capture the recollections of bygone times.

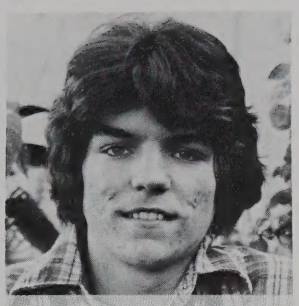
The cleaning and organizing of the new TALON room which opened the school year was but a prelude to the work to come — the compilation of the 1978 yearbook. Between the tasks of choosing an appropriate theme, dedicating the 1978 book, and meeting deadlines in a frantic rush, section editors drew up their layouts with a definite goal in mind — that of producing the best yearbook ever.

With the genial and capable guidance of chief editor, Patsy Willis and sponsors Debbie Holland and Sheila Thomas, the staff strived to bring together past achievments and delightful memories in a yearbook to be cherished by all.



Awaiting an editors meeting, Eric Disher, Marilyn Vogan, and Mary Hardcastle take time to think of headlines.

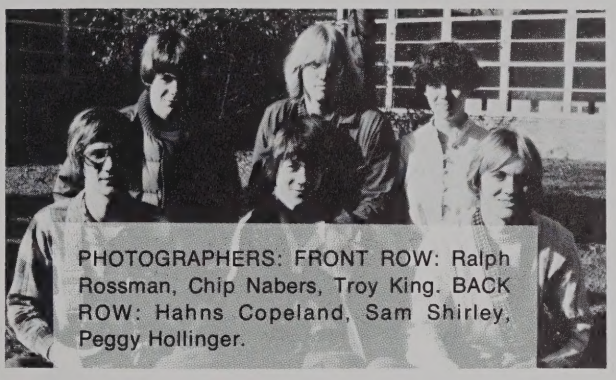




James Virga: Student Life

Kathy Carlson: Sports

Kris Kersenbrock: Clubs



PHOTOGRAPHERS: FRONT ROW: Ralph Rossman, Chip Nabers, Troy King. BACK ROW: Hahns Copeland, Sam Shirley, Peggy Hollinger.

Lisa Zanetti: Faculty

Diane Devoy: Academics

Sharon Hutcherson: Ads Section

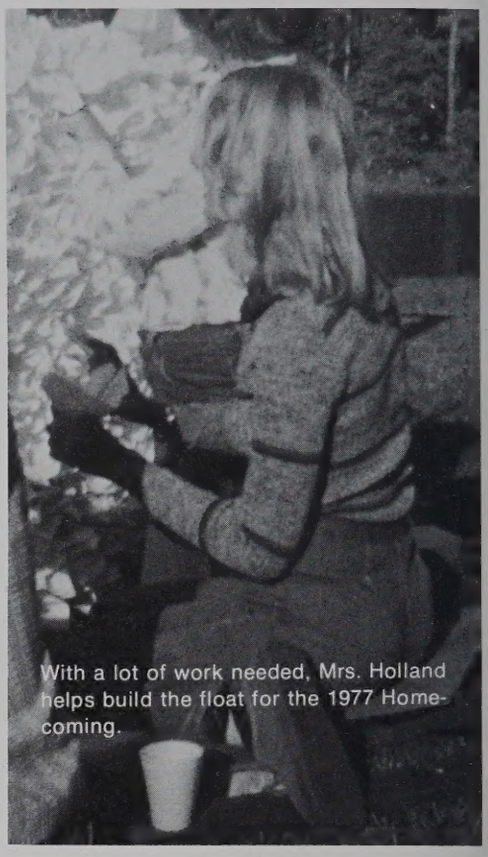
Wendy Carpenter: Underclass

FRONT ROW: Cindy Oaks, Cheryl DeGroot, Susan Homner, Becky Carr, Cathy Dobbins, Lynn Biers. SECOND ROW: Nancy Schriner, Mary Russ, Bill Parker, Matt DiPalma, David Winn, Lori Etheridge, Nancy Thierry. BACK ROW: Kathy Hendrikson, Carolyn Hennigan, Terrie Kapos, Claudia Kersenbrock.

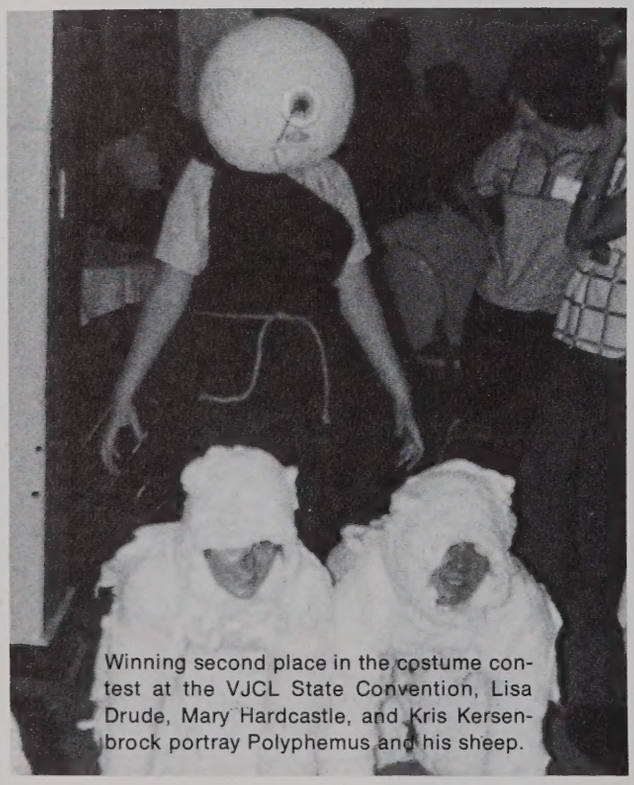
Kathy Cowart: Underclass

The Young and Roaming Romans

FRONT ROW: Mrs. Holland, Kris Kersenbrock, Sec., Lisa Drude, 2nd V.P., Bryan Baines, Pres., Betsy MacLean, 1st V.P., Kathy Cowart, Treas. SECOND ROW: Patty Tripp, Kathy Callow, Michelle Sizemore, Lana Slawson, Beth Thomas, Mitch Broudy, Kim Holliman, Lynanne Gornto, Catherine Woodruff. THIRD ROW: Lorrie Garber, Mark Shively, James Sokolowski, Veronica Denney, David Winn, Ginny Gardner, Tommy Williams, Kathy Batenhorst, Sharon Williams, Jon Huddleston, Diana Wilson, Laura McLean, Debbie Leinart, Steve Stockton, Pat Lynch, Dawn Wiltshire. BACK ROW: Shannon McCormick, Greg Purkey, Bob Carlton, Todd Virgili.



With a lot of work needed, Mrs. Holland helps build the float for the 1977 Homecoming.

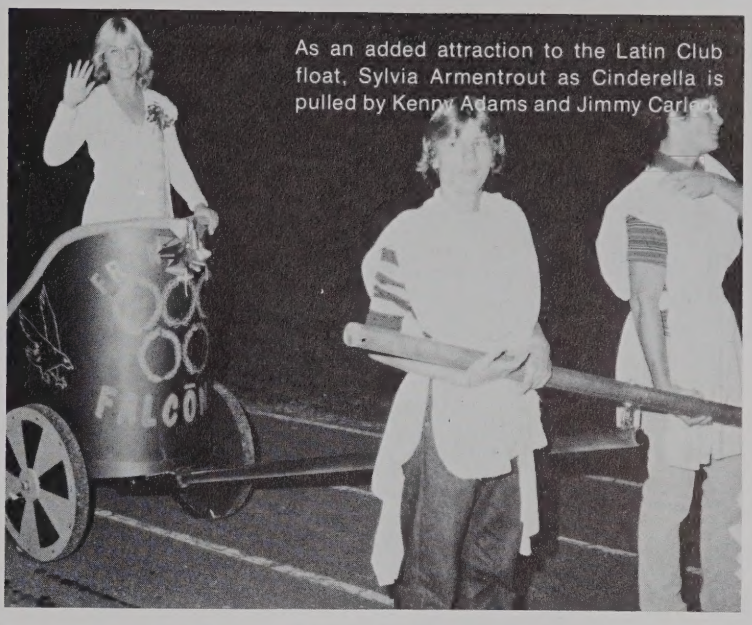


Winning second place in the costume contest at the VJCL State Convention, Lisa Drude, Mary Hardcastle, and Kris Kersenbrock portray Polyphemus and his sheep.

Two of the Disney characters, portrayed Mary Adams and Kitty Blair, wave to t crowds during the Homecoming proce sion.

Kitty Blair watches as Beth Dietz adds the finishing touches to the float.

Enjoying the food and laughter at the banquet in Roanoke are Betsy MacLean, Sharon Williams, and Mrs. Holland.



As an added attraction to the Latin Club float, Sylvia Armentrout as Cinderella is pulled by Kenny Adams and Jimmy Carl[illegible]

Full of spirit and enthusiasm, the Latin Club expected 1977-78 to be an active and busy school year. The club got off to a good start during the football season and Homecoming by selling programs at all of the home games. Construction of the Homecoming float began early in October. After ten thousand napkins, yards of chicken wire, and a lot of hard work, the float, "Disney Goes to Rome" was well received and made the effort all worthwhile.

In the beginning of November, the club sold dozens of doughnuts from which the profits were used to attend the State Junior Classical League Convention held in Roanoke, Virginia. The club came back with ten awards, including first place ribbons in the scrapbook and arts and crafts divisions.

In March, the Latin Club traveled to Fredricksburg to compete in the state certamen. Then in May, the club participated in the Latin Olympics, which consisted of an egg toss, a relay race, obstacle courses, and highlighted with a chariot race.

Fabulous French and

Marine Bonnemaison, Mary Evans, and Ellyn Friedsome learn the art of crepe making.

While reflecting on past activities of the French Club, one would believe they were trying to start another French Revolution. A busy year was launched by a successful bake sale during the October Autumn Festival.

Members enjoyed many meetings "extraordinaire" such as cooking and tasting crepes, eating dinner at the restaurant La Crepe, and viewing French films at Pembroke Theater.

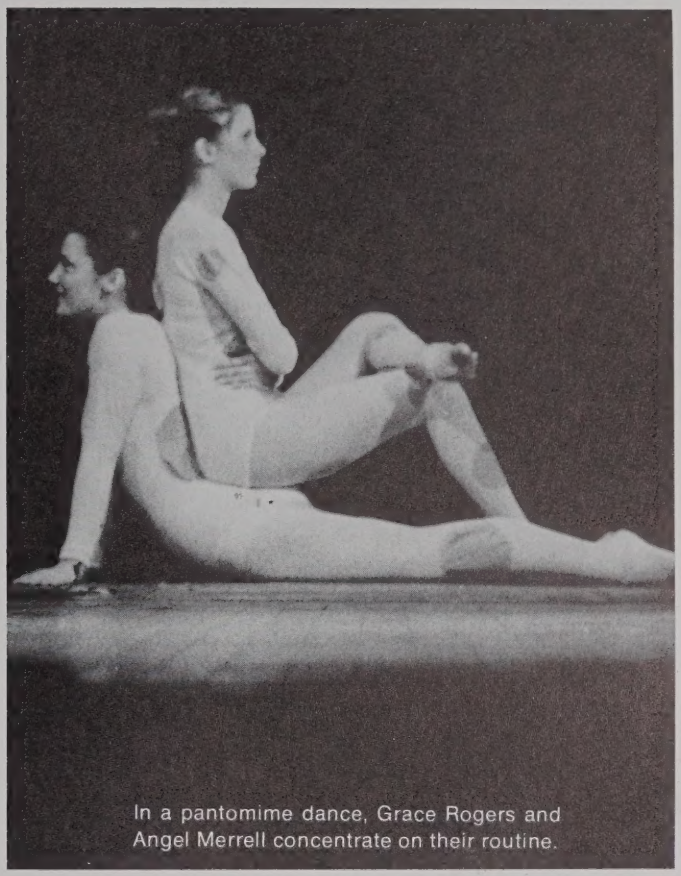
During International Week in March, the French joined forces with Latin, Spanish, and German students. The week was climaxed when these students served a dinner of the international cuisine to customers at the Second Annual International Night.

The club also took an active part in their community. Members prepared fruit baskets for the patients of Camelot Nursing Home and sang Christmas carols while delivering the baskets.

FRONT ROW: Linda Love, Lisa Curtis, Sumawa Jones, Meg Barton, Kathy Nabers, Andre Le Blanc. SECOND ROW: Karen Sullivan, Lisa Grubbs, Carolyn Cripps, Susan Harris, Shelly DeMarco, Robin Cooper. THIRD ROW: Reggy Hollinger, Lori Blanchard, Suzanne Truckner, Jill Ferrell, Shelly Wallace, Katie Whelahan, Sue Edwards, Karen Beane, Roberta Roehren, Valerie Bonnemaison, Donna Perand, D.D. Parker, Betsy Beasley, Mrs. Cruser. BACK ROW: Brian Swieringe, Nancy Borchers, Eden Alt, Jeff James, Ellyn Friedsome, Marine Bonnemaison, Mark Rutter, Bill Walker, Wanda Tarkenton, Irene Meert.

Fancy Footwork

During Christmas Omnibus, Sumayya Jones, Diane Jakubec, and Kathy Nabers reveal their modern dance technique.



In a pantomime dance, Grace Rogers and Angel Merrell concentrate on their routine.

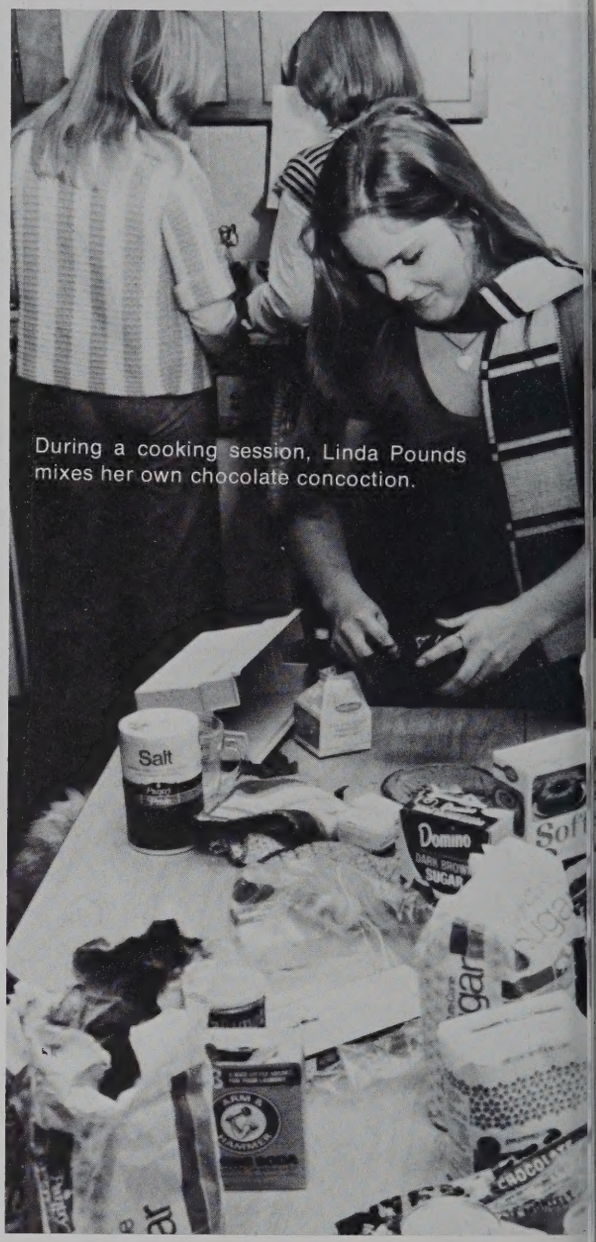
FRONT ROW: Diane Jakubec, Grace Rodgers. SECOND ROW: Nancy Borchers, Angel Merrell, Roxy Rossman, Sumayya Jones. BACK ROW: Kathy Nabers, Lisa Curtis.

In the fall of 1977, the Frank W. Cox Dance Company was originated as the only organization of its kind in Tidewater.

The company began rehearsals and workouts in September with their goal being a Christmas production during Omnibus. The workouts were based on modern dance techniques, a cross between ballet, jazz, and character dancing. The choreography was a joint effort between the company and its director, Miss Merrell. Their final production was a concert containing a jazz, modern, comedy, and a pantomime dance. The reception by the student body made the hard work of the previous months all worthwhile.

Bakers and Business-Bodies

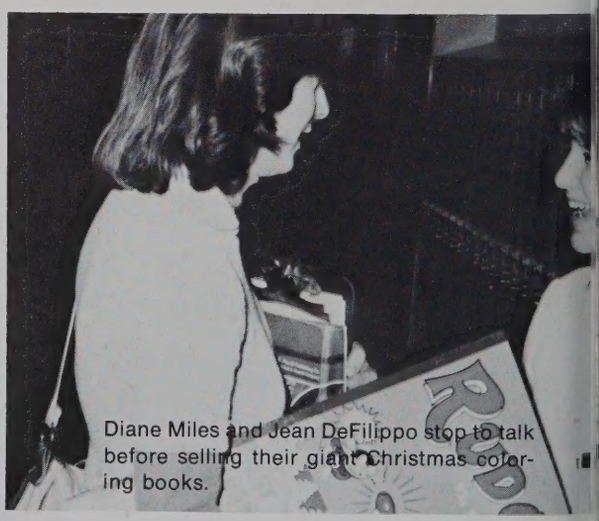
FRONT ROW: Irene Arrington, Diane Chatham, Linda Pounds, Julie Chesney, Sarah Fordham, Celina Marshall, Eva [illegible], Cindy DeGroot, Sandy Chatham. SECOND ROW: [illegible] Williams, Becky Nichols, Cindy Phelps, Angela Brown, Cindy Griffin, Lindley Calkins, Laura Thumpston, Cathy Webster, Renee Howard. THIRD ROW: Lori Seacrist, Susan Homnet, Brenda Morris, Charlotte Thumpston, Cindy Oaks, Ginny Kundrat. BACK ROW: Jean DeFilippo, Diane Miles, Cathy Olivey, Suzanne Wood, Ellyn Friedsam, Diane Martens, Donna Boychuck, Jenni Hasselbacker.



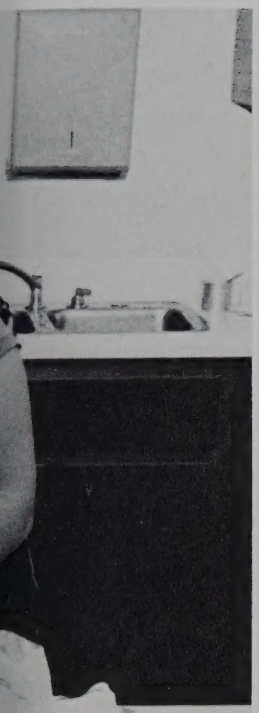
During a cooking session, Linda Pounds mixes her own chocolate concoction.

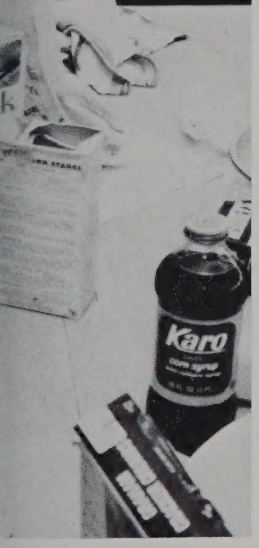
As part of their grade, Cindy Griffin and Eva Coleman show their skills in the culinary arts.

Made up of students enrolled in the Home Economics classes, the Future Homemakers of America completed a busy and successful year. The club's purpose was to help each person develop as an individual and family member. Monthly guest speakers, collecting money for the March of Dimes, and a coloring book sale at Christmas were just a few of the activities that kept FHA members busy throughout the year.



Diane Miles and Jean DeFilippo stop to talk before selling their giant Christmas coloring books.





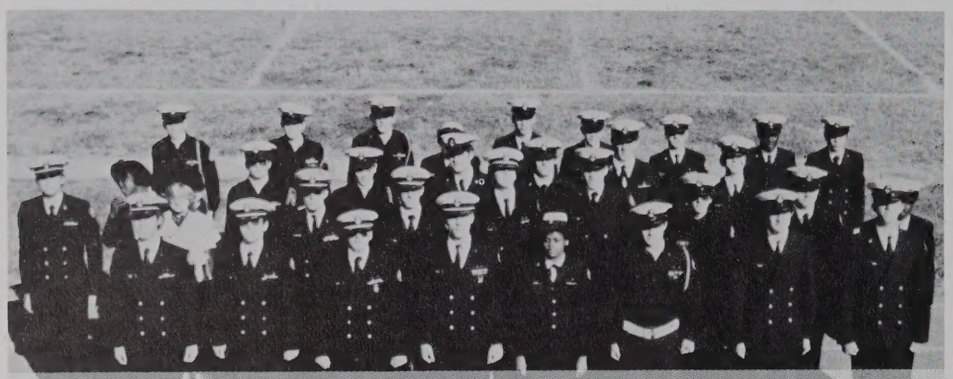
FRONT ROW: Mrs. Brown, Mrs. Moncol, Carol Lemon, Eva Coleman, Jill Taylor. BACK ROW: Michelle Ermen, Linda Varle[illegible], Gail Castleman, Nanc[illegible]erry, Sue Fenn.

In typing class, Lois Stanley and other students practice for perfection.

Future Business Leaders of America is a national vocational education organization of which Cox High School is a member chapter. It is designed for all students in high school who are interested in business education careers. This organization has sought to develop vocational and career competencies and promote civic and personal responsibilities.

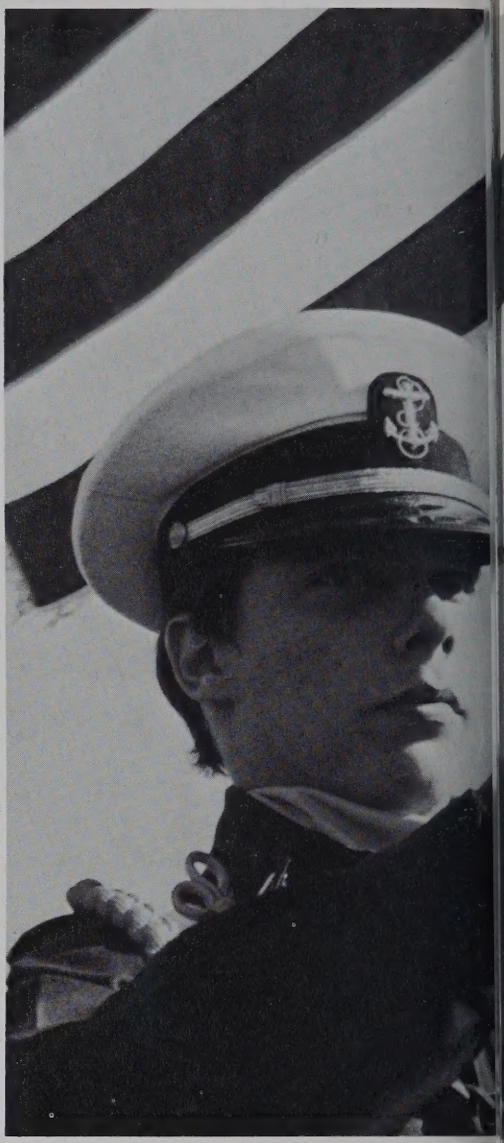
The Cox High School chapter participated in parliamentary law workshops, competitive events on local and regional levels, and visited local business colleges in order to increase the business knowledge and leadership skills of students. They sold candles to raise money, and as their service project, they participated in the March of Dimes Walk-a-Thon. The annual carnation sale for Valentine's Day helped to promote FBLA, and was one of the club's favorite projects. Vocational Education Week was observed with apples given to the teachers. Members also went to the FBLA State Convention in Richmond. The Christmas party and ice cream gorges were social rewards for jobs well done by some very potential future leaders.

Keeping in Step with the Times



FRONT ROW: Steve Banks, Fred Barr, Miles Mathis, Richard Hercha, Antionette Fleming, Ronnie Burton, Ron Pierson, Robert Packer. SECOND ROW: Bryan Piper, Laura Ochsenhirt, Tom Williams, Brian Garner, Rob Allmond, Charles Hand, Kevin Wescott, Ray Vinson, Jesse Williams. THIRD ROW: Larrie Ponton, Monty Mathis, Toby Kech, Kevin Humphreys, Eugene Franklin, Mark Woodhouse, Cliff Castleman. BACK ROW: Kevin Harell, Bill Jeffrey, Joseph Lemma, Princess Williams, Doug Morrison, Ray Dion, Chris Palumbo, George Ponton, Francis Barrett.

FRONT ROW: Monty Mathis, Bryan Piper, Steven Banks, Cliff Castleman. BACK ROW: Richard Hercha, Steve Goto, Carol Givler, Ann Moody, Miles Mathis, Bill Jeffrey, Steve Watson.



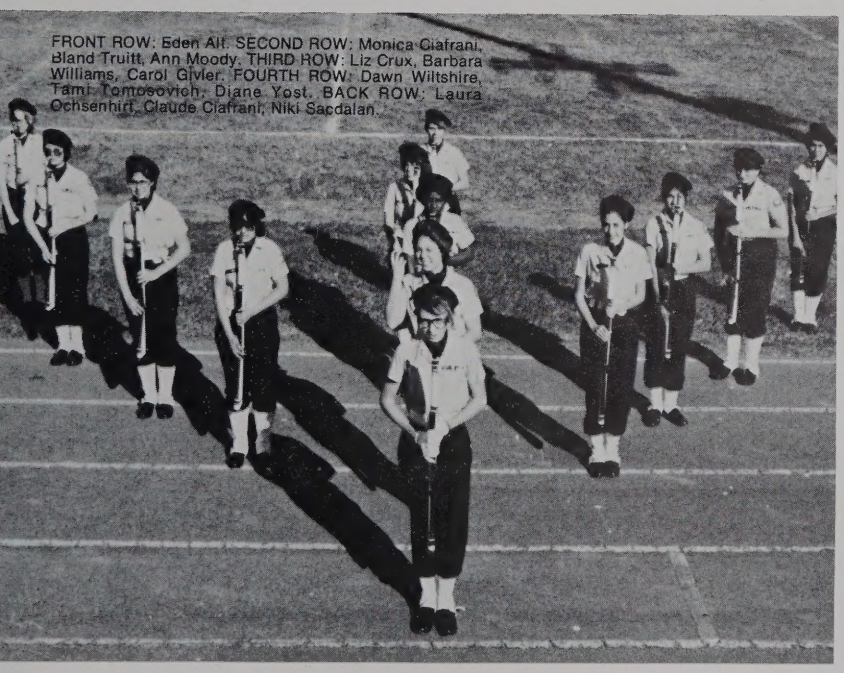
With better citizenship as its primary objective, the Naval Junior Reserve Officers' Training Corps maintained a program to teach basic military training, develop discipline, and build up the character of its young men and women.

Throughout the school year, the unit participated in many activities, including field trips and drill team competions.

BOYS' DRILL TEAM: FRONT ROW: Toby Keech, Joseph Lemma, Mike McGown, Monty Mathis, Dominic Albero, Ronnie Burton, Bill Jeffrey, Kevin Harrell, Ron Wilcox, Bill Briggs, Steve Goto. BACK ROW: James Campbell, Joe LeClear, Mike Nelson.

Color Guardsmen David Griffith, Ronnie Burton, and Bill Chapin stand at attention during drill practice.

STAFF: Matt Di Palms, Steve Watson, Mike McGown.



FRONT ROW: Eden Alt. SECOND ROW: Monica Ciafrani, Bland Truitt, Ann Moody. THIRD ROW: Liz Crux, Barbara Williams, Carol Givler. FOURTH ROW: Dawn Wiltshire, Tami Tomosovich, Diane Yost. BACK ROW: Laura Ochsenhirt, Claude Ciafrani, Niki Sacdalan.

GIRLS' COLOR GUARD: Janness Meccartea, Monica Cianfrani, Claude Cianfrani, Diane Yost, Carol Givler.

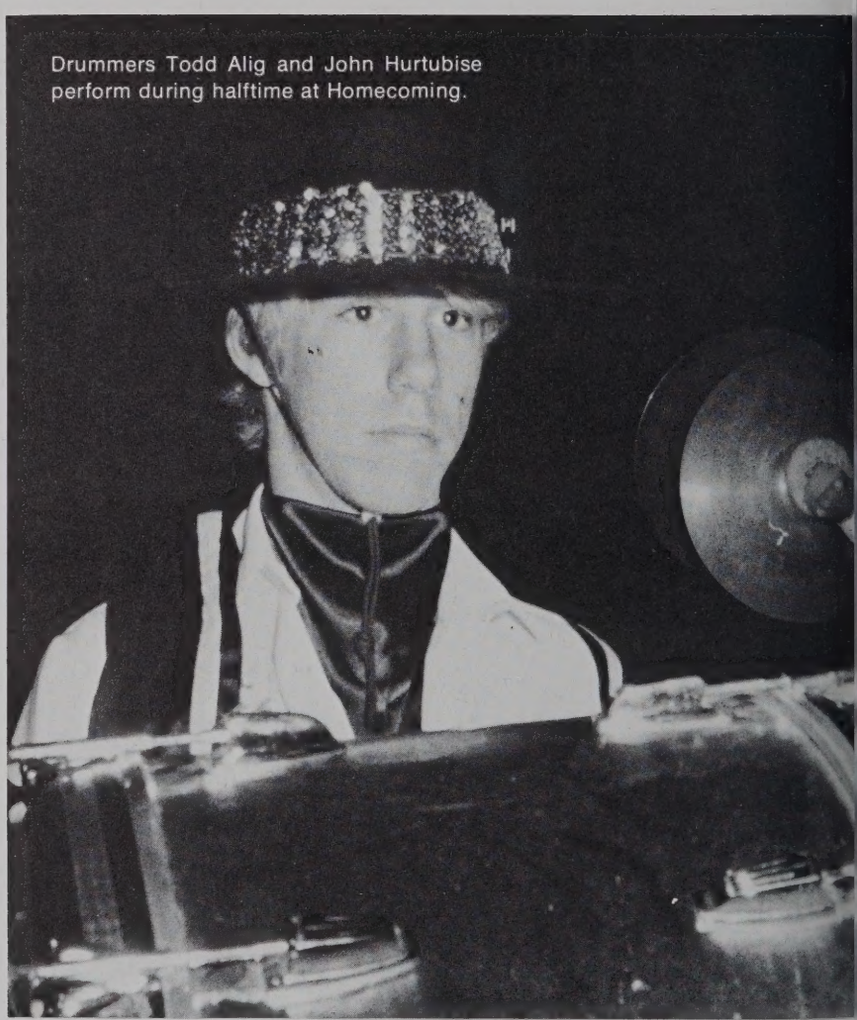
Strike Up the Band!

Dale Multer gives it all he's got during halftime.

FRONT ROW: David Vita, Beverly Middleton, Patricia Trumpower, Michelle Burchett, Todd Alig, Tony Brown, Alan Theim, Robert Hunter, Philip Multer, Marion Dize. SECOND ROW: Judy Johns, Jill Turner, Cheryl Beazley, Gail Robinson, Robin Cooper, Debbie Ruth, Anne Britton, Sharon Rockwell. THIRD ROW: Scott Griffith, Mark Hudson, Mike King, Charles Cohen, Brian Garner, Robert Byrd. FOURTH ROW: Robert Carr, Walter Theisen, Robert Parker, Brian Swiererga, Jon Greenberg, Scott Meyer. FIFTH ROW: Bill Leach, Matt Wilbur, Jimmy Powell, Edward Stanton, Tony York, Dove Heidlebaugh. SIXTH ROW: Ann Hoff, Caroline Patrulis, Pam Thomas, Vickie Jenkins, Becky Brenton, Nancy Schriner, Karen Hurst. BACK ROW: Dale Multer.

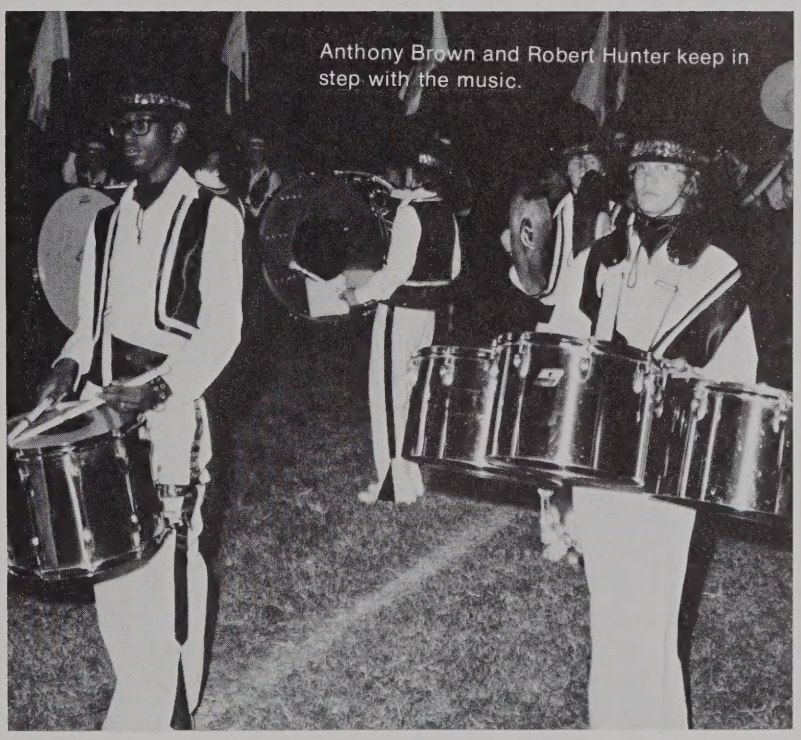
As always, the Troopers, consisting of the hornline, drumline, and color guard, proved to be a competitive marching unit. They traveled to East Carolina University for band competition in November, and then to Winchester in the spring. The Troopers also hosted the Virginia Beach Music Festival at Cox.

The band, under the direction of Mr. Joseph Hodges, and with the assistance of color guard director Mr. Gary Hudson, proved to be a viable part of the school.



Drummers Todd Alig and John Hurtubise perform during halftime at Homecoming.

Concentrating, James Hunter plays his solo piece with accuracy.



Anthony Brown and Robert Hunter keep in step with the music.

The Sound of Music

FRONT ROW: Debbie Ruth, Robin Cooper, Gail Robinson, Sharon Rockwell, Anne Britton. SECOND ROW: Bill Leach, Tony York, Mark Hudson, Charles Gohorn, Scott Griffith, Brian Garner, Robert Byrd, Marion Dize, Judy Johns, Jill Turner, Cheryl Beazley. THIRD ROW: Scott Meyer, Walter Theisen, Robert Carr, Brian Swierenga, David Tucker, Jon Greenberg, Dale Multer, Alan Theim, Dave Heidlebaugh. BACK ROW: Robert Hunter, Tony Brown, John Hurtubise, Todd Alig, Philip Multer, David Vita.

As a whole, the Cox Symphonic Band proved that it is quality, not quantity that counts on the stage. The band performed at Christmas as well as in a concert competition in the fall. Individual members of the Symphonic Band competed in Regional competition and three members went on to State Band tryouts in the spring. Later in the year, everyone had an opportunity for solo and Ensemble competition.

Practicing her scales before class is Melissa Principe.

GIRLS' CHORUS: FRONT ROW: Bonnie Belile, Juanita Cobb, Becky Nichols, Linda Pounds, Cathy Johnson. SECOND ROW: Princess Williams, Julia Ankeny, Antoinette Fleming, Caretha Sanders, Diane Miles. BACK ROW: Debbie Wall, Teresa Moore, Raleen Cribbis, Kim Hollingsworth, Cheina Marshall.

Cox's choral department completed a busy and successful singing year. Under the direction of Mr. William Boyll, the Madrigals, Girls' Chorus, and Concert Choir participated in numerous musical activities. They performed at PTA meetings, for the Regional King's Daughters, the Methodist Women, Cape Henry Collegiate School, and for the Kiwanis Club. During Christmas Omnibus, members of the choral department displayed the Christmas spirit through the use of their voices and sang in the Spring Concert later in the year.

CONCERT CHOIR: FRONT ROW: Princess Williams, Linda Andrews, Angie Woods, Marilyn Vogan, Connie Hicks, Daphne Adams, Katie Whelahan, Linda Roberts, Rachel Soles. SECOND ROW: Bernadette Tatem, Leslie Easton, Lisa Curtis, Nehi Bobal, John Harvey, Beth Harvey, Phyllis Friello, Lori Jordan. THIRD ROW: Debbie Crawford, Michelle Burchett, Teresa Harris, Clint Damuth, Jon Huddleston, Mellisa Principe, Yvette Jarashow, Margaret Thompson, Melanie Johnson. BACK ROW: Robin McClain, Kathy Batenhorst, John McGrath, Kevin Humphreys, Amy Walsh, Nancy Thierry, Denise Davis, Jeannette Rork.

MADRIGALS: FRONT ROW: Bonnie Belile, Margaret Thompson, Phyllis Friello, Diane Miles. SECOND ROW: Teresa Moore, John Bardon, Kathy Batenhorst, Clint Damuth. BACK ROW: Nehi Bobal, John McGrath, Kevin Humphreys.

Distributing Words and Wealth

FRONT ROW: Mr. White, Judy Robey, Bodee Maxwell, Shannon McCormick, Doreen Mooney, Kim Holleman, Mark Linaugh, Mr. Leagan. BACK ROW: Susan Martens, Andy Moore, Laura Mooney, Shelly Wallace, Lisa Zanetti, Brian Thorstad.

This year's Debate Team was greatly expanded over last year's team, and also participated in many more tournaments. The marked interest shown by Sophomores and Juniors was an improvement which pleased veteran debaters and coaches alike.

A member of the Tidewater Debate League for the first time, the team competed on an average of once a month against schools from Virginia Beach, Chesapeake, Portsmouth, and Norfolk. Tournaments usually required the sacrifice of an entire Saturday, but when the result was a trophy, the late nights, long hours at the library, and the hard work paid off.

The district competition and original tournaments were both held in March, and state competition was held in April at the University of Virginia. All in all, the team had a very rewarding year.

DECA OFFICERS: FRONT ROW: Cindy Turcotte, Mary Anne Sturtridge, Vicky Ashton, Ginny Jones. BACK ROW: Cleave Marthinson, Mr. Skliris, Mr. Jenkins.

FRONT ROW: Nick Massie, Mitzi Evans, Gary Wilburn, Julie Bishop, Bev Brooks, Debbie Crawford, Lita Lopez. SECOND ROW: Ed Schenck, Paula Cook, Debbie Smith, Brenda Liller, Dixie McCann, John Rowe, Wendy Newton, Missy Bone. THIRD ROW: Fred Potter, Pete Desynocks, Mark McDaniels, Randy Carrop, Wes Smith, Bill Games. BACK ROW: Jim Booth, Chuck Webber, Cleave McKensie, Bob Miner, Baron Miller, Gene Wheeler, Frank Chirico.

Keeping up with the many scheduled activities required enthusiastic and dedicated members, and the Cox DECA Club never failed to find them to support every task undertaken.

One aspect of Distributive Education which readily distinguished DECA from other organizations was its ability to provide students with business knowledge and job skills, an area often overlooked in formal education. This aspect of DECA was appreciated by local businessmen, as evidenced by the willingness to employ DECA's "future businessmen."

FRONT ROW: Terry Knight, Debbie Robertson, Beverly Sutton, Judy Lancaster, Lisa Hudgins, Wendy Mimna, Brenda Briggs. SECOND ROW: Dana Driscoll, Mary Anne Sturtridge, Valerie Long, Edie Daily, Amy Brown, Ruth Schuman, Connie Hicks, Cindy Phelps, Sandy Dickens, Susan Miner, Tammy Nock, Sharon Weller, David Redburn. THIRD ROW: Steve Davis, Kelly McCall, Stan Cook, Tom Gillgren, Tanya Thrash, Mike Ellett, Jerry Bishop, Fred Mathews, Terrie Carrall, Harry Cromwell, Ryland Barnes, Chris Dahlgren. BACK ROW: Steve Humphreys, Evelyn Hill, Faye Hill, Pat Zimmerly, Henrico Sciller, Leslie Lagrotta, Chuck Willman, Dianne Martens, Roy Ingle, Victor Trumpower, Jay Bryant.

FRONT ROW: Renee Howard, Patti Tucker, Sharon Hutcherson, Cindy Brooks, Kim Dugger, Vicky Ashton, Kathy Chebetar. SECOND ROW: Cindy Turcotte, Dana Bell, Susie Neilsen, Susan Ryder, Coleen Bryan, Beth Feran, Karen Lucka, Julie Walker, Cindy Houston, Janie Bateman, Judy Bounds, Melissa Gay, Terri Fink, Cathy Walker, Kelly Tamburino, Barbara Wilcox. BACK ROW: Tracey Ashmore, Virginia Jones, Susan Godfrey, Elizabeth Deckert, Tish Wasteneys, Donna McNelly, Cammi Green, Cheryl Piche, Sue Malone, Debbie Patterson, Lenore Romaine, Susan Simonelli, Cathy Dobbins.

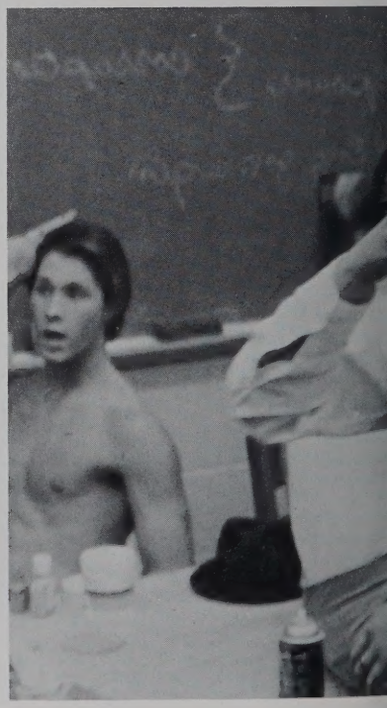
At the Top

Due to the fine qualities of its members, acceptance into the National Honor Society has come to represent intelligence and strength of character. Not a service organization or social club, the Society's sole purpose was to honor those students with the qualities of character, scholarship, leadership, and service. These attributes were prerequisites for membership into the group.

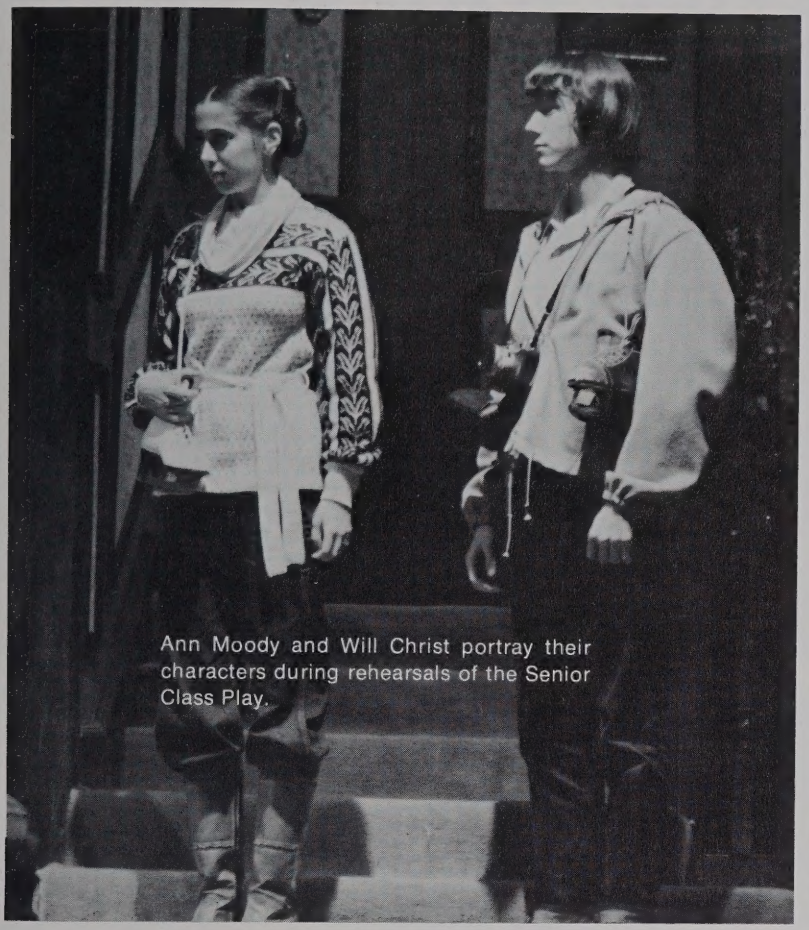
Members performed in a skit at Orientation, sold mums at Homecoming, and conducted tappings for Seniors in December. Poinsettias were sold at Christmas and a second tapping was held in the spring for Juniors. The major project of the NHS was the Student of the Month, which honored students who showed excellence during particular months.

National Honor Society President, Jon Huddleston, congratulates November Student of the Month, Mike Russell.

FRONT ROW: Laura Mooney, Jan Howarth, Mary Hardcastle, Kris Kersenbrock, Grace Rodgers, Jon Huddleston, Lisa Zanetti, Diana Wilson, Lisa Drude, Sharon Williams. BACK ROW: Lyn Geisler, Pat Lynch, Audrey Beyrouty, Charlotte Purkey, Kathie Rosenmierer, Lynn Walker, Betsy MacLean, Patsy Willis, Mark Watson, Tami Disher, Chris Lynch, Angie Nelson, David Waddell, Lori Jones, Joye Clarke, Barton Branscum.

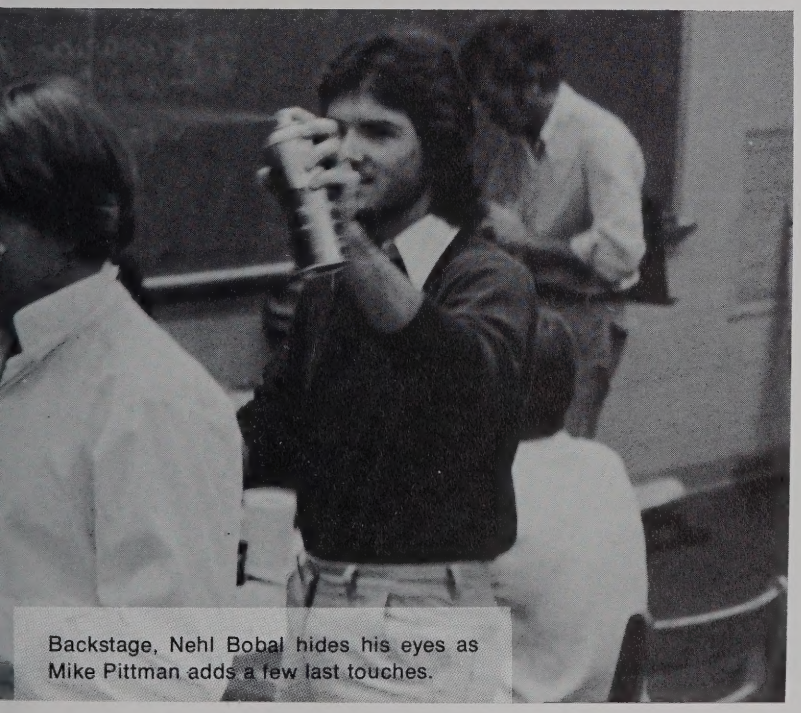


and Behind the Footlights



Ann Moody and Will Christ portray their characters during rehearsals of the Senior Class Play.

FRONT ROW: Brenda Morris, Bess Hodges, Lisa Carbone. SECOND ROW: Yvette Jarashow, Melissa Principe, Mike Russell, Kathy Ritter. THIRD ROW: Jon Huddleston, Dana Dawson, Tom Redmond, Kevin Humphreys. BACK ROW: Kristin Strommen, Ann Moody.



Backstage, Nehl Bobal hides his eyes as Mike Pittman adds a few last touches.

Beckoned by footlights and grease paint, members of the National Thespians fulfulled their dreams of acting. The Thespians, a group of talented students devoted to excellence in theater arts, presented The Man Who Came To Dinner in conjunction with the Senior class. In May, the Thespians presented the spring musical, A Funny Thing Happened on the Way to the Forum.

Service with a Smile

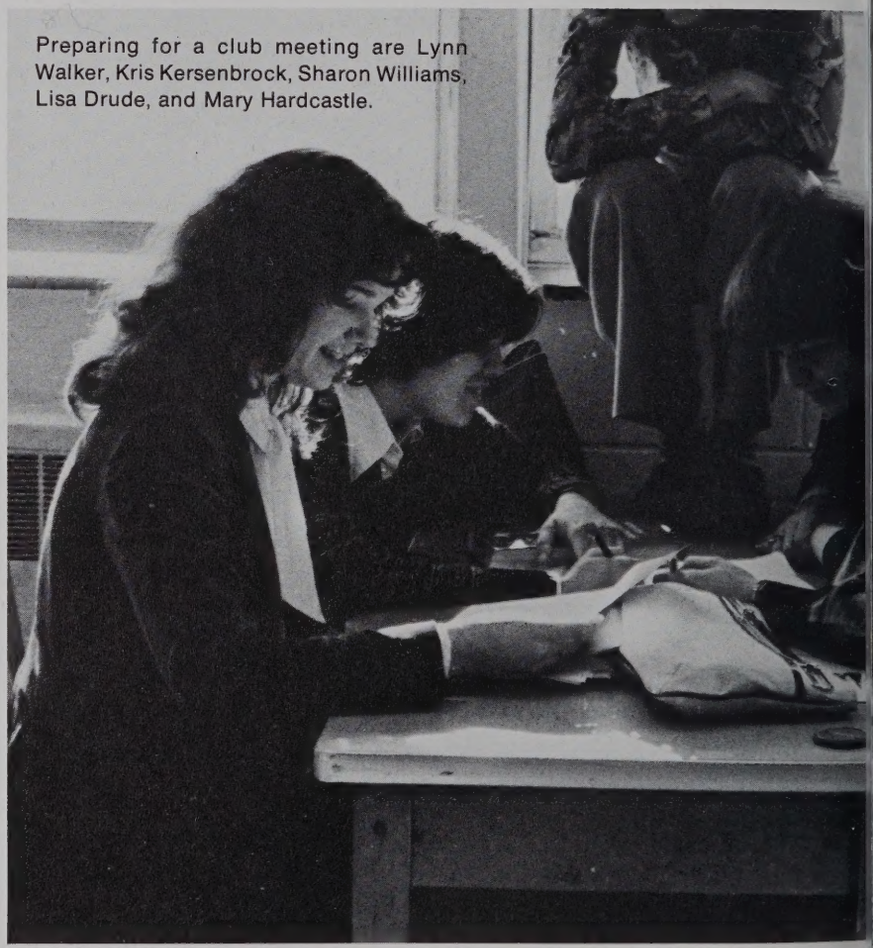
"What's a Keyette? Maybe it is a precision drill team or an organization for future locksmiths of America." Joking comments such as these were soon answered as the new Cox Keyettes Club rolled into action, exhibiting their services to the school and community.Choosing a sponsor was the first step towards forming the club. Miss Barbara Clark, a former Keyette, agreed to sponsor and assist the Keyettes in their endeavor to organize a successful year.

The girls' hard work and enthusiasm paved the way for the well-planned service and money-making projects. As a first community project, they visited young patients at Virginia Beach General Hospital. For Christmas, the club decorated the main office with snowflakes, ornaments, and a nativity scene. Other service projects carried out by the Keyettes included visiting the children at the King's Daughters Hospital in Norfolk, spending time with nursing home patients, and collecting money for the Lung Association.

The "Mr. Irresistible Contest", the guy's "Legs Contest", car washes, and the donut sale were a few of the fund-raising projects this year.

A picnic in June was a way to introduce new members and say farewell to graduating Keyettes. As members and non-members discovered, there is nothing mystic about Keyettes. It is an organization designed for active girls wishing to contribute time and effort towards helping others.

FRONT ROW: Beth Thomas, Diana Wilson, Mary Hardcastle, Lynn Walker, Kris Kersenbrock, Sharon Williams, Becky Carr. BACK ROW: Lisa Drude, Nancy Schriner, Laura Mooney, Beth Dietz, Nancy Thierry, Angie Nelson, Jan Howarth, Kathy Katzmann, Sally Kraine.

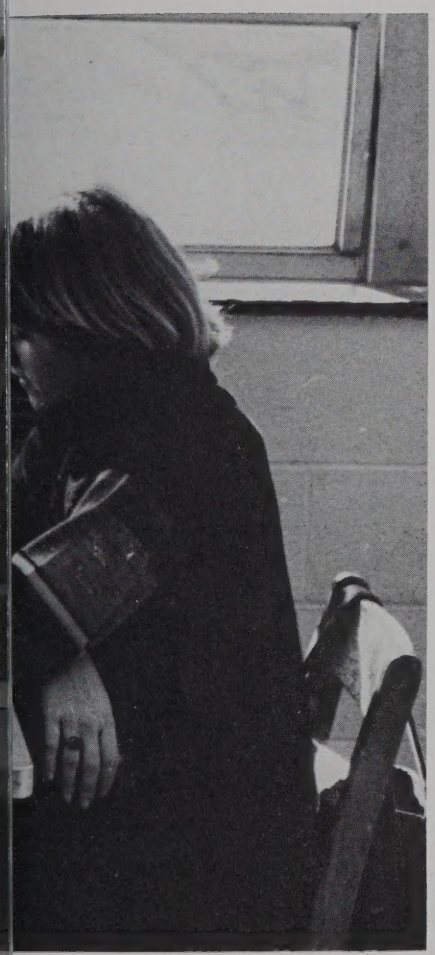


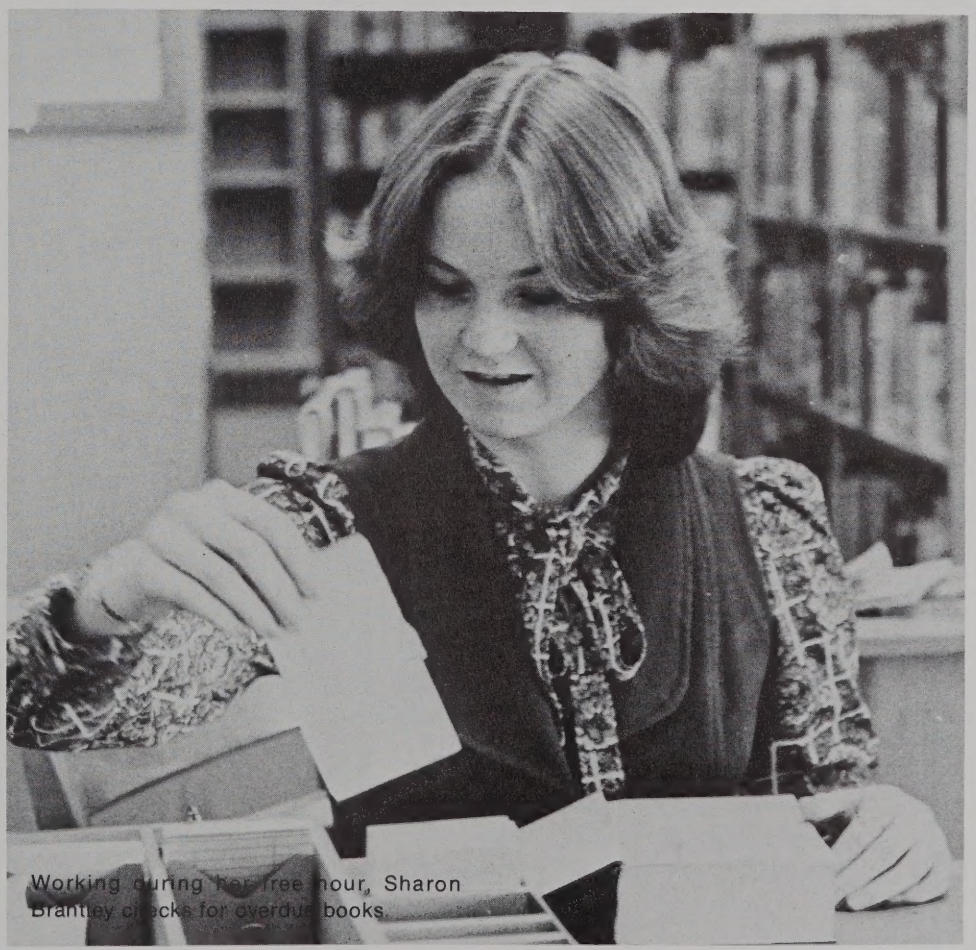
Preparing for a club meeting are Lynn Walker, Kris Kersenbrock, Sharon Williams, Lisa Drude, and Mary Hardcastle.

FRONT ROW: Glenda Kirkendoll, Brenda Briggs, Nadine Salopek, Gail Castleman, Stan Castleman. SECOND ROW: Suzanne Purcell, Laura Thumpston, Vickie Smith, Cindy Absalom, Debbi Locke, Charlotte Thumpston. BACK ROW: Cindy Oaks, Gail Robertson, Sharon Brantley, Rebecca Brenton, Diana Wilson, Paul Weaver.

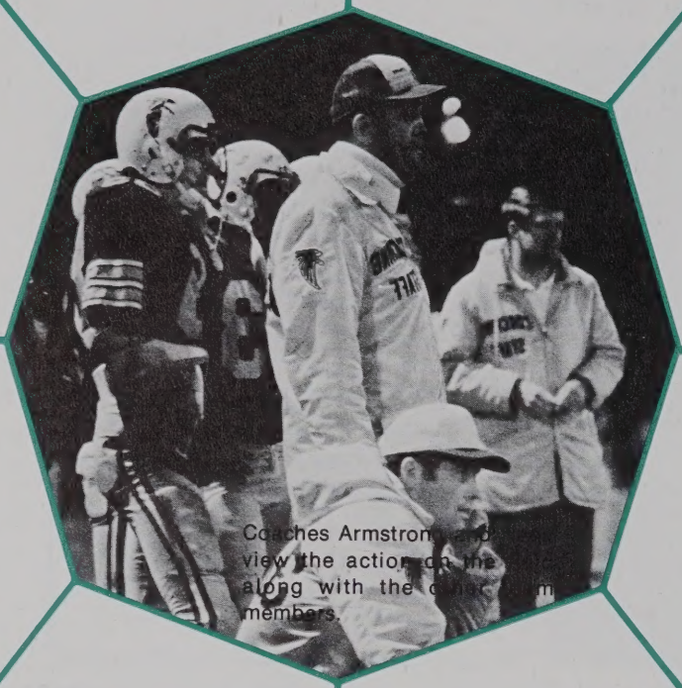
Neither rain, nor snow, nor obnoxious students stopped library assistants from their appointed duties. Stacking library books and magazines and distributing overdue notices were just a few of the jobs tackled by the library assistants.

Donating a free hour each day, club members aided librarians in the efficient maintainance of Cox's expanding library. Endless hours were spent behind the front desk, checking out books, and aiding students in locating needed resources.





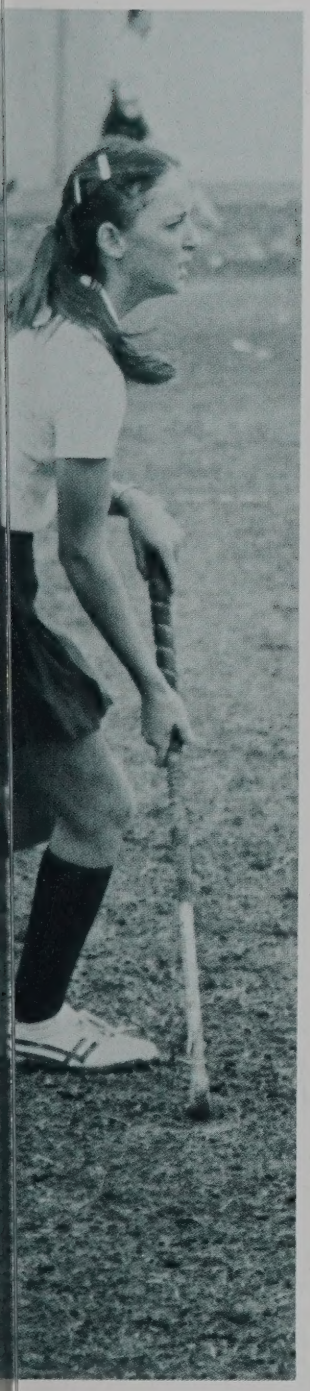
Working during her free hour, Sharon Brantley checks for overdue books.



Coaches Armstrong and
view the action on the
along with the
members.

Apprehensive of when the ball will come their way, Lorrie Garber and Candi Moon stand ready.

SPORTS



Kelly Brothers hurdles with accuracy during practice.

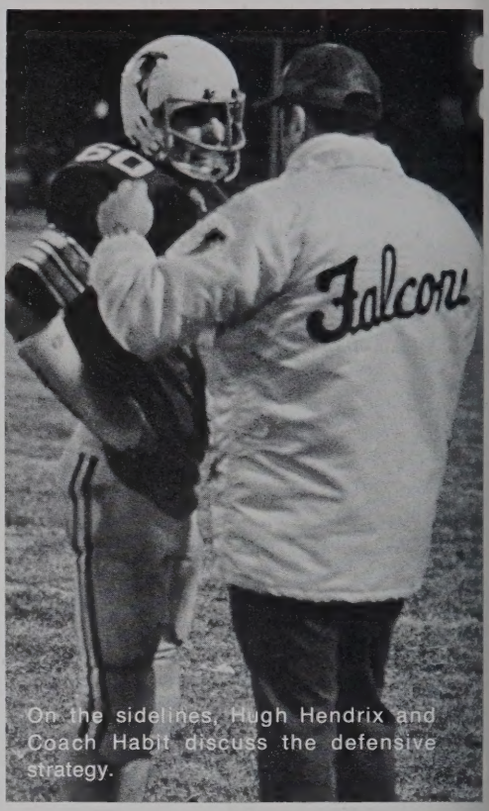
Shoulder to shoulder John Lipscomb and David Lyon battle it out on the soccer field.

Recovering the rebound Steve Gordon proves his ability against First Colonial.

What was a "jock?" they were not just tennis shoes and muscles! The Falcons projected an abundance of pride and spirit. Students followed them through victory and defeat, upholding the school name. Records were set and broken. Some teams dropped in standings and others excelled "to the max." These students were athletes — they were real Falcons.

Falcons Finish With

Trying to stop Kellam's David Bunn from getting away with an interception is Willie Sneed.



On the sidelines, Hugh Hendrix and Coach Habit discuss the defensive strategy.

Slow, small, and inexperienced were words used to describe the Falcons at the beginning of the season. Hugh Hendrix said he felt, "that everyone would work hard to have a good season, and that's exactly what we did."

The Falcons started their season August 10, and soon afterwards the team was chosen, and Hugh Hendrix and Todd Jones were chosen co-captains. Along with the many new players, two new coaches joined the team, Coaches Don Mollenhauer and Jeff Steckroth.

Even though they lost to Princess Anne, the Falcons didn't quit. "Discouraged" was the word Todd Jones used after the loss, and Coach Mollenhauer called the game "the pits."

After the big loss to Princess Anne came another loss, to Bayside. Next, Cox met Maury, a team never before beaten by the Falcons. The success at Maury was inspiring, and the Falcons continued the season.After the Maury contest, Bayside announced an inelligible player and forfeited their first three games. The forfeit turned the Falcon record around. From Maury to First Colonial, the Falcons went unbeaten, and flew through the rest of the season, losing again only to Kellam by one point.

Finally Cox met Western Branch, a yet unbeaten team. The Falcons breezed over Western Branch to end their season with a 7-3 record, the best record in Cox history.

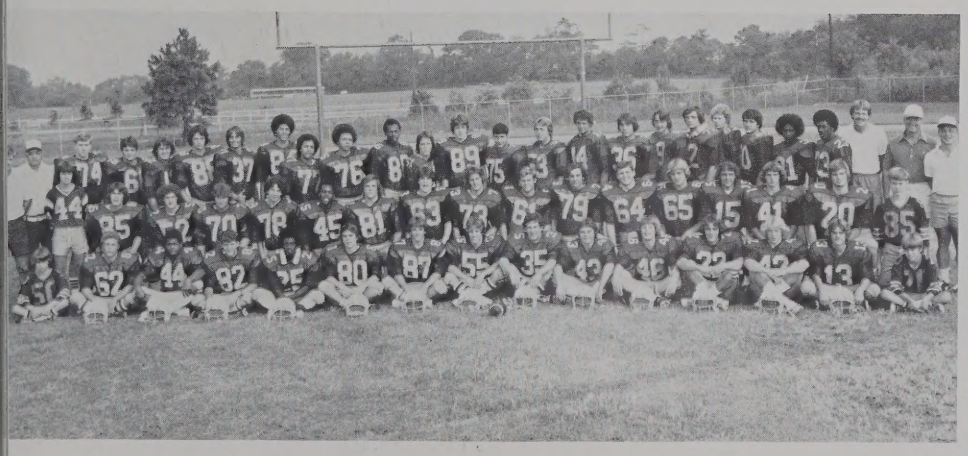
Cox coaches deserved congratulations and thanks. "If I go away to college and play football, I hope I get coaches as good as Mr. Armstrong, Mr. Habit; and Mr. Mollenhauer," said Rick Brown.

Coach Mollenhauer said he was "looking forward to a strong season next year," and Coach Holland, too, expected much from next year's team, and only wondered what Willie Sneed will do for an encore to his 1000 yards rushing season.

Receiving play instructions from Coach Habit is Quaterback Jim Hayden.

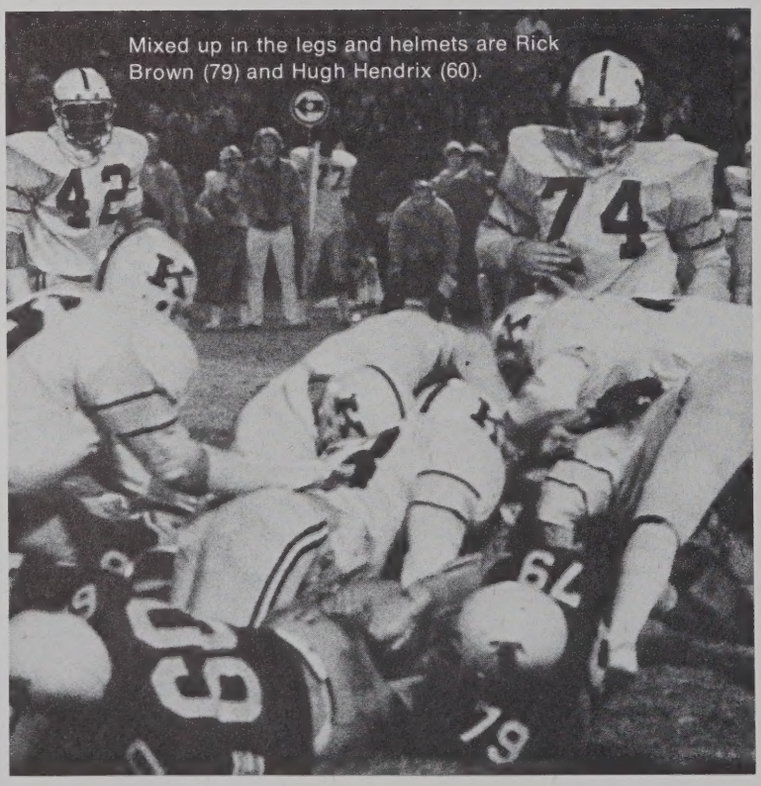
Best Season Ever

One of the many injured Falcons was Jim Forster who broke his leg in a pre-season game.



FRONT to BACK: Andrew Rodgers, Walter Goffigan, Robert Haislip, Stan Dailey, John Feran, Robert Harrell, Billy Baxter, Jim Rammell, Brian Dewan, Jim Wootton, Al Habit, Kenny Reed, Jim Whitfield, David Holland (manager), Coach Holland, Joey Habit (manager), Tim Rosenmeier, Dale Browder, Bobby Scott, George Kelly, Willie Sneed, Bob Christian, Drian Brunick, John Murphy, Eugene Franklin, Rick Brown, Greg Shafer, Nick Boothe, Ricky Smith, Brett Lyons, Todd Jones, Steve Woodhouse (manager), Coach Habit, Mark Woodhouse, Scott Brown, Jim Hayden, Ray McCoy, Mike White, Reggie Garrett, Previn Garrett, Tony Dudley, Robert Hill, Mike Harris, Jeff Saunders, Todd Virgili, Mike Anderson, Skip Wescott, Marty Carlson, Jeff Snyder, Paul Gaudreau, Steven Griffin, Hugh Hendrix, Andre Davis, Karl Dailey, Coach Mollenhauer, Coach Armstrong, Coach Steckroth, and not pictured Jim Forster.

Waiting for the ball from Jeff Snyder, Jim Hayden glances up at the Kellam defense.



Mixed up in the legs and helmets are Rick Brown (79) and Hugh Hendrix (60).

Skip Wescott boots the ball.

Fall Sports Seesaw

Yelling for her team is Goalie Lorrie Garber.

In blocking an opponent's shot, Candi Moon displays her skill.

FRONT to BACK: Nadine Salopek, Jaudon Conkwright, Martha Raymond, Lorrie Garber, Cindy Perry, Jane Gibson, Pooh Bailey, Donna Padgett, Candy Moon, Denise Swoope, Patricia Swanson, Betsy Beasley, Delceno Miles, Missy Bone, Sheila Langan, Carol Belcher, Laura Morris, Tina Virgili, Tami Disher.

Preparing to win are the Lady Falcons before a game.

Field Hockey

Patchwork Team Becomes

Getting a lecture, the Lady Falcons listen with concern.

Ready to dribble past an opposing Knight is Ti[illegible] Virgili.

Caught up under everyone's feet a[illegible] sticks, the ball seems to be hiding.

Close And Unified

Getting the ball past the Knights is a feat for Candy Moon as Lorrie Garber and Laura Morris prepare to assist.

Hard work, long practices, and many sacrifices made this year's hockey team what it was. The Lady Falcons started practice on August 25 alongside the football players. Cuts were made before the first week of school, and Carol Belcher was selected captain.

"We were a really inexperienced team," said Tami Disher. There were six returners to the Falcon team.

Through "grueling practices early in the mornings, after school, and at six-thirty and seven on Saturdays, Coach Nancy Fowlkes made something out of her patchwork team.

"She pushes you hard at practices, but it's good for you," said Lorrie Garber. Miss Fowlkes encouraged the team to reach perfection and to become a close and unique group.

Finally the team acquired its skills, but couldn't get them together to play as a team. When the girls played their last game, they felt that they had accomplished much during the season, but that "the last game just didn't play like a last game," said Lorrie Garber. They felt as though they, as Tami Disher stated, "got it all together for the second half of the season."

This year's field hockey team was a really "close team." Even when the Falcons were low on points, close friendships held the team together.

Bad weather was responsible for the postponement of many of the matches this year, but the team "stuck it out." Even though they had a record of only two wins and three losses, and five ties, the Falcons felt that they had a winning season. Lorrie Garber said, "It was a fun year, and we are waiting for next year's season to do better."

Rode's Runners

Before a meet, Tom Spartz and Josh Rode talk strategy.

Jud Springer pulls away to the front.

With the others close behind, Tom Spartz fights for first.

FRONT to BACK: Phil Trayer, Jud Springer, Tom Spartz, Vincent Langan, Troy Reamy, Steve Lowe, Steve Bisese, Ron Williams, Nick Albero, Coach Rode, and not pictured, John Barden.

Cross Country

Top The Track!

Captain Tom Spartz — alone in front.

Racing down hill, Jud Springer "pours it on."

Coach Robert Rode called the Cross Country Team "the hardest working sports team in the school." The team members run seventy miles a week during the school year and 140 miles during the summer. The team was undefeated in its regular season, second in District, and Tom Spartz and Jud Springer, the only Cox runners to go to State, placed in the top ten. One of the reasons for the team's success was rigorous training. Jud Springer said, "Coach Rode put me through the hardest training I'd ever had in my life."

"All For Cox High

Front (Clockwise): Carol Belcher, Barbara Hoffman, Sherry Jones, Jaudon Conkwright, Kathy Proctor, Lisa Carleo, Marianne Scheurich, Terry Gardner, Melanie Moss, Grance Rodgers, Michelle Holland, Kathy Nabers, Donna Padgett, Lorrie Garber, Pooh Bailey, Amy Richards.

Cheers were led by co-captains Barbara Hoffman and Carol Belcher.

Falcon cheerleaders Grace Rodgers, Michelle Holland, and Carol Belcher display spirit at a cross country meet.

Cheerleaders

Falcon cheerleaders started out the sports year early in September with co-captains Barbara Hoffman and Carol Belcher. Six girls returned to the squad, along with ten rookie Falcons. The girls who coaxed the amazing Cox spirit from Falcon fans, were well-seasoned by Miss Nancy Fowlkes. The cheerleaders' true natures appeared when they smiled even when the Falcons were the underdogs. It was hard to do, but the girls always came through.

Many hours after school, at night, and during the week at sports events went into their smiles, but they were always there. What would pep rallies have been without the girls in green and yellow to inspire a winning desire in Falcon players? Though they usually went unpraised, the Falcon cheerleaders deserved it the most.

Enthusiastic Amy Richards hopes for a victory at Homecoming.

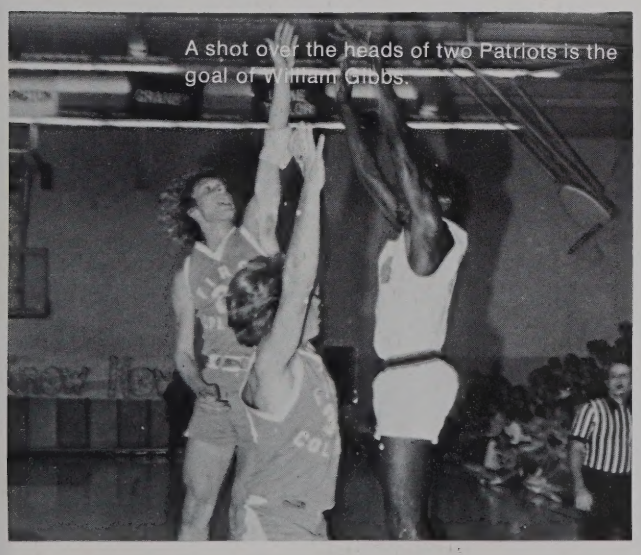
Stand Up And Holler"

Determination shows as Steve Gordon evades a Patriot's block.

It's an easy reach for Falcon Reggie Garrett.

Boys' basketball started out well this year, and the guys were in good spirits. Coach Ontko kept a close watch on practices because they tended to goof off. He said that they would have to have better practices, which was evident from the losing streak suffered by the team in midseason. They guys picked up their feet after that, and the season continued.

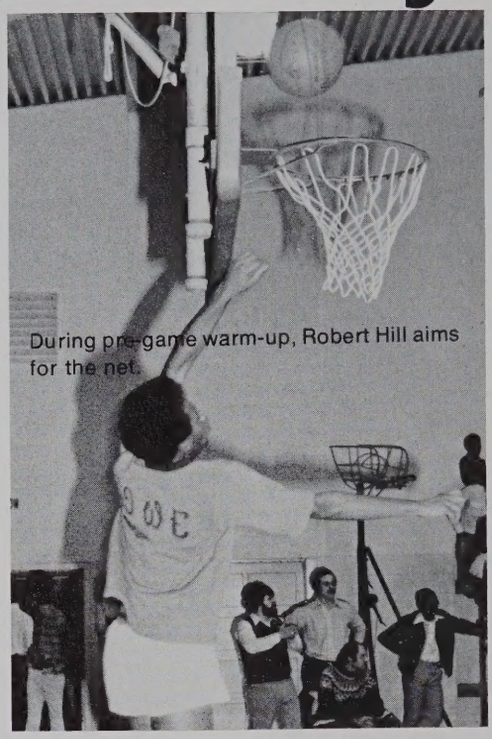
The team began its games with excellent players, Reggie Garrett, Steve Gordon, Myron "Duck" Goffigan, William Gibbs, and Rod Crawford. Gibbs and Gordon were also two of the team's leading scorers.


A shot over the heads of two Patriots is the goal of William Gibbs.

As for the team's experience, players consisted mainly of seniors and some juniors. The team stands to lose seven seniors, and the few juniors and sophomores left will have to work hard to make up for the loss.

Coach Ontko stated that the team had, "the best start they'd had in years. Steve Gordon is doing a really good job for us." He also stated that, "Myron Goffigan has probably improved more than anybody else since last year."

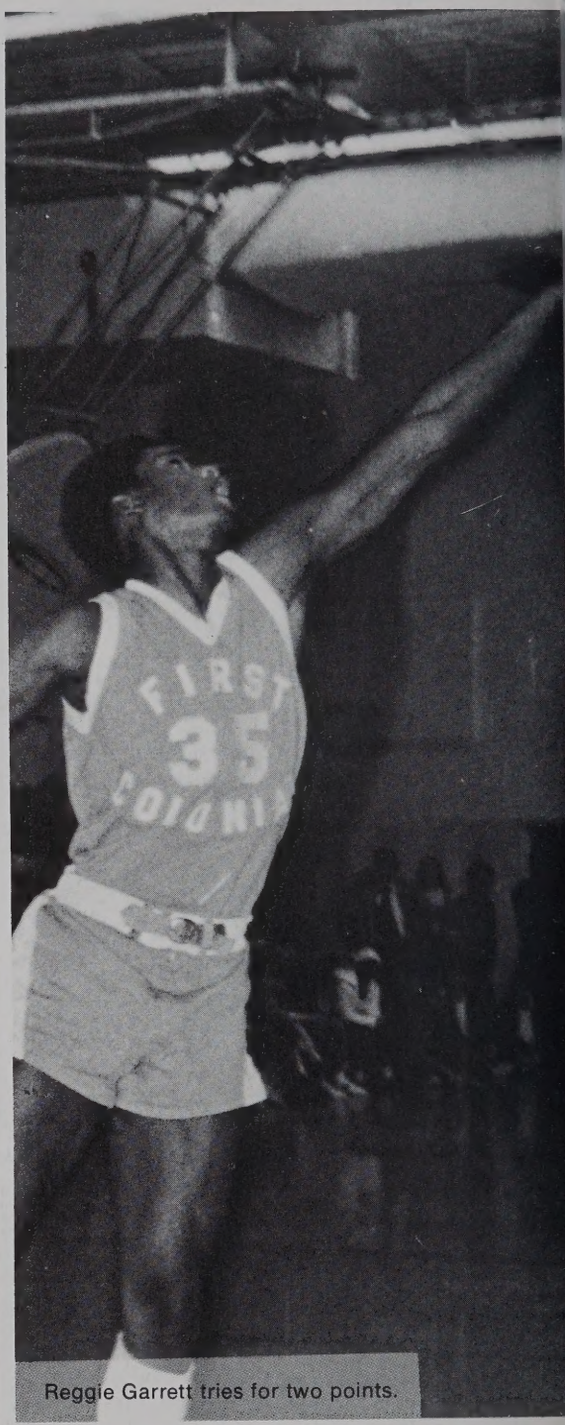
Boys' Team Has



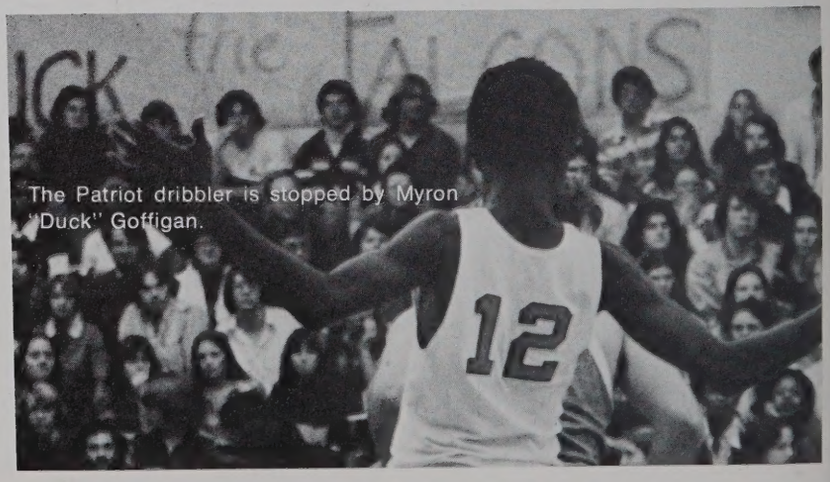
During pre-game warm-up, Robert Hill aims for the net.

When Coach Ontko spoke about preparing for a game he included "hustle." He said, "We need a lot of hustle out of everyone. We have to be mentally and physically ready for every ball game." He said he thought the guys were good about preparing themselves. "The guys worked hard and it showed. Most were ready before the season started," stated the Coach.

The Falcons played twenty games again this season and came out on top. Much of this was attributed to the coaching, the players, and the school support, which was "better than usual, as compared to the past," stated Coach Ontko. He said he felt this had much to do with the season's outcome.



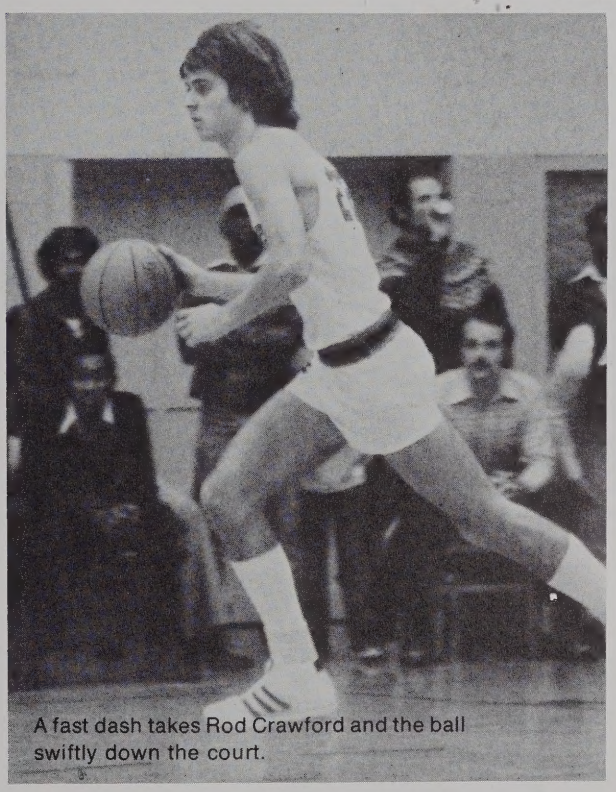
Reggie Garrett tries for two points.



The Patriot dribbler is stopped by Myron "Duck" Goffigan.

Basketball

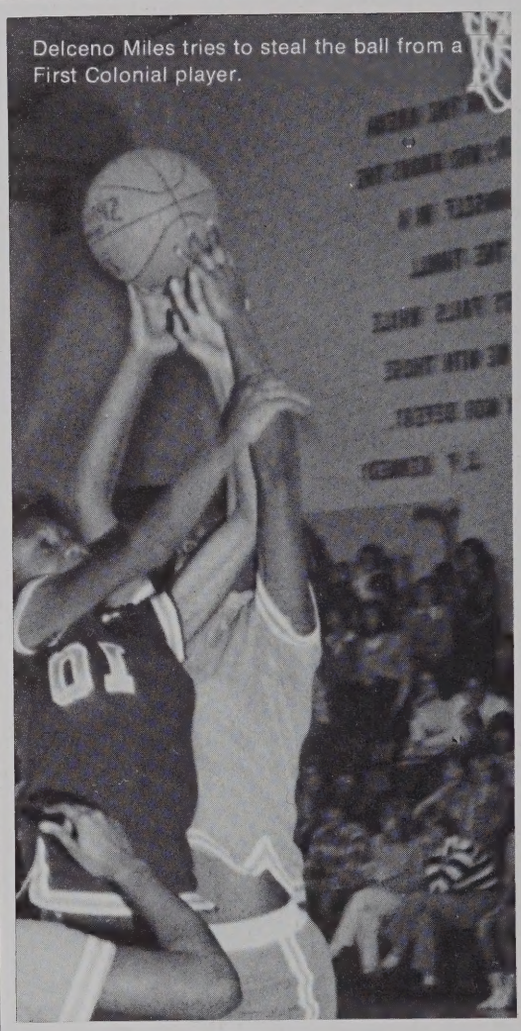
Highs And Lows



A fast dash takes Rod Crawford and the ball swiftly down the court.

FRONT ROW: Mac Cornick, Myron Goffigan, Bill Cave, Brian Garwood, Allen Jones, and Steve Saddler. BACK ROW: Steve Burgess, Robert Hill, Reggie Garrett, Steve Gordon, Eric Boone, Jon Steele, Jeff Saunders, and Rod Crawford, and Coach Ontko.

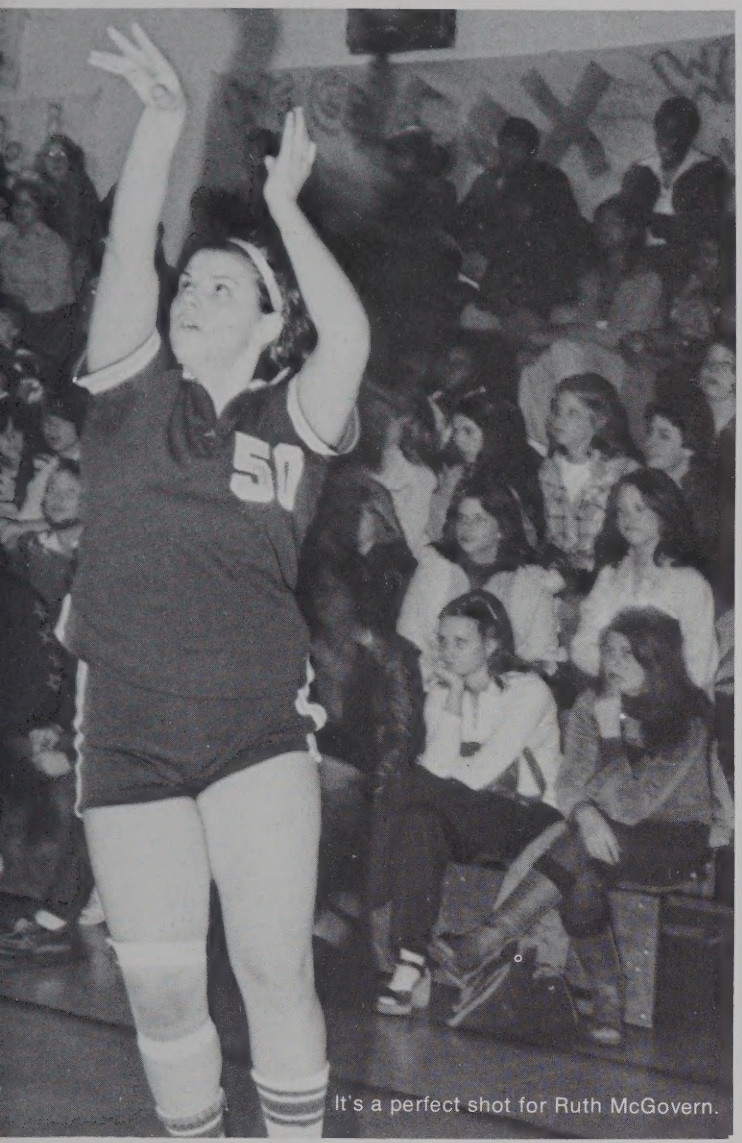
Lady Falcons



Delceno Miles tries to steal the ball from a First Colonial player.

The camera catches Delceno Miles after a shot and an unsuccessful Patriot block.

Dribble For Two



It's a perfect shot for Ruth McGovern.

"Jelling" was the word used over and over to describe the girls' basketball team. It seemed as though they already had.

The girls started the season with fourteen on the team, and Tina Virgili was chosen captain. Out of those fourteen, eight girls could start. Those eight were Laura Morris, Laurie Cuppett, Delceno Miles, Debby Bell, Denise Swoope, Tami Disher, Ruth McGovern, and Captain "T" Virgili. Even though over half the team could start, Coach Mary Jane Brewer felt that all the girls were "trying to make it work out there."

Coach Brewer worked with an assistant coach, Miss Cheryl Hendricks, for the season. Coach Hendricks felt that she was working with a "winning team." She said at first the girls were working individually, not as a unit. Both coaches felt that the team was "coming into its own," however, and were sure it would come out ahead.

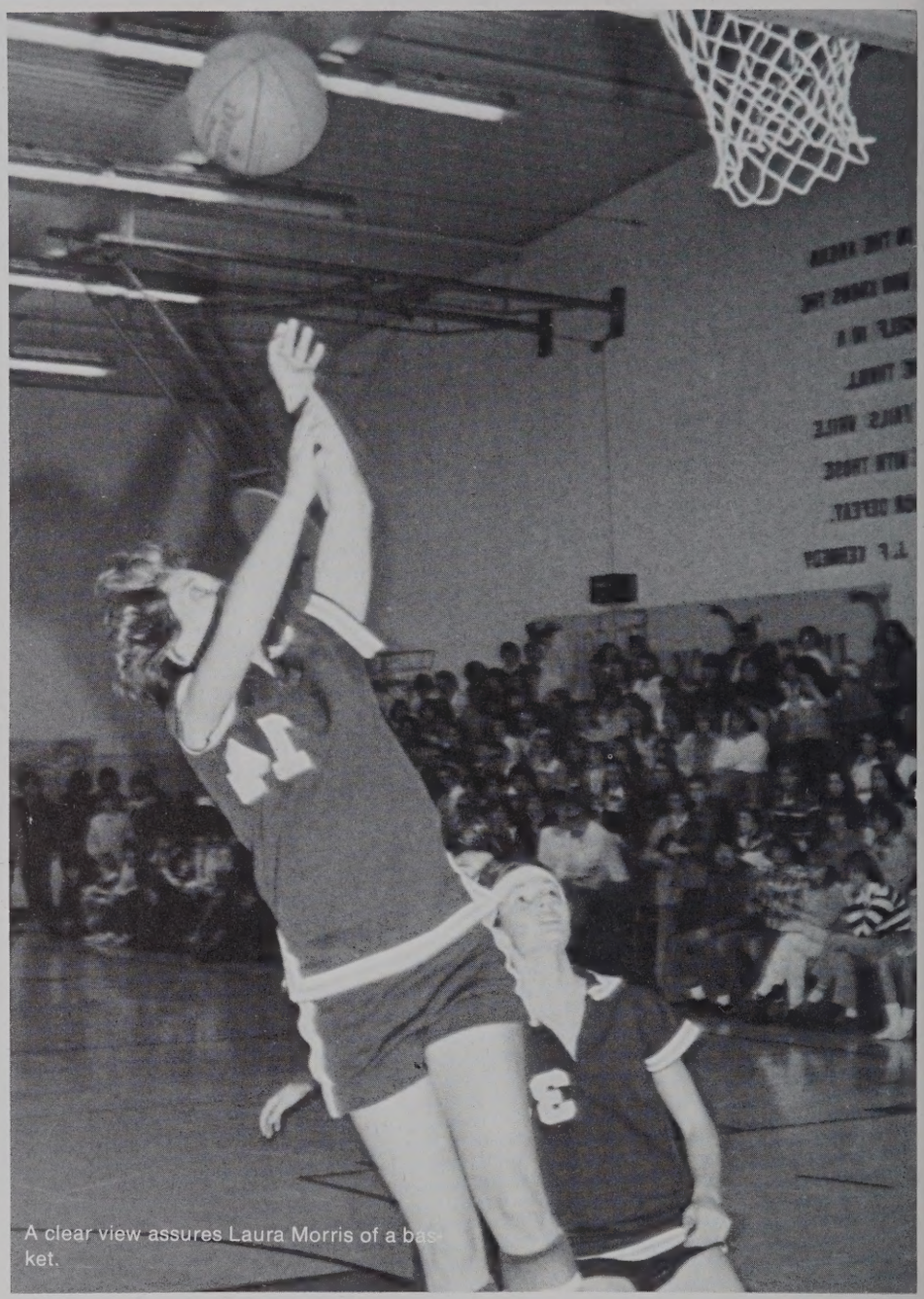
"Miss Hendricks was a great help to me on the bench," said Coach Brewer. She did "a good job and worked well with the girls." she said. Coach Hendricks said she had "a lot of fun doin' it, and I learned a lot, too."

On her way in for a shot at the basket is Tami Disher.

As for the school support for the girls' games, the coaches were disappointed at the turnout! Miss Hendricks heatedly stated that the "crowds are not what they should be for the girls' games. We need as much support as the boys, and they can't expect us to play as well without the support." Miss Brewer also said that she'd "like to see more people at the girls' games." With or without the support, however, the girls came through for the school at the end of the season!

Cox Has

After just releasing the ball, Tina Virgili starts back down next to her Patriot opponent.

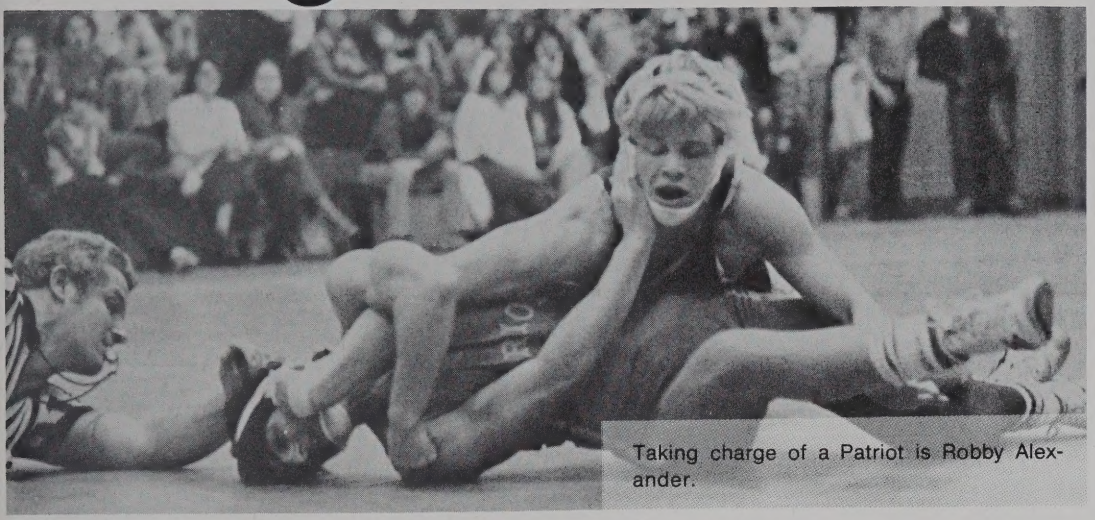


A clear view assures Laura Morris of a basket.

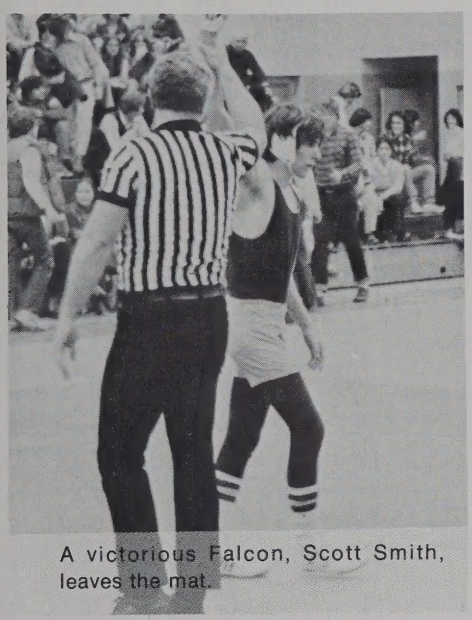
LEFT TO RIGHT: Assistant Coach Hendricks, Shelly DeMarco (manager), Laura Morris, Melissa Principe, Louise Compo, Delceno Miles, Denise Swoope, Debby Bell, Leslie McIntosh, Lynn Casey, Ruth McGovern, Helen Knutson, Tami Disher, Dina Kincaid, Laurie Cuppett, Twila Nave, Nancy Bonney (manager), and Coach Brewer. CENTER: Tina Virgili.

Basketball

Strong Holds

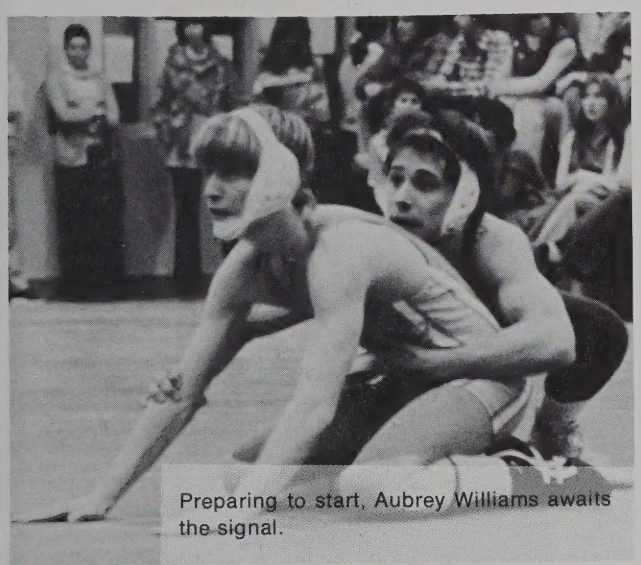


Taking charge of a Patriot is Robby Alexander.



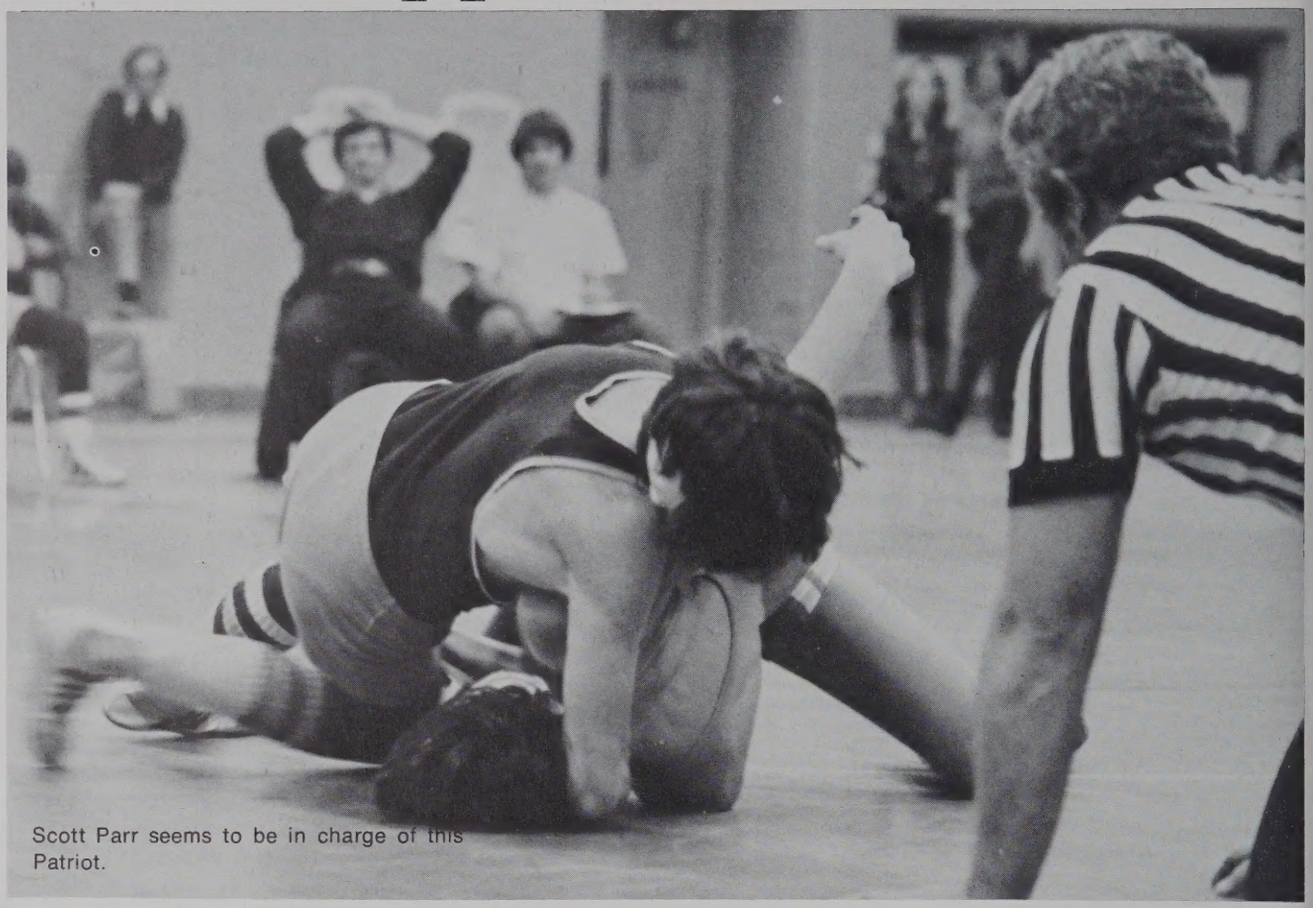
A victorious Falcon, Scott Smith, leaves the mat.

The grapplers started their season with a total of thirty-one, including alternates. Out of the twelve starting positions, five Seniors, five Juniors, and two Sophomores filled the slots. The team was fairly well-rounded in experience. Most of the team members had wrestled previously in Junior High school, during off season, or last year at Cox. Other than these, the rest of the team was somewhat green. Coach Billy Gutermuth said he had the smallest turnout he had ever had at Cox. He felt that Cox High School held much more talent.



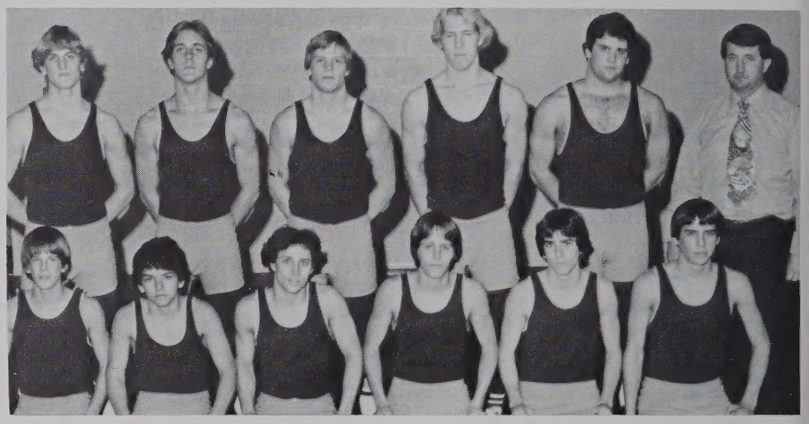
Preparing to start, Aubrey Williams awaits the signal.

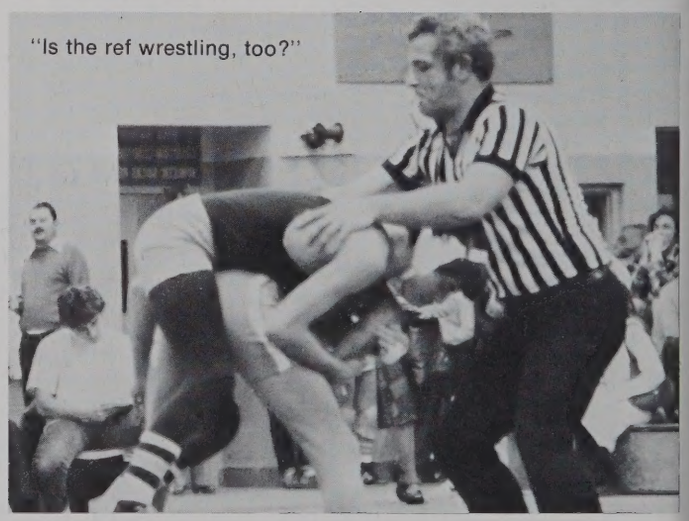
Grapplers Pin Success



Scott Parr seems to be in charge of this Patriot.

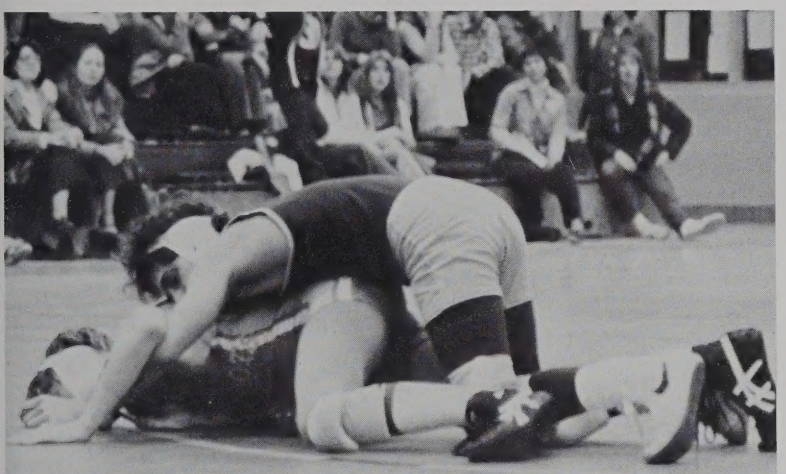
FRONT ROW: Barry Johnson, Scott Parr, Aubrey Williams, Rick Rodriguez, Scott Smith, and Buddy Kerr. BACK ROW: Steve Pritchett, Kurt Felthousen, Robby Alexander, Mark Smeland, Scott Brown, and Coach Gutermuth. Not pictured, Mark Woodhouse.



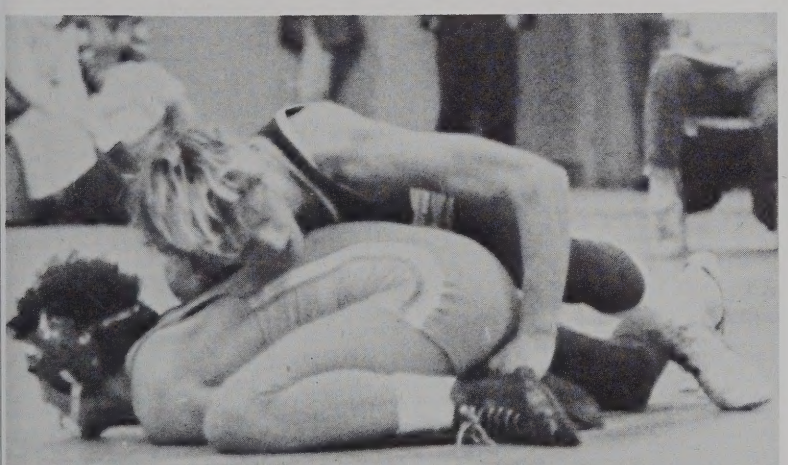


"Is the ref wrestling, too?"

Kurt Felthousen starts out on top.



Dominating a Patriot wrestler is Aubrey Williams.



Robby Alexander overpowers his opponent.

The team was average to above average in size, which Coach Gutermuth said, helped, but didn't make the team. Wrestling at the heavyweight or unlimited position was Junior Scott Brown. Coach Gutermuth considered him small for a heavyweight, but small or not, Scott had a winning record. Other top wrestlers on the team were seniors Scott Smith, Robby Alexander, Mark Smeland, and also Mark Woodhouse, Kurt Felthousen, and Buddy Kerr.

The team wrestled at twelve matches, of which Kempsville was last and toughest. Cox has always excelled over the other high schools in wrestling, however, so Coach Gutermuth had few worries. He remembered only one year in the past eleven when Cox didn't have a state champion. Coach Gutermuth felt that he had many excellent wrestlers in 1977-1978, and also thought he had more college prospects than any other year.

Senior Leads Gymnasts

Caught in mid-air, Jaudon Conkwright displays perfect form during her beam routine.

Senior Grace Rodgers led her team with poise, grace, and a strong hand. She was a great help to Coach Merrell, for whom she took over when the coach could not be present. Grace looked after her younger teammates as might a mother bird. She helped prepare them for competition, success, and sometimes, failure. She was the only Senior on the gymnastics team, and she seemed to think of it as her duty as captain and Senior to take care of the team.

Grace participated in floor exercise and on the beam during her years at Cox, where she earned much recognition. Where would the gymnastics team have been without Grace? The answer: it would still have been there, but it would not have shone as brightly.

Ready for takeoff is Debbie Jacobs.

With Grace

Bar performer, Marianne Scheurich, displays perfect form.

Miss Patty Merrell was proud of her gymnastics team, and rightly so. The team picked the only Senior, Grace Rodgers, as its leader and began its winning season. Speaking about talent, Miss Merrell thought there was much talent, and especially Sophomore talent. Over half of her strongest team members were sophomores, which meant good strength for three years to come.

Poised on the beam is captain Grace Rodgers.

Performers for Coach Merrell were Grace Rodgers on the beam and floor and Marianne Scheurich, whose specialty was the uneven bars, but who performed mostly on the floor. Marianne was third in state in compulsory bars in 1977. All around gymnasts were Jaudon Conkwright, Kathy Proctor, and Amy Williams. Specializing in vaulting were Kathy Nabers, Susan Howsare, and the all-arounders. Competing on the balance beam were Jaudon Conkwright, Kathy Proctor, Amy Williams, Grace Rodgers, and Debbie Jacobs, a new sophomore who did well for her first year as a Falcon.

Injuries hurt the team. Sheila Jones, Janet Wilkins were among the injured gymnasts. Miss Merrell is looking forward to next year's season to see these girls excell.

FRONT ROW: Daphne Adams (manager), Coach Merrell, Kathy Bay. SECOND ROW: Debbie Jacobs, Grace Ann Rodgers, Jaudon Conkwright. BACK ROW: Marianne Scheurich, Sheila Jones, Kathy Nabers, Kathy Proctor, Janet Wilkins, and Amy Williams.

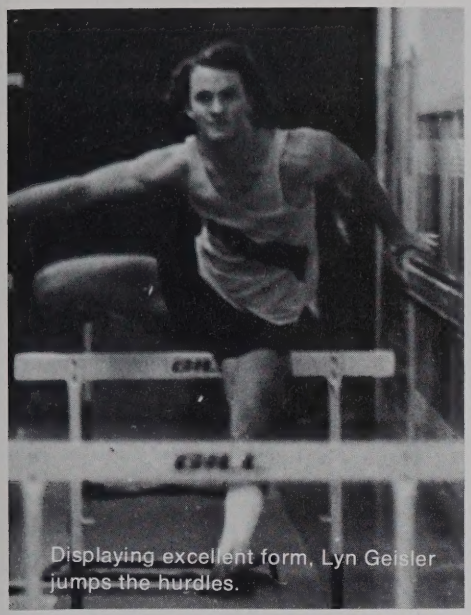
Limber Legs And

Sophomore Kathy Proctor shows winning form on the uneven bars.

Captain Grace Rodgers is caught in the air during her beam routine.

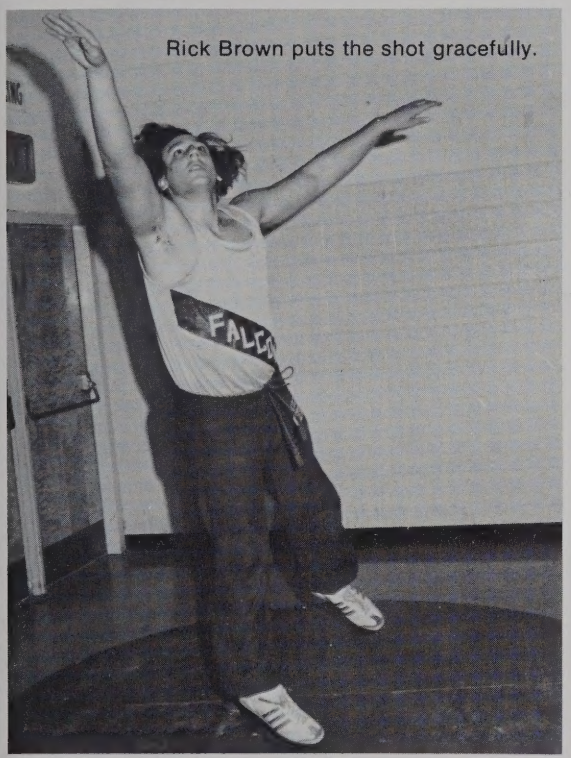
In floor exercise, Grace Rodgers shows poise in her dance.

Fleet Feet Lead To Victory



Displaying excellent form, Lyn Geisler jumps the hurdles.

Out of the blocks go Jay Flynn and Karl Dailey with aggressive determination on their faces.

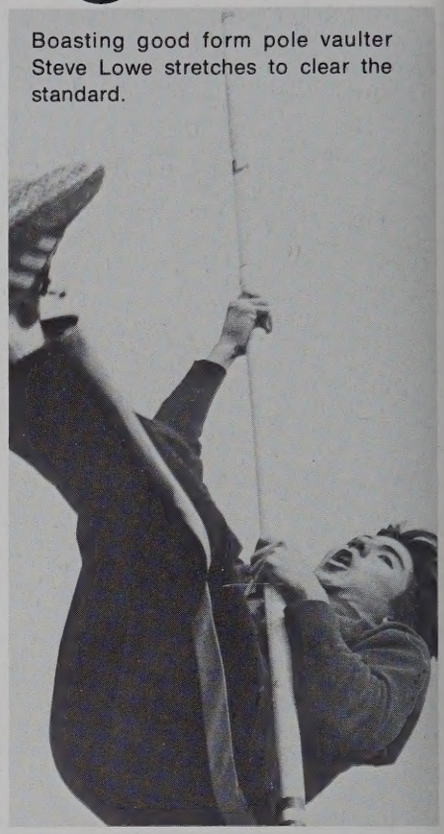


Rick Brown puts the shot gracefully.

"You have to admire the guys who get out, and dress in fourteen layers, and put up with cold air in their lungs and tight muscles. You have to respect the guys that put up with that and still perform as well as they do," said Coach Snodgrass about his winter track team. "The indoor program is getting much better. We need more participants." Excellent indoor performers were Pop Dailey, Rick Brown, Kelly Brothers, Steve Lowe, Jay Flynn, and Doug Morrison. Coach Snodgrass also felt he had a great running team. "We have by far the best distance team in the district, and probably in the region," said the Coach. Tommy Spartz, Jud Springer, Phil Trayer, Steve Bisese, and Steve Lowe performed well on the track.

FRONT ROW: Troy Reamy, David Kledzik, Ron Williams, Andy Edwards, Steve Bisese, Vinnie Langan, and Jay Barnett. SECOND ROW: Kelly Brothers, Phil Trayer, Steve Lowe, Dave Peckins, Dale Anglin, Mike Pochkowski, and Bill Melton. BACK ROW: Chris Martini, Charles Black, Rick Brown, Karl Dailey, Jay Flynn, Tommy Spartz, Jim Rammell, Jud Springer, and Coach Jim Snodgrass.

New Coach Leads Strong Team

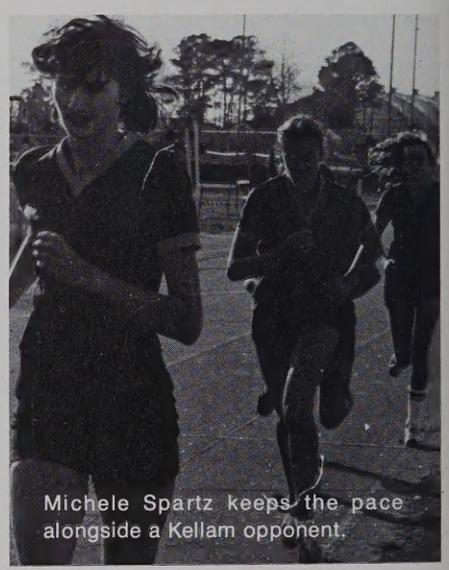


Boasting good form pole vaulter Steve Lowe stretches to clear the standard.

Speedsters Charles Black, Jim Rammell, and Bill Melton explode off the starting line.

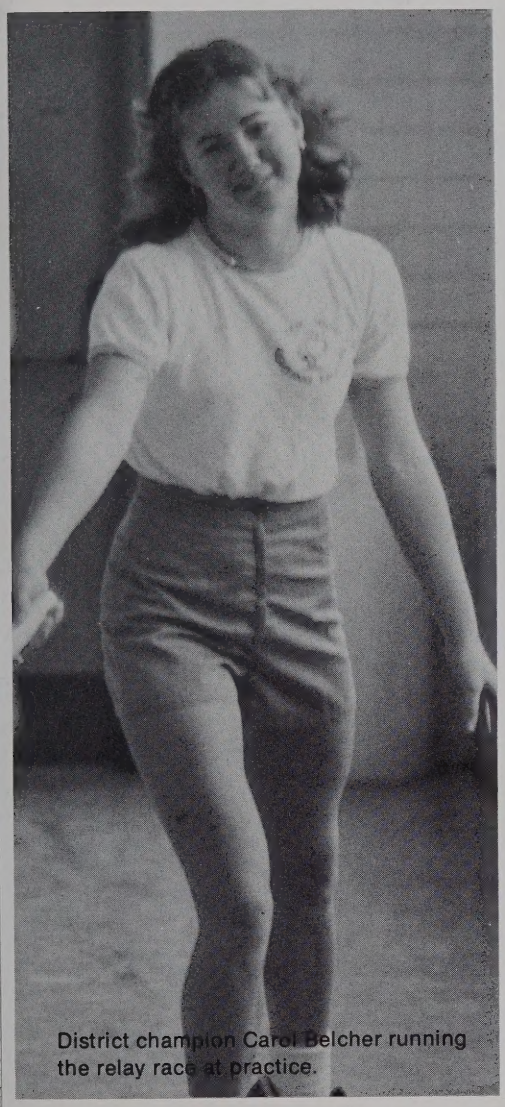
A new coach headed the male track team in the spring. Coach Don Mollenhauer started out at an assistant position earlier in the year and took over track along with Coach George Ontko. In his first year as the Cox track coach, Mr. Mollenhauer was disappointed with the turnout. He had about thirty guys try out for the team and had no cuts. Coach Mollenhauer felt that the lack of "depth" on the team hurt them greatly.

Heading the line-up were Seniors Rick Brown, Carl Dailey, Ben Echols, Jay Flynn, and Tommy Spartz. Carl, Ben, Jay, and Tommy participated in running events while Rick threw the shot. In other events the leaders were Marty Carlson, Scott Brown, and Previn Garrett. In running events were Tommy Spartz, Jud Springer, Steve Bisese, and Phil Trayer. Kelly Brothers and Ben Echols challenged the hurdles, and Steve Lowe and David Kledzik participated in the pole vault. Coach Mollenhauer felt he had a strong distance team and a successful season.



Michele Spartz keeps the pace alongside a Kellam opponent.

FRONT ROW: Tommy Spartz, Phil Trayer, Steve Bisese, Rick Brown, Troy Reamy, Jay Flynn, Kelly Brothers. BACK ROW: Vinnie Langan, Bill Melton, Jim Rammell, Ben Echols, Doug Morrison, Dan Craig, Ron Williams, Steve Saddler, Steve Lowe, Jay Barnett, John Barden.



District champion Carol Belcher running the relay race at practice.

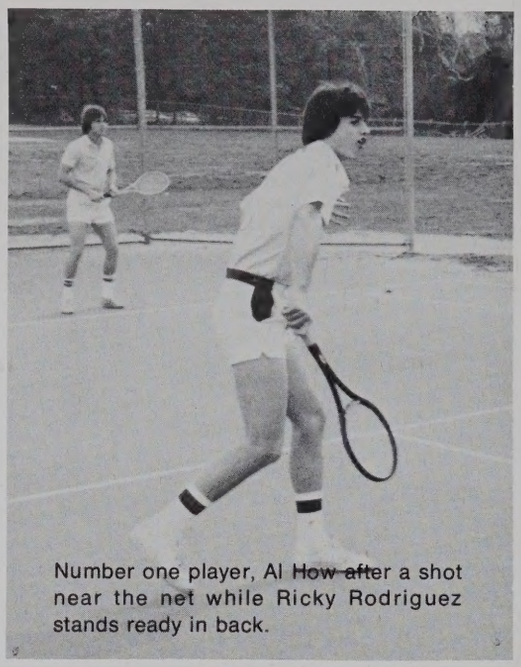
Steve Bisese, Tom Spartz, Phil Trayer, and Jud Springer lead the field of milers.

FRONT ROW: Carol Belcher, Martha Raymond, Amy Williams, Kathy Proctor, Melanie Moss, Delceno Miles, Sharon Quinn. SECOND ROW: Coach Fowlkes, Melissa Principe, Ruthie McGovern, Jane Gibson, Jackie Gibson, Leslie Zanetti, Susan Stahl, Laura Morris, Margaret Truitt. BACK ROW: Eden Alt, Priscilla Harris, Michele Spartz, Theresa Scribner, Kim Derrick, Tina Virgili, Twila Nave, Jaudon Conkwright, not pictured, Diana Devoy.

Spring track started its year again with Coach Nancy Fowlkes. She chose twenty-five top performers to make up her average sized team. Miss Fowlkes began the year with a relatively inexperienced group, which matured throughout the season.

The team line-up began with several top runners. Carol Belcher, a talented runner and district champion in the 440 race, led the team with Martha Raymond, Jane and Jackie Gibson, Diane Devoy, Melanie Moss, Susan Stahl, and Delceno Miles. Other performers were Melissa Principe, who participated in discus throwing; Ruthie McGovern in shot put, and Kathy Proctor in vaulting. These girls often participated in more than one event.

They "Love"



Number one player, Al How after a shot near the net while Ricky Rodriguez stands ready in back.

FRONT ROW: Paul Sperling, Scott Meier. BACK ROW: Ricky Rodriguez, Al How, David Sahaj.

Displaying service form, Ricky Rodriguez achieves full extention.

Because of bad weather at beginning of the season, Coach Robert Rode's boys did not begin with the usual rigorous training. Coach Rode said they had done little of the running and getting in shape they did the year before. The coach also stated that he thought the guys needed the training and should have gotten it.

Even though he had a basically inexperienced team, the coach felt that he had a few top players. Ranked number one on the team was Al How, whom the coach felt was in excellent shape and played masterfully. Following closely behind How were four returning players, Ricky Rodriguez, Paul Sperling, Brian Leinbach, and David Sahaj.

The Game

Laura Morris connects her racquet with the ball as Sheila Langan cheers her on.

Mrs. Bridgett Hampson led the twelve girls on the tennis team. Out of twenty-eight girls trying out for the team, only a few select girls were chosen. Because of bad weather and the number of girls trying out, pre-season practices and regular practices were not only delayed, but also few in number. Returning Juniors were Betsy Neagley and Louise Compo. These girls played at the numbers one and two positions on the team. A newcomer to the line-up was Laura Morris who proved herself to be a strong contender.

FRONT ROW: Louise Compo, Betsy Neagly, Mary Gael Daugherty, Sheila Langan. BACK ROW: Peggy Bruckner, Dina Kincaid, Laura Morris, Susan Boyd, Kathy Morrison, Lorain Crain, Michelle Clements, Joye Clarke.

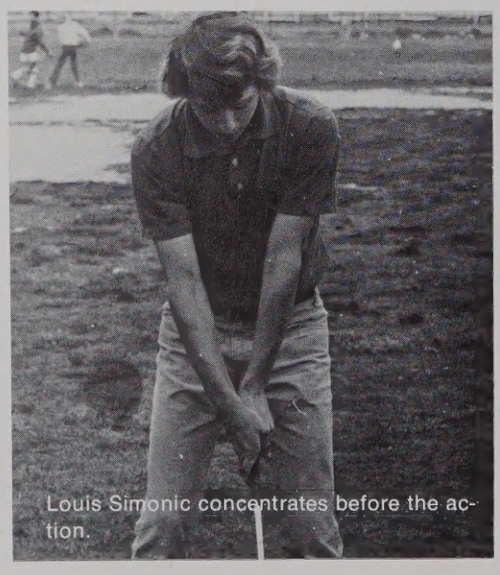
Who Are Cox

Captain Louis Simonic executes a full swing.

Golfer Chris Martini swings with excellent form.

The Golf Team started its season in late February with a new coach, Mr. Tom Smith. Out of the eleven golfers on the team, Louis Simonic was the only Senior and the top golfer. Vince Langan, Chris Martini, Jon Steele, Robert Haulk, David Tucker, and Gary Grissinger also filled the top ranks.

The team held all its matches at Red Wing Park, except one, which was held at Bow Creek. At the events, the golfers displayed their talents and individual styles. Coach Smith thought he had a good group of golfers and a few with excellent abilities.

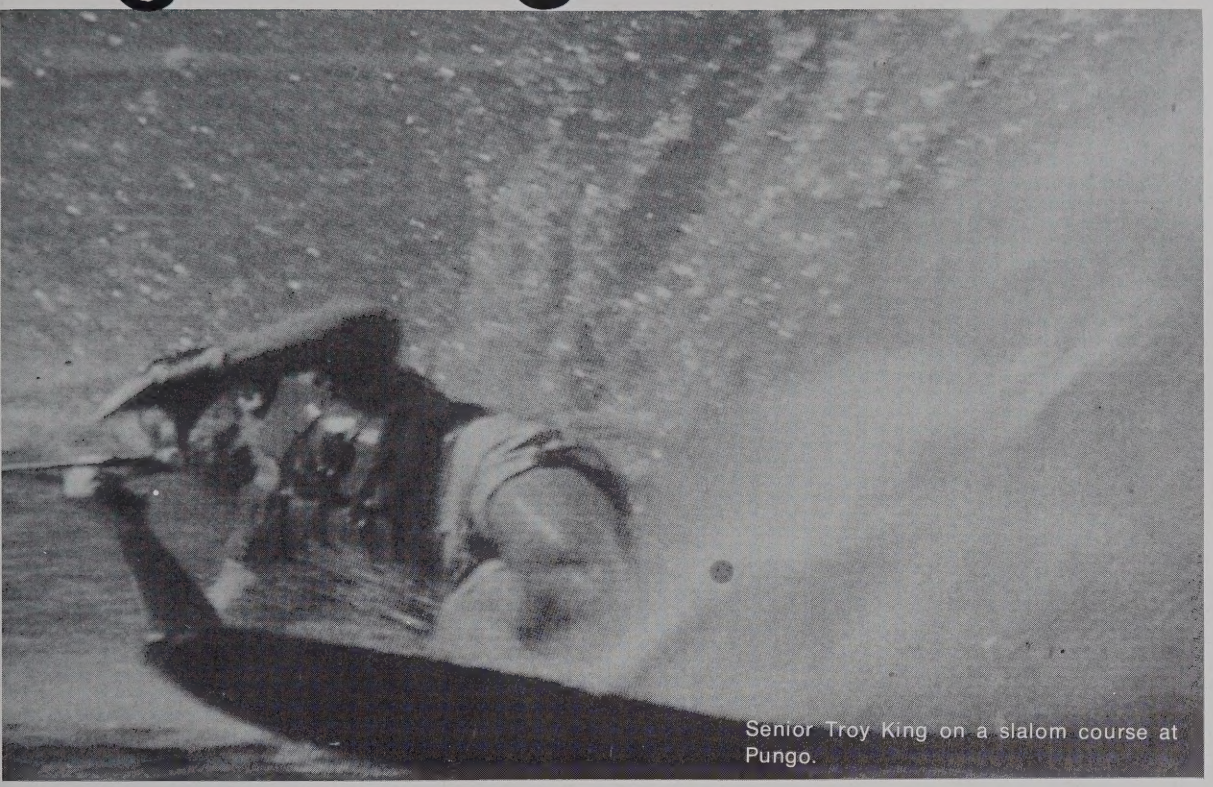


Louis Simonic concentrates before the action.

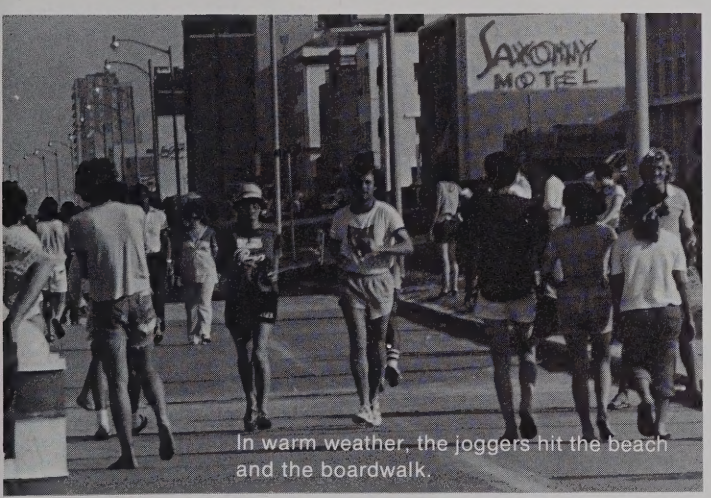
FRONT ROW: Louis Simonic, Chris Martini, Jon Steele, David Tucker. BACK ROW: Robert Haulk, Gary Grissinger, Ken Ingham, Clavis Smith, Paul MacKinnon.

Golf

High Swingers?



Senior Troy King on a slalom course at Pungo.



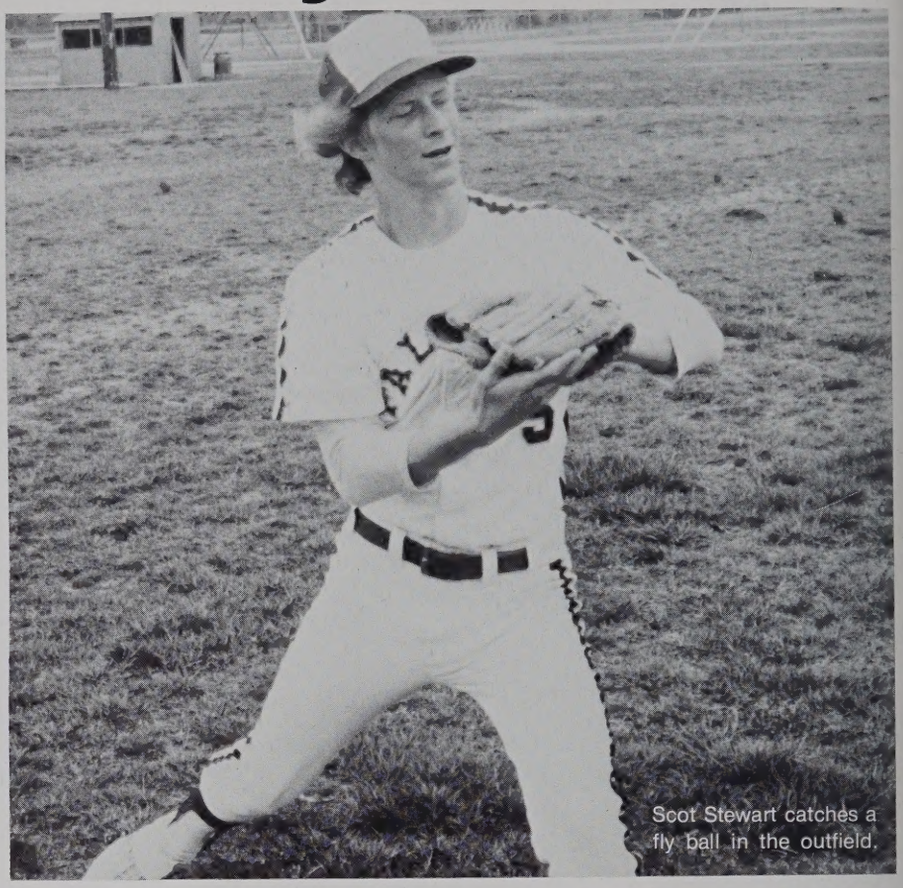
In warm weather, the joggers hit the beach and the boardwalk.

Virginia Beach offered a variety of pastime practices for its residents. The cool water in the summer provided for lazy days by the tide. Joggers took to the sands and the boardwalk, and boaters took to the sea. Winter brought cold, and abandonment to the seaside. But with the mountains only a few short hours away, snow skiing became a popular winter pastime. Soon winter was over; however, and beach residents were once again crowded with increased traffic and tourism.

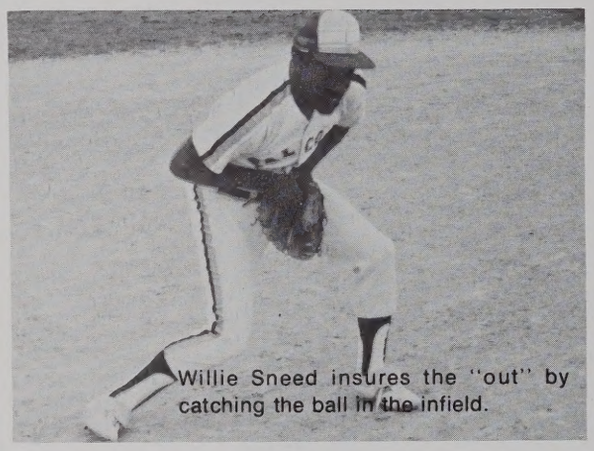
Over a Yamaha and a Honda goes Joe Kuklica, a Cox skateboarder.

Battin' By The Bases

A highlight of the spring athletics was the baseball team. Coached by Mr. Tom Fisher and Mr. Art Koeppen the team exemplified the true "Cox Spirit." There were a few returning players who lent invaluable experience not only in their own abilities but also in teaching their new teammates strategy, techniques, and sportsmanship. Even though practices were hindered by spring rains, these Falcons came through and once again proved that the "green and gold" was a worthy opponent to be respected.

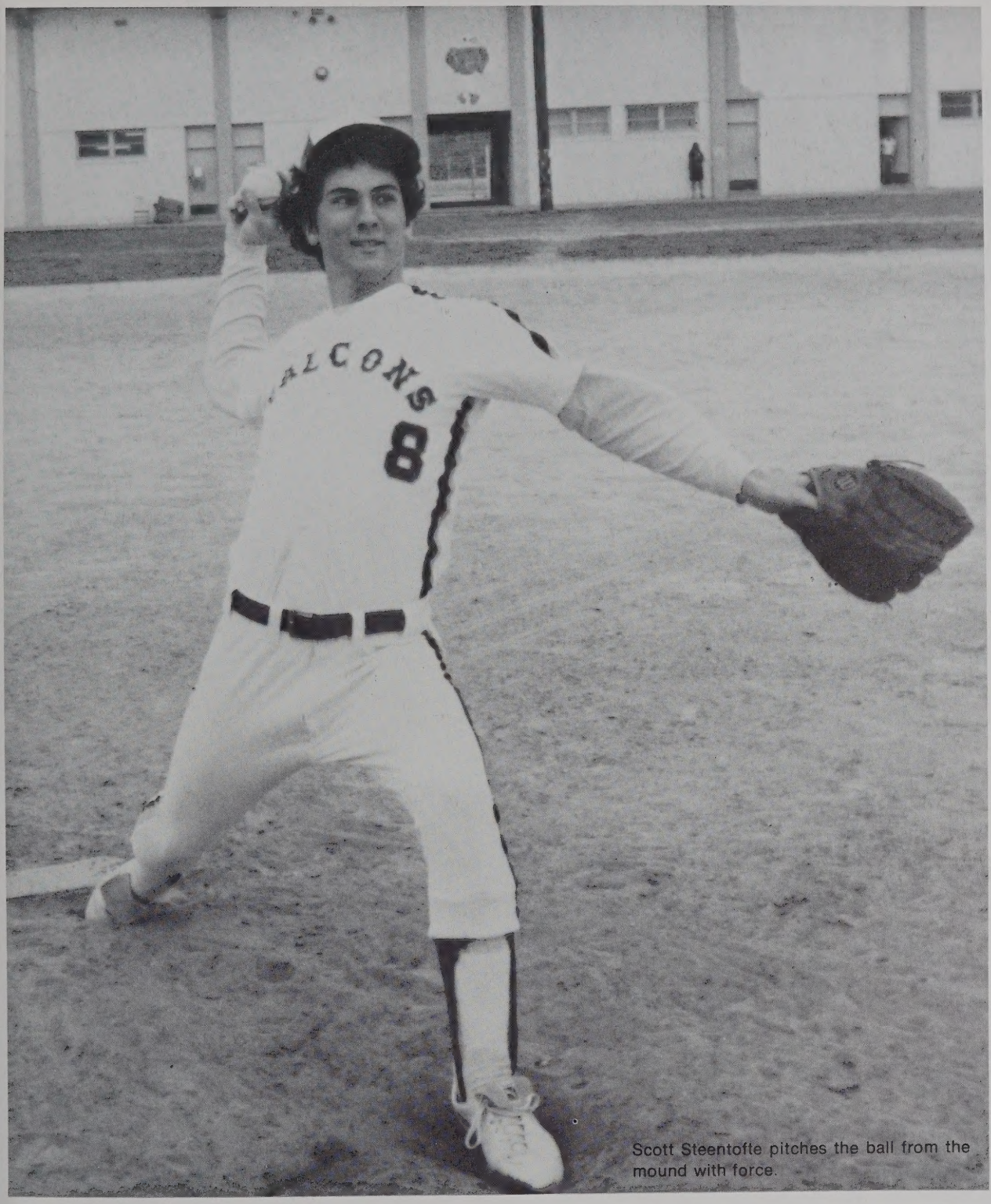


Scot Stewart catches a fly ball in the outfield.



Willie Sneed insures the "out" by catching the ball in the infield.

FRONT ROW: Jon Rowe, Willie Sneed, Kenny Warfield, Brian Dewan, Mike Simonelli, Frank Hamrick. BACK ROW: Coach Fisher, David Goble, Robbie Haislip, John Smith, Scott Hinson, Scot Stewart, Scott Steentofte, Nick Boothe, Jeff Vielock, Coach Koeppen.



Scott Steentofte pitches the ball from the mound with force.

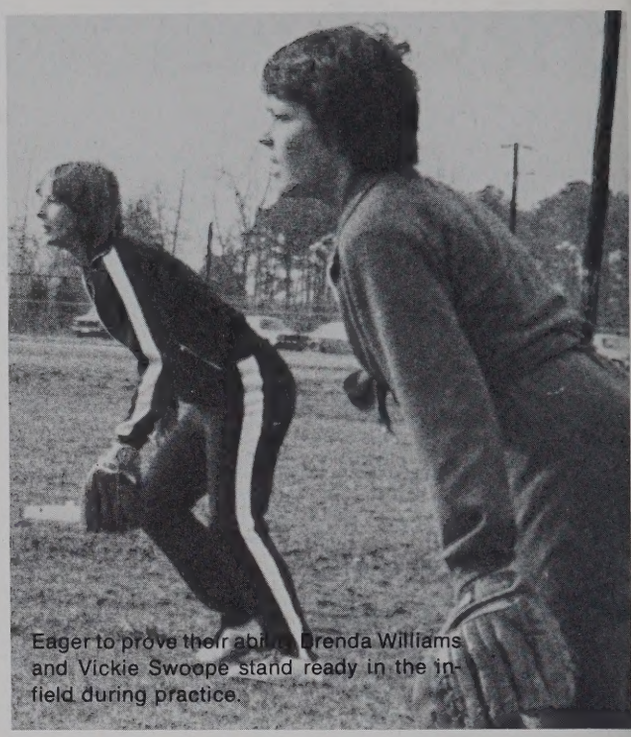
Frank Hamrick makes a wild run for home plate.

Scott Hinson tries his hand at pitching at the home field.

Softball

Starting off their second season the Girls' Softball team, coached by Miss Cheryl Hendricks, had high hopes of a good season. The team had many experienced players from the previous year and a good selection of new members.

Practices began in the spring, but foul weather kept their practices indoors for a few weeks; however, the rain and cold did not hinder the rigorous training the girls endured before and after the final team was chosen. Every member worked diligently to improve her skills which added to the success of the team.



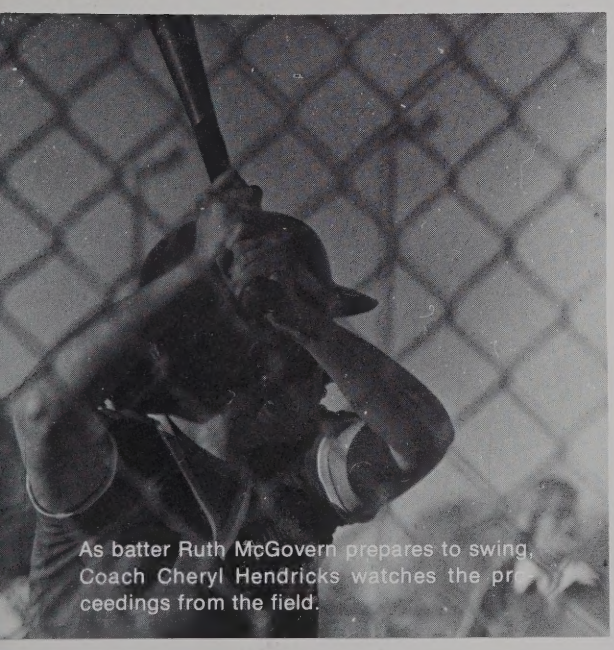
Eager to prove their ability, Brenda Williams and Vickie Swoope stand ready in the infield during practice.

Encouraged by onlookers Cheryl Piche swings with powerful force during softball tryouts.

FRONT ROW: Tina Virgili, Coach Hendricks, Ruth McGovern. SECOND ROW: Cathy Carlson, Terry Knight, Sonya White, Delceno Miles, Laurie Cuppet. BACK ROW: Renee Wood (scorekeeper), Vickie Swoope, Tami Disher, Verna Dickens, Adrian Dickens, Debby Bell, Brenda Williams, Cheryl Picke, Karen Beane (manager).

New Season Brings Hits

Pitcher Debby Bell releases the ball at practice on a cloudy day at Cox.



As batter Ruth McGovern prepares to swing, Coach Cheryl Hendricks watches the proceedings from the field.

Sonya White concentrates on next catch.

Young Sport Has New Strength

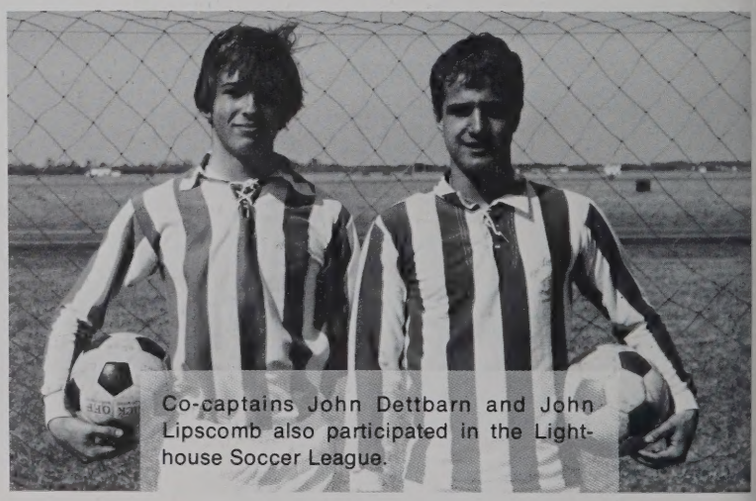
Players Ray Sellers, Joel Butts, and Pat Harting participated in the Lighthouse Soccer Club as well as on Cox's Spring team.

Cox's David Lyon and Mark Jones "battle it out" in a preseason practice at Cox.

Soccer

Twenty-five guys made the soccer team in the spring. Returning lettermen were John Lipscomb, Richard Dutzer, John Dettbarn, Mark Jones, Bob Christian, Pat Harding, Joel Butts, David Lyon, Mike Blaisdell, Jay Willis, David Waddell, Deepak Sarin, and Jimmy Shuffler. New players on the team were Andy Rodgers, whom the coach thought would really help the team, and Joe Robinson, a transfer student.

Most of the team members played on the community team. The Lighthouse Soccer Club, were considered experienced players. Coach Jeff Steckroth and Assistant Coach Jim Snodgrass thought that they had a well-rounded team, which needed little pre-season conditioning.



Co-captains John Dettbarn and John Lipscomb also participated in the Lighthouse Soccer League.

Joel Butts keeps his team ahead by saving the goal.

FRONT ROW: John Lipscomb, Richard Dutzer, John Dettbarn, Mark Jones, Joe Robinson, Bob Christian, Pat Harting. SECOND ROW: Joel Butts, Andy Rodgers, Mike Blaisdell, Jay Willis, David Waddell.

Jim Shuffler, Marco DiFlorio, Jimmy Wootton. BACK ROW: Coach Steckroth, Phillip Dominicci, Jim Schley, Mark Nielson, Mike Firnstahl, Jack Bryan, Ray Sellers, Villy Cave, Ken Davidson, Mark Ritter, John Meier, Feorge Kelly, Dale Browder, Darren Owen, Hahns Copeland.

In a crowd of Jaudon Conkwright and Kathy Peters, Patricia Swanson blocks the goal.

Trying to score against [illegible]ne Salopek during tryouts is Cindy Corr[illegible] observed by Jerry Thomas.

During practice, Rose Jackson hustles down the field.

FRONT ROW: Jaudon Conkwright, Sue Bailey, Shelley Wintermyer, Kathy Cowart, Rose Jackson, Denise Swoope, Dee Dee Miller, Susan Anderson, Kathy Bay, Donna Padgett, Fe Robinson. BACK ROW: Cindy Corrigan (manager), Marianne Scheurich, Cheina Marshall, Trisha Swanson, Tracey Pittman, Leslie Easton, Jane Sutherland, Becky Brenton, Kathy Peters, Betsy Beasley, Dana Smith, Coach Merrell.

Victory Is Their Goal

Defending the goal from a rush of opponents is Becky Brenton.

Maneuv[illegible] to stop the ba[illegible] during soccer practice [illegible]slie Easton.

Miss Patty Merrell coached the girl's soccer team once again. The girl's started practice in late February, but due to bad spring weather and Coach Merrell's obligation to the gymnastics team, practices were limited. The still young team had little experience, but Miss Merrell felt confident about the season. The few returning players aided in building the confidence and improving athletic ability in the rookie players. The coach had approximately forty girls trying out for the team from which she chose her line-up.

Soccer

All Sports Draw To Close

FOOTBALL

Cox	8	39	Princess Anne
Cox	3	0	Bayside
Cox	22	6	Maury
Cox	13	10	Warwick
Cox	28	20	Lake Taylor
Cox	7	29	First Colonial
Cox	20	7	Kempsville
Cox	14	15	Kellam
Cox	6	0	Booker T. Washington
Cox	24	0	Western Branch

FIELD HOCKEY

Cox	0	2	Bayside
Cox	1	2	Kellam
Cox	1	1	Princess Anne
Cox	0	2	Kempsville
Cox	3	0	First Colonial
Cox	1	1	Bayside
Cox	1	0	Kellam
Cox	1	0	Princess Anne
Cox	0	0	Kempsville
Cox	0	0	First Colonial

BOYS' BASKETBALL

Cox	63	61	Kempsville
Cox	79	66	Norfolk Catholic
Cox	67	60	Norview
Cox	68	78	Norfolk Collegiate
Cox	64	57	Bayside
Cox	73	68	Lake Taylor
Cox	62	78	Granby
Cox	73	62	Kellam
Cox	94	62	Norfolk Christian
Cox	59	66	First Colonial
Cox	67	85	Norfolk Collegiate
Cox	49	56	Kempsville
Cox	72	60	Norfolk Catholic
Cox	72	62	Princess Anne
Cox	71	77	Norview
Cox	68	60	Princess Anne
Cox	60	54	Lake Taylor
Cox	81	67	Kellam
Cox	64	78	First Colonial
Cox	91	55	Bayside

GIRLS' BASKETBALL

Cox	50	36	Kempsville
Cox	53	48	Norview
Cox	62	32	Bethal
Cox	28	49	Bayside
Cox	44	28	Lake Taylor
Cox	47	51	Granby
Cox	52	80	Kellam
Cox	43	45	Lafayette
Cox	40	43	First Colonial
Cox	31	39	Lafayette
Cox	63	62	Kempsville
Cox	52	46	Princess Anne
Cox	36	26	Lake Taylor
Cox	34	65	Norview
Cox	47	40	Princess Anne
Cox	46	51	Kellam
Cox	50	56	First Colonial
Cox	36	26	Lake Taylor
Cox	51	55	Bayside

WRESTLING

Cox	34	15	Deep Creek
Cox	25	27	Menchville
Cox	46	14	Ferguson
Cox	42	9	Great Bridge
Cox	37	14	Churchland
Cox	33	9	Kellam
Cox	46	6	Princess Anne
Cox	32	17	Denbigh
Cox	28	29	First Colonial
Cox	35	11	Bayside
Cox	16	27	Kempsville

GYMNASTICS

Cox	178	175	Kempsville
Cox	166	161	First Colonial
Cox	177	169	Bayside
Cox	194	169	Kellam
Cox	190	147	Princess Anne
Cox	203	199	Kempsville
Cox	186	183	First Colonial

CROSS COUNTRY

Cox	27	30	Bayside
Cox	19	38	Kellam
Cox	15	50	Princess Anne
Cox	16	46	First Colonial
Cox	27	29	Kempsville

BOYS' TRACK

Cox vs.	First Colonial	March 23	(A)
Cox vs.	Bayside	April 6	(H)
Cox vs.	Kellam	April 13	(A)
Cox vs.	Kempsville	April 20	(H)
Cox vs.	Princess Anne	April 27	(H)

GIRLS' TRACK

Cox vs.	First Colonial	March 23	(A)
Cox vs.	Bayside	April 6	(H)
Cox vs.	Kellam	April 13	(A)
Cox vs.	Kempsville	April 20	(H)
Cox vs.	Princess Anne	April 27	(H)

BOYS' TENNIS
COX VS.

Bayside	3-17	Kellam	4-25
First Colonial	3-21	Princess Anne	4-28
Lafayette	3-23	Kellam	4-26
Kellam	3-31	Kempsville	5- 2
Princess Anne	4- 4		
Lafayette	4-11		
Kempsville	4-14		
Bayside	4-18		
Norview	4-19		
First Colonial	4-21		

GIRLS' TENNIS

Cox vs.	Bayside	March 17	(A)
Cox vs.	First Colonial	March 21	(A)
Cox vs.	Kellam	March 31	(A)
Cox vs.	Princess Anne	April 4	(A)
Cox vs.	Kempsville	April 14	(A)
Cox vs.	Bayside	April 18	(H)
Cox vs.	First Colonial	April 21	(H)
Cox vs.	Kellam	April 25	(H)
Cox vs.	Princess Anne	April 28	(H)

GOLF

Cox vs.	Norfolk Catholic	March 24
Cox vs.	Princess Anne	March 32
Cox vs.	Kellam	April 7
Cox vs.	Bayside	April 14
Cox vs.	First Colonial	April 21
Cox vs.	Kempsville	April 28

WINTER TRACK

Cox	65	53	Kempsville
Cox	64	64	Kellam
Cox	34	83	Bayside
Cox	69	67	First Colonial
Cox	45	73	Princess Anne

BASEBALL

Cox vs.	Manor	March 31	H
Cox vs.	North Hampton	April 1	H
Cox vs.	Norfolk Catholic	April 4	H
Cox vs.	Kellam	April 11	H
Cox vs.	Kempsville	April 14	A
Cox vs.	Bayside	April 18	H
Cox vs.	Lake Taylor	April 20	H
Cox vs.	First Colonial	April 21	A
Cox vs.	East Syracuse	April 24	H
Cox vs.	Princess Anne	April 27	H
Cox vs.	Kellam	April 28	H
Cox vs.	Kempsville	May 2	H
Cox vs.	Bayside	May 5	A
Cox vs.	First Colonial	May 9	H
Cox vs.	Princess Anne	May 12	A

SOFTBALL

Cox vs.	Oscar Smith	April 4	A
Cox vs.	Great Bridge	April 7	H
Cox vs.	Kellam	April 11	A
Cox vs.	Kempsville	April 14	H
Cox vs.	Bayside	April 18	A
Cox vs.	First Colonial	April 21	H
Cox vs.	Princess Anne	April 25	A
Cox vs.	Kellam	April 28	H
Cox vs.	Kempsville	May 2	A
Cox vs.	Bayside	May 5	H
Cox vs.	First Colonial	May 9	A
Cox vs.	Princess Anne	May 12	H

BOYS' SOCCER

Cox vs.	Kellam	April 11	A
Cox vs.	Kempsville	April 14	H
Cox vs.	Bayside	April 18	A
Cox vs.	First Colonial	April 21	H
Cox vs.	Princess Anne	April 25	A
Cox vs.	Kellam	April 28	H
Cox vs.	Kempsville	May 2	A
Cox vs.	Bayside	May 5	H
Cox vs.	First Colonial	May 9	A
Cox vs.	Princess Anne	May 12	H

GIRLS' SOCCER

Cox vs.	Kellam	April 11	H
Cox vs.	Kempsville	April 14	A
Cox vs.	Bayside	April 18	H
Cox vs.	First Colonial	April 21	A
Cox vs.	Princess Anne	April 25	H
Cox vs.	Kellam	April 28	A
Cox vs.	Kempsville	May 2	H
Cox vs.	Bayside	May 5	A
Cox vs.	First Colonial	May 9	H
Cox vs.	Princess Anne	May 12	A

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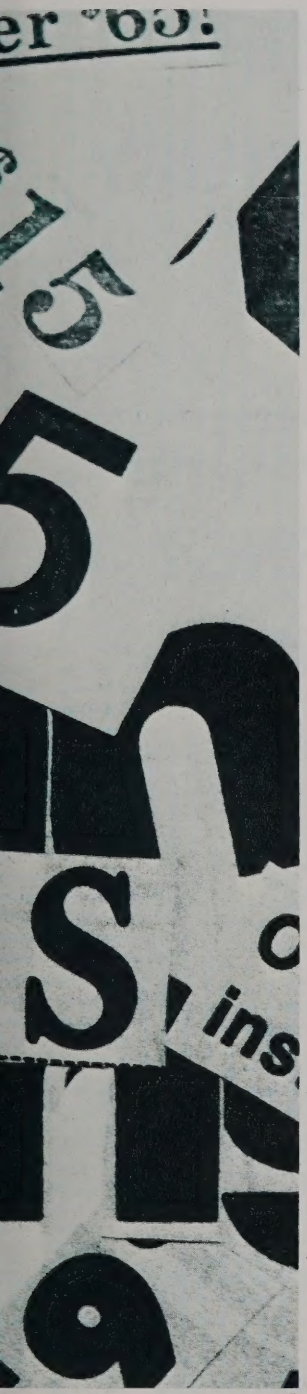

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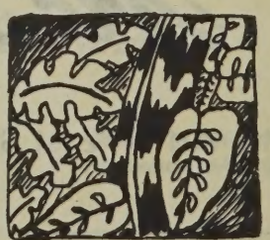

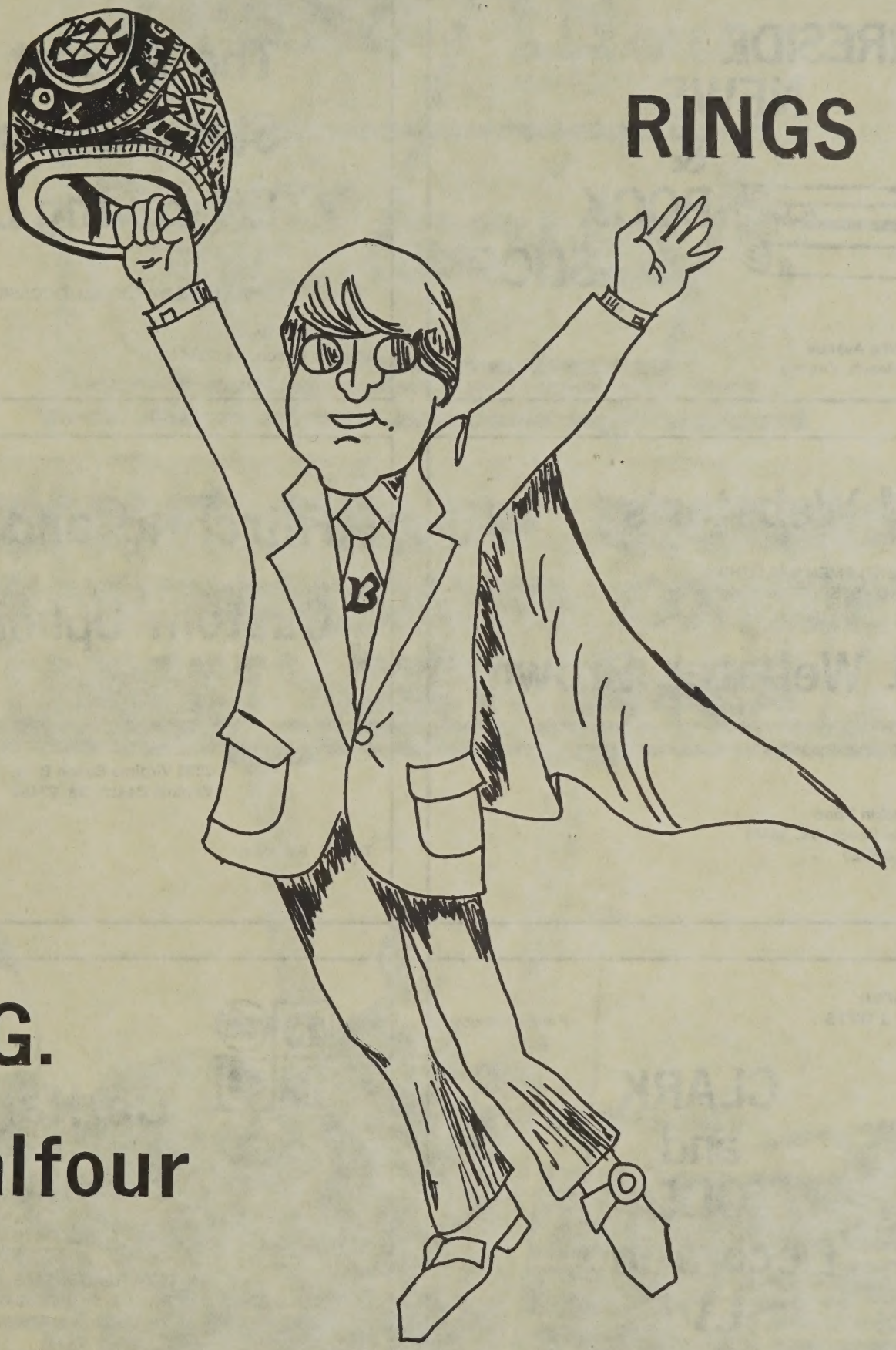

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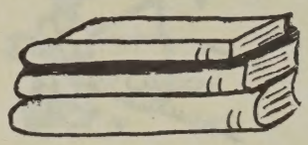

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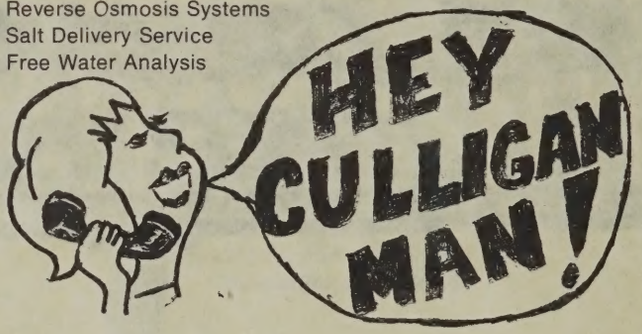

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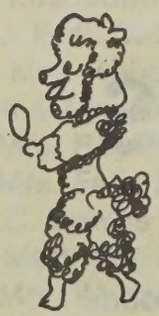

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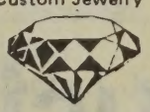

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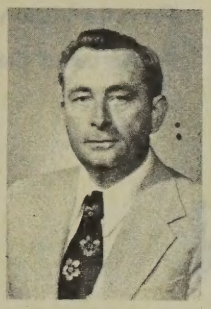

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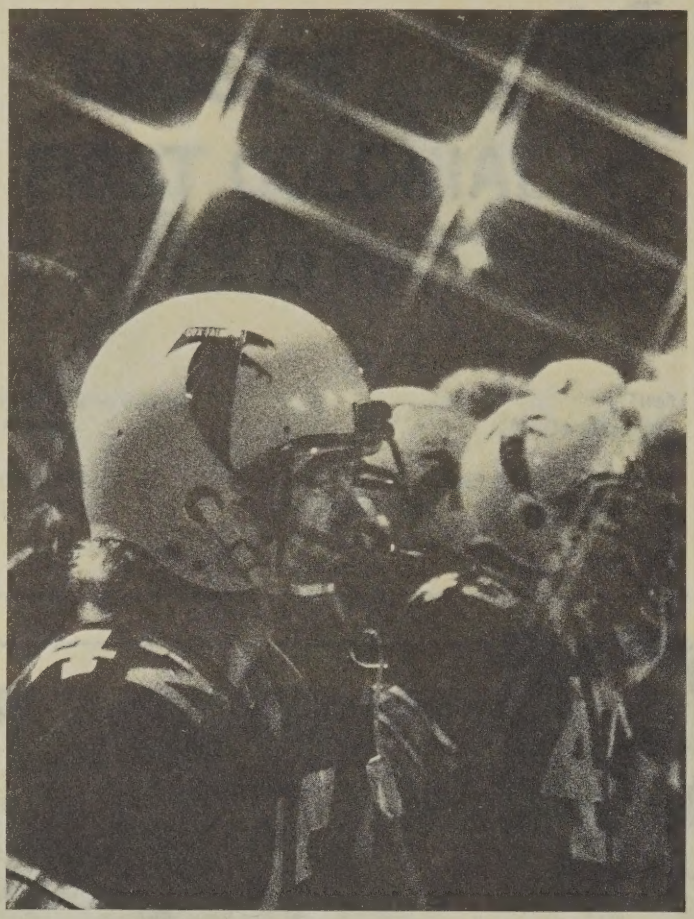

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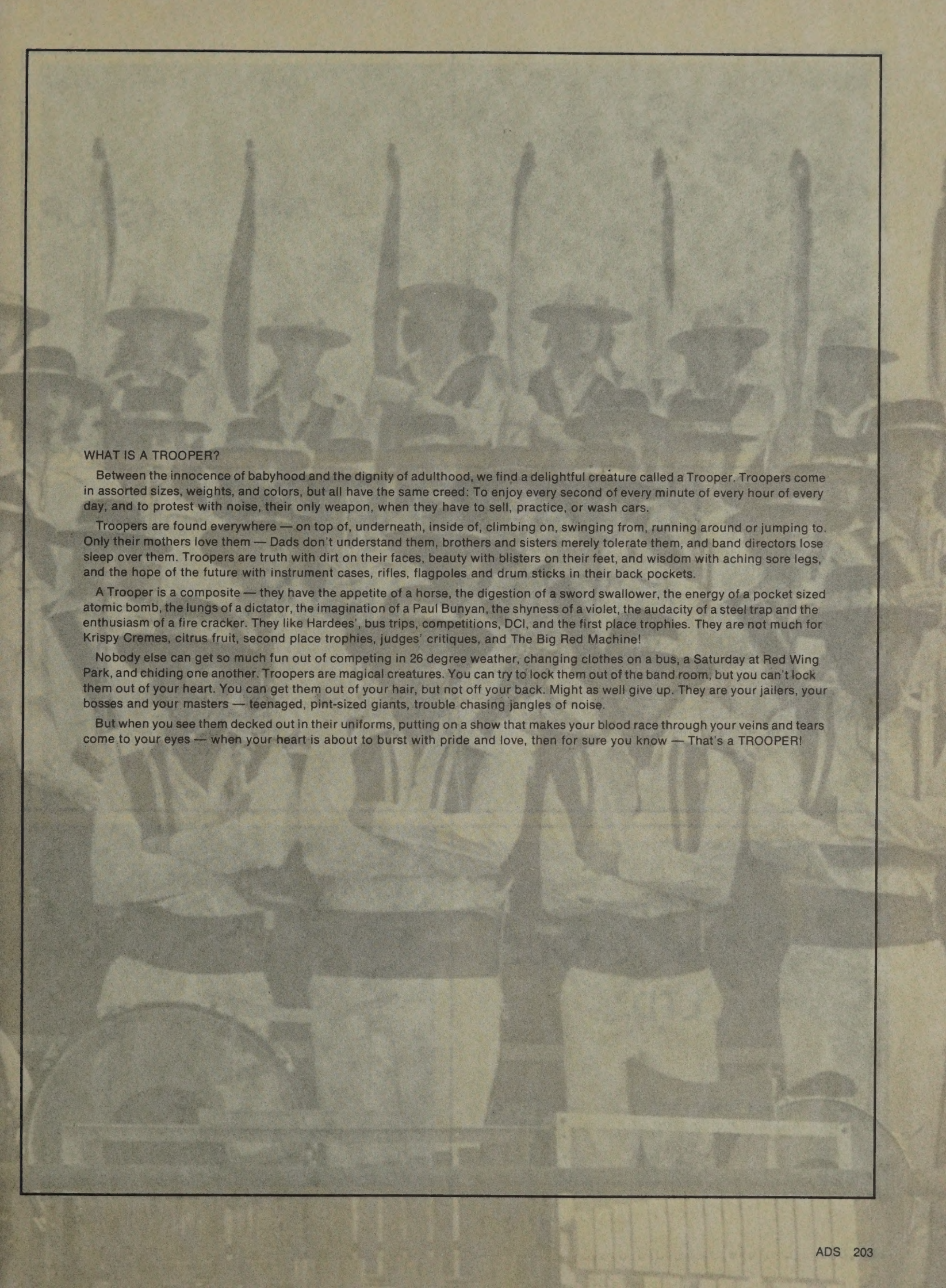

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Troopers are found everywhere — on top of, underneath, inside of, climbing on, swinging from, running around or jumping to. Only their mothers love them — Dads don't understand them, brothers and sisters merely tolerate them, and band directors lose sleep over them. Troopers are truth with dirt on their faces, beauty with blisters on their feet, and wisdom with aching sore legs, and the hope of the future with instrument cases, rifles, flagpoles and drum sticks in their back pockets.

A Trooper is a composite — they have the appetite of a horse, the digestion of a sword swallower, the energy of a pocket sized atomic bomb, the lungs of a dictator, the imagination of a Paul Bunyan, the shyness of a violet, the audacity of a steel trap and the enthusiasm of a fire cracker. They like Hardees', bus trips, competitions, DCI, and the first place trophies. They are not much for Krispy Cremes, citrus fruit, second place trophies, judges' critiques, and The Big Red Machine!

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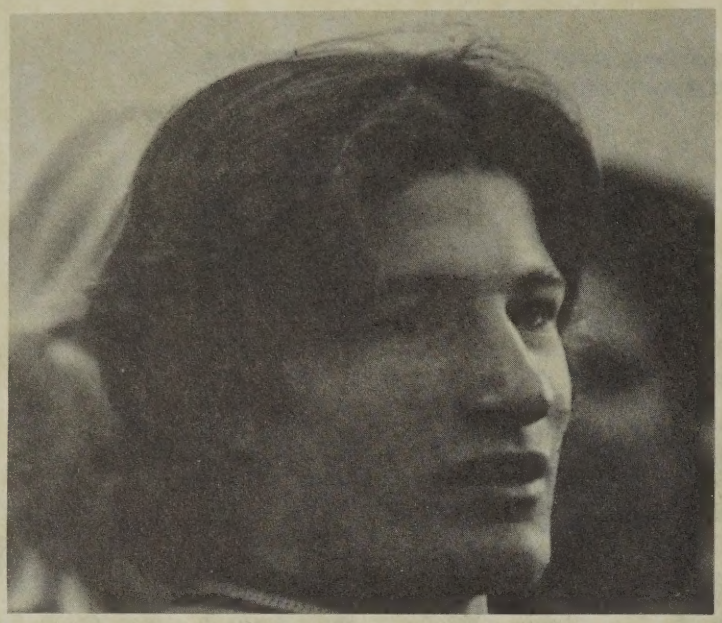
But when you see them decked out in their uniforms, putting on a show that makes your blood race through your veins and tears come to your eyes — when your heart is about to burst with pride and love, then for sure you know — That's a TROOPER!



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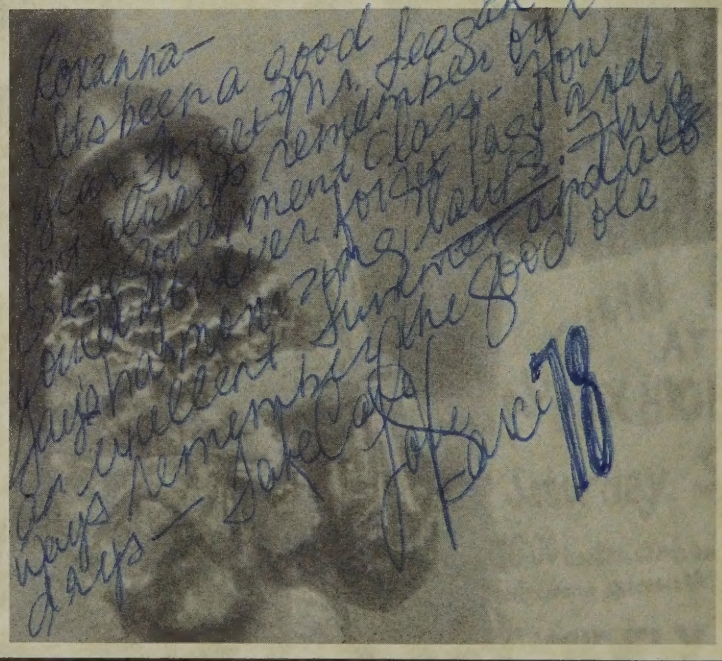

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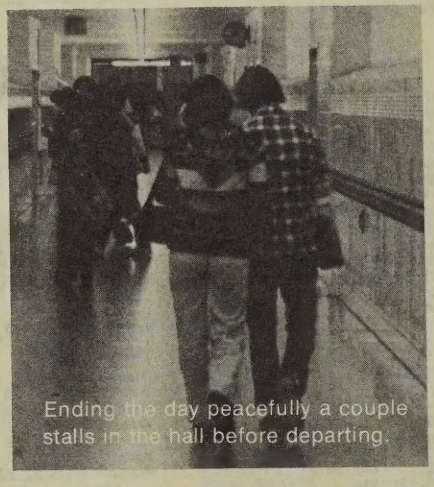
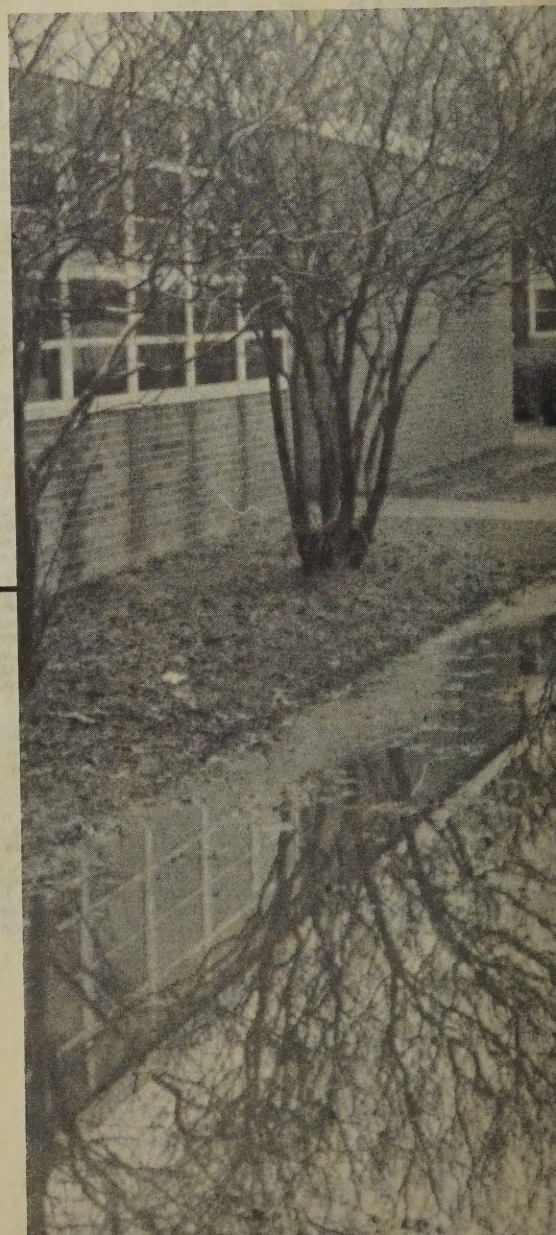
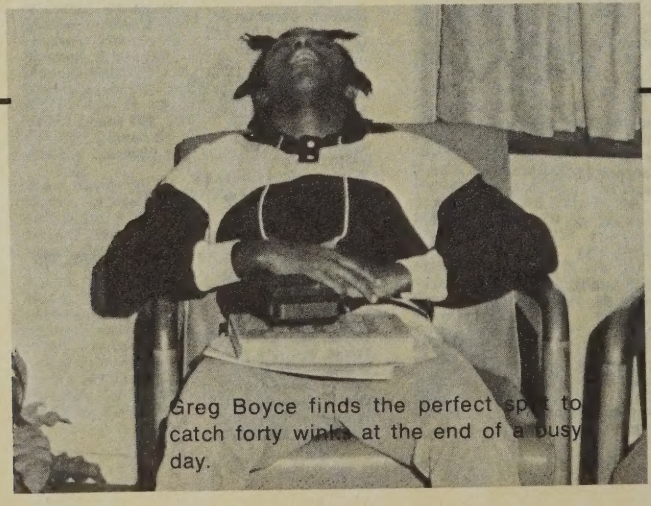
Look Ahead Or Behind But Not Away

Latin students, Beth Deitz and Kris Kersenbrock ride their club's Homecoming float as "Micelus Mus."



Ending the day peacefully a couple stalls in the hall before departing.





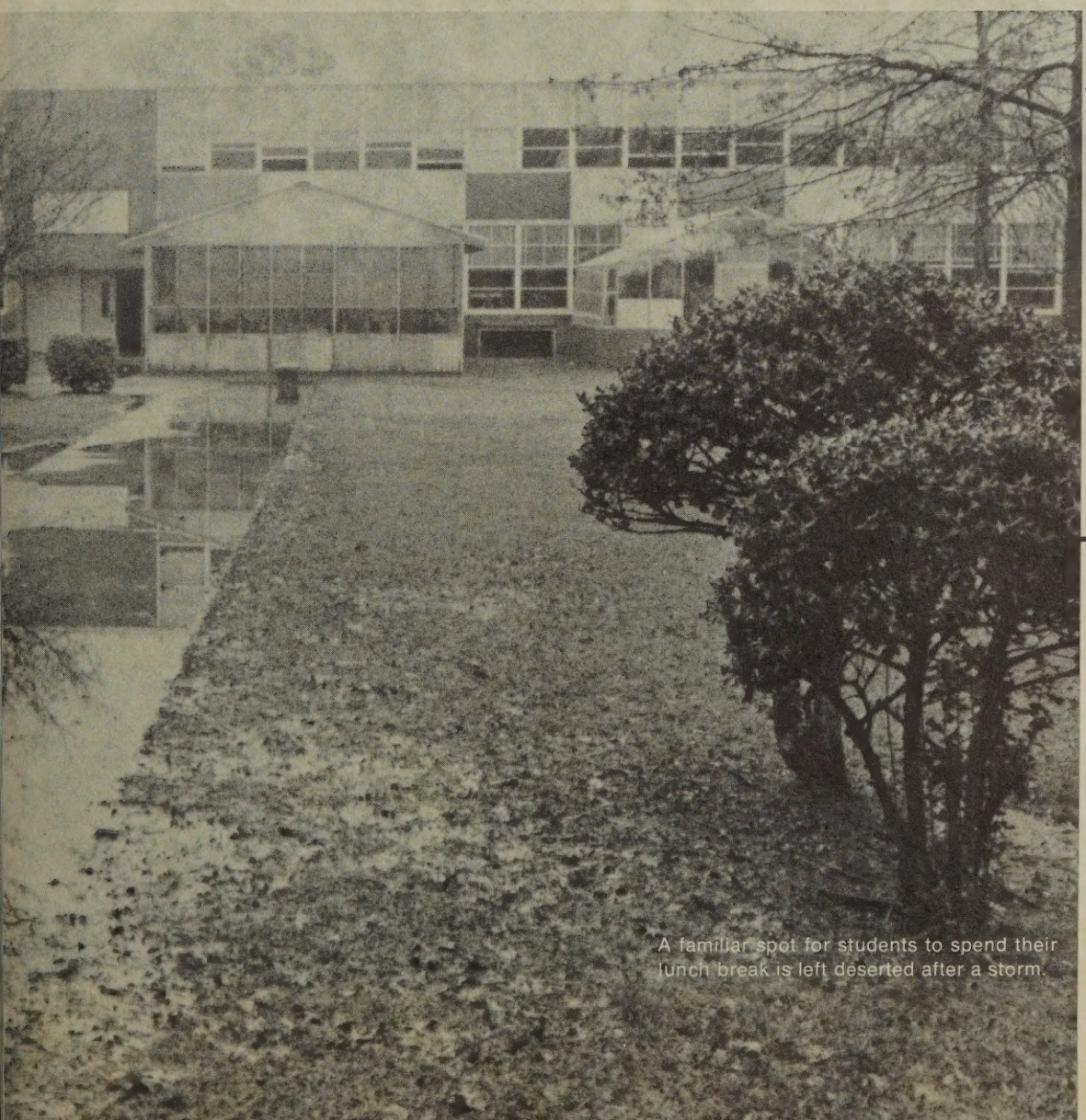
Greg Boyce finds the perfect spot to catch forty winks at the end of a busy day.

Busily writing away, Greg Blair makes up work in the hallway.

At the end of each year the students looked back and recollected upon what made the year happen. Each person held memories that were made special for themselves or in collaboration with a group. Voices rang out in unison for victories. Every defeat became a triumph in the sense that something new was learned. Each right or wrong answer became a lesson for both students and teachers. All projects and functions offered the chance to grow strong together. As students left, they reflected on the facets which they held most treasured in their minds.

Roxanne,
It's been a long hard year. But we made it. Almost. Remember all the crazy hectic times in Toad-women's class. Good luck in the future. Take care of yourself!

Julie
'78



A familiar spot for students to spend their lunch break is left deserted after a storm.

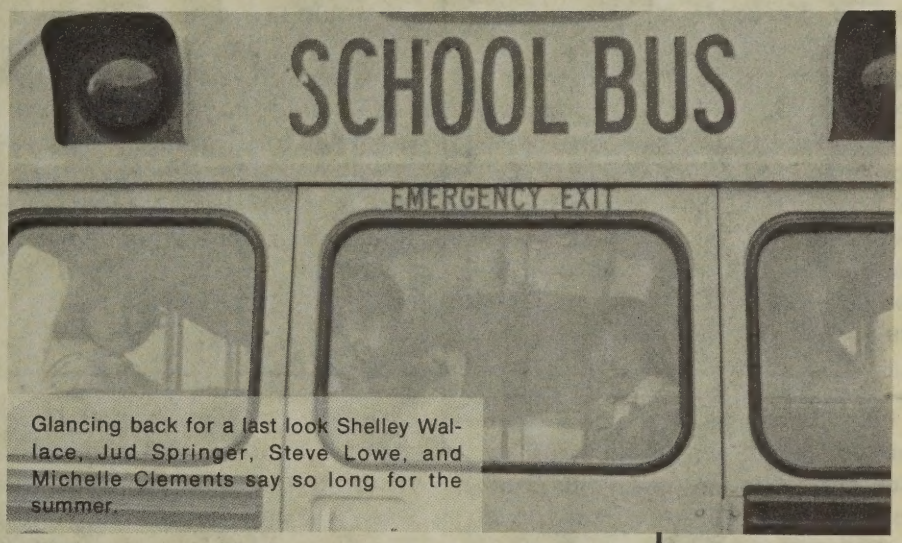
Each Facet Is Filled With Learning

Silence is dominant in the 700 hall as the end of first bell approaches.

" . . . a just admission of topics and of words; neither too many nor too few of either; enough of sweetness in the sound to induce us to enter and sit still; enough of illustration and reflection to change the posture of our minds when they would tire; and enough of sound matter in the complex to repay us for attendance." Walter Savage Landor

Mrs. Thomas opens minds as if they were doors to let in the logic of geometry.

...sent problem at school is the overcrowding of the student parking lot.



Glancing back for a last look Shelley Wallace, Jud Springer, Steve Lowe, and Michelle Clements say so long for the summer.

Amidst a pile of books Walter Goffigan prepares his work for class.

Now a Word From Your Sponsors:

For three years I have worked and learned with a bunch of great people. I would like to thank everyone indirectly involved for their cooperation in this publication. I want to thank Mrs. Holland for helping me in so many ways in the years we've worked together. I wish Mrs. Thomas the best of luck next year and many thanks to all my friends who never let me down.
Patsy Willis — Editor

What is a yearbook? Pictures and words are only a small part. For a full picture one must add no sleep, no Saturdays, Dunkin' Donuts, Christmas parties, croppers, valium, a closet, DEADLINES, McIntosh, John Perry, McDonalds, screams, laughter, tears, #351, and good friends.

Thank you for all the hard work . . . can you believe it has been three years, Patsy?
Debbie Holland — Sponsor

Rambling out of the closet for the last time, I am astounded that I miss layouts and copy already. Working on the Talon has been a rewarding experience and one which I do not regret, despite the long hours and frustration. Thanks goes to Betsy (who typed my copy even when it was late), Diane, Patsy and Mrs. Holland (even though she wouldn't let us have the car). Best of luck to Mrs. Thomas next year.
Lisa Ann Zanetti — Faculty

I want to thank everyone who helped me this year. I want to especially thank Leech, Bah-Bah, Patsy, Eric, James, Kathy, Betsy, and Sharon.

I never could have kept the books accurately without the help of Mrs. Holland, Mrs. Thomas and Mrs. Seacrist. I hope everybody had as much fun working on the yearbook as I did.
Lisa Drude — Business

I would like to thank those who helped me complete the underclass section last year. With their becoming editors themselves this year I had to rely on Nancy Thierry. I would like to give my deepest thanks to her. I don't know what I would have done without her assistance.
Marilyn Vogan — Senior Class

I really enjoyed working on the annual and being copy editor was quite a challenge especially since set deadlines were never remembered, but the ones that really counted were met. I would especially like to thank Debbie Gegner for all her wonderful help — we sure needed it!
Betsy MacLean — Copy

I never dreamed that working on the yearbook would take up as much time and effort as it did. Endless hours were spent, but now that it's over, I'm already starting to miss it. I would like to thank Patsy for her patience, Mrs. Debbie Holland for her advice and encouragement, Mrs. Thomas for her laughter, and finally, I thank my sister Claudia for giving me help when I needed it the most.
Kris Kersenbrock — Clubs

During my last year at Cox, I took on more than I expected. I trudged through the deadlines with help only from fellow editors. Thanks to Betsy for typing some of my copy, Patsy for enforcing layout and copy deadlines, with which I didn't comply, and thanks to Mrs. Holland and Mrs. Thomas for playing their violins. Thanks also to the rest of the staff for making such hard work, fun.
Kathy Carlson — Sports

This year Lisa Zanetti and I took on the academics section. Without the help of our sponsors and the other editors it would have been impossible for me to have completed this. Although it was hard work, I enjoyed taking part in putting the Talon together. I am grateful to all those who gave me information. I give my special thanks to Lisa Zanetti.
Diane Devoy — Academics

Working on the annual has been a combination of two things, work and fun. Work, because of the many tasks required for each deadline; fun, because of the great staff. Thanks to each and every one of you for helping make this a great year.
Sheila Thomas — Sponsor

Working on the yearbook has been a broadening experience for me. I have met many people and learned many things about putting a yearbook to press. I never realized how much hard work went into a yearbook until I became part of the staff, but I have enjoyed myself because it was all worthwhile.
Mary Hardcastle — Senior Class

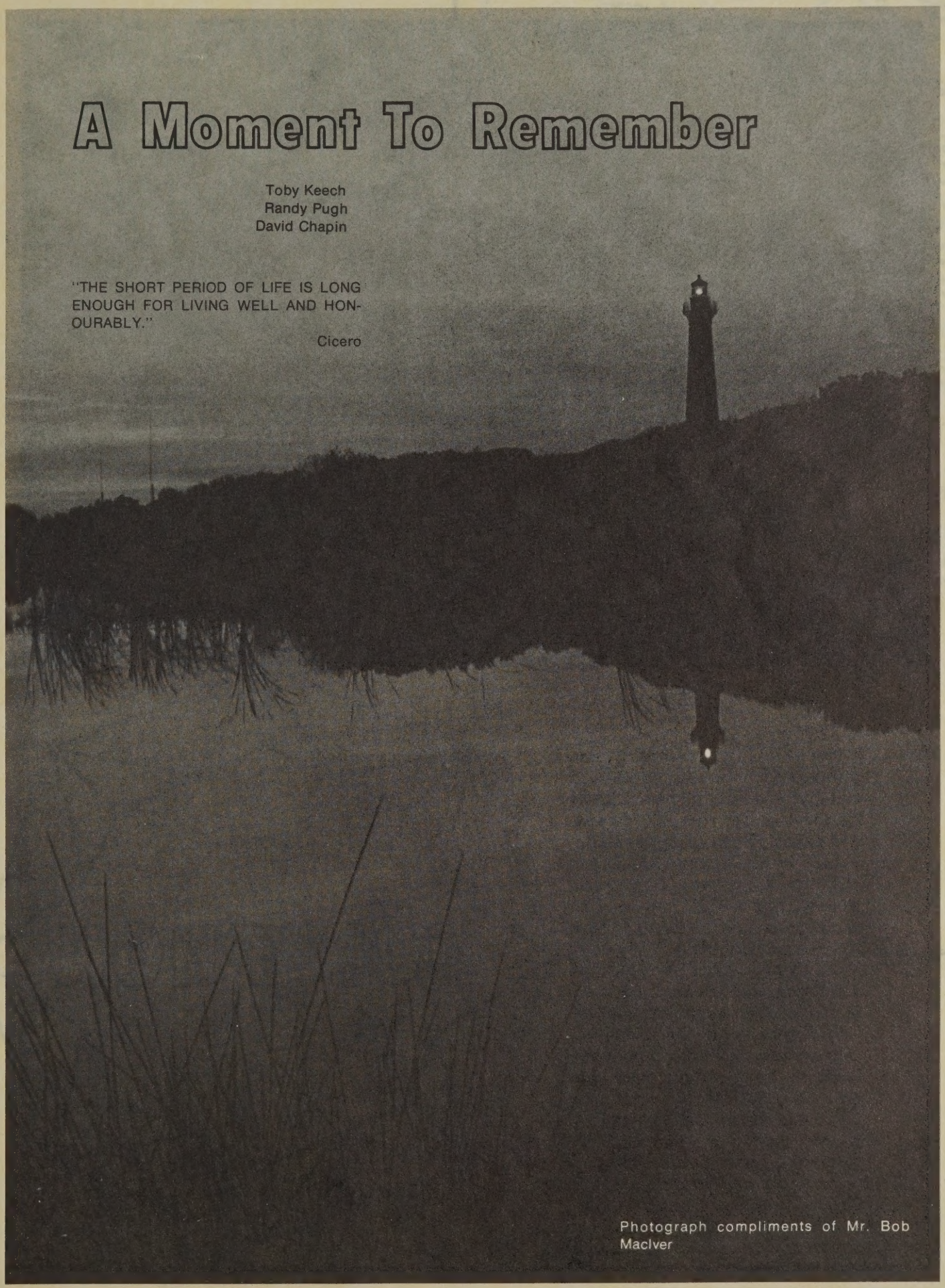
In three years I have spent long hours and done much hard work. I have learned a lot about advertising and I feel our section would have been great if we had more people on the staff. Many thanks to Lisa Drude and Nancy Thierry for all of their help. Also, many thanks to Mrs. Holland and Mrs. Thomas for all of the time she has devoted to the staff.
Sharon Hutcherson — Ads

A Moment To Remember

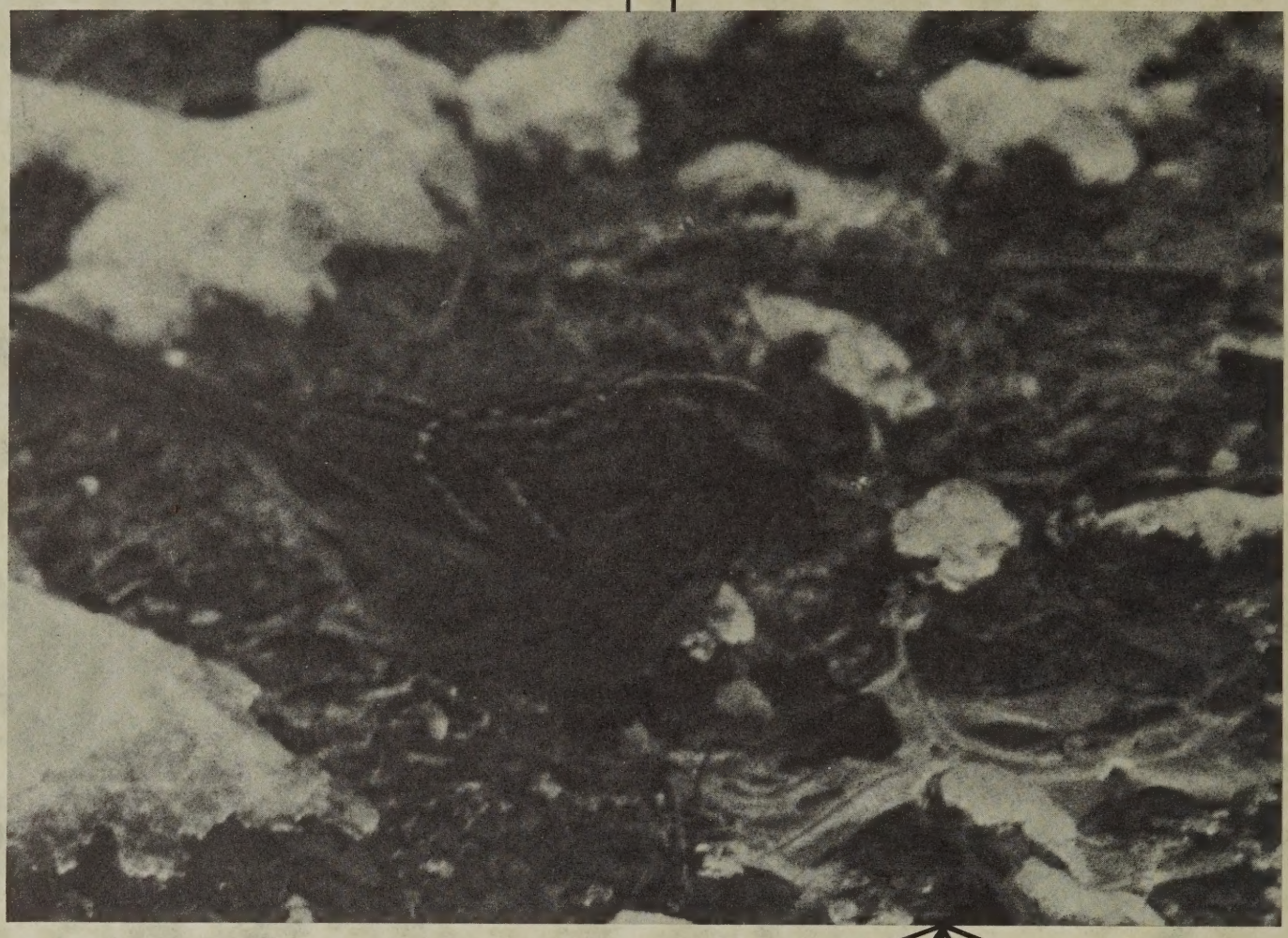
Toby Keech
Randy Pugh
David Chapin

"THE SHORT PERIOD OF LIFE IS LONG ENOUGH FOR LIVING WELL AND HONOURABLY."

Cicero



Photograph compliments of Mr. Bob MacIver



COLOPHON

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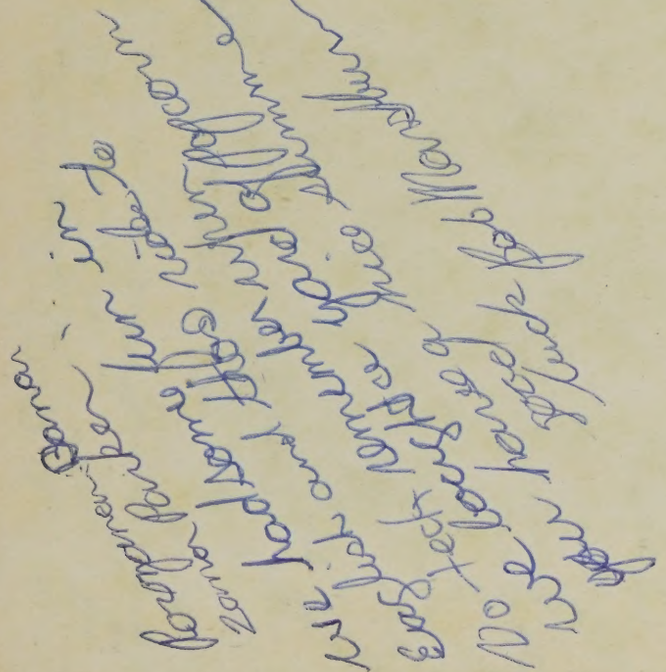
Romans 4 Chance this: Let God's Spirit
lead you to Christ. Come
to meet your Father God
Father. Be able to believe
that He will raise you
up to walk in
new
life

Roxy,
Well, have a happy life and never forget the best thing for your petite little self. Have fun as a nurse - maybe we'll meet someday.

'78

Love Barbara Casasco



Roxana, Can you believe it we are finally getting out of here. I remember in 10th grade we thought we would never leave. I want you to have a fun summer & a fulfilling future. It's been nice knowing ya through the years. maybe we'll see each other in the future.

good Luck!

Jan Jones

Roxana,
Do your best during your summer and
enjoy. Also you
know that you are
be a very good nurse.
someday. Take care of
mine. Good luck always.

Nancy

Roxann,
It's been a heck a hell of a year. And it's been nice knowing you in a boy I'll see you this summer when you get rid of your boyfriend.

Love
Bobby Hoosier

Hey, Professor! I definitely have things of the good things about Blair's class. I enjoyed knowing you and I am certain you'll be a success in whatever you end up and this is a run-on sentence. Love, John

June 12, 1978

Roxana - well we finally made it through govt. (even current events!) I can only wish you the best of luck in everything you do and may God bless. Have a great summer - love in Christ, Michelle Holland

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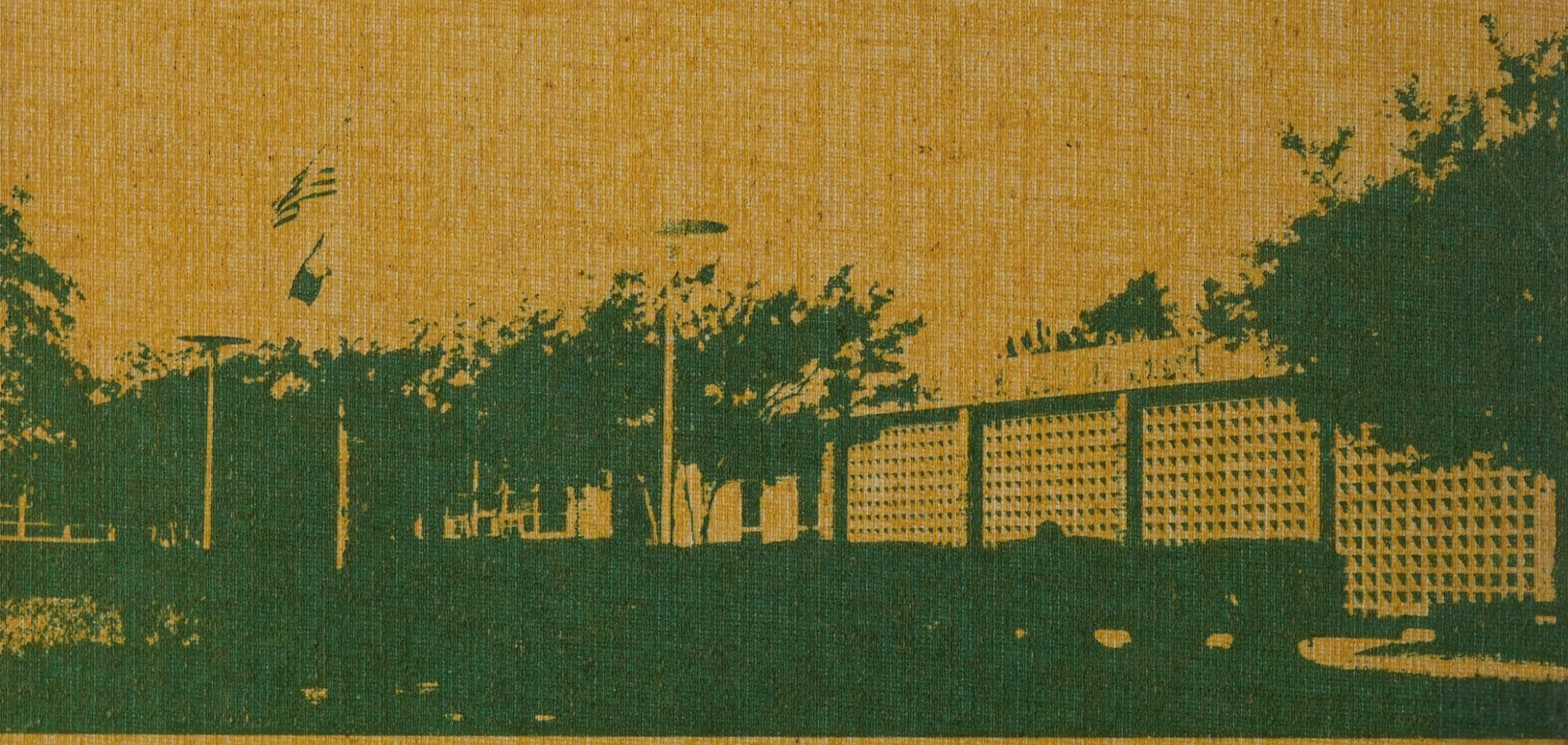
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